



**Department of Clinical Sciences,
Danderyd Hospital**
Division of Cardiovascular Medicine
Thomas Kahan, MD, PhD, FESC, FASH
Professor of Medicine

CURRICULUM VITAE FOR THOMAS KAHAN

Thomas Kahan was born on August 27, 1954, in Stockholm, Sweden. He is married to Marianne, and they have two children, born 1984 and 1988. He graduated in 1973, and studied medicine at Karolinska Institutet, Stockholm, where he received his MD in 1980. He passed the US examinations of the ECFMG in 1980.

In 1980 he began to work in the laboratory of Prof Paul Hjemdahl at the Department of Pharmacology, Karolinska Institutet, where he received his PhD in 1987. He was appointed Associate Professor in Pharmacology in 1991, and in Internal Medicine 1996 at Karolinska Institutet. In 2007 he was appointed Professor of Medicine at Karolinska Institutet.

Between 1986 and 1988 he completed his internship at Danderyd University Hospital, which is affiliated to Karolinska Institutet. He remained there as a resident in internal medicine, and was Board-Certified Specialist in internal medicine in 1991, and in cardiology in 1993. He became a Clinical Hypertension Specialist of the European Society of Hypertension in 2001.

He remains at Karolinska Institutet, Department of Clinical Sciences, Danderyd Hospital, Division of Cardiovascular Medicine, where he acted as a Senior Lecturer 1995-98. He is Senior Consultant of the medical staff of the Department of Cardiology since 1994. Since 1989 he is Head of the Unit for Cardiovascular Risk Assessment (formerly Unit for Hypertension and Hyperlipidemia), which was appointed a European Society of Hypertension Excellence Centre in Hypertension in 2008. He was 1994-98 responsible for the Coronary Care Unit, and 2001-03 for the Cardiology Outpatient Service. He was Deputy Head of the Section of Cardiology 1995-96, Acting Head 1997-98, and Head of Cardiology 1998-2001 (by that time comprising approximately 180 employees). Thereafter he remains part of the management of the Department of Cardiology.

Dr Kahan is member of the Stockholm County Council Drug Formulary Committee, and Chairman of the Drug Committee at Danderyd University Hospital since 2010.

From 1995 to 2005 Dr Kahan was Head of the Cardiovascular Research Laboratory, an important part of the Clinical Research Centre of Danderyd University Hospital,

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for which he acted as Chairman 1999-2004. He was appointed Head of Cardiovascular Research at the institution in 2005, and is Chairman of the Research Committee of Danderyd University Hospital in collaboration with Karolinska Institutet as of 2006. He is Deputy Director of postgraduate studies at Karolinska Institutet, Department of Clinical Sciences, Danderyd Hospital since 2005.

The scientific leadership for several research projects within the field of cardiovascular medicine includes supervision of several PhD thesis programs. As of today, nine have passed their PhD, and he is supervisor for 10 current PhD thesis programs. Current research relates to neurohormonal mechanisms in the control of blood pressure and cardiac function with focus on the sympathetic nervous system and the renin-angiotensin-aldosterone system. Particular interest is on structural myocardial and vascular changes in hypertension and heart failure, and the transition hypertension–hypertensive heart disease–heart failure. Other areas of interest are cardiovascular risk assessment and prevention, and health economics and guidelines implementation. The list of publications contains some 165 original scientific articles and some 35 review articles and book chapters. Current H_i index is 28.

Dr Kahan has a wide experience in clinical research, including Chairman of the SILVHIA trial, member of steering committees of several international trials, and national coordinator for many international trials in hypertension, heart failure, coronary heart disease, and lipid disorders.

Major research funding (principal recipient) comes from the Swedish Heart-Lung Foundation, Stockholm County Council, and Karolinska Institutet Foundations. He was the first Scandinavian Irbesartan Research Award Winner in 1998 and received the Lennart Hansson Memorial Fund for Research and Development award in 2005.

He was 1991-1995 appointed Scientific Secretary for the working group on hypertension, within the Swedish Council on Technology Assessment in Health Care. This work was revised 2001-2004, during which he acted as Vice Chairman and Senior Scientific Secretary, and again in 2006-2007, during which he was the Chairman.

He is fluent in English, German, French, and Swedish (read, written, spoken).

Dr Kahan is an Associate Editor of *J Royal Soc Med Cardiovasc Med* since 2013; and Academic Editor of *Medicine* since 2015. On the editorial boards of *Blood Pressure* since 2001; *Am J Cardiol* since 2014; and *J Hypertens* 2006–2010, and 2016 onwards.; Review Editor of *Frontiers Cardiovasc Med* since 2014.

He is Board member of the Swedish Society of Hypertension (in 2007 transformed into Swedish Society of Hypertension, Stroke and Vascular Medicine) since 2001, Secretary 2003-05, and President 2005-12.

He is Fellow of European Society of Cardiology (FESC), Nucleus Member and Treasurer of the European Society of Cardiology Council on Hypertension, and member of the Heart Failure Society, and the European Association for

Cardiovascular Prevention and Rehabilitation within the European Society of Cardiology. Fellow of the American Society of Hypertension (FASH). Board Member of the European Society of Hypertension and member of the working groups on Hypertension, thrombosis and arrhythmias; Blood Pressure Monitoring and Cardiovascular Variability; and Interventional treatment of hypertension. Board Member of the International Society of Cardiovascular Pharmacotherapy. Member of the International Society of Hypertension and their communication committee. Member of the Swedish Society of Medicine and previously member of their Research Delegation; and member of the Swedish Society of Cardiology.