

# Curriculum Vitae – Evangelista Rocha

## Evangelista Rocha, MD, PHD

Cardiologist, Assistant Professor at the Faculty of Medicine, University of Lisbon



National CVD Prevention Coordinator  
for Portugal

Contact: [email](#)

---

## Short CV

Cardiologist and specialist in Internal Medicine. Graduate Assistant of cardiology (Consultant) at the Armed Forces Hospital (Lisbon).

- Doctoral thesis at the University of Lisbon, Portugal 1997
- Assistant Professor at the Faculty of Medicine, University of Lisbon
- Regent of Epidemiology and Clinical Epidemiology. Coordinator of the Epidemiology Unit
- Director of the Master Degree in Epidemiology at the Institute of Preventive Medicine and Public Health, Faculty of Medicine, University of Lisbon
- Principal investigator of several projects.

### Main areas of interest in research:

- Electrocardiography
- Hypertension
- disease registries (hypertension, coronary heart disease/acute coronary syndromes)
- Cardiovascular prevention
- Non-Communicable Diseases
- clinical trials

Founding partner of the National Institute of Preventive Cardiology and of the National Society of Hypertension.

Past-Coordinator of working groups (Epidemiology and Cardiovascular Prevention, Cardiovascular risk) and Scientific consultant for the press, Portuguese Society of Cardiology.

Translation of ESC-Pocket Guidelines: publications on cardiovascular disease prevention (2001, 2007, 2012) and diabetes (2013), Portuguese Society of Cardiology.

Scientific support in setting clinical standards and norms: atherosclerosis, dyslipidaemias, hypertension, cardiovascular risk, chronic kidney disease (Portuguese Society of Atherosclerosis, Directorate-General of Health, Portuguese Society of Nephrology).

**Awards:** 6, 3 as first author and 3 as co-investigator.

**Peer-Reviewer:** 6 Bio-Medical Journals. Associate Editor: 1 Journal. Editorial Board: 2 Medical Journals.

**Publications:** over 130 (Scopus ORCID: 40 publications authored).

## Addendum to Evangelista Rocha's Curriculum Vitae

### Selected Publications:

1. Rocha E. **Dyslipidemia as coronary risk factor.** Rev. Port. Cardiol. 1992; 11 (4): 363-367.
2. Rocha E, Oliveira AG, Pádua JM et al. **The effect of systolic and diastolic pressure on the cardiac repercussion of arterial hypertension. A contribution to its classification.** Rev. Port. Cardiol. 1995; 14 (10): 771-777.
3. Rocha E, Oliveira AG, Cotter A et al. **Risk factors for cerebrovascular stroke in a cohort of hypertensive patients.** Rev. Port. Cardiol 1997; 6 (6): 543-56.
4. Assmann G, de Backer G, Rocha E et al. **International consensus statement on olive oil and the mediterranean diet: Implications for health in Europe.** Eur J Cancer Prev. 1997 Oct; 6(5):418-21. <http://www.ncbi.nlm.nih.gov/pubmed/9466113>
5. Rocha E. **A coronary disease registry.** The fundamental basis for its control. Rev Port Cardiol 1999; 18 (7-8): 715-27.
6. Rocha E, Mello e Silva A, Gouveia-Oliveira A, Nogueira P. **Isolated systolic hypertension - Epidemiology and impact in clinical practice.** Rev Port Cardiol 2003; 22 (1): 7-23.
7. Rocha E, Mello e Silva A, Nogueira P. **Relation between Hypertension and Cardiovascular Events - Implications for Coronary Prevention.** Rev Port Cardiol 2003; 22 (10):1215-24.
8. **Coronary and cerebrovascular population-based registers in Europe: are morbidity indicators comparable? Results from the EUROCISS Project.** On behalf of THE EUROCISS WORKING GROUP: Steinbach K, Kornitzer M, Rocha et al. European J of Public Health Suppl. The European Union Health Monitoring Programme 2003; 13 (3): 55-60.
9. Gíria J, Catarino J, Rocha E. **Acute coronary syndromes and other forms of coronary heart disease in the National Health Service, 1997-2001.** Rev Port Cardiol 2004; 23 (6): 883-92.
10. Trigo M, Silva D, Rocha E. **Psychosocial risk factors in coronary heart disease: Beyond type A behavior.** Rev Port Cardiol 2005; 24 (2): 261-81.
11. Rocha E. **Physical activity and prevention of coronary heart disease.** Rev Port Cardiol 2005; 24 (10): 1211-7.
12. Madsen M, Gudnason V, Rocha E et al, on behalf of the EUROCISS Research Group. **Population-based register of acute myocardial infarction: manual of operations.** European Journal of Cardiovascular Prevention and Rehabilitation 2007; 14 (Supplement 3):S3-S22.
13. Rocha E. **Health promoting universities.** Rev Port Cardiol 2008; 27 (1):29-35.
14. Macedo A, Santos A, Rocha E, Perdigão C. **Self-reported cerebrovascular and heart diseases and cardiovascular risk factors in Portugal: the AMALIA study.** Rev Port Cardiol. 2008 May;27(5):569-80.
15. EUROCISS Research group- **Cardiovascular Indicators Surveillance Set. Final Report February 2008 Steering Committee:** GIAMPAOLI S, MADSEN M, Rocha E et al: [www.cuore.iss.it/eurociss](http://www.cuore.iss.it/eurociss)

16. Perdigão C, Rocha E, Duarte J et al. **Prevalence and distribution of the main cardiovascular risk factors in Portugal - The AMALIA study.** Rev Port Cardiol 2011; 30 (4): 393-432.
17. Rocha E. **Metabolic syndrome: What is it and how useful is the diagnosis in clinical practice?** Rev Port Cardiol 2012; 31(10):637-9.
18. Miguel LS, Rocha E, Ferreira J. **Economic evaluation of dabigatran for stroke prevention in patients with non-valvular atrial fibrillation.** Rev Port Cardiol 2013; 32(7-8):557-65.
19. Peixoto C, Carrilho G, Rocha E et al. **PRAdA intervention: effects on weight of dietary intervention among treated hypertensive Portuguese natives and African immigrants.** Acta Med Port 2014; 27 (3): 331-41.
20. Rocha T, Rocha E, Alves AC, et al. **Cardiovascular risk profile of high school students: A cross-sectional study.** Rev Port Cardiol 2014; 33 (9): 525-34.