

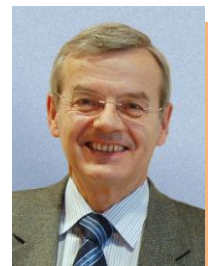
Curriculum Vitae – Helmut Gohlke

Helmut Gohlke

MD, FESC, FACC

Cardiologist, Associate Professor at the University of Freiburg

Past-Chairman of a Department of Cardiology at the
Universitäts-Herzzentrum Freiburg-Bad Krozingen



**National CVD Prevention
Coordinator for Germany**

Contact: [email](#)

Short CV

Medical studies in Bonn, Innsbruck and Vienna/Austria, and Munich/Germany, Internal medicine and Cardiology training at Loyola University in Chicago/USA with ABIM in Internal Medicine and Cardiovascular Disease(1973-1977);

marriage with Christa Bärwolf MD, FESC, cardiologist (1975); cardiologist at the Rehabilitations-Zentrum Bad Krozingen (1978-1992), birth of our son and our daughter(1980 and 1983);

Associate Professor at the University of Freiburg (1992), Medical Director of a residential cardiac rehabilitation centre in Bad Krozingen, Germany (1992-1998), Chairman of a department of cardiology at the Herz-Zentrum Bad Krozingen (1998 – 2010);

emphasis on CV prevention, ischemic and valvular heart disease. Chairman of the task force on prevention of the German Cardiac Society since 1998 and board member of the Deutsche Herzstiftung since 1999, a patient organisation with now 80,000 members promoting secondary prevention and education of its members who are afflicted with coronary or valvular heart disease.

Board member of the "Task Force Non Smoking" (Aktionsbündnis Nichtraucher e.V.) which represents eleven medical societies in Germany and tries to improve non-smokers rights in Germany (2010). Member of the 5th ESC Task Force Prevention of CVD; Translation of ESC-Pocket-Guidelines in German; publications on prevention and rehabilitation.

Addendum to Helmut Gohlke's Curriculum Vitae

Selected Publications

- [1. Usefulness of Heart Rate to Predict One-Year Mortality in Patients With Atrial Fibrillation and Acute Myocardial Infarction \(from the OMEGA Trial\).](#)
Li J, Becker R, Rauch B, Schiele R, Schneider S, Riemer T, Diller F, Gohlke H, Gottwik M, Steinbeck G, Sabin G, Katus HA, Senges J; OMEGA Study Group. Am J Cardiol. 2012 Dec 28. doi:pii: S0002-9149(12)02482-4. 10.1016/j.amjcard.2012.11.048. [Epub ahead of print]
- [2. European guidelines on cardiovascular disease prevention in clinical practice \(version 2012\): the fifth joint task force of the European society of cardiology and other societies on cardiovascular disease prevention in clinical practice \(constituted by representatives of nine societies and by invited experts\).](#)
Perk J, De Backer G, Gohlke H, Graham I, Reiner Z, Verschuren WM, Albus C, Benlian P, Boysen G, Cifkova R, Deaton C, Ebrahim S, Fisher M, Germano G, Hobbs R, Hoes A, Karadeniz S, Mezzani A, Prescott E, Ryden L, Scherer M, Syv anne M, Op Reimer WJ, Vrints C, Wood D, Zamorano JL, Zannad F; European Association for Cardiovascular Prevention & Rehabilitation (EACPR). Eur Heart J. 2012 Jul;33(13):1635-701. doi: 10.1093/eurheartj/ehs092. Epub 2012 May 3. No abstract available. Erratum in: Eur Heart J. 2012 Sep; 33(17):2126.
- [3. Smoking restrictions and hospitalization for acute coronary events in Germany.](#)
Sargent JD, Demidenko E, Malenka DJ, Li Z, Gohlke H, Hanewinkel R. Clin Res Cardiol. 2012 Mar; 101(3):227-35. doi: 10.1007/s00392-011-0385-1. Epub 2012 Feb 17.
- [4. \[Primary prevention of coronary artery disease: is there a role for risk scores?\]](#)
Gohlke H. Herz. 2012 Feb; 37(1):75-80. doi: 10.1007/s00059-011-3554-0. German
- [5. Is it worth offering cardiovascular disease prevention to the elderly?](#)
Gohlke H. Eur J Prev Cardiol. 2013 Feb; 20(1):121-6. doi: 10.1177/1741826711430384. Epub 2011 Nov 16.
- [6. OMEGA, a randomized, placebo-controlled trial to test the effect of highly purified omega-3 fatty acids on top of modern guideline-adjusted therapy after myocardial infarction.](#)
Rauch B, Schiele R, Schneider S, Diller F, Victor N, Gohlke H, Gottwik M, Steinbeck G, Del Castillo U, Sack R, Worth H, Katus H, Spitzer W, Sabin G, Senges J; OMEGA Study Group. Circulation. 2010 Nov 23;122(21):2152-9. doi: 10.1161/CIRCULATIONAHA.110.948562. Epub 2010 Nov 8.
- [7. The effect of optimal medical therapy on 1-year mortality after acute myocardial infarction.](#)
Bramlage P, Messer C, Bitterlich N, Pohlmann C, Cuneo A, Stammwitz E, Tebbenjohanns J, Gohlke H, Senges J, Tebbe U. Heart. 2010 Apr; 96(8):604-9. doi: 10.1136/hrt.2009.188607. Epub 2010 Mar 29.

8. [OMEGA, a randomized, placebo-controlled trial to test the effect of highly purified omega-3 fatty acids on top of modern guideline-adjusted therapy after myocardial infarction.](#)

Rauch B, Schiele R, Schneider S, Diller F, Victor N, Gohlke H, Gottwik M, Steinbeck G, Del Castillo U, Sack R, Worth H, Katus H, Spitzer W, Sabin G, Senges J; OMEGA Study Group.

Circulation. 2010 Nov 23;122(21):2152-9. doi:

10.1161/CIRCULATIONAHA.110.948562. Epub 2010 Nov 8.

9. [Cardiovascular prevention in clinical practice \(ESC and German guidelines 2007\).](#)

Gohlke H, Albus C, Gysan DB, Hahmann HW, Mathes P; ESC.

Herz. 2009 Feb; 34(1):4-14. doi: 10.1007/s00059-009-3196-7.

10. [\[Revenue for the German federal budget from cigarette smoking by persons younger than 18 years\].](#)

Hanewinkel R, Gohlke H.

Dtsch Med Wochenschr. 2008 Dec;133(49):2555-8. doi: 10.1055/s-0028-1105851.

Epub 2008 Nov 27. German

11. [Cardiovascular prevention in patients with diabetes and prediabetes.](#)

Anselmino M, Gohlke H, Mellbin L, Rydén L.

Herz. 2008 Apr; 33(3):170-7. doi: 10.1007/s00059-008-3105-5. Review

12. [Impact of the body mass index on occurrence and outcome of acute ST elevation myocardial infarction.](#)

Wienbergen H, Gitt AK, Juenger C, Schiele R, Heer T, Towae F, Gohlke H, Senges J; MITRA PLUS study group.

Clin Res Cardiol. 2008 Feb; 97(2):83-8. Epub 2007 Oct 19.

13. [\[Reduction of in-hospital mortality and improved secondary prevention after acute myocardial infarction. First results from the registry of secondary prevention after acute myocardial infarction \(SAMI\)\].](#)

Tebbe U, Messer C, Stammwitz E, The GS, Dietl J, Bischoff KO, Schulten-Baumer U, Tebbenjohanns J, Gohlke H, Bramlage P; SAMI Studiengruppe.

Dtsch Med Wochenschr. 2007 Jul 30; 132(30):1559-66. German

14. [Quantitating loss of life by smoking a single cigarette.](#)

Gohlke H, Yusuf S.

Clin Res Cardiol. 2007 Jul; 96(7):522-3. Epub 2007 Apr 26. No abstract available.

15. [CARRISMA: a new tool to improve risk stratification and guidance of patients in cardiovascular risk management in primary prevention.](#)

Gohlke H, Winter M, Karoff M, Held K.

Eur J Cardiovasc Prev Rehabil. 2007 Feb; 14(1):141-8.