

**PROPOSAL OF CONCLUSIONS AND RECOMMENDATIONS
OF THE FIRST INTERNATIONAL CONFERENCE
ON CARDIOVASCULAR DISEASE PREVENTION IN SOUTH EAST EUROPE**

Based on the welcome address of the President of the Republic of Srpska/B&H, Academician Rajko Kuzmanović at the opening of the Conference, introductory speech of Minister of Health and Social Welfare of the Republic of Srpska/B&H, Prof. Dr Ranko Škrbić, introductory presentation of the President of the Steering Committee Associate Professor Duško Vulić, presentations by the invited lecturers Dr Shanthi Mendis from WHO, Prof. Nathan Wong, ACC,AHA,ASPC, Alice Gasser, WHF, Hans Stam, EHN, Academician Nebojša Lalić, SANU and Prof. Dr Rajko Igić, Chicago, as well as presented 15 papers in the working part of the Conference, the following conclusions and recommendations are proposed:

1. to continue with organization of The Standing Regional Conference on Cardiovascular Disease Prevention in South East Europe
2. to establish a regional alliance, consisting of the institutions from the countries in the region, which coordinate implementation of cardiovascular disease prevention and whose representatives shall form a regional coordination body to coordinate activities in the region.
3. to appeal to the countries in the region to initiate the cardiovascular disease prevention strategy and national programmes, to sign the European Heart Health Charter, European Guidelines on Cardiovascular Prevention and HeartScore®.
4. to focus activities towards primary prevention, especially with children and young people by organizing preventive programmes in schools.
5. to send an appeal to all countries in the region to abide by the Framework Convention on Tobacco Control and insist on adoption and implementation of the legal regulations on smoking.
6. to foster all countries in the region to adopt appropriate legal regulations governing quality control and contents in foodstuffs
7. to improve measures of secondary prevention of cardiovascular patients and address special attention to the education of patients and their active participation in implementation of the educational programmes
8. to organize a regular national campaign in the public media on harmful habits and importance of healthy diet and regular physical activity
9. to ensure ongoing system of education within undergraduate and postgraduate education on modern views on prevention and treatment of cardiovascular diseases.
10. to support research projects focused on epidemiology and behavioural factors, including those oriented towards children and youth, as well as projects of regional character that could qualify for FP 7 according to the European Commission
11. to appoint referral national centres in the countries of the region that would coordinate implementation of the adopted national programmes
12. to ensure regular funding of the National Programmes at the level of countries by providing additional funds via duties on tobacco and other hazardous products.
13. to assist in establishing of the GLOBAL HEALTH FUND, initiated by the Foundation "Health and Heart" and supported by the World Heart Federation, in order to support at the international level programmes of prevention of chronic non-communicable diseases
14. to support the initiative of the Foundation "Health and Heart" to build, with participation of local and foreign partners, an international centre in Banja Luka that would bring together all international institutions participating in the support and implementation of the international programmes.