

Curriculum Vitae – Gill Furze

Professor Gill Furze

Professor in Cardiovascular Rehabilitation
Centre for Technology Enabled Health Research,
Faculty of Health and Life Sciences, Coventry University.



Contact: [email](#)

President, British Association for
Cardiovascular Prevention and
Rehabilitation

Short CV

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| Education & Qualifications: | PhD (Psychology) University of York | 2004 |
| | BSc(Hons) Nursing Studies (Education option) (1 st Class) | 1996 |
| | Registered Nurse | 1976 |
| Present positions: | Professor in Cardiovascular Rehabilitation (0.05 FTE) Centre for Technology Enabled Health Research, Faculty of Health and Life Sciences, Coventry University. | Oct 2014 - |
| | President, British Association for Cardiovascular Prevention and Rehabilitation (BACPR) | Oct 2013 - |
| Previous positions: | Professor in Adult Nursing and Health Care, Coventry University | 2010 - 2014 |
| | Acting Co-Associate Dean (Research), HLS, Coventry University | 2011 - 2013 |
| | Senior Research Fellow, British Heart Foundation Care & Education Research Group, University of York, UK | 2007 - 2010 |
| | Research Fellow, as above | 1998 - 2007 |
| | Research Assistant, British Heart Foundation Rehabilitation Research Group, University of Hull | 1997 - 1998 |
| | Respiratory Research Sister, Hull and East Yorkshire Hospitals Trust | 1996 - 1997 |
| | UK Health Service positions as Senior Staff Nurse or Sister in London Leeds and Scarborough (Career break 1985 - 1993) | 1976 - 1985 |

Career History and research profile:

Prior to moving to Coventry, Gill Furze was a senior member of the British Heart Foundation Care and Education Research Group at the University of York since 1998. Her research has crossed the boundaries between psychology and nursing, and has formed two interlinking streams: the effects of specific beliefs on health outcome (with particular reference to people with heart disease), and the design, testing and implementation of self-management and rehabilitation programmes for people with long term conditions. Prior to choosing research as a career, she held posts in various UK National Health Service hospitals as a senior clinical nurse in coronary care, cardiothoracic and general intensive care, general medicine and medical rehabilitation departments. Gill was appointed Professor in Adult Nursing and Health Care in the Faculty of Health and Life Sciences at Coventry University in October 2010, and was Acting Co-Associated Dean (Research) within the Faculty from 2011 to 2013. Gill retired in September 2014, and currently has a very small fractional post as Professor of Cardiovascular Rehabilitation within the Centre for Technology Enabled Health Research at Coventry University. Gill is currently President of the British Association for Cardiovascular Prevention and Rehabilitation (BACPR), and was one of the core authors of the BACPR Standards and Core Components for Cardiovascular Prevention and Rehabilitation (2012), a key document for the 350 cardiac rehabilitation programmes within the UK.

Awards:

Cardiac Nursing Awards 2007: First place, Excellence and Innovation in Research or Education,
(British Association of Nurses in Cardiac Care and British Journal of Cardiac Nursing)
University of Hull, School of Nursing Studies: Departmental Prize, 1996.

External appointments:

2013 - : President, British Association for Cardiovascular Prevention and Rehabilitation
2013 - : Council member, British Cardiovascular Society
2012 - 2013: President Elect, British Association for Cardiovascular Prevention and Rehabilitation
2011 - 2014: Member, NIHR Research for Patient Benefit Programme West Midlands Region Panel
2011 - 2014: Board member, West Midlands Comprehensive Local Research Network
2009: Co-opted expert advisor on the psychology of angina to the NICE Guideline Development Group for the Management of Stable Angina
2009 - 2012: Scientific Officer and member Executive Council, British Association for Cardiovascular Prevention and Rehabilitation (BACPR)

Addendum to Gille Furze's Curriculum Vitae

Selected Peer-reviewed Journals

- McGillion M, Turner A, Carroll A, **Furze G**, Lamy A. Optimizing self-management to reduce chronic pain and disability after cardiac surgery. *British Journal of Cardiology* 2015; 22:38 DOI: 10.5837/bjc.2015.011
- Hicks K, Cocks K, Corbacho Martin B, Elton P, MacNab A, Colecliff W, **Furze G**. An intervention to reassure patients about test results in rapid access chest pain clinic: a pilot randomised controlled trial [ISRCTN60618114] *BMC Cardiovascular Disorders* 2014; 14, 138. Doi:10.1186/1471-2261-14-138
- Khasteganan N, Lycett D, Turner AP, Farley AC, Lindson-Hawley N, **Furze G**. Health, not weight loss, focused programmes versus conventional weight loss programmes for cardiovascular risk factors (Protocol). *Cochrane Database of Systematic Reviews* 2014; Issue 7. Art. No.: CD011182. DOI: 10.1002/14651858.CD011182.
- Buckley J, **Furze G**, Doherty P, Speck L, Connolly S, Hinton S, Jones JL, on behalf of BACPR. BACPR scientific statement: British standards and core components for cardiovascular disease prevention and rehabilitation. *Heart*; 2013; 99:1069-1071 Doi:10.1136/heartjnl-2012-303460
- Furze G**, Cox H, Morton V, Chuang L-H, Lewin RJP, Nelson P, Carty R, Norris H, Patel N, Elton P Randomised controlled trial of a lay-facilitated angina management programme, *Journal of Advanced Nursing*. 2012; 68: 2267-2279: DOI: 10.1111/j.1365-2648.2011.05920.x
- Lin YP, Wang TJ, Tung HH, **Furze G**. Coronary heart disease beliefs and misconceptions among cardiac patients and people with chronic illness. *Open Journal of Nursing*. 2012; 2: 1-7
- Madden M, **Furze G**, Lewin RJP. The complexities of patient choice in cardiac rehabilitation: findings from the qualitative component of a mixed method study. *Journal of Advanced Nursing* 2011; 67(3): 540-549.
- Goulding L, **Furze G**, Birks Y. Randomized controlled trials of interventions to change maladaptive illness beliefs in people with coronary heart disease: systematic review. *Journal of Advanced Nursing* 2010; 66: 946-961
- Lin YP, Spilsbury K, **Furze G**, Lewin RJP. Exploring misconceptions or potentially maladaptive beliefs about coronary heart disease and their relationship with coping behaviours among Taiwanese cardiac patients. *Diversity in Health and Care* 2009;6(2):97-108
- Furze G**, Dumville JC, Miles JNV, Irvine K, Thompson DR, Lewin RJP. "Prehabilitation" prior to CABG surgery improves physical functioning and depression. *International Journal of Cardiology*. 2009; 132:51-58
- Lin Y-P, **Furze G**, Spilsbury K, Lewin RJP. Misconceived and maladaptive beliefs about heart disease: A comparison between Taiwan and Britain. *Journal of Clinical Nursing* 2008;18:46-55
- Lin Y-P, **Furze G**, Spilsbury K, Lewin RJP. Cardiac misconceptions: comparisons among nurses, nursing students and people with heart disease in Taiwan. 2008. *Journal of Advanced Nursing* 2008;64:251-60
- Dunderdale K, **Furze G**, Thompson DR, Beer SF, Miles JNV. Health related quality of life from the perspective of patients with chronic heart failure. *British Journal of Cardiology* 2007;14:207-212.
- Furze G**, Lewin R, Murberg TA, Bull P, Thompson D. Does it matter what patients think? The relationship between changes in patients' beliefs about angina and their psychological and functional status. *Journal of Psychosomatic Research* 2005; 59: 323-9
- Furze G**, Bull P, Lewin RJP, & Thompson DR. Development of the York Angina Beliefs Questionnaire. *Journal of Health Psychology*. 2003; 8: 307-316
- Furze G**, Roebuck A., Bull P, Lewin RJP & Thompson DR. A comparison of the illness beliefs of people with angina and their peers: a questionnaire study. *BMC Cardiovascular Disorders*, 2002;2,(4), <http://www.biomedcentral.com/1471-2261/2/4>.