Heart Failure Awareness Days 2019

Report from: (Syria)

Name of reporter: Amr Abdin
Syrian HF Awareness Days 2019

- Despite the many obstacles facing our country, the Syrian Cardiovascular Association and its Heart Failure Working Group participated in the HF awareness days for 2019. Our activities took place during the end of April till the end of May.
Eductional Events for Young Cardiologists

- In cooperation with the Syrian Young Cardiovascular Association we organized an educational meeting on 27.04.2019 for the young physicians.

- During this meeting, important issues in heart failure were addressed, including diagnosis, management, follow-up and prevention.

- More than 50 young Cardiologists participated in this educational meeting.

- It was wonderful to discover the collective power that comes from our young colleagues inside Syria.
Eductional Events for Young Cardiologists
To share the benefit and knowledge with other parts of our country, we proudly organized an educational meeting at the beginning of May (2-3) in Aleppo.

During this 2-day session, the most pressing Cardiological topics were addressed; especially heart failure.

Additionally, we discussed ways to provide our best medical care despite the limited resources in our country.
Eductional Event in Aleppo
Educational Materials in Arabic

- Many medical articles in Arabic were shared using the social media which made them easy to access by every person.

- These articles focused on patient’s education about heart failure and its risk factors (obesity, smoking...).

- The articles tried to cover many important topics in heart failure and how to prevent this rising problem (symptoms, ischemia, depression...).
Eductional Event for Medical Students

- We also performed an educational event for medical students at Damascus university.

- We tried to emphasize the importance of echocardiography in diagnosis of heart failure disease and its importance in this field.

- We are investing in Syria’s medical students since they will be the sponsors and creators of a better medical system in Syria; hopefully in the near future.
Eductional Event for Medical Students

Anas Jano war live.

Administrator · 4. Mai

Basics of Echocardiography

Basics of Echocardiography for syrian medical students
04.05.2019

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Social Media Activity

• To over-ride the obstacles and difficulties at our country, we utilized social media as an important platform to deliver the ideas and information using the hashtag #heartfailureawarenessdays.

• Between 6-12 May we had daily posts on our Syrian Young Cardiovascular Association group (more than 450 young Syrian Cardiologists) on important publications and information about heart failure.

• We also had daily posts on our public Syrian Heart Society about heart failure.

• These public groups aim to educate all people in the Syrian society about cardiovascular diseases.
Social Media Activity
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Open Clinic Events for Patients

- We organized a 1-day free open clinic for patients with cardiac problems.
- Measurement of CV risk factors was performed.
- We addressed patients education about heart failure and the importance of risk factors management to prevent this rising problem.
Open Clinic Events for Patients
On behalf of the Syrian Cardiovascular Association and its board members:

- Dr. Amr Abdin
- Dr. Ahmad Rasheed Alsaadi
- Dr. Asim Katbeh
- Dr. Yassin Bani Marjeh
- Dr. H.Eddin Shebli