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Telenursing: Developments and possibilities in reducing the use of expensive healthcare services, reducing hospital admissions, spreading limited resources over a large population

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Christi Deaton, PhD, RN, FESC

Chair of Council on Cardiovascular Nursing and Allied Professions

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# eHealth

- Effective components of HF programmes
  - Telemonitoring effective, but most effective programmes included in-person communication
  - Multi-disciplinary team with HFSN
  - Components
    - In-hospital care & post-dc follow-up
    - Adherence to guidelines
    - Intervention for clinical deterioration

Clark RA, et al. 2007; Gohler A, et al. 2006; McAlister FA, et al. 2004; Phillips CO, et al. 2004; Sochalski J, et al. 2009; Yu DSF, et al. 2006.

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# Challenges

- Telemonitoring/management is a tool that needs to be integrated within the larger programme of care
  - Reimbursement issues
  - Qualifications and competencies needed?
  - Heterogeneity of healthcare systems and nursing roles across Europe
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# Possible Solutions

- Agree that nursing role of connection and support of patient is important and can continue remotely
  - Potential curriculum, goals and standards at the European level
  - But...  
Must be applied locally and 'fit' within national system
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# Don't Miss

Abstract Submission  
Opens  
**15 September 2010**

Abstract Submission  
Deadline  
**15 November 2010**

Early Fee Registration  
Deadline  
**16 February 2011**

Pre-Registration  
Deadline  
**16 March 2011**

**11<sup>th</sup> Annual Spring Meeting  
on Cardiovascular Nursing**

**1-2 April 2011  
Brussels  
Belgium**

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of Europe"**

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