

## Curriculum Vitae

### Prof. Zlatko Fras

MD, PhD, FESC, FACC

Medical Director, Division of Internal Medicine, University Medical Centre Ljubljana, Slovenia

Professor of Internal Medicine, Medical Faculty, University of Ljubljana, Slovenia

Chairman of the Nationwide Programme on Primary CVD Prevention and President of the Slovenian Society of Cardiology

**Contact:** [email](#) (1) / [email](#) (2)



**National CVD Prevention Coordinator  
for Slovenia**

---

### Short CV

He was awarded his academical (MD, PhD) degrees at Medical Faculty, University of Ljubljana, and is licensed as **Specialist of Internal Medicine** and **Cardiology & Vascular Medicine** by the Medical Chamber of Slovenia. Currently holds the position of **Medical Director, Division of Internal Medicine, University Medical Centre Ljubljana**, and **Professor of Internal Medicine, Medical Faculty, University of Ljubljana**. His clinical professional activities encompass different aspects in cardiovascular medicine, while his scientific work is oriented mainly into epidemiology and preventive cardiology, research of atherosclerosis and disorders of lipid metabolism, and physiology/pharmacology of fibrinolysis and physical activity.

He participates to various (inter-) national research projects and gives invited lectures, mainly in the field of preventive cardiology.

Currently he holds a position of the **President of the Slovenian Society of Cardiology**. For more than a decade he is state appointed **Chairman of the Slovene National Programme on Primary CVD Prevention**.

His scientific and professional interests are also in theory and practical implementation projects in the field of postgraduate education and competence based training (as well as CPD) in medicine - participates actively in both national and international professional organisations/societies; he recently served as a President of the UEMS (European Union of Medical Specialists) (2006-2011), and Chairman of the Committee for Postgraduate Training by the Medical Chamber of Slovenia (1998-2012).

#### *Affiliations:*

*(1) University Medical Centre Ljubljana, Division of Internal Medicine,  
Dpt for Vascular Medicine, Preventive Cardiology Unit*

*Zaloška 7, SI-1000 Ljubljana, Slovenia*

*(2) University of Ljubljana, Medical Faculty*

*Chair of Internal Medicine*

*Vrazov trg 2, SI-1000 Ljubljana, Slovenia*

*(3) Chairman of the Nationwide Programme on Primary CVD Prevention (from 2002 on)*

*(4) President of the Slovenian Society of Cardiology.*

## Addendum to Prof. Fras' Curriculum Vitae

### Selected publications - INTERNATIONAL

1. Banach M, Rizzo M, Toth PP, .....**Fras Z.....**, et al. Statin intolerance - an attempt at a unified definition. Position paper from an International Lipid Expert Panel. Expert Opin Drug Saf 2015;14:935-55.
2. Prugger C, Wellmann J, Heidrich J, .... **Fras Z.....**, et al; EUROASPIRE Study Group. Passive smoking and smoking cessation among patients with coronary heart disease across Europe: results from the EUROASPIRE III survey. Eur Heart J 2014;35:590-8.
3. Gillebert TC, Brooks N, Fontes-Carvalho R, **Fras Z**, Gueret P, Lopez-Sendon J, Salvador MJ, van den Brink RB, Smiseth OA, Gribenow R. ESC core curriculum for the general cardiologist (2013). Eur Heart J 2013;34:2381-411.
4. De Bacquer D, Dallongeville J, Kotseva K, .... **Fras Z.....**, et al. Residual risk of cardiovascular mortality in patients with coronary heart disease: the EUROASPIRE risk categories. Int J Cardiol 2013;168:910-4.
5. Zaletel Kragelj L, Maučec Zakotnik J, **Fras Z**. Public health intervention programmes and their evaluation. In: Burazeri G, Zaletel Kragelj L, eds. A handbook for teachers, researchers and health professionals. Vol. II, Health investigation : analysis - planning - evaluation. 2nd ed. Lage: Jacobs, 2013. p.236-43.  
URL: <http://www.seejph.com/wp-content/uploads/2013/12/Volume-II-Health-Investigation.pdf>
6. **Fras Z**, Mikhaidilis DP. Statin plus ezetimibe treatment in clinical practice : the SI-(SPEC) (Slovenia (SI) statin plus ezetimibe in cholesterol treatment) monitoring of clinical practice study. Curr Medical Res Opin 2008;24 (9): 2467-76.
7. **Fras Z**, Lainščak M. Assessment of physical fitness in adults by field testing supported by the specific software for personal computer based use. Comput Biol Med 2007: 37:1377-83. ISSN 0010-4825.

### Selected publications - NATIONAL

8. **Fras Z**, Maučec Zakotnik J, Govc Eržen J, Luznar N. Nacionalni program primarne preventive srčno-žilnih bolezní - zgodba o uspehu. In: Vrbovšek S, Luznar N, Maučec Zakotnik J, eds. Skupaj varujemo in krepimo zdravje: kaj smo dosegli v prvih osmih letih? : zbornik ob letnem srečanju izvajalcev Nacionalnega programa primarne preventive srčno-žilnih bolezní 2009. = Proceedings of the Joint meeting of performers of the Nationwide Programme on Primary CVD Prevention. Ljubljana: National Institute of Public Health, 2009. p. 13-26.  
[http://www.cindi-slovenija.net/images/stories/dokumenti/Zbornik\\_skupajvarujemozdravje\\_09.pdf](http://www.cindi-slovenija.net/images/stories/dokumenti/Zbornik_skupajvarujemozdravje_09.pdf)  
(in Slovene only). ISBN 978-961-6659-59-8.
9. **Fras Z**, Jug B. Nekateri vidiki sodobnega preprečevanja bolezní srca in žilja = Key aspects of the contemporary CVD Prevention. Slov Kardiol 2010;7:4-10. [COBISS.SI-ID 27172825]. ISSN 1581-8543 (in Slovene only; abstract in English).

10. **Fras Z**, Jug B. Smernice za preprečevanje bolezni srca in žilja v klinični praksi 2013 : ključna sporočila in novosti = Guidelines on cardiovascular disease prevention in clinical practice 2013 : key messages and update. Slov Kardiol 2013;10(1): 53-88. ISSN 1581-8543 (in Slovene only; abstract in English).