



DEPARTMENT OF NONINVASIVE CARDIOVASCULAR  
IMAGING AND FUNCTIONAL DIAGNOSTIC

# Global and regional function in patients with Acute Myocardial Infarction

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*University National Heart Hospital  
Sofia – Bulgaria*

06.04.2012

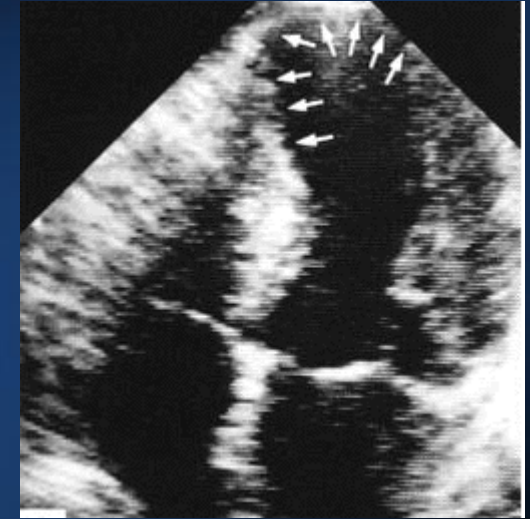
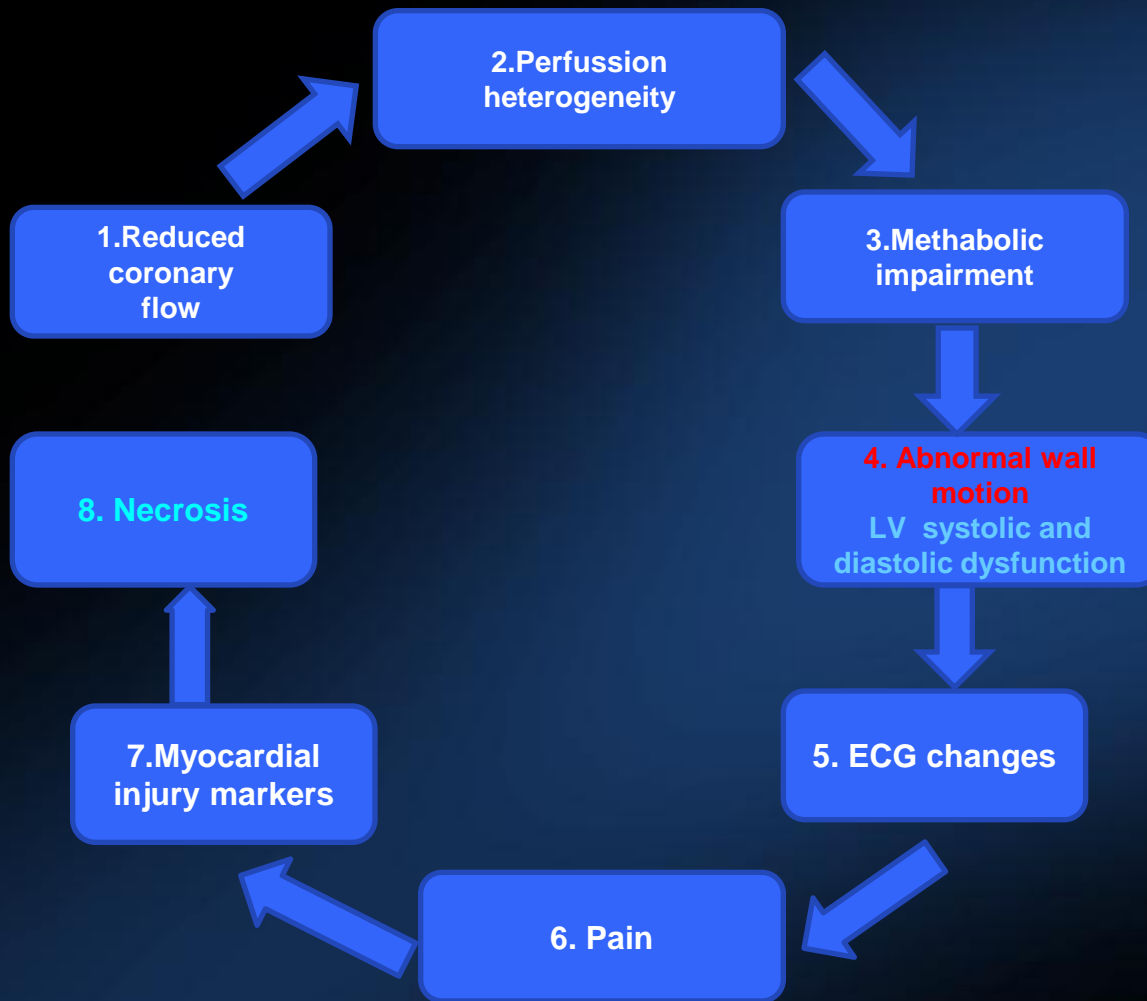


**No conflicts to disclose  
for this presentation.**

# Acute Myocardial Infarction –the clinical questions

- Presence and the extent of area of risk and necrosis
  - Function
  - Infarct Imaging
  - Viability
- Presence of ischemia (IRA stenosis, ischemia at distance)
  - Function
  - Perfusion
- Establishing prognosis
- Choosing the correct therapy

# The role of echocardiography on estimation pts with AMI



Conventional Echo

Sens. 80-90 %,  
Spec. 80-90 %  
for nontransmural AMI

Sens. 90-95%,  
Spec. 80-90%  
for transmural AMI

# Acute Myocardial Infarction – Echo in ED / CCU

- **Detection of AMI :**

- **2D echo** – regional wall motion abnormalities  
high Sens, low Spec. for detecting AMI ( PPV: 30%)
- **Rest WMSI** > 1,7 > perfusion defects > 20%
- **MCE** > Perfusion defect

- **Detection of mechanical complications of AMI**

- **LV failure and remodelin**
- **RV infarction**
- **Free wall rupture,ventricular septal rupture (VSD), papillary muscle rupture (masive MR)**
- **Ischemic MR**

# AMI – the role of noninvasive imaging

- **Anatomical Imaging:** Non-invasive Angiography

TTE / TEE

- Multislice CT
- MRI

- **Functional Imaging:** hemodynamic consequences of AMI

Acute phase

1. Doppler , TDI, 2DS
2. Myocardial Contrast Echocardiography
3. SPECT
4. c MRI

Sub acute and chronic phase

- 1+2+3+4 and
5. Exercise or DSE

EchoCG

# Myocardial infarction: Clinical Applications of Strain Imaging

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- **Detection of myocardial ischemia**
- **Assessment of myocardial viability**
- **Detection and sizing of myocardial infarction**
- **Prediction of post- MI arrhythmias**

# Myocardial infarction: Clinical Applications of Strain Imaging

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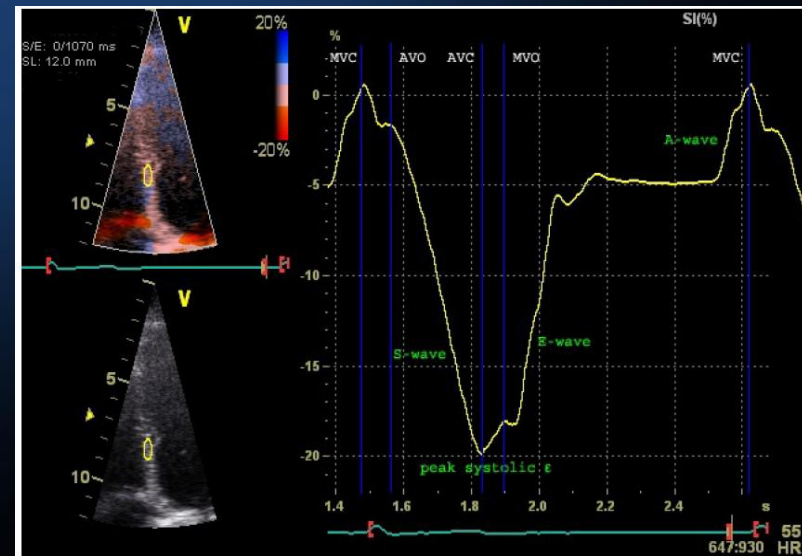
# Tissue Doppler Imaging

## Pros:

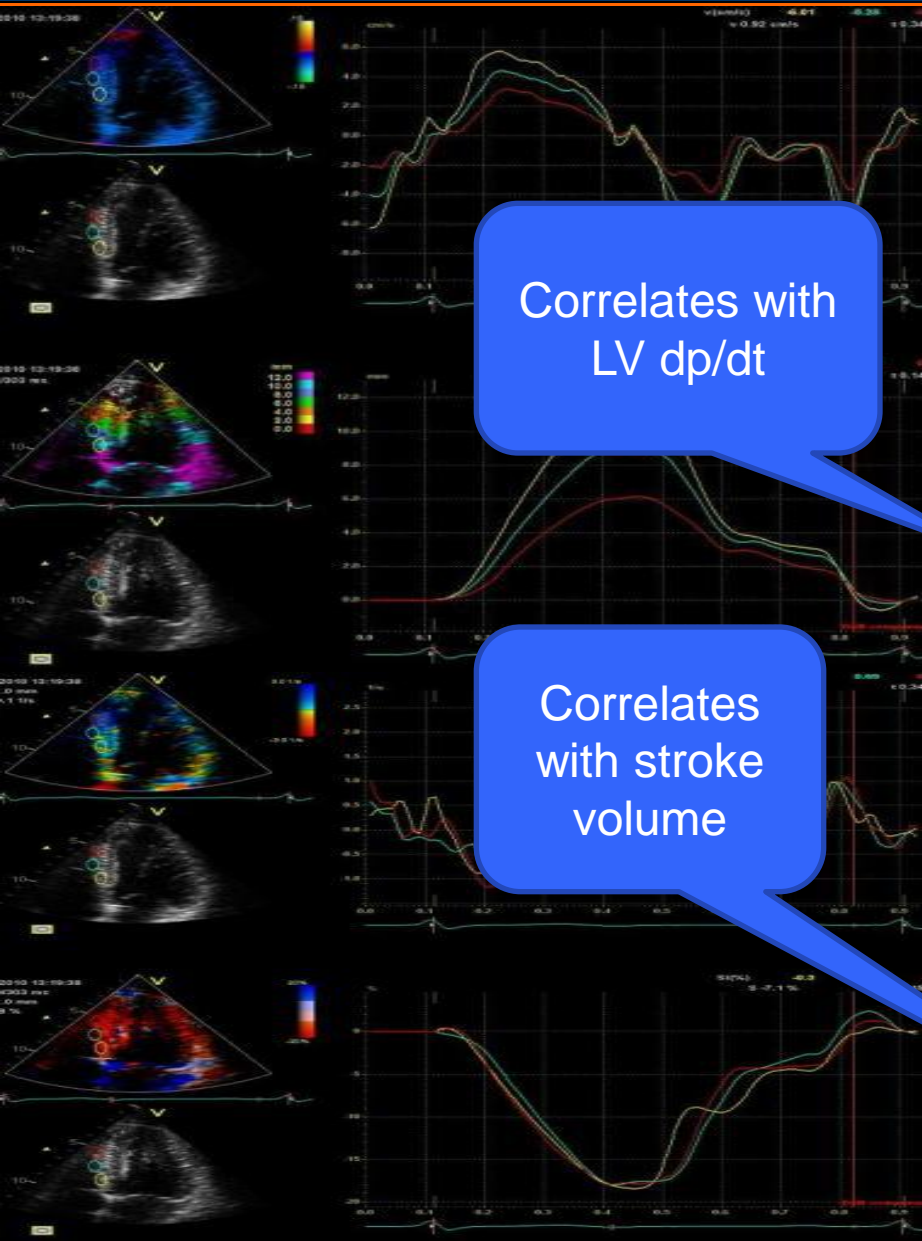
- 1D tool to assess the velocity of the myocardial displacement
- studies have proven relevance of the in assessment myocardial viability

## Cons:

- angle dependent
- possible noise artifacts
- no segmental assessment



# Tissue Doppler and Strain Rate imaging from velocity to deformation



Correlates with  
LV dp/dt

Correlates  
with stroke  
volume

Vel (v)

$$SR = \frac{v_2 - v_1}{d}$$

$$\epsilon = \int_{t_0}^t SR \cdot dt$$

The velocity of  
which myocardium  
moves



The rate of which  
myocardium  
deforms



The % of local  
deformations

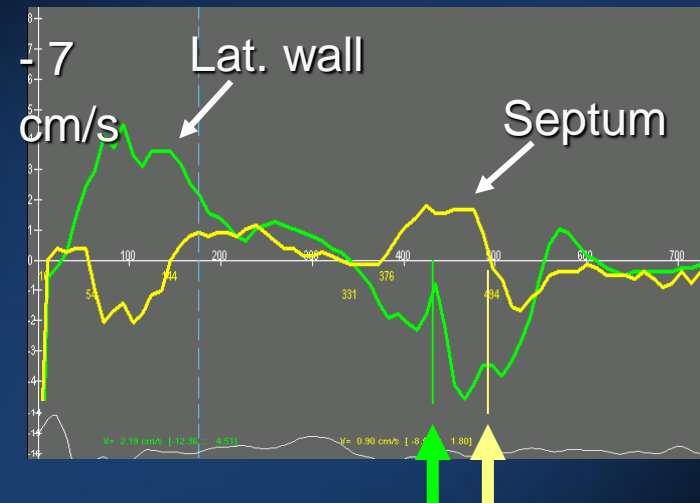
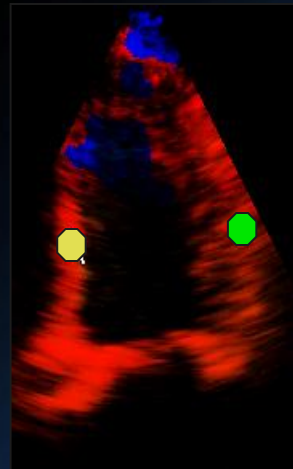
*Weidemann et al., Am. J. Physiol. 2002*

# Acute Myocardial Ischemia

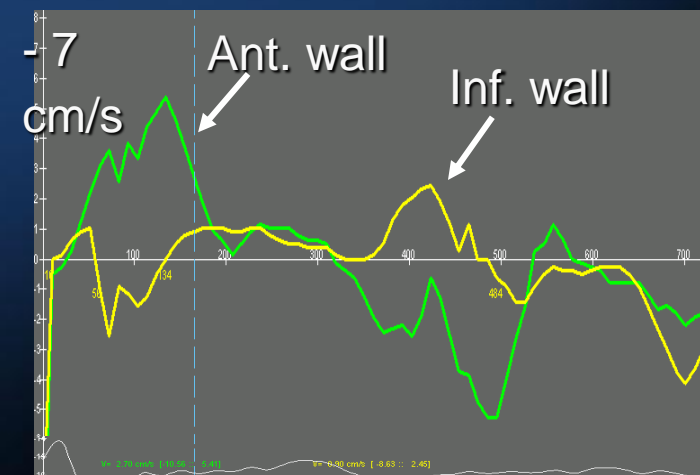
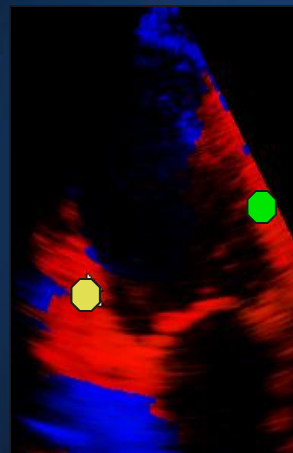


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4 chamber  
view



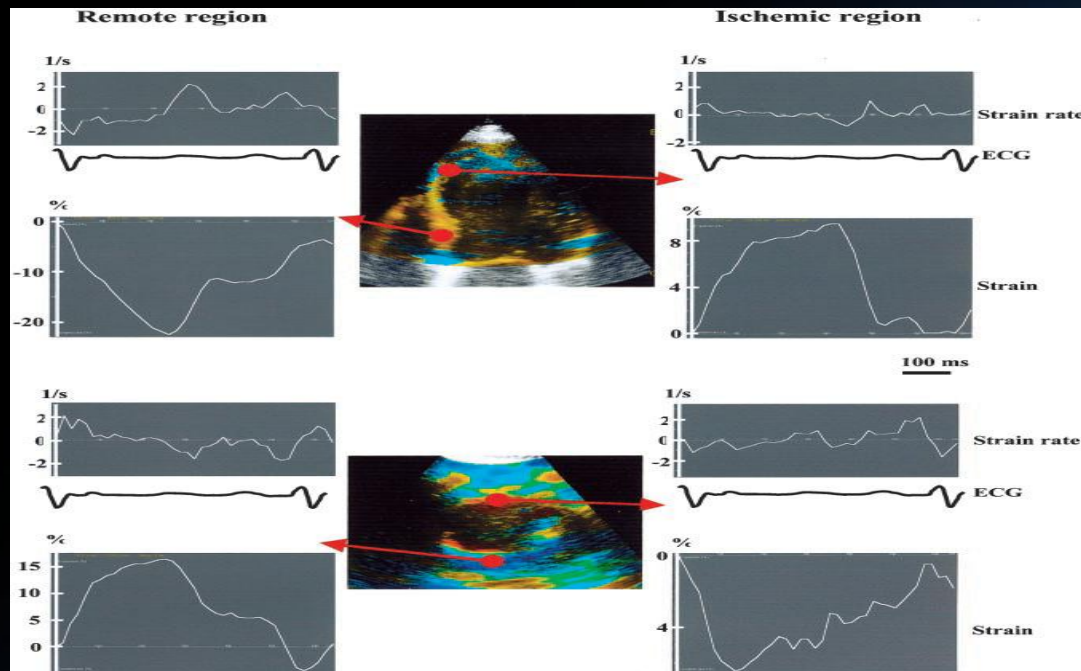
2 chamber  
view



# Regional Function by TDI



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- TDI derived SR can identify and quantify ischemic myocardial abnormalities and Identify viable myocardium
- Acute coronary occlusion reduced peak systolic strain in radial and longitudinal directions in ischemic regions and after reperfusion returned close to preocclusions value
- Ultrasonic strain indexes differentiate acutely ischemic segments from normal's .

# Limitations of TDI Strain

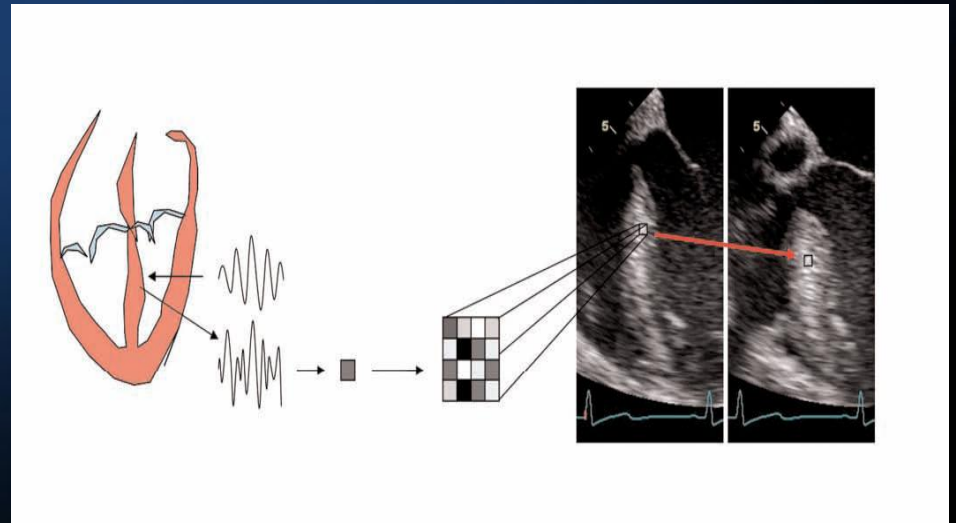


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- **Detects only single component of strain**
- **Limited scope of radial (anteroseptum and posterior wall) and circumferential (septum and lateral wall) strain from parasternal window**
- **Subject to noise, particularly strain rate**
- **Very tedious to perform**

# Derivation of Strain by 2DEcho Speckle Tracking

- 20-40 pixels = 'Speckle' → tissue marker
- Using pattern recognition algorithms → position speckles tracked and stored in dig. cine-loop of cardiac cycle
- Independent of the insonation angle



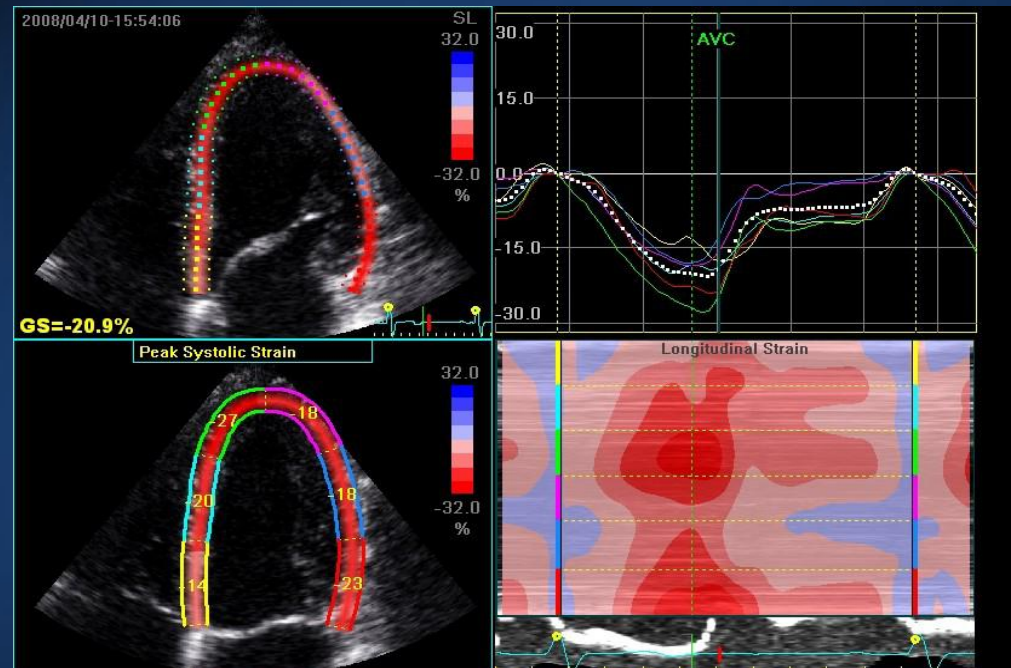
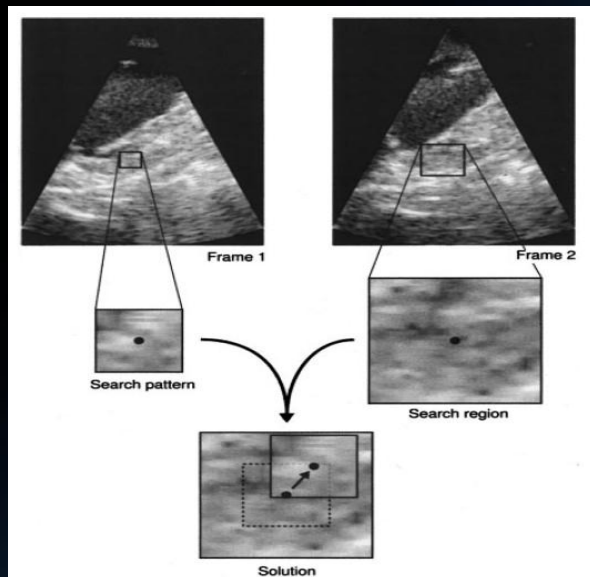


# Speckle Tracking



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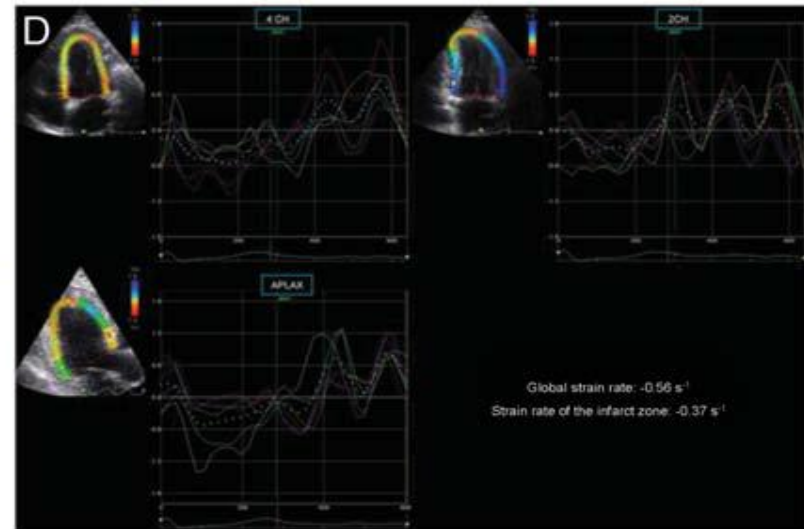
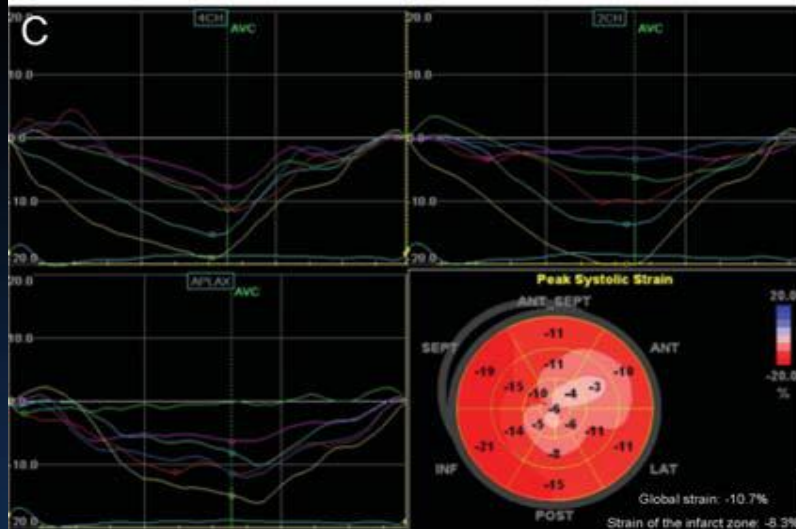
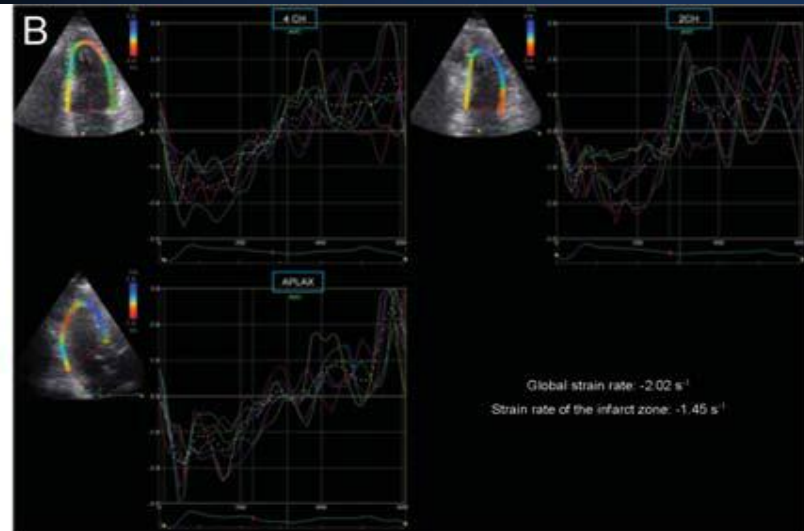
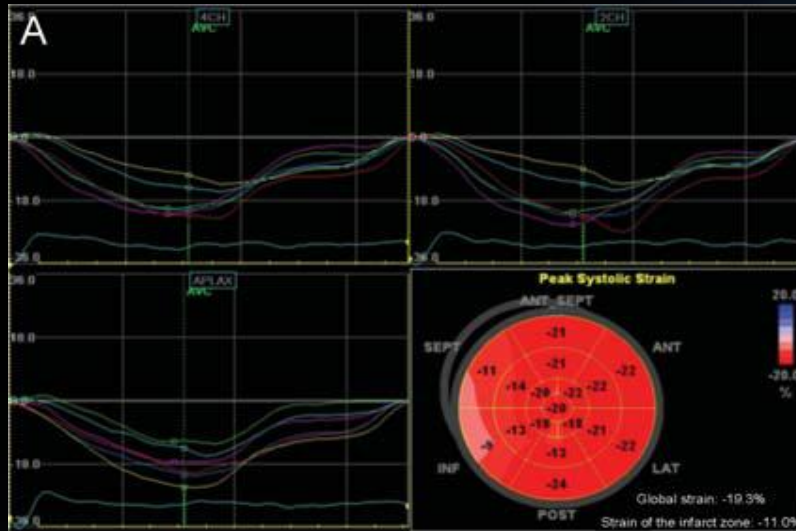
- 2D strain with Speckle tracking



$\epsilon_{LL}$ ,  $\epsilon_{CC}$ ,  $\epsilon_{RR}$  extracted in 18 segments model

*Screenshot from EchoPac (GE Vingmed, Norway) with longitudinal strain traces estimated with Speckle Tracking*

# LAD Infarct- Bull's eye Plot from 3 Apical Views





# Myocardial infarction: Clinical Applications of Strain Imaging

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- Detection of myocardial ischemia
- Assessment of myocardial viability
- Detection and sizing of myocardial infarction
- Prediction of post- MI arrhythmias

## **Myocardial Deformation Imaging Based on Ultrasonic Pixel Tracking to Identify Reversible Myocardial Dysfunction**

Michael Becker, Alexandra Lenzen, Christina Ocklenburg, Katharina Stempel, Harald Kühl, Miria Neizel, Markus Katoh, Rafael Kramann, Joachim Wildberger, Malte Kelm, and Rainer Hoffmann

*J. Am. Coll. Cardiol.* 2008;51;1473-1481

doi:10.1016/j.jacc.2007.10.066

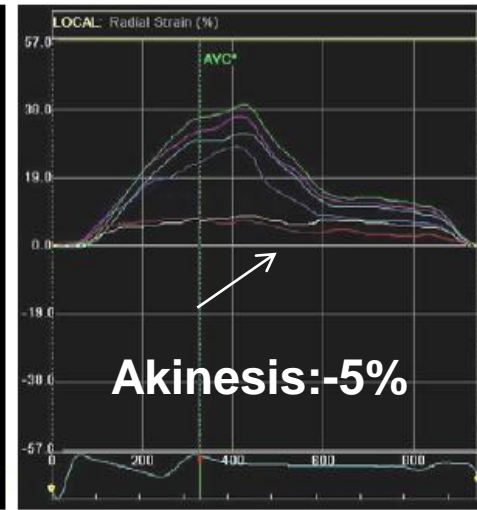
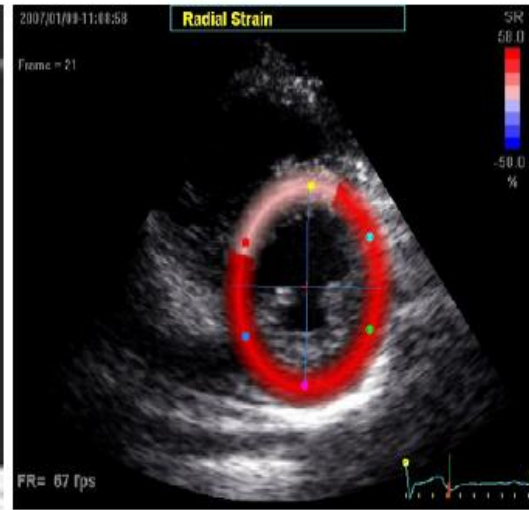
- 53 pts with chronic ischemic dysfunction undergoing revascularization
- Preoperative assessment with Gd –MRI and resting strain echo imaging
- Analysis for prediction of global and regional systolic recovery

# Nontransmural vs Transmural MI

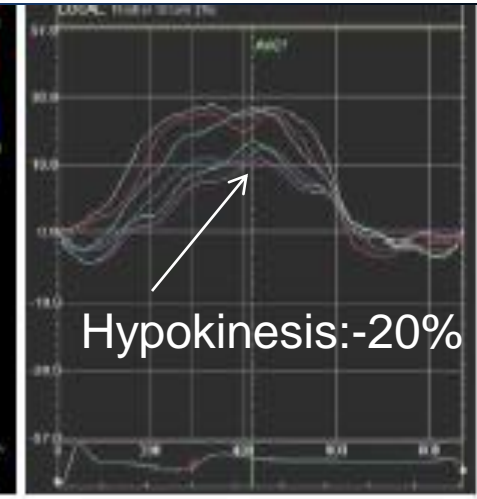
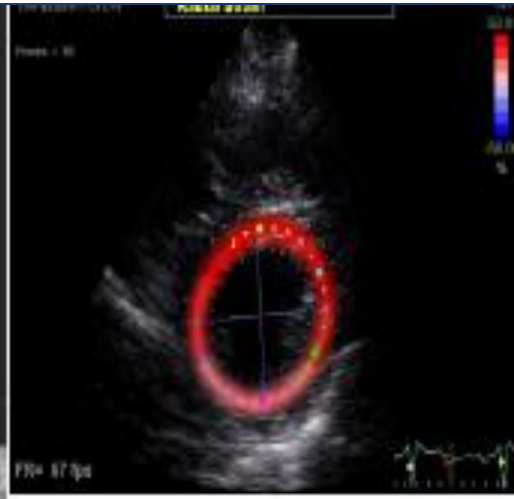
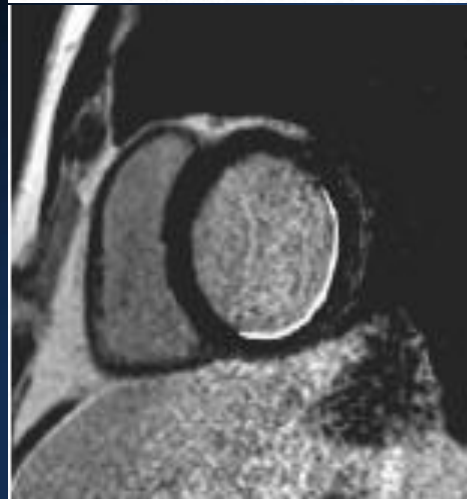


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Transmural  
AMI



Nontransmural  
AMI

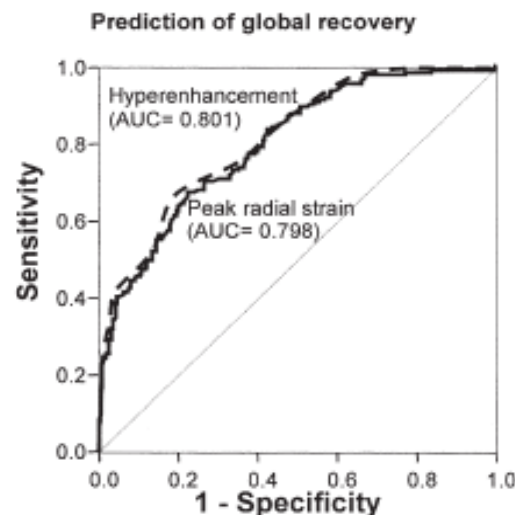
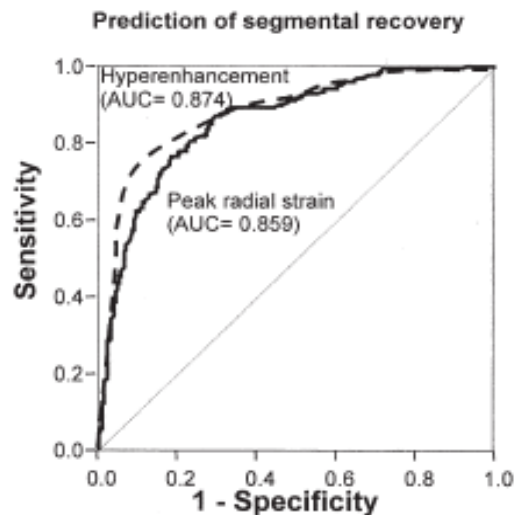
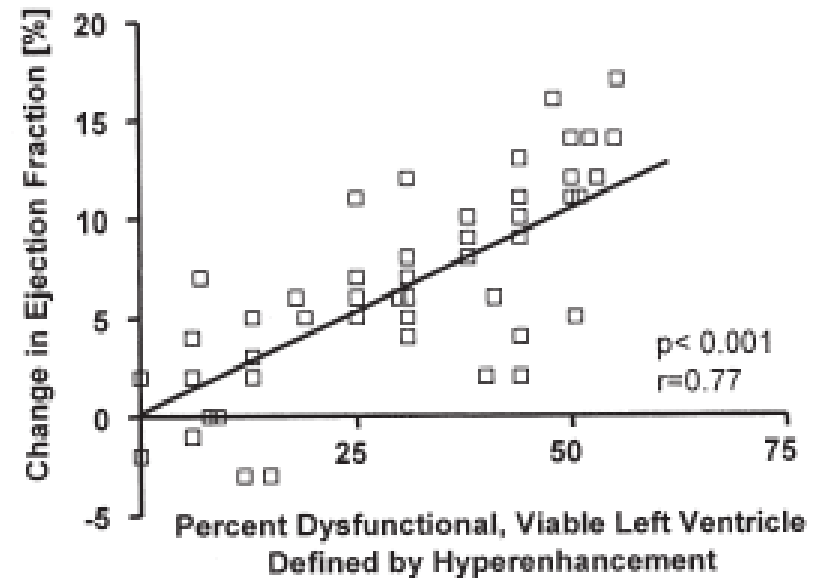
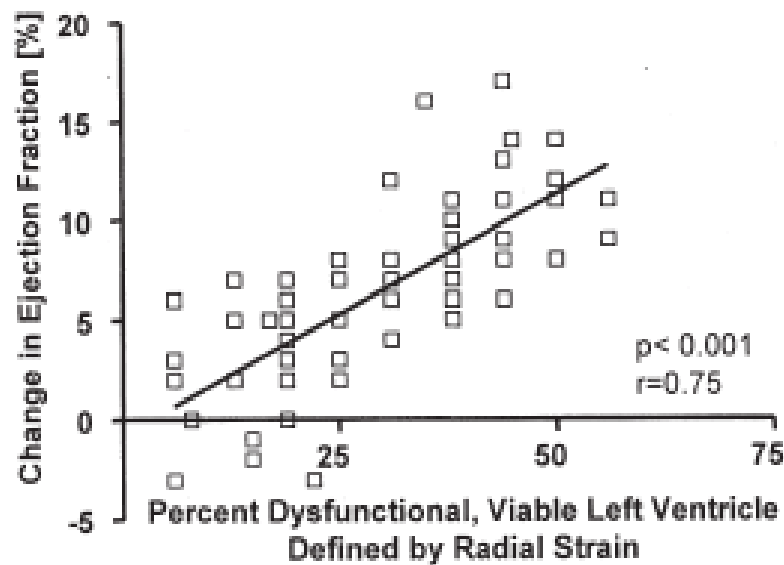


Gd-MRI

2D - STE

Strain curves

# Improvement of EF % and Prediction of Global and Regional Recovery



Becker et al. JACC, 2008

# Myocardial infarction: Clinical Applications of Strain Imaging

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- Detection of myocardial ischemia
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# Circulation

## Cardiovascular Imaging

JOURNAL OF THE AMERICAN HEART ASSOCIATION

American Heart  
Association



*Learn and Live*

**Noninvasive Separation of Large, Medium, and Small Myocardial Infarcts in  
Survivors of Reperfused ST-Elevation Myocardial Infarction : A Comprehensive  
Tissue Doppler and Speckle-Tracking Echocardiography Study**

Ola Gjesdal, Thomas Helle-Valle, Einar Hopp, Ketil Lunde, Trond Vartdal, Svend Aakhus,  
Hans-Jørgen Smith, Halfdan Ihlen and Thor Edvardsen

*Circ Cardiovasc Imaging* 2008;1:189-196;

DOI: 10.1161/CIRCIMAGING.108.784900

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Avenue, Dallas, TX 75214

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1942-0080

- 40 pts studied  $8.5 \pm 5.4$  months post 1 st MI
- Global infarct mass measured by Gd – MRI
- Comparison with LV global longitudinal, circumferential and radial strain and torsion

# MRI vs Echo Strain for Infarct Size

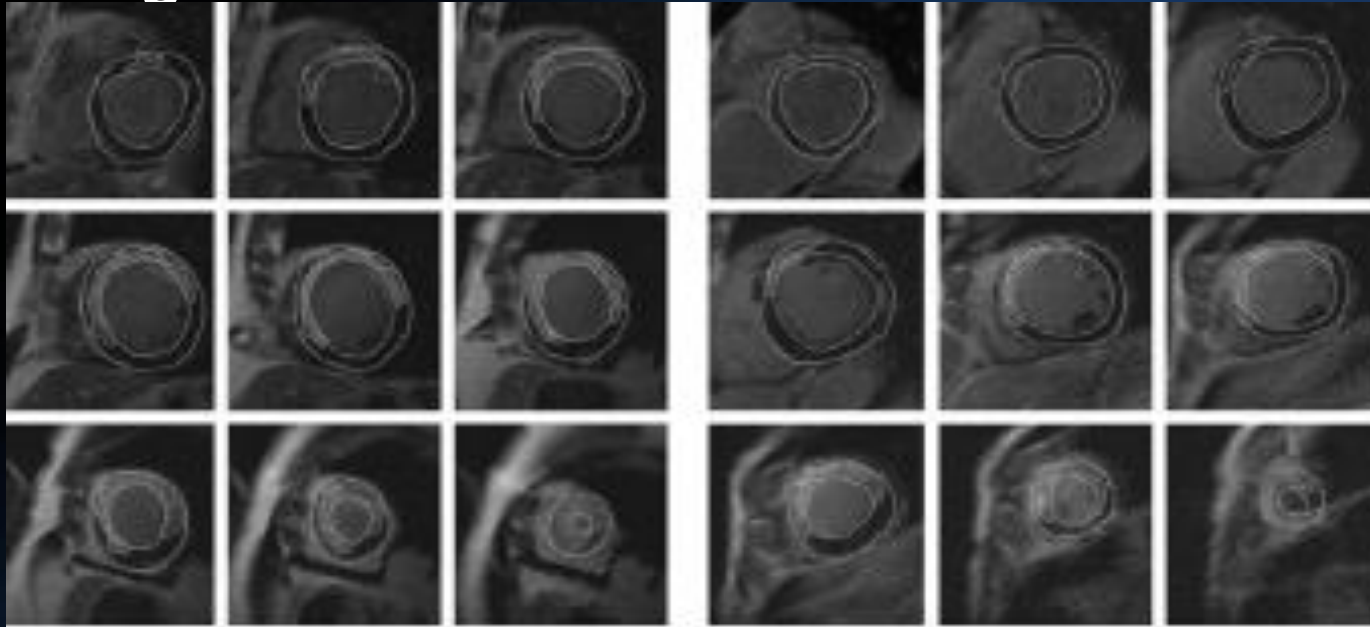


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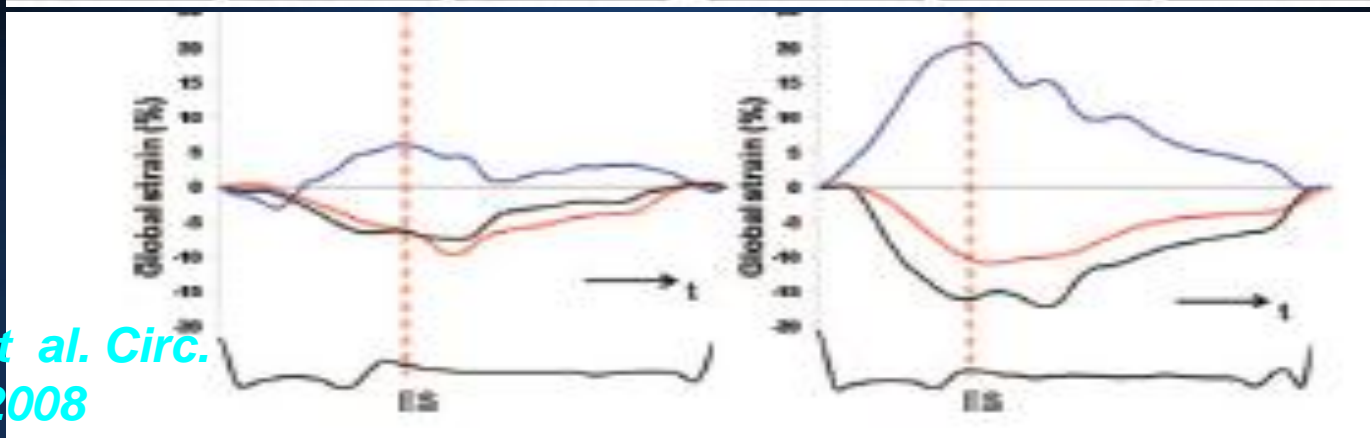
## Large infarct

## Medium infarct

115 g



36 g



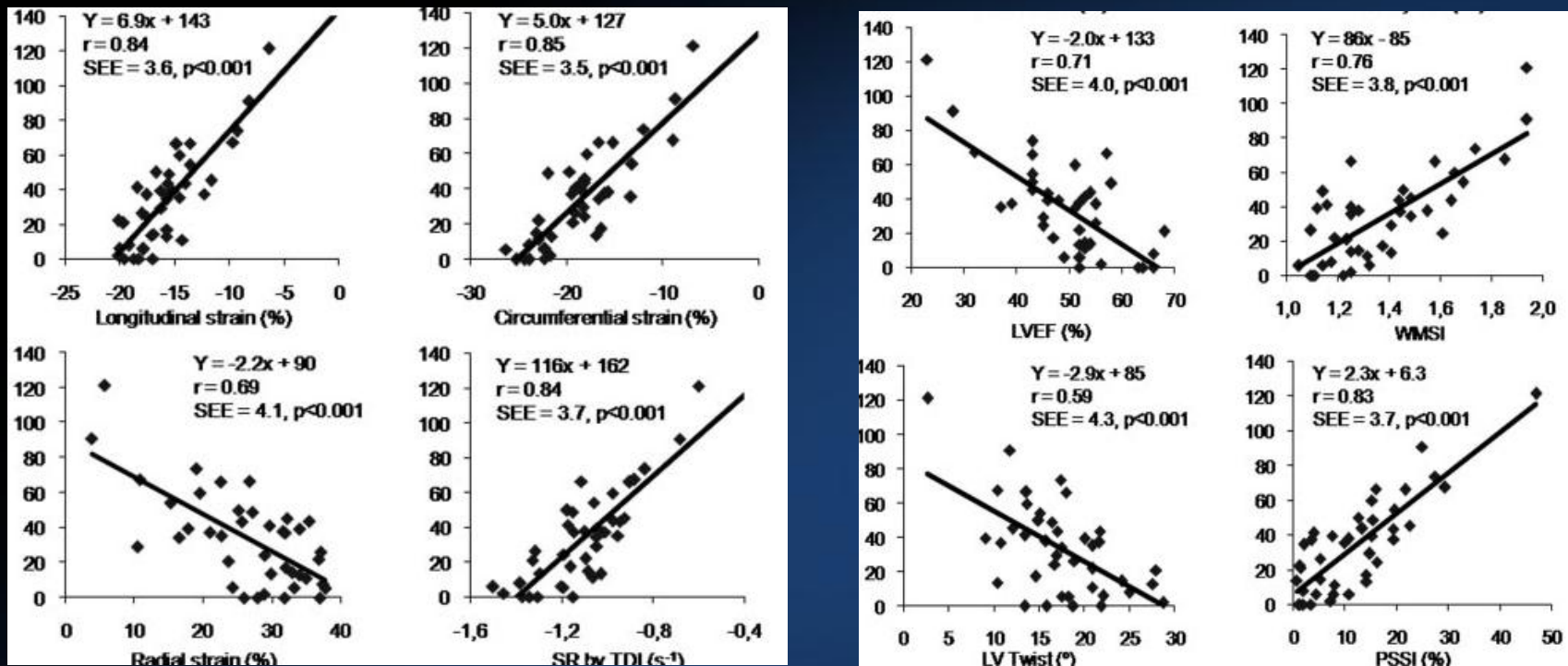
Gjesdal et al. Circ.  
Imaging 2008



# Echo Indices vs. MRI Infarct Size



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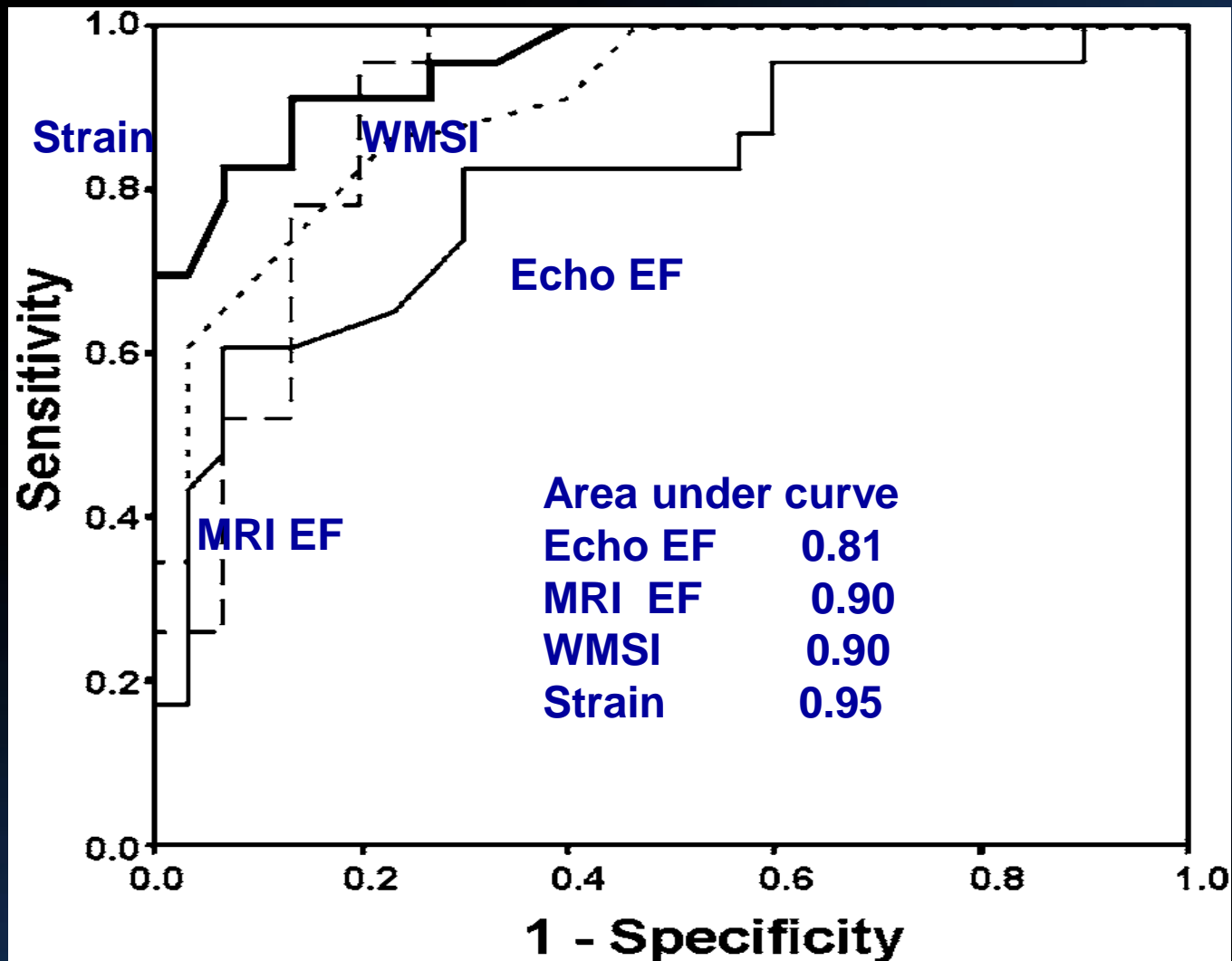


**Best predictors : Longitudinal and Circumferential Strain, TDI Strain rate , post-Systolic shortening**

*Gjesdal et al. Circ. Imaging 2008*



# Detection of 30 g MI Size



# Global longitudinal strain by speckle tracking for infarct size estimation

Kim M  
Hans E

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Hospital Skejby,  
Received 16 Au



European Heart Journal (2010) 31, 1640–1647  
doi:10.1093/eurheartj/ehq105

CLINICAL RESEARCH

Imaging

## Aims

## Methods and results

# Prognostic importance of strain and strain rate after acute myocardial infarction

M. Louisa Antoni<sup>1</sup>, Sjoerd A. Mollema<sup>1</sup>, Victoria Delgado<sup>1</sup>, Jael Z. Atary<sup>1</sup>,  
C. Jan Willem Borleffs<sup>1</sup>, Eric Boersma<sup>2</sup>, Eduard R. Holman<sup>1</sup>, Ernst E. van der Wall<sup>1</sup>,  
Martin J. Schalij<sup>1</sup>, and Jeroen J. Bax<sup>1\*</sup>

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Received 8 September 2009; revised 5 March 2010; accepted 12 March 2010; online publish-ahead-of-print 27 April 2010

infarct size in patients with non-ST-segment-elevation myocardial infarction, as well as the ability of these parameters to identify patients with substantial infarction.

**Methods and Results**—Sixty-one patients with non-ST-segment-elevation myocardial infarction were examined by echocardiography immediately before revascularization, 2.1±0.6 days after hospitalization. LV systolic function was assessed by ejection fraction, wall motion score index, and circumferential, longitudinal, and radial strain in a 16-segment LV model. Global strain represents average segmental strain values. Infarct size was assessed after 9±3 months by late-enhancement MRI, as a percentage of total LV myocardial volume. A good correlation was found between infarct size and wall motion score index ( $r=0.74$ ,  $P<0.001$ ) and global longitudinal strain ( $r=0.68$ ,  $P<0.001$ ). Global longitudinal strain  $>-13.8\%$  and wall motion score index  $>1.30$  accurately identified patients with substantial infarction ( $\geq 12\%$  of myocardium,  $n=13$ ; area under the receiver operator curve, 0.95 and 0.92, respectively).

**Conclusions**—Echocardiographic parameters of LV systolic function correlate to infarct size in patients with non-ST-segment-elevation myocardial infarction. Global longitudinal strain and wall motion score index are both excellent parameters to identify patients with substantial myocardial infarction, who may benefit from urgent reperfusion therapy. (*Circ Cardiovasc Imaging*. 2010;3:187-194.)

**Key Words:** myocardial infarction ■ echocardiography ■ MRI ■ myocardial contraction

# Myocardial infarction: Clinical Applications of Strain Imaging

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- **Detection of myocardial ischemia**
- **Assessment of myocardial viability**
- **Detection and sizing of myocardial infarction**
- **Prediction of post- MI arrhythmias**

# Mechanical Dispersion Assessed by Myocardial Strain in Patients After Myocardial Infarction for Risk Prediction of Ventricular Arrhythmia

Kristina H. Haugaa, MD,\*† Marit Kristine Smedsrud, MD,\*† Torkel Steen, MD, PhD,‡ Erik Kongsgaard, MD, PhD,\* Jan Pål Loennechen, MD, PhD,§|| Terje Skjaerpe, MD, PhD,|| Jens-Uwe Voigt, MD, PhD,¶ Rik Willems, MD, PhD,¶ Gunnar Smith, MD,‡ Otto A. Smiseth, MD, PhD,\* Jan P. Amlie, MD, PhD,\* Thor Edvardsen, MD, PhD\*

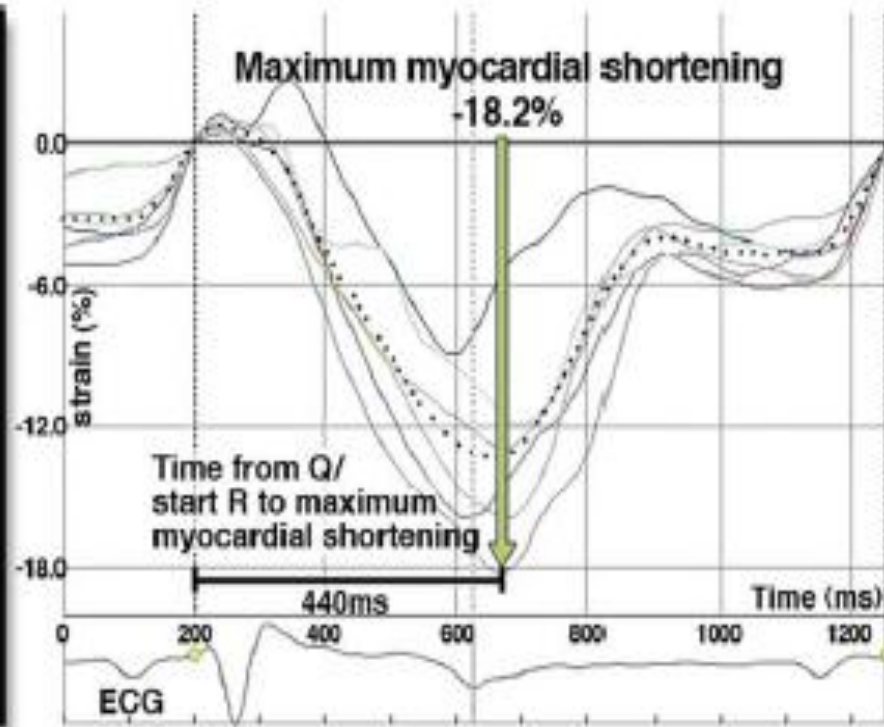
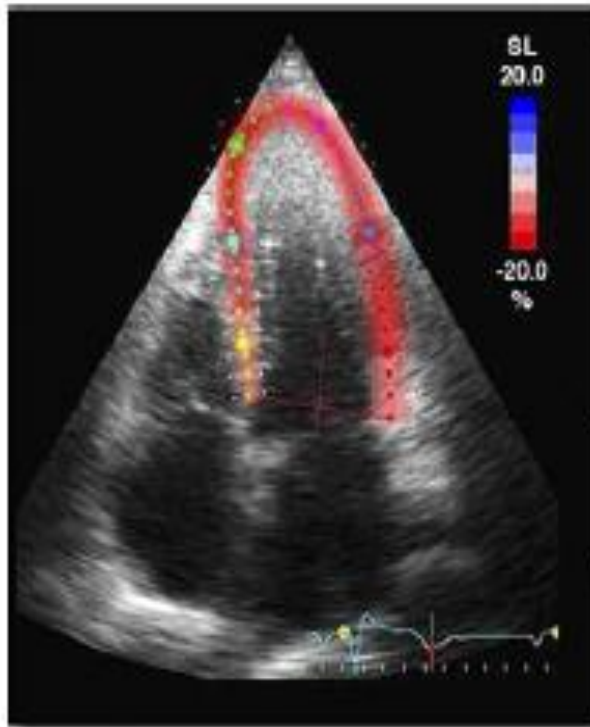
*Oslo and Trondheim, Norway; and Leuven, Belgium*

- 85 post MI pts with ICDs studied w/ longitudinal strain imaging
- After 2,3 y, 38 pts had 1 or more appropriate shocks
- Echo indices analyzed for prediction of appropriate shocks

# Mechanical Dispersion of LV Strain Predictor of Future Arrhythmias



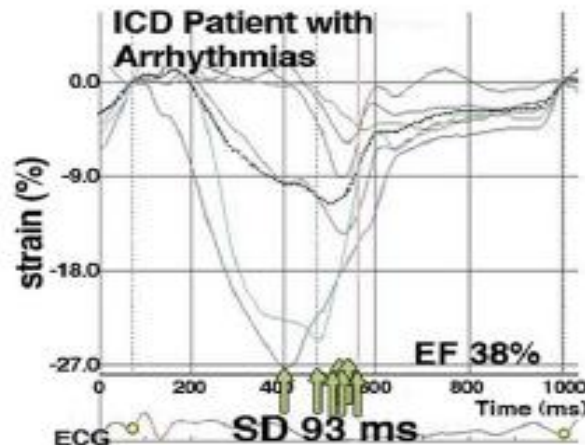
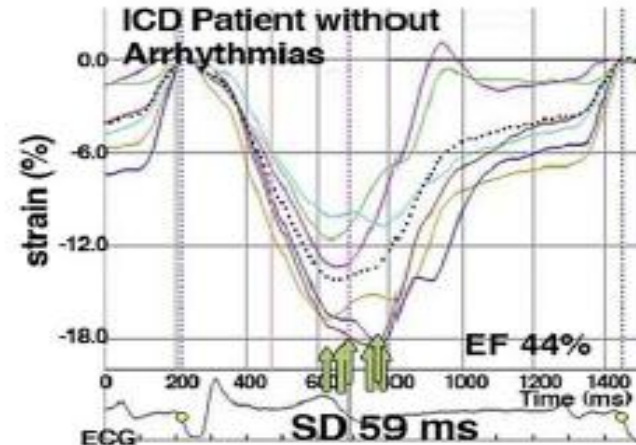
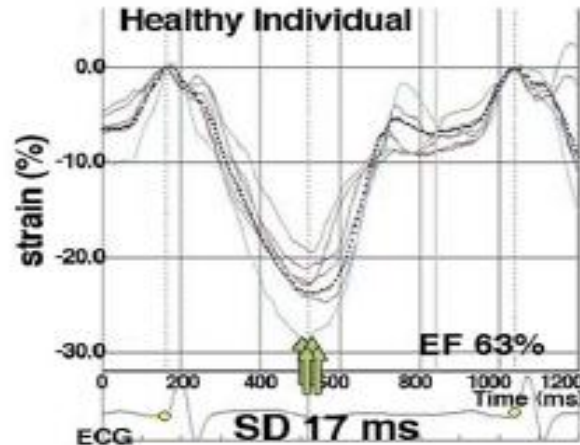
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***Standard deviation of time to peak longitudinal strain***

Haugaa et al .JACC Img 2010, 3,247-56

# Mechanical Dispersion of LV Strain



# Mechanical Dispersion of LV Strain

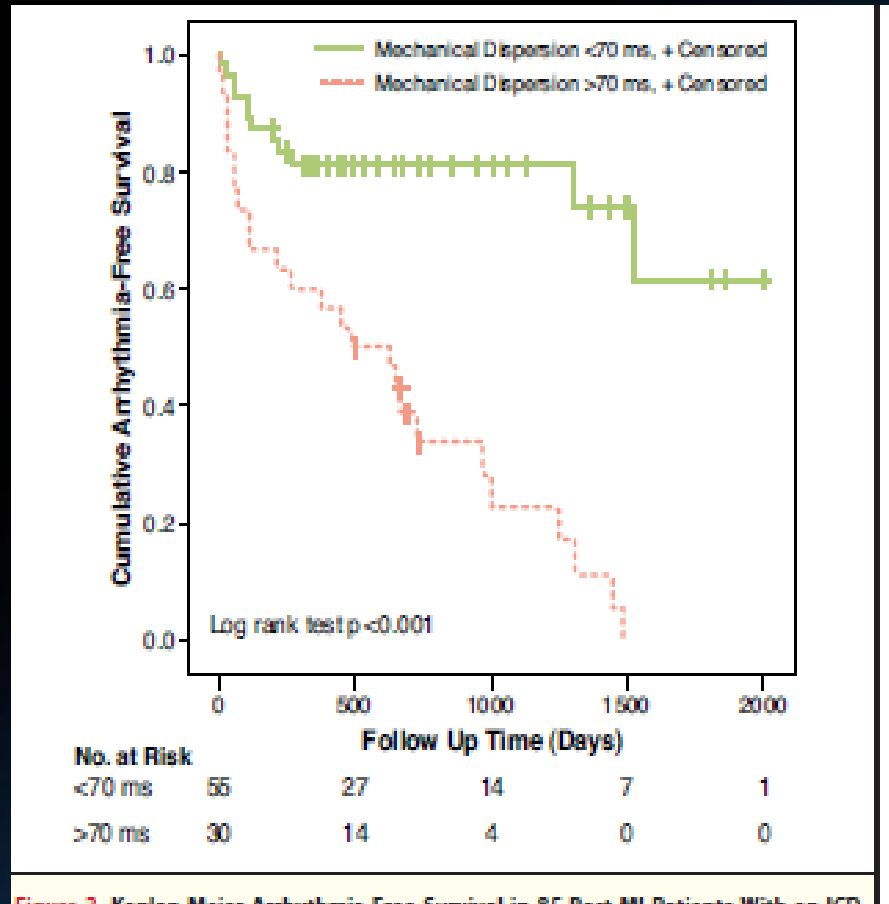
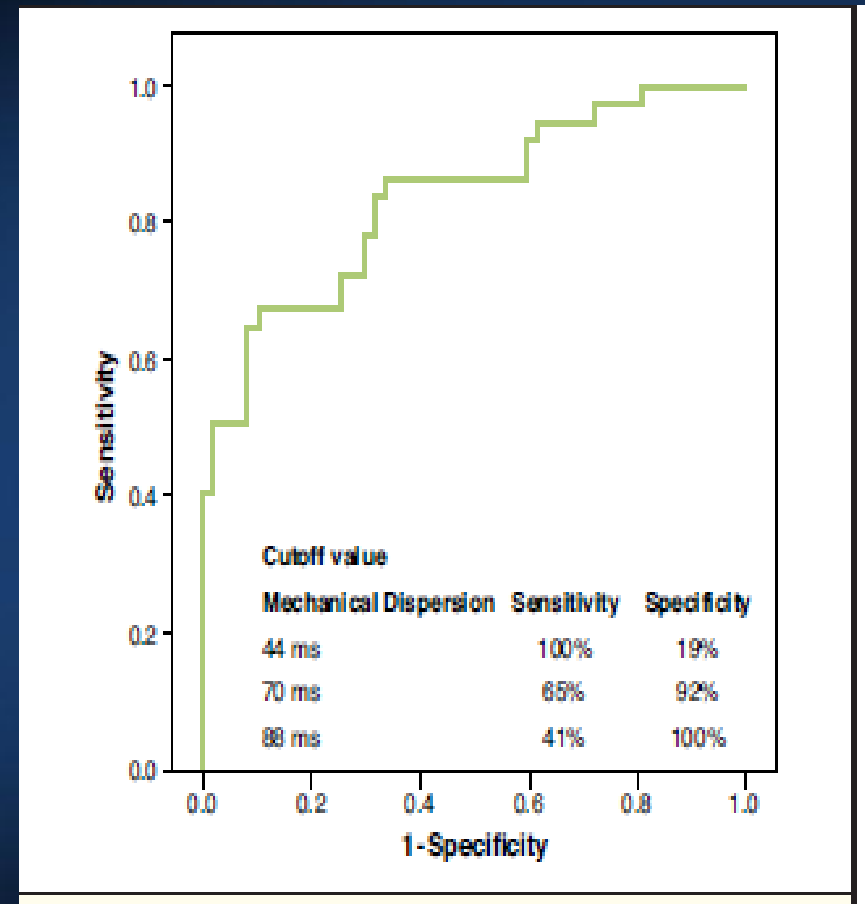


Figure 3. Kaplan-Meier Arrhythmia-Free Survival in 85 Post-MI Patients With an ICD

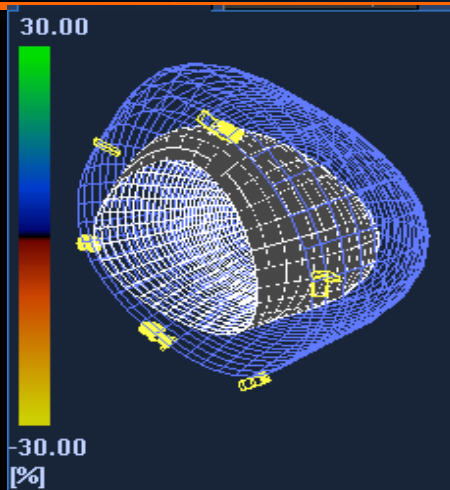


- No difference in EF :  $34 \pm 11\%$  vs  $35 \pm 9\%$
- Mechanical dispersion:  $85 \pm 29$  msec vs  $56 \pm 13$  msec ,  $p < 0.001$

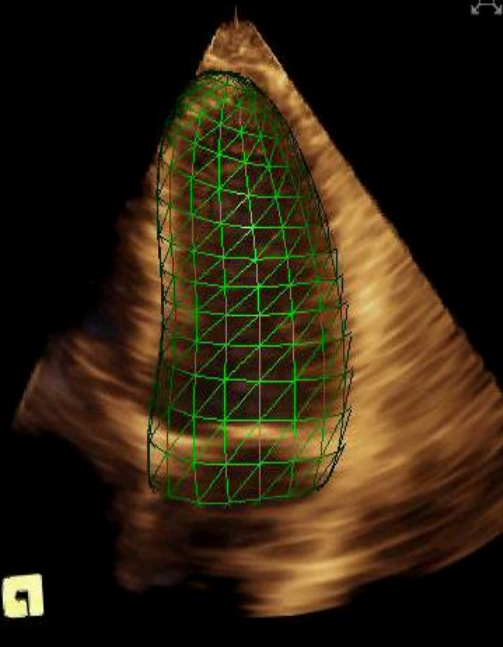
Haugaa et al .JACC Img 2010, 3,247-56



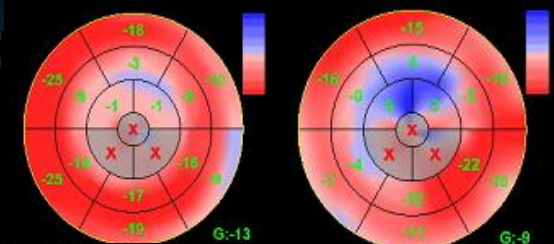
# New Era : 3D Speckle Tracking



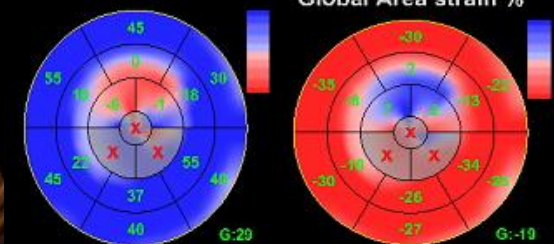
We now have the echocardiographic tools available to let us assess LV contraction, Relaxation, compliance, suction, and filling pressure.



Global Longitudinal strain % Global Circumferential strain %

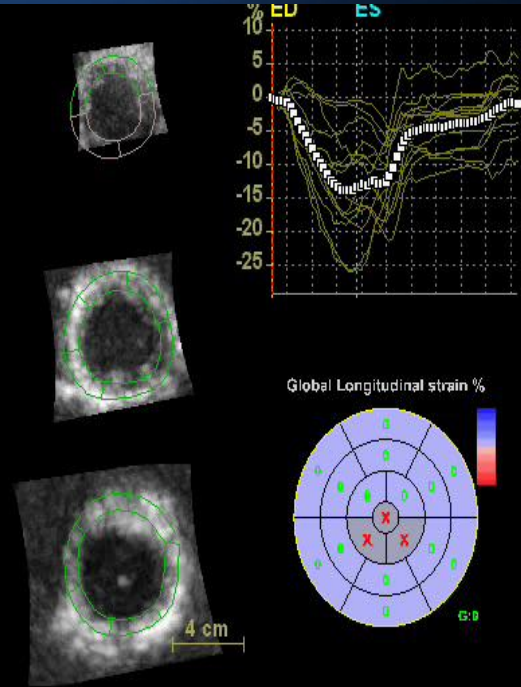
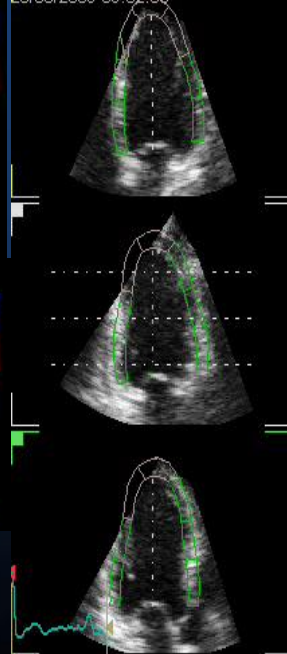


Global Radial strain (VolC) % Global Area strain %



Data courtesy by L. Badano

06/03/2009 09:52:33





## Limitation of Strain Imaging for Analysis of Myocardial Ischemia and Viability

- Need of adequate 2D echo image quality
- Limitations of current analysis of software –no regional adjustment to differences in wall thickness
- Dependences on volume load of the LV – not applicable in patients with severe valve diseases.
- Currently better evaluated for analysis of chronic ischemic dysfunction, less for analysis of viability in acute infarction
- Pts with rhythm disorders (atrial fibrillation, conduction, disturbance) should not be evaluated
- No validation against histologic findings in human

# Conclusion



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- **Myocardial deformation analysis allows sensitive identification of ischemic myocardium**
- **Myocardial deformation imaging allows analysis of myocardial viability in chronic and acute ischemic dysfunction**
- **Recovery of segmental and global LV function can be predicted with good accuracy using myocardial deformation analysis performed on rest echocardiography**



**Thank you for your attention !**

