# 6th ESC Education Conference

30-31 January 2019  
European Heart House  
Sophia-Antipolis, France

## Educated healthcare professionals + Educated patients = Effective shared care

**Wednesday, 30 January 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>12:30</td>
<td>Arrival and lunch</td>
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<tr>
<td>14:00-14:15</td>
<td>Welcome Address (15’)</td>
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<td></td>
<td>Kick-off and getting interactive – P. Kirchhof &amp; R. Beeri (5’)</td>
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<td>ESC Leadership (strategic importance of Education) – S. Achenbach (5’)</td>
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<td>Patient Engagement at ESC – D. Fitzsimons (5’)</td>
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<td>14:15-14:45</td>
<td>Patient Engagement in practice (30’)</td>
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<td>Country example – Egypt – G. Nasr (5’)</td>
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<td>Country example – Iceland – T. Hrafnkelsdóttir (5’)</td>
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<td>North American perspective – G. McMahon – (10’)</td>
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<td>Audience discussion – (10’)</td>
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<td>14:45-15:00</td>
<td>Rapid fire debate &amp; vote (15’)</td>
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| 15:00-17:40| Interactive workshops: ‘Educated healthcare professionals + educated patients = effective shared care’ (180’)

- Educated Healthcare Professionals question 1*
  Group 1: Main Meeting Room
- Educated healthcare professionals question 2*
  Group 2: Main Meeting Room
- Educated patients question 3*
  Group 3: Main Meeting Room
- Educated patients question 4*
  Group 4: Meeting Room 4
- Effective shared care question 5*
  Group 5: Meeting Room 5
- Effective shared care question 6*
  Group 6: Board Room  
  * All questions listed on page 3

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<tr>
<td>15:00-15:10</td>
<td>Plan and expectations for workshops – R. Beeri (5’)</td>
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<td>Find your break-out room (5’)</td>
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15:10-16:10 Break-out Session Part 1 (60’)
➢ Current use, challenges and limitations

16:10-16:40 Networking - coffee (30’)

16:40-17:40 Break-out Session Part 2 (60’)
➢ Opportunities and developments for the future

18:00 Shuttle to Hotel (Hotel Aston Nice)

19:45 Cocktail & Dinner (Hotel Aston Nice)

Thursday, 31 January 2019

06:40-07:00 Hotel check-out

07:00 Shuttle from Hotel to European Heart House

08:00-08:30 Breakfast at the Heart House

08:30-08:40 Feedback 5th Education Conference - D. Kotecha, X. Rosello, M. Stanbury (5’)
ESC Core Curriculum update – F. Tanner (5’)

08:40-09:40 Train the trainer – J. Green (60’)
Interactive session

09:40-09:45 Instructions for final break-out session – R. Beeri (5)

09:45-10:45 Break-out session Part 3 (60’)
➢ Conclusions and Prepare presentation for plenary

10:45-11:15 Coffee break (30’)

11:15-12:45 Open floor plenary (90’)
Presentation of workshops key messages (6 groups)

12:45-12:50 Closing - P. Kirchhof (5’)

12:50 Networking lunch

14:00 Departure shuttle to Airport


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**Interactive Workshop Questions**

⇒ Check your Group number [printed on your badge]

**Educated healthcare professionals**
Group 1: How do you understand what you don’t know about your patient and their optimum treatment?
Group 2: How do you fill gaps in your knowledge, skills or attitudes that will benefit the management of your patients?

**Educated patients**
Group 3: How do patients prefer to learn about their condition in order to participate in providing optimum care?
Group 4: How should the physician engage patients in their own care to improve outcomes?

**Effective shared care**
Group 5: How do we assure that all caregivers collaborate with the patients to advance the care goals?
Group 6: How do we share the treatment plans and information with the patient and all caregivers?