

## Curriculum Vitae – Sergey Boytsov

### **Sergey Boytsov**

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**National CVD Prevention  
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### **Short CV**

Professor Sergey Boytsov has served as the Director of the Russian National Research Center for Preventive Medicine of the Russian Ministry of Healthcare since 2011. Dr. S. Boytsov has 33 years of experience in public health practice and is certified in therapy, cardiology and public health. He is a Doctor of Medical Science, a professor, Honored Doctor of the Russian Federation. Dr. Boytsov was awarded with diplomas of the Ministry of Health of the Russian Federation.

Dr. S. Boytsov's scientific and clinical interests include prevention and treatment of chronic non-communicable diseases (NCDs), cardiology and internal medicine.

Under Dr. S. Boytsov's leadership 14 regions of the Russian Federation currently participate in the multicenter observational study "Epidemiology of Cardiovascular Diseases in the Regions of the Russian Federation", which includes among others assessment of molecular genetics risk factors for NCDs. Also, under his management all regions of the country conduct regular dispensarization (health-check) of the adult population and organise the process of effective clinical supervision of persons with proven high risk of NCDs.

Dr. S. Boytsov directly participated and continues to work on a number of legal and methodological documents. Recommendations for general practitioners and physicians on the prevention of chronic non-communicable diseases were developed by his initiative and under his leadership.

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## Addendum to Sergey Boytsov's Curriculum Vitae

### Selected Publications

1. **Boytsov S.**, Van de Werf F. Regional Challenges and Opportunities in Cardiovascular Research: The Russian Federation "SWOT" Analysis. *American Heart Journal*, 2011, 161 (3)
2. Chernova I.M, Serdyuk S.E., Loukianov M.M., **Boytsov S.A.** Parameters of Central Hemodynamics and Arterial Stiffness in Young Patients with Essential Hypertension. *Journal of Hypertension*, V.29, e-Supplement A, June 2011. ESH 2011 Abstract Book, PP.41.320
3. Bazayeva E.V., Mordvinova E.V., Rogoza A.N. Loukyanov M.M., **Boytsov S.A.** Efficacy and Safety of Losartan and the Combination of Losartan and Amlodipine in the Treatment of Hypertension. *Journal of Hypertension*, V.29, e-Supplement A, June 2011. ESH 2011 Abstract Book, PP.44.431
4. Samerkhanova L.N, Loukianov M.M, Masenko V.P., **Boytsov S.A.** Efficacy of Combination of the Direct Renin Inhibitor Aliskiren and Hydrochlorothiazide in Hypertensive Patients. *Journal of Hypertension*, V.29, e-Supplement A, June 2011. ESH 2011 Abstract Book, PF4M23
5. **Boytsov S.A.**, Oganov R.G., Maslennikova G.Y., Kalinina A.M., Ipatov P.V. A Comprehensive Program for the Prevention of Non-communicable Diseases: Planning, Implementation and Evaluation. *Journal of Preventive Medicine*, 2012, 1; Supple. (in Rus.)
6. **Boytsov S.A.** Prevention of Non-communicable Diseases in the Country: from "What to Do" to "How to Do". *Journal of Preventive Medicine*, 2012, 2: 3-10 (in Rus.)
7. Sergienko I., Urazalia S., Kukharchuk V., Karpov Y., **Boytsov S.** Identification of Patients at High Cardiovascular Risk. *International Journal of Biomedicine*, 2012, 2(2): 102-107
8. **Boytsov S.A.**, Chuchalin A.G., et al. Prevention of Chronic Non-communicable Diseases. Recommendations. *Journal of Cardiovascular Therapy and Prevention*, 2013; 4, Supple. 1 (in Rus.)
9. Maslennikova G, Oganov R., **Boytsov S.**, Ross H., et al. Russia SimSmoke: the Long-term Effects of Tobacco Control Policies on Smoking Prevalence and Smoking-attributable Deaths in Russia. *TC Online First*, published on July 12, 2013
10. **Boytsov S.** Mechanisms to Reduce Mortality from Coronary Heart Disease in Different Countries. *Journal of Preventive Medicine*. *Journal of Preventive Medicine* 2013, 5: 9-19 (in Rus.)
11. **Boytsov S.A.**, Oganov R.G. From Preventive Cardiology to Prevention of Non-communicable Diseases in Russia. *Russian Journal of Cardiology* 2013, 4: 6-13 (in Rus.)
12. **Boytsov S.A.**, Kalinina A.M., Ipatov P.V. New Clinical and Organizational Approaches to the Prevention of Cardio-vascular Diseases in Primary Health Care. *Terapevticheskii Archiv (Therapeutic Archives)*, 2013, 8: 8-13 (in Rus.)
13. **Boytsov S.A.**, Ipatov P.V., Kalinina A.M. Prevention of Chronic Non-communicable Diseases in the System of Primary Health Care: Improvement in Dispanserization of the Population. *Journal of Deputy Chief Physician*, 2013, 5(84):18-25 (in Rus.)
14. **Boytsov S.A.**, Lukyanov M.M., Kontsevaya A.V., Deev A.D., et al. The Characteristics of Mortality from Diseases of Circulatory System in Winter Season in the Russian Regions with Different Climate and Geography. *Journal of Rational Pharmacotherapy in Cardiology*, 2013, 9(6): 627-632 (in Rus.)
15. **Boytsov S.A.**, Martsevich S.Yu., Ginzburg M.L., Kutishenko N.P., et al. Mortality Study of Patients After Cerebral Stroke or Transient Ischemic Attack

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- (LIS-2): Design and Evaluation of Drug Therapy. *International Heart and Vascular Disease Journal*, 2014; 2: 3-9
16. **Boytsov S.A.**, Samorodskaya I.V. The Relationship Between the Level of Social Well-being of the Region and Mortality. *Journal of Public Health*, 2014, 2: 78-88 (in Rus.)
  17. **Boytsov S.A.**, Samorodskaya I.V. Dynamics of Cardiovascular Mortality Among Men and Women in the Russian regions. *Journal of Cardiology* 2014, 3: 4-9 (in Rus.)
  18. **Boytsov S.A.**, Samorodskaya I.V. Gender and Age Related Mortality and Years of Life Lost Due to Premature Mortality in the Russian Federation in 2012. *Problems of Social Hygiene, Public Health and Medical History*. 2014, 2: 20-25 (in Rus.)
  19. **Boytsov S.A.**, Samorodskaya I.V. Mortality and Years of Life Lost Due to Premature Mortality from Diseases of the Circulatory System. *Journal of Cardiovascular Therapy and Prevention*, 2014, 2: 4-11 (in Rus.)
  20. **Boytsov S.A.**, Samorodskaya I.V., Efros L.A., Vatolina M.A. Problems of Evaluation and Interpretation of Morbidity, Mortality and Disability from Diseases of the Circulatory System. *Journal of Healthcare Manager*, 2014, 6: 15-23 (in Rus.)
  21. **Boytsov S.A.**, Kalinina A.M., Ipatov P.V. The results of the Dispanserization of the adult population of Russia in 2013. *Journal of Deputy Chief Physician*, 2014, 7: 6-14 (in Rus.)
  22. Kenny Shum, Peter Alperin, Svetlana Shalnova, **Sergey Boytsov**, Anna Kontsevaya, Alexey Vigdorichik, Adam Guetz, Jennifer Eriksson, David Hughes. Simulating the Impact of Improved Cardiovascular Risk Interventions on Clinical and Economic Outcomes in Russia. *PLOS ONE* (on-line publication), August 20, 2014, <http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0103280>
  23. **Boytsov S.A.**, Balanova U. A., Shalnova S.A., Deev A.D., et al. Arterial Hypertension Among People 25-64 Years of Age: Prevalence, Awareness, Treatment and Control. According to the ESSE study. *Journal of Cardiovascular Therapy and Prevention*, 2014, 13 (4): 4- 14 (in Rus.)