ESC Education

from Patient-centric education to Patients involvement

Paulus Kirchhof, Chairman of the ESC Education Committee 2018-2020

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Education at ESC

• Education is a pillar of ESC Strategic Plan

• ESC’s vision in terms of Education is to improve cardiovascular outcomes
ESC Education Committee

- Oversees educational initiatives to support evidence-based diagnosis and management of cardiovascular diseases by physicians and healthcare professionals

- Decision to appoint patient representatives adhoc, such as scoping of core curriculum, mobile apps developments, etc.
Patient education at ESC

Long-standing engagement at ESC

- Heart failure matters available in 10 languages
- Afib matters website available in 9 languages
In support of integrated care
Mobile apps developments

• Supporting both patients and healthcare professionals for better shared-decision making and improved outcomes and patient care

• Patient engagement during MyAF app development
ESC Education Conference

5th conference in January 2018 → several patients actively contributed
Very fruitful interactions with the Education Committee, National Directors of Training, and representatives of Young Cardiologists

6th conference on 30 and 31 January 2019’s
“Educated healthcare professionals + educated patients = effective shared care”
Quality Improvement programmes toward ever increasing demonstrable outcomes

- ESC engages in research programmes, whereby educational interventions are designed to target clearly identified gaps in practice
- Programmes are evaluated using mixed methods, including patients outcomes (end point measures) and behavioural changes (qualitative study)
- Example with STEEER AF
Patient-centred care

Integrated AF Clinic

Technology support (e.g. CATCHME/ESC AF app)

Cardiologist*

AF Nurse

Medical specialties

Electro-physiologist

Neurologist / Stroke physician

Heart failure specialist

Anaesthesiologist

LAA occluder implant

Cardiac imaging

Referring cardiologist

AF cardiac surgeon

Back to routine care

Patient choice

Kirchhof, Benussi, Kotecha et al: Eur Heart J 2016;37:2893

Conclusion

Thank you!