



Stem Cells for the Failing Heart

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3rd DUBROVNIK CARDIOLOGY HIGHLIGHTS

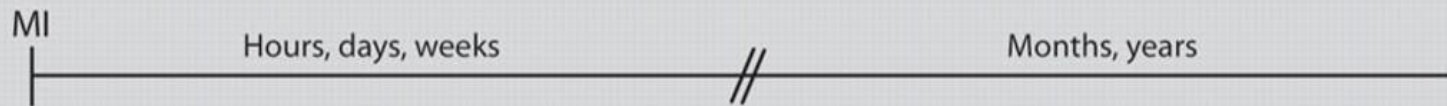
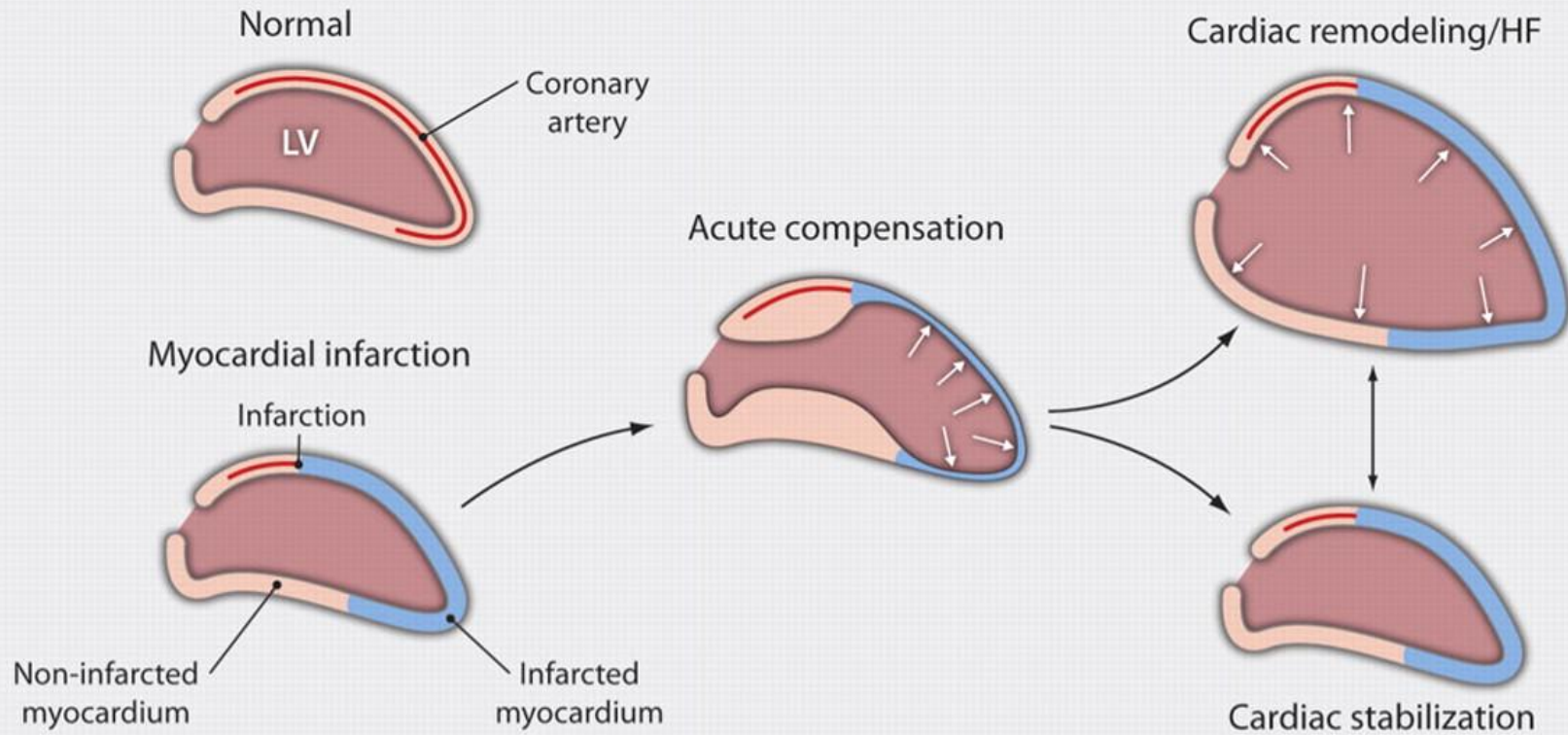
OVERVIEW

- ✓ New modalities for HF treatment
- ✓ Stem cell therapy - potentially disease modifying
- ✓ Individual clinical studies
- ✓ Meta-analyses
- ✓ Future directions and likely outcomes

New modalities for HF treatment

- ✓ The management of HF has extended the lifespan of this patient population; however, not able to reverse the disease
- ✓ Short of heart transplantation, there are currently limited options to overcome the poor prognosis of end-stage HF
- ✓ This urgent clinical need drives the exploration of cardiac repair with stem cells
- ✓ Many efforts aim to use the regenerative properties of stem cells for strategies to repair injured myocardium

Post-MI cardiac adaptation



Cell therapy goals

Prevent cardiac deterioration

- Promote formation of new blood vessels
- Inhibit apoptosis
- Inhibit ROS production

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- Prevent cardiac expansion
- Limit area of necrosis and scar size
- Alter scar content to improve mechanical support

Restore pumping capacity

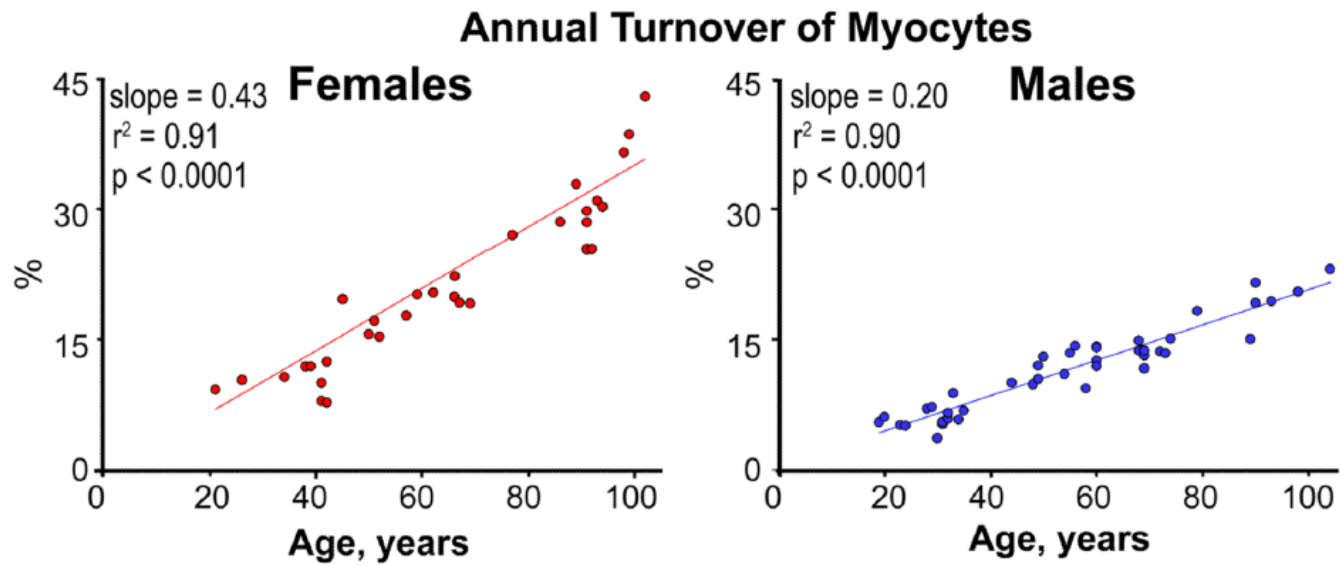
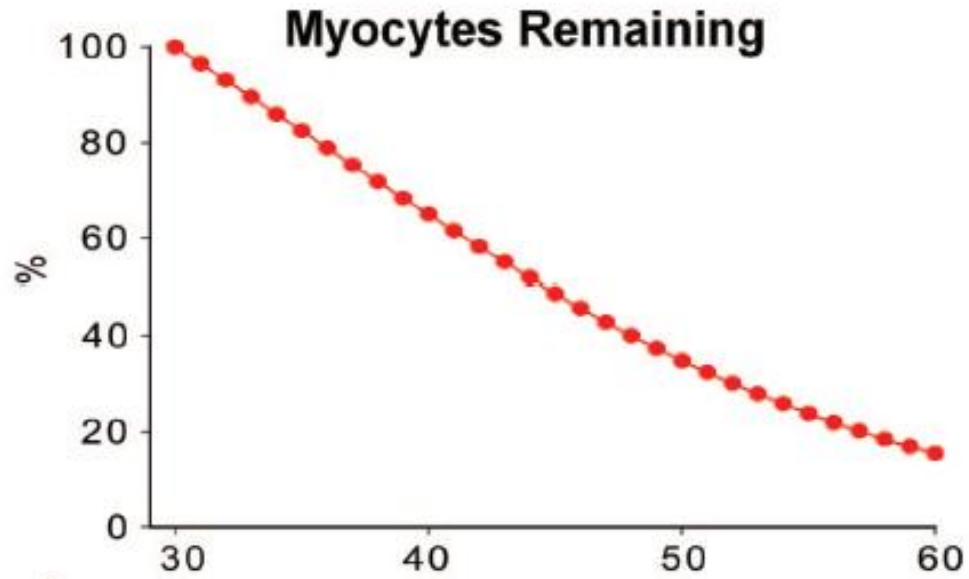
- Promote formation of new blood vessels
- Replace lost cardiomyocytes
- Ventricle reconstruction

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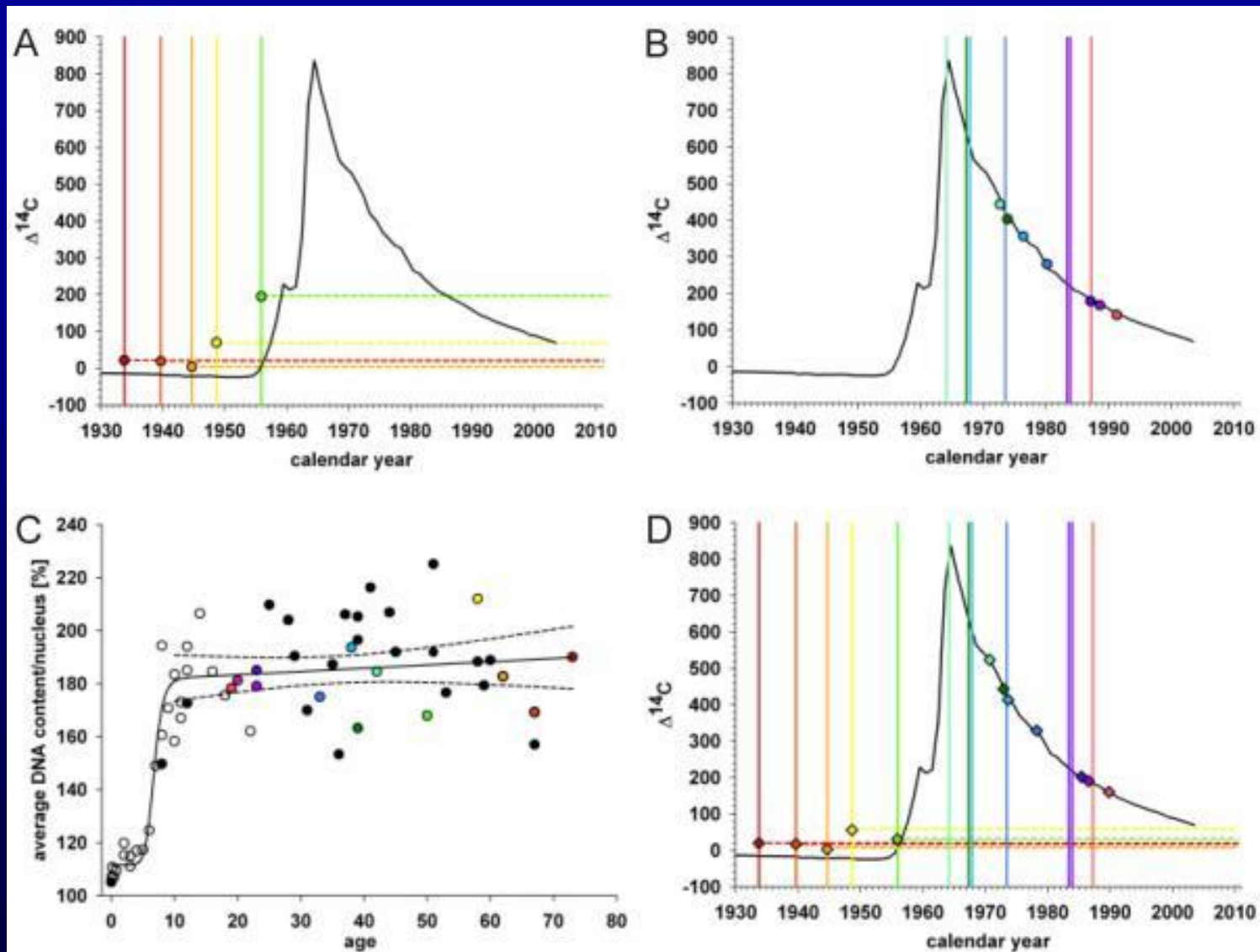
- Restore contractile tissue
- Restore elliptical shape

New modalities for HF treatment

- ✓ For nearly a century, the heart has been considered a terminally-differentiated post-mitotic organ unable to replace dying cardiomyocytes
- ✓ This premise is no longer valid
- ✓ Pool of resident cardiac stem cells (CSCs) that can acquire the cardiomyocyte, vascular smooth muscle, and endothelial cell lineages has been identified in the human heart



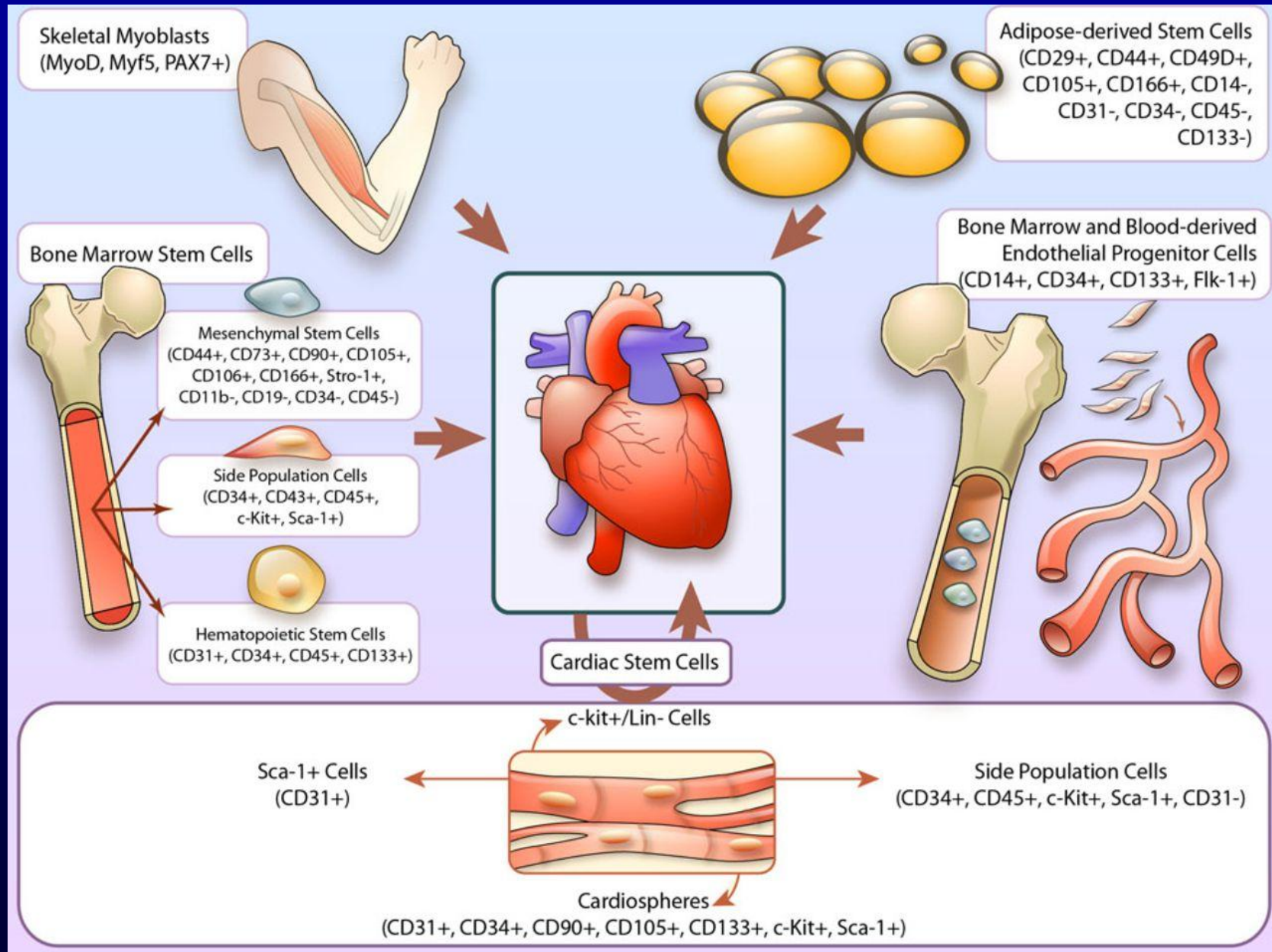
Birth date of cardiac cells

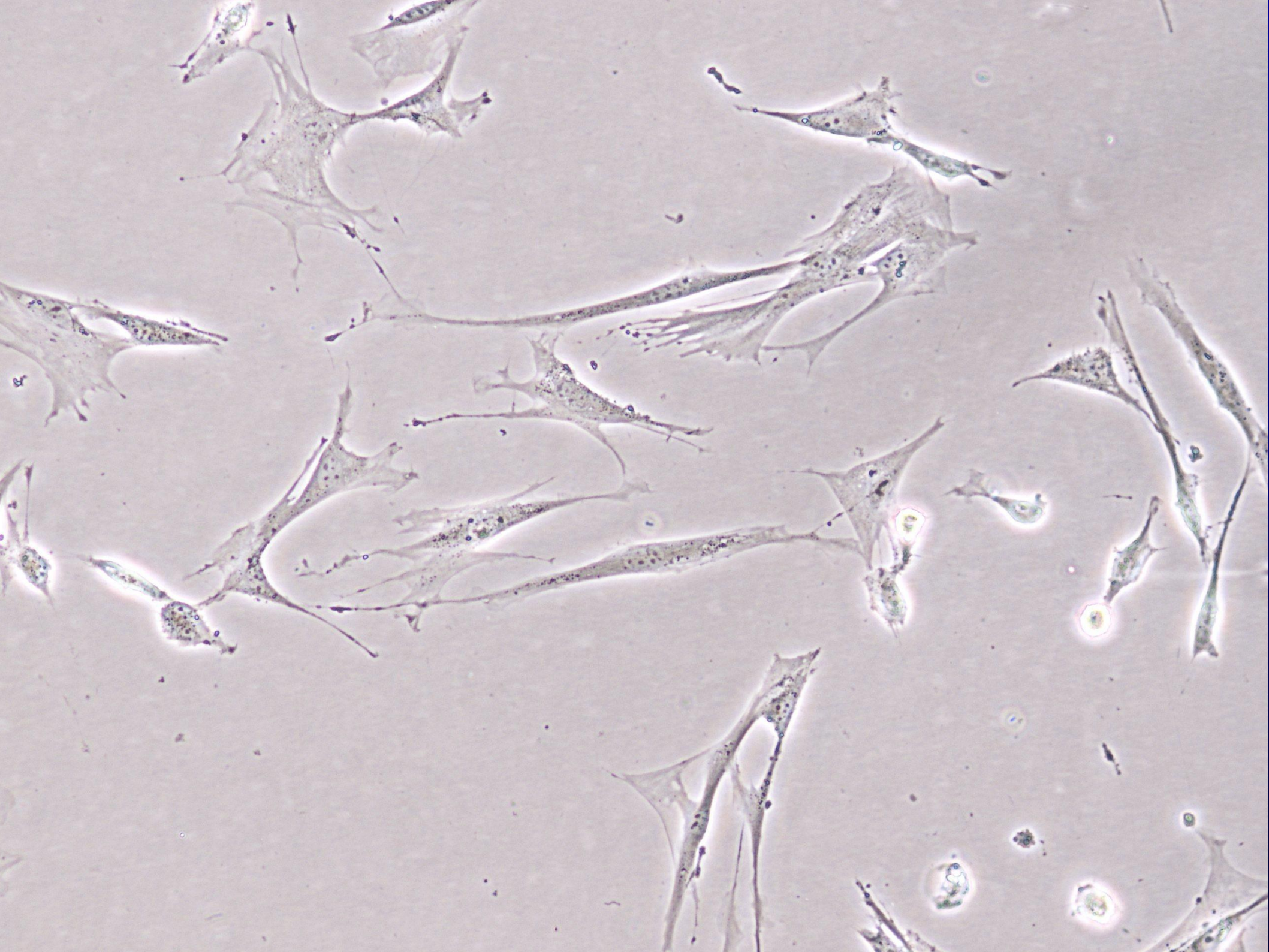


The role of hCSCs in restoring damaged myocardium

- ✓ Spontaneous cardiac repair is minimal; regenerative response to the non-infarcted tissue
- ✓ Spontaneous myocyte regeneration does not compensate for the loss of myocytes in the chronically pressure-overloaded heart
- ✓ Spontaneous cardiac repair may delay, but does not avoid or reverse the progression of HF

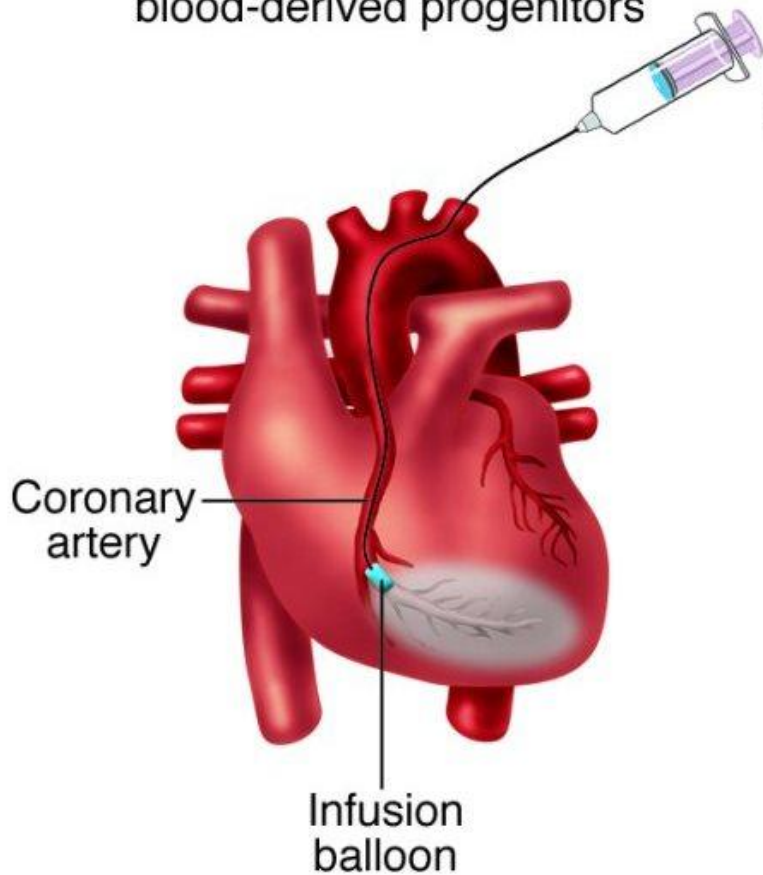
Sources of stem cells for cardiac regeneration and potential reparative mechanisms



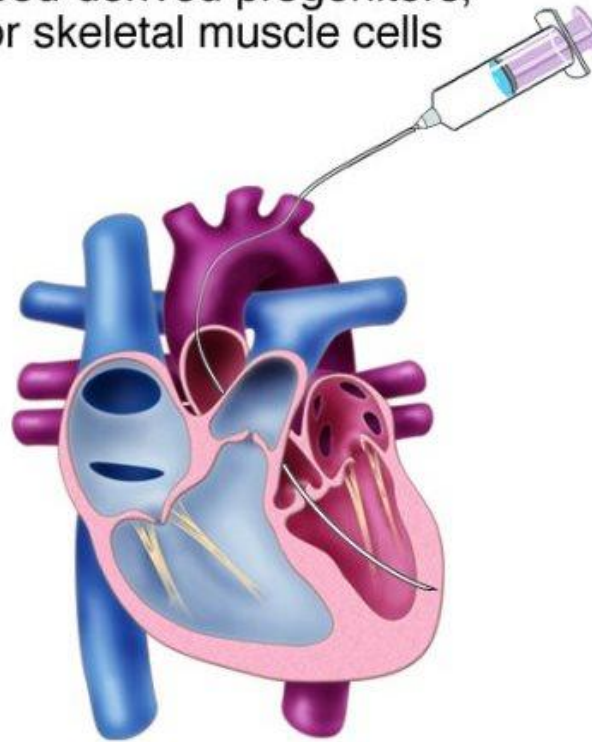


Implantation of stem cells

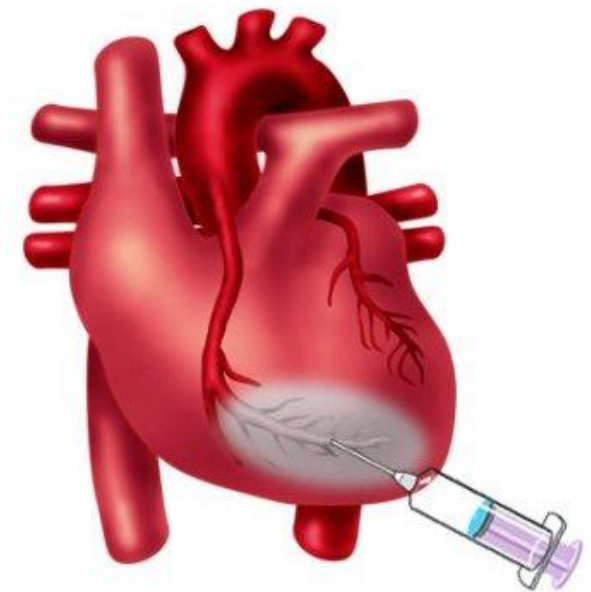
Intracoronary infusion
Bone marrow– or
blood-derived progenitors



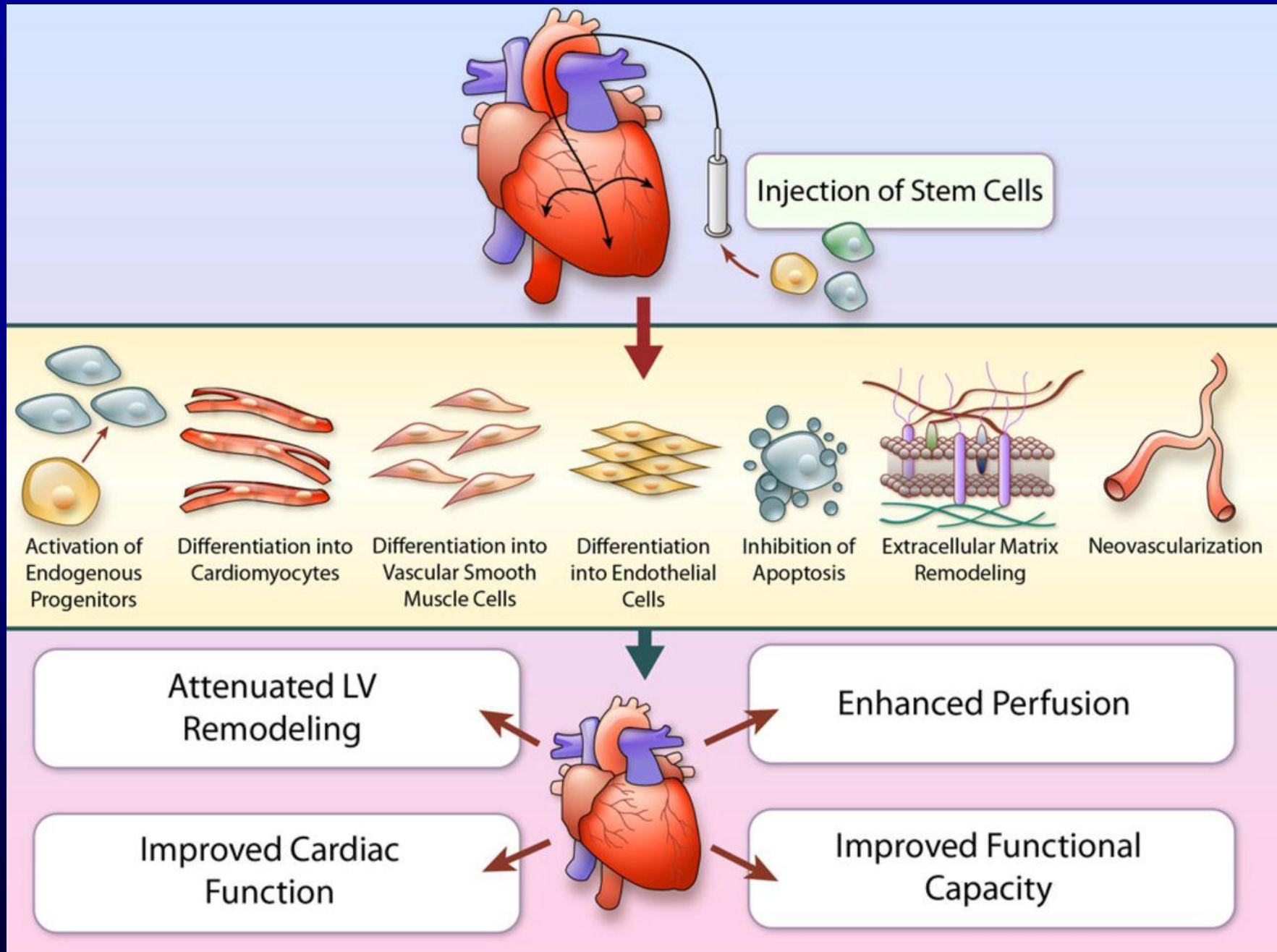
Catheter-based
intramyocardial
needle injection
Bone marrow– or
blood-derived progenitors,
or skeletal muscle cells

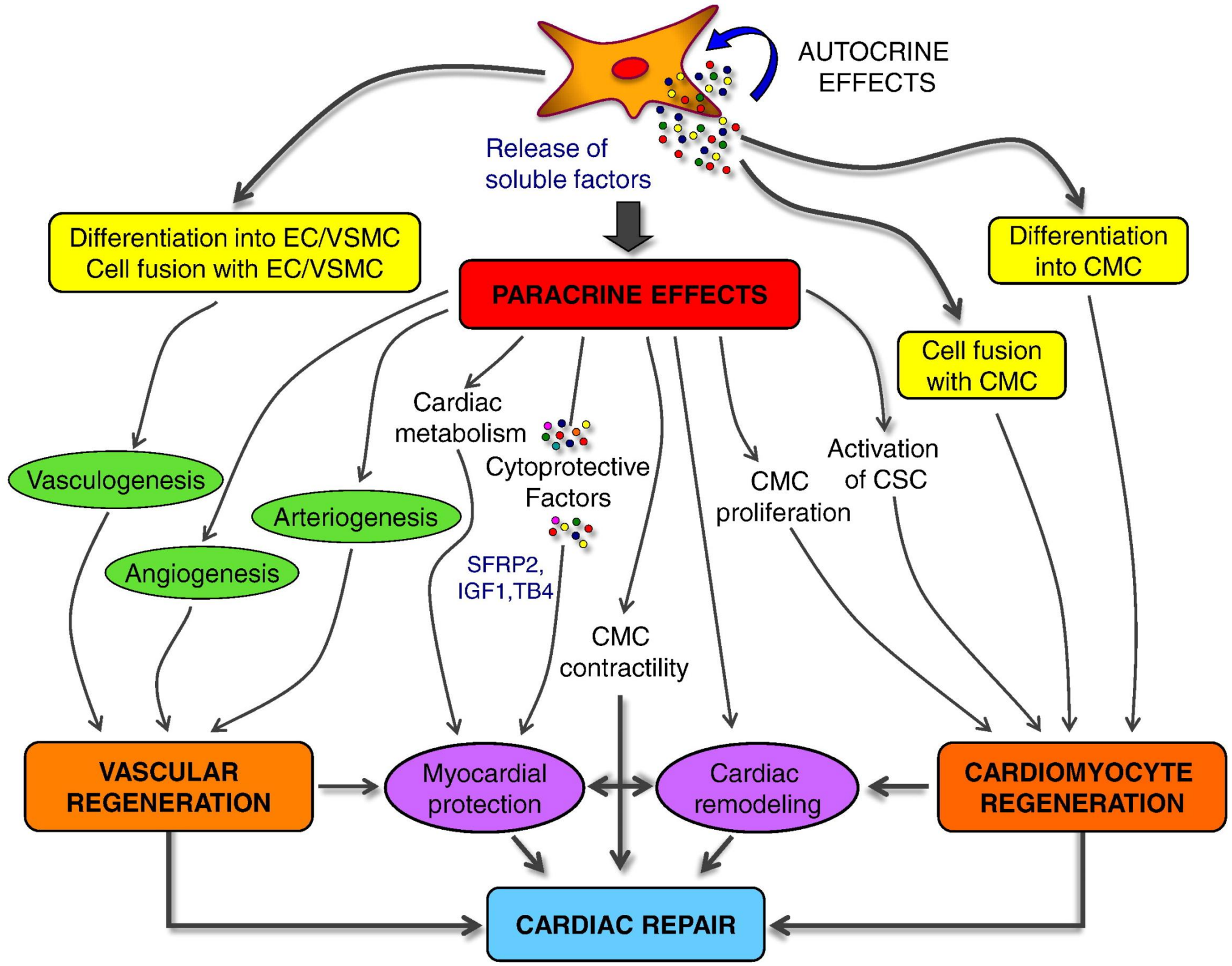


Direct intramyocardial
injection during surgery
Bone marrow– or
blood-derived progenitors,
or skeletal muscle cells



Potential mechanisms of action of stem cells





Implantation of stem cells

- ✓ Most transferred cells are dead within a week
- ✓ Difficult for cells to engraft, survive, proliferate, and differentiate
- ✓ Clinical trials demonstrate that autologous cell based therapies for cardiovascular repair are feasible and safe
- ✓ Although efficacy of cell-based therapy has been limited, it holds enormous promise at preventing or reversing myocardial remodeling and promoting tissue regeneration

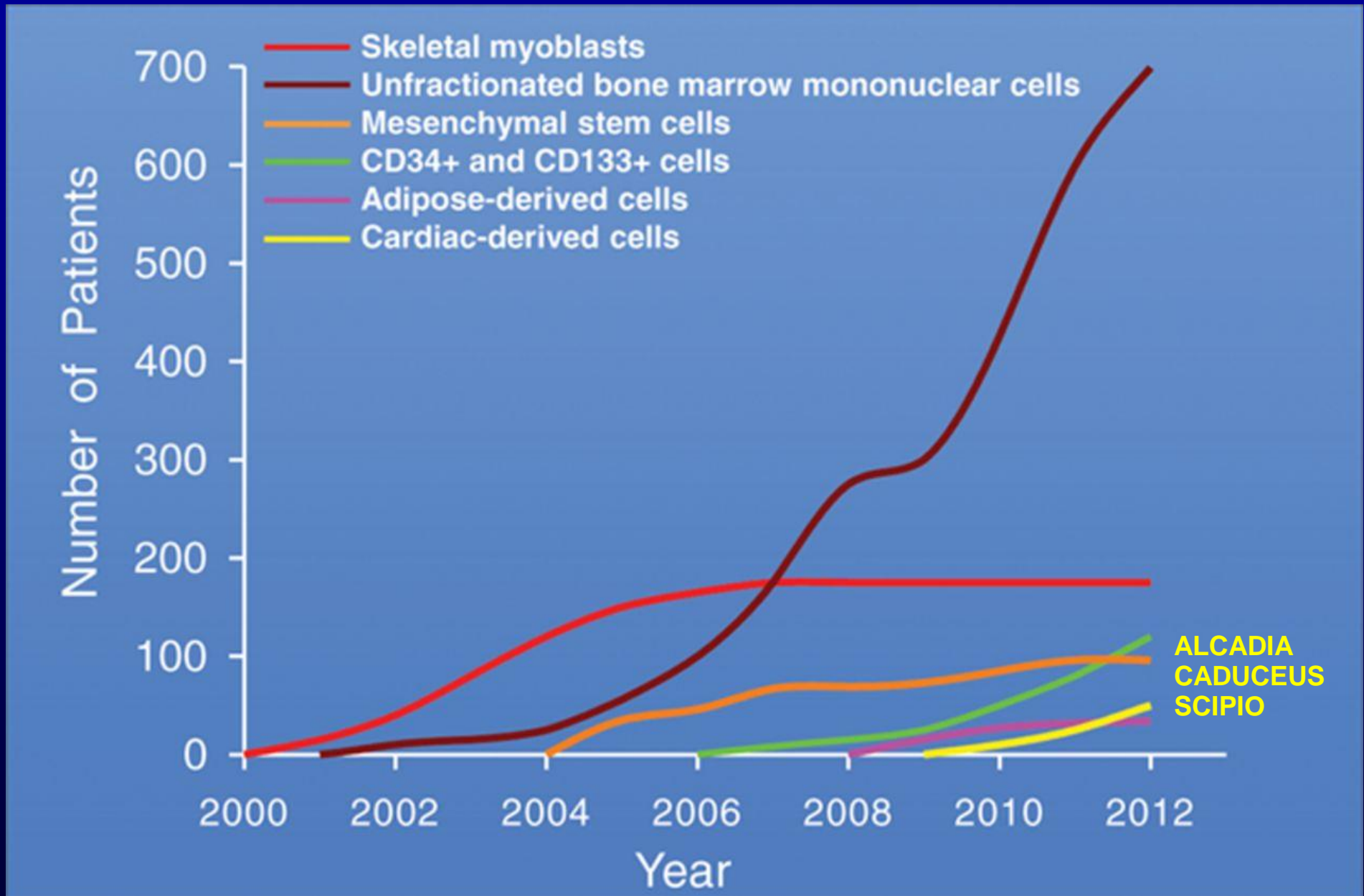
Clinical studies using MSCs

342 studies examining the effects of MSCs

160 studies examining the effects of MSCs in heart failure

<http://clinicaltrials.gov> (September 2013)

Use of various types of stem cell therapies in patients with cardiovascular disease



Trials with Negative results:

- ✓ Late-TIME, Transplantation in Myocardial Infarction Evaluation
- ✓ Cardiovascular Cell Therapy Research Network [CCTRN]
- ✓ TIME

Trials with Positive results:

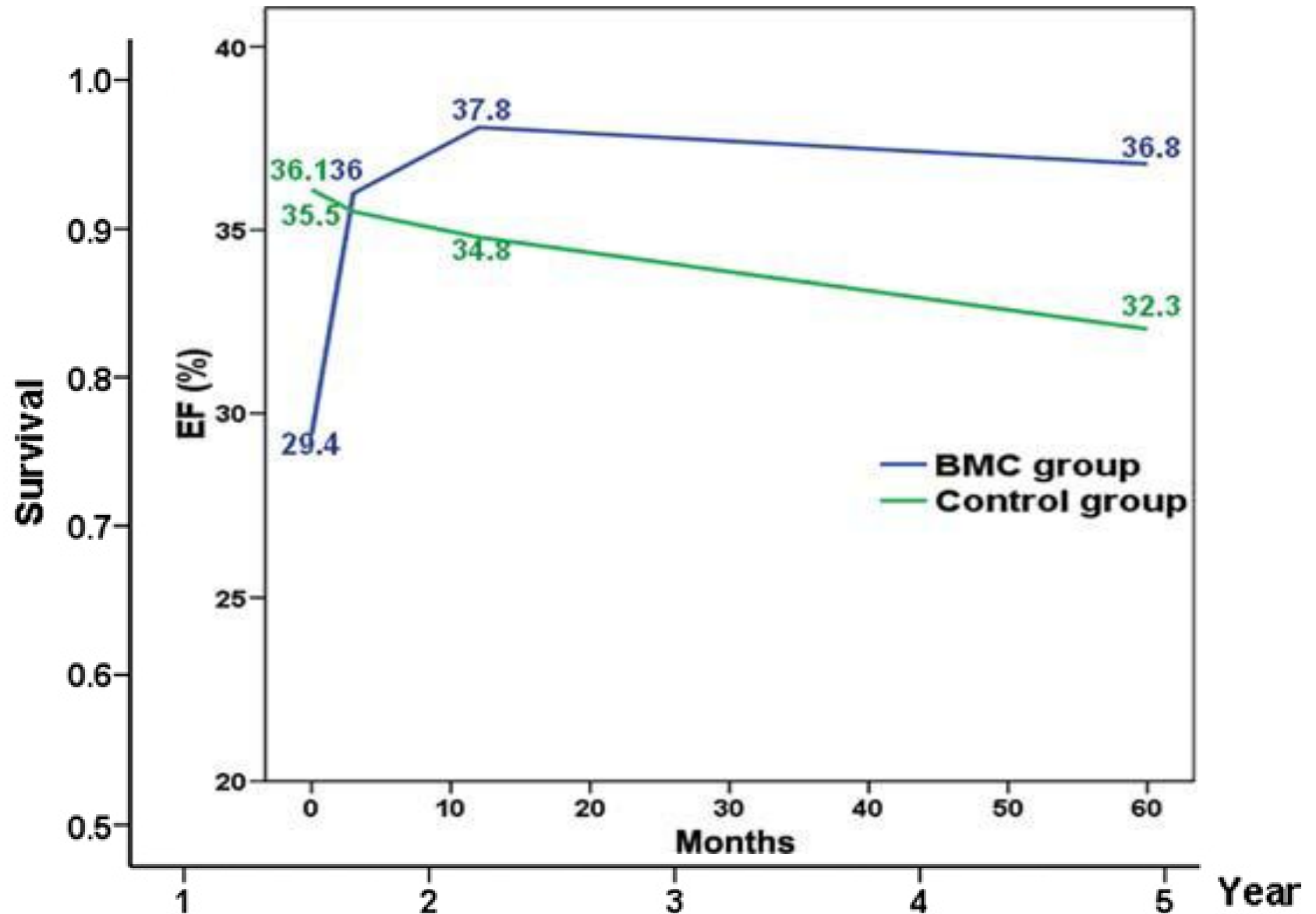
- ✓ Percutaneous Stem Cell Injection Delivery Effects on Neomyogenesis (POSEIDON)
- ✓ Cardiac Stem Cells in Patients with Ischemic Cardiomyopathy (SCIPIO)
- ✓ Cardiosphere-derived Autologous Stem Cells to Reverse Ventricular Dysfunction (CADUCEUS)

The acute and long-term effects of intracoronary Stem cell Transplantation in 191 patients with chronic heARt failure: the STAR-heart study

Bodo-Eckehard Strauer*, Muhammad Yousef, and Christiana M. Schannwell

- ✓ Open label, non-randomized, prospective study
- ✓ Intracoronary BMC therapy improves ventricular performance, quality of life, and survival in patients with heart failure
- ✓ These effects were present when BMC were administered in addition to standard therapeutic regimes
- ✓ No side effects were observed

STAR-heart study



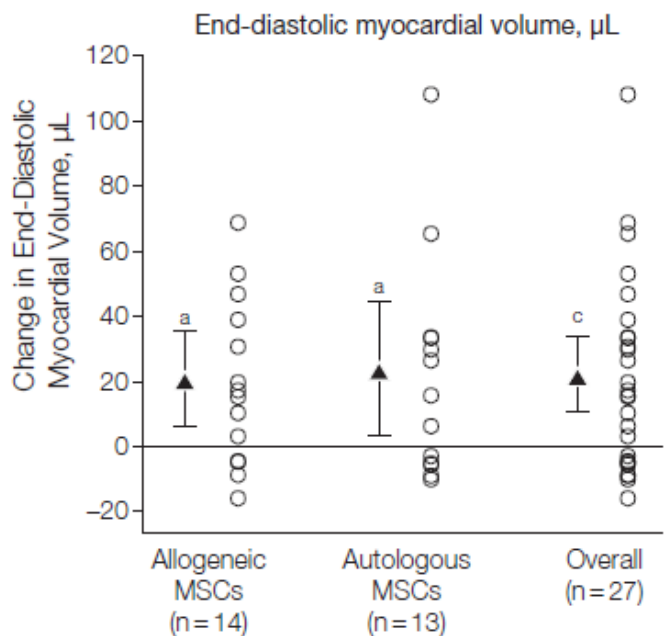
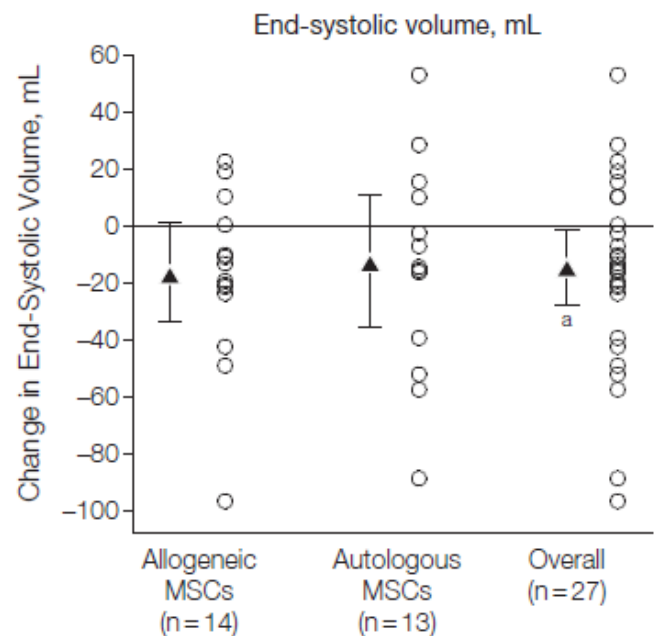
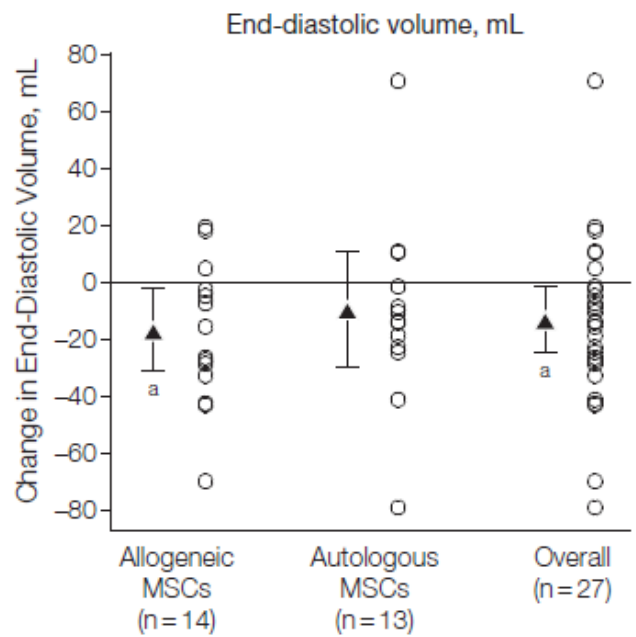
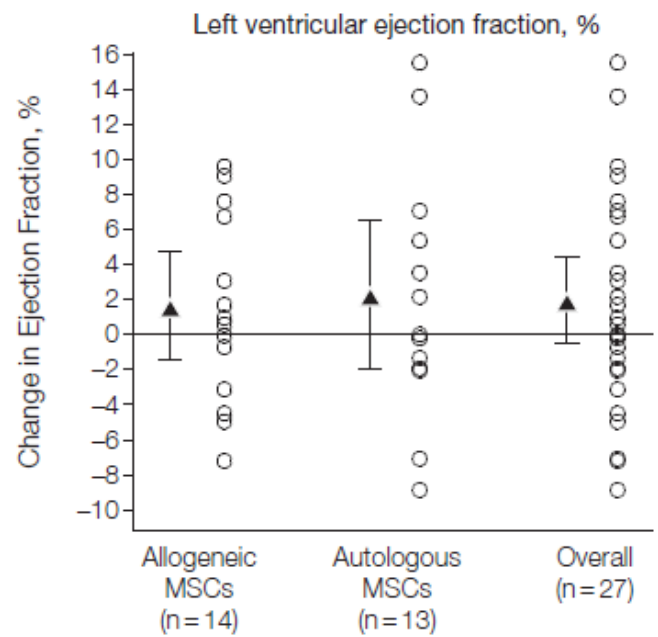
Number of survivors:
 BMC group, n=191
 Control group n=199

Year	1	2	3	4	5
BMC group	191	191	190	187	184
Control group	199	197	190	181	168

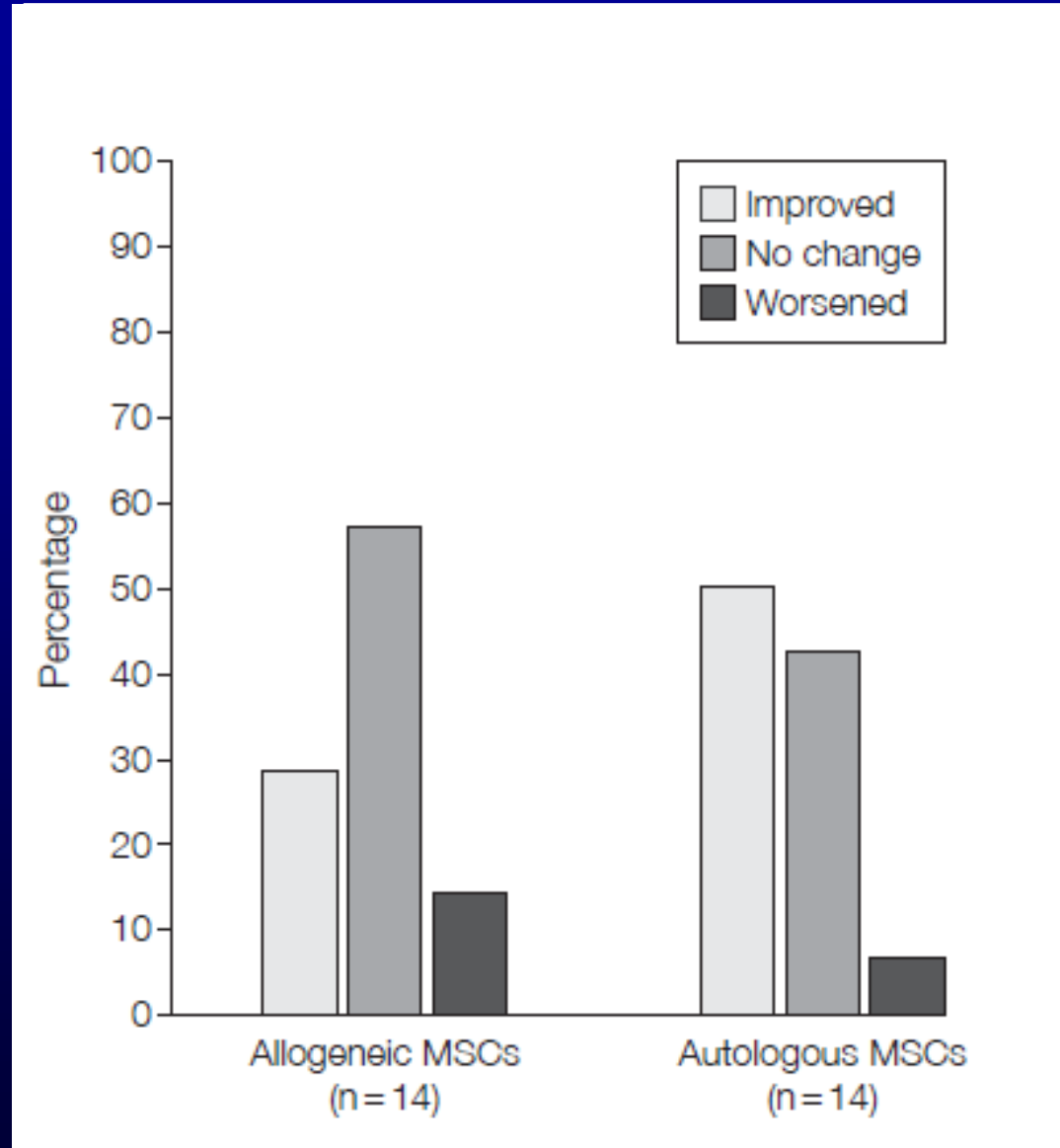
Comparison of Allogeneic vs Autologous Bone Marrow–Derived Mesenchymal Stem Cells Delivered by Transendocardial Injection in Patients With Ischemic Cardiomyopathy

The POSEIDON Randomized Trial

- ✓ Phase 1/2 randomized comparison with 13-month follow-up (n=30)
- ✓ Absence of significant *alloimmune* reactions in patients receiving allogeneic MSCs
- ✓ Cell therapy may not only improve left ventricular structure but may also improve quality of life and functional capacity



Change in New York Heart Association Classification Quality of Life



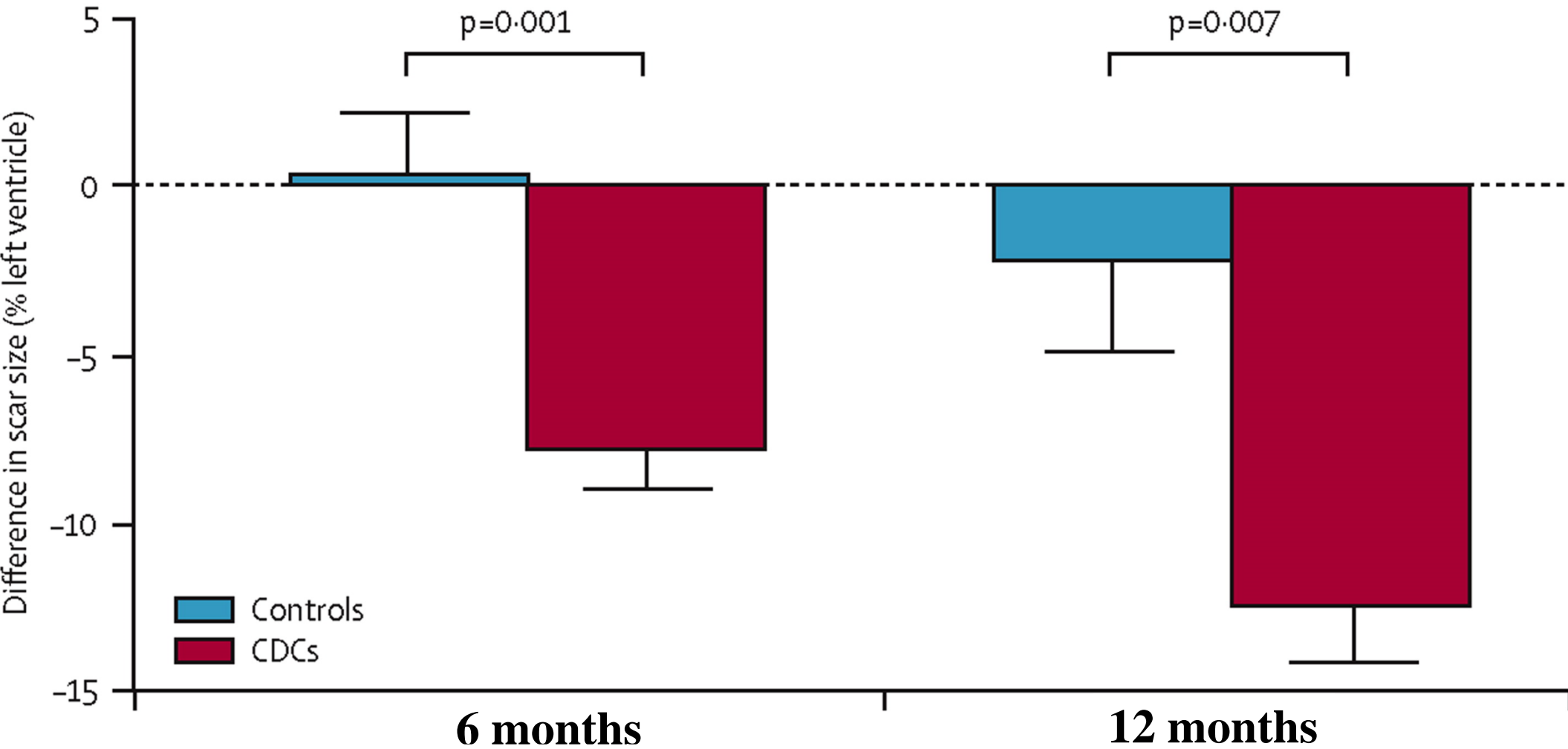
Intracoronary cardiosphere-derived cells for heart regeneration after myocardial infarction (CADUCEUS): a prospective, randomised phase 1 trial

Lancet 2012; 379: 895–904

Raj R Makkar, Rachel R Smith, Ke Cheng, Konstantinos Malliaras, Louise E J Thomson, Daniel Berman, Lawrence S C Czer, Linda Marbán, Adam Mendizabal, Peter V Johnston, Stuart D Russell, Karl H Schuleri, Albert C Lardo, Gary Gerstenblith, Eduardo Marbán

- ✓ Infusion of autologous CDCs after myocardial infarction is safe
- ✓ Significant increases in viable myocardium is consistent with therapeutic regeneration
- ✓ No differences in EF or volumes

CADUCEUS trial changes in scar size



Administration of Cardiac Stem Cells in Patients With Ischemic Cardiomyopathy: The SCIPIO Trial

Surgical Aspects and Interim Analysis of Myocardial Function and Viability by Magnetic Resonance

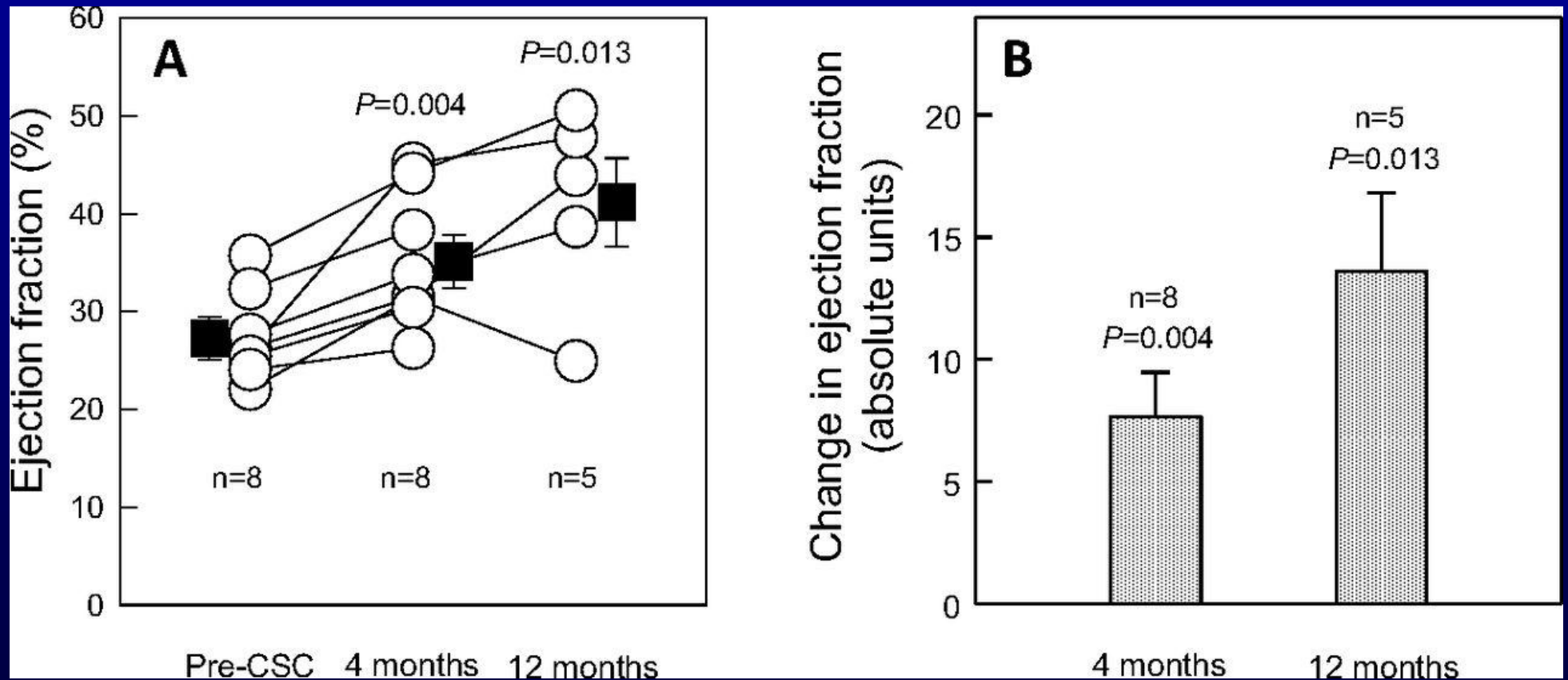
Atul R. Chugh, MD; Garth M. Beache, MD; John H. Loughran, MD; Nathan Mewton, MD, PhD; Julius B. Elmore, MD; Jan Kajstura, PhD; Patroklos Pappas, MD; Antone Tatroles, MD; Marcus F. Stoddard, MD; Joao A.C. Lima, MD; Mark S. Slaughter, MD; Piero Anversa, MD; Roberto Bolli, MD

Circulation. 2012;126:S54–S64

- ✓ CSC infusion produces a striking improvement in both global and regional LV function
- ✓ Reduction in infarct size
- ✓ Increase in viable tissue that persist at least 1 year and are consistent with cardiac regeneration

SCIPIO trial – LVEF

Baseline ($27.5 \pm 1.6\%$)
4 months after CSC infusion ($35.1 \pm 2.4\%$),
12 months after CSC infusion ($41.2 \pm 4.5\%$).



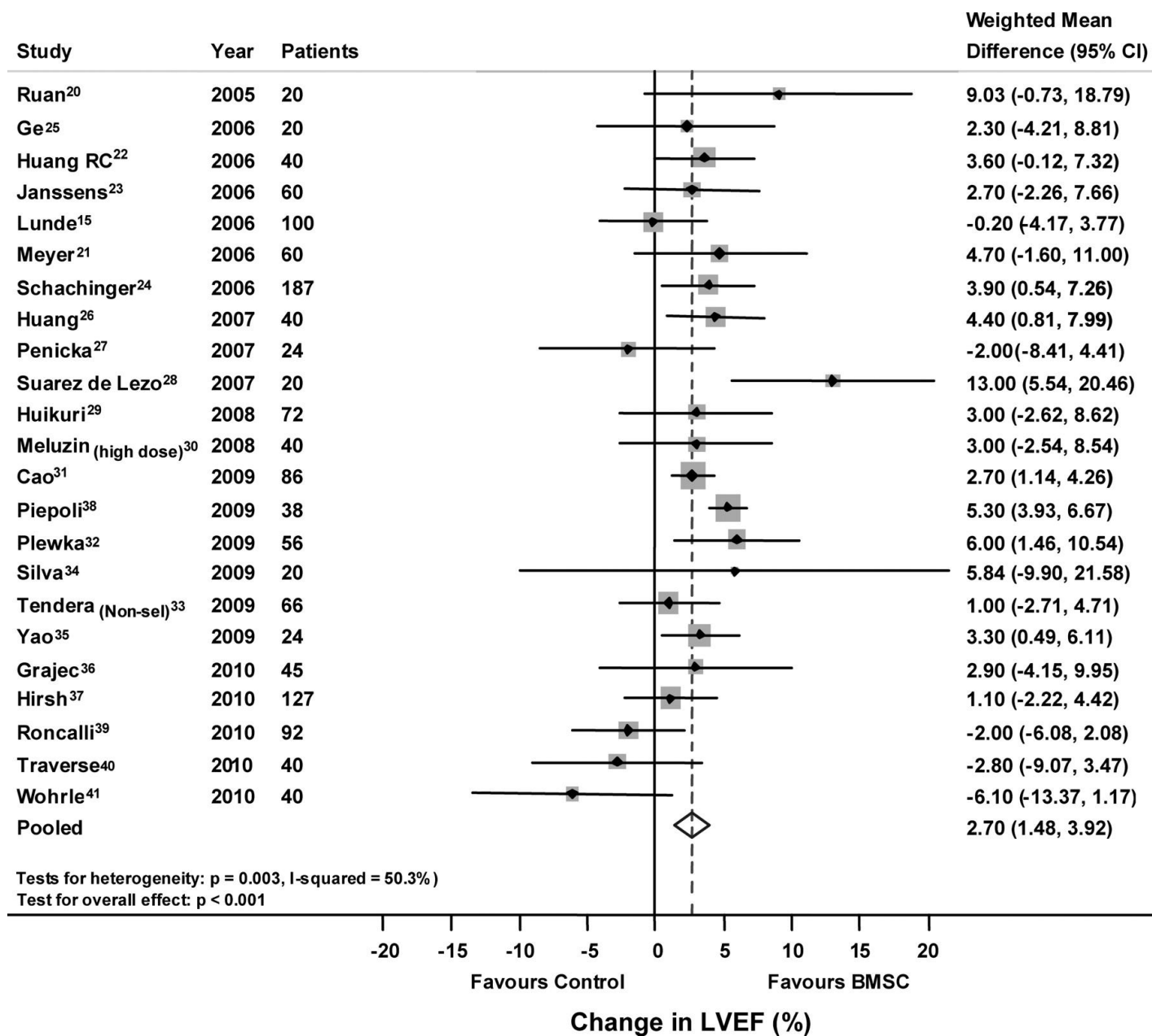
Short- and long-term outcomes of intracoronary and endogenously mobilized bone marrow stem cells in the treatment of ST-segment elevation myocardial infarction: a meta-analysis of randomized control trials

Hendrik Zimmet¹, Pramote Porapakham², Pornwalee Porapakham³, Yusuke Sata⁴, Steven Joseph Haas¹, Silviu Itescu⁵, Andrew Forbes¹, and Henry Krum^{1*}

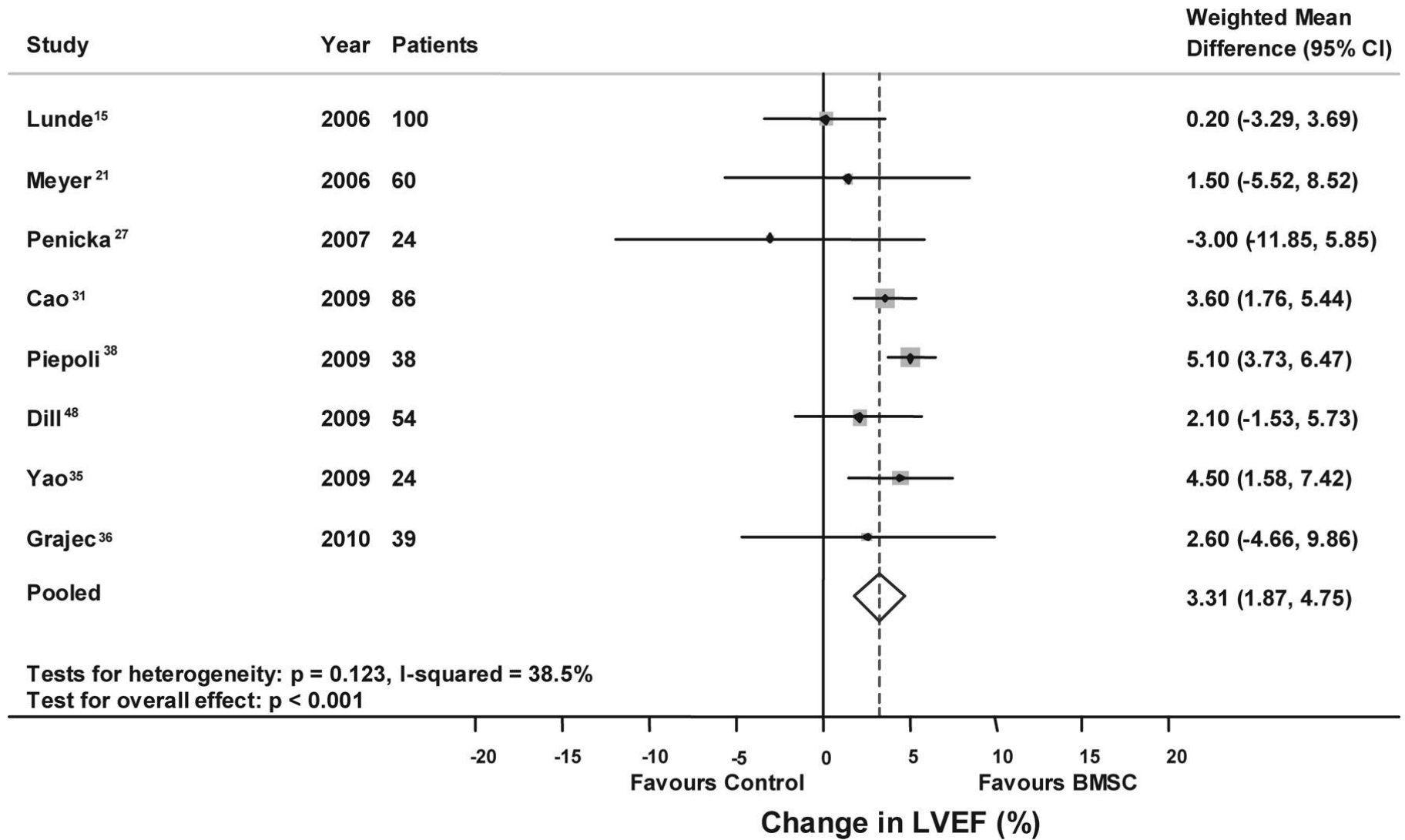
Meta-analysis of 29 studies (1830 patients)

- ✓ Intracoronary BMSC therapy post-STEMI improves LVEF beyond standard medical treatment, in both the short and longer term

Effect of intracoronary BMSC on LVEF at 3–6 months



Effect of intracoronary BMSC on LVEF at 12–18 months



Heart Failure

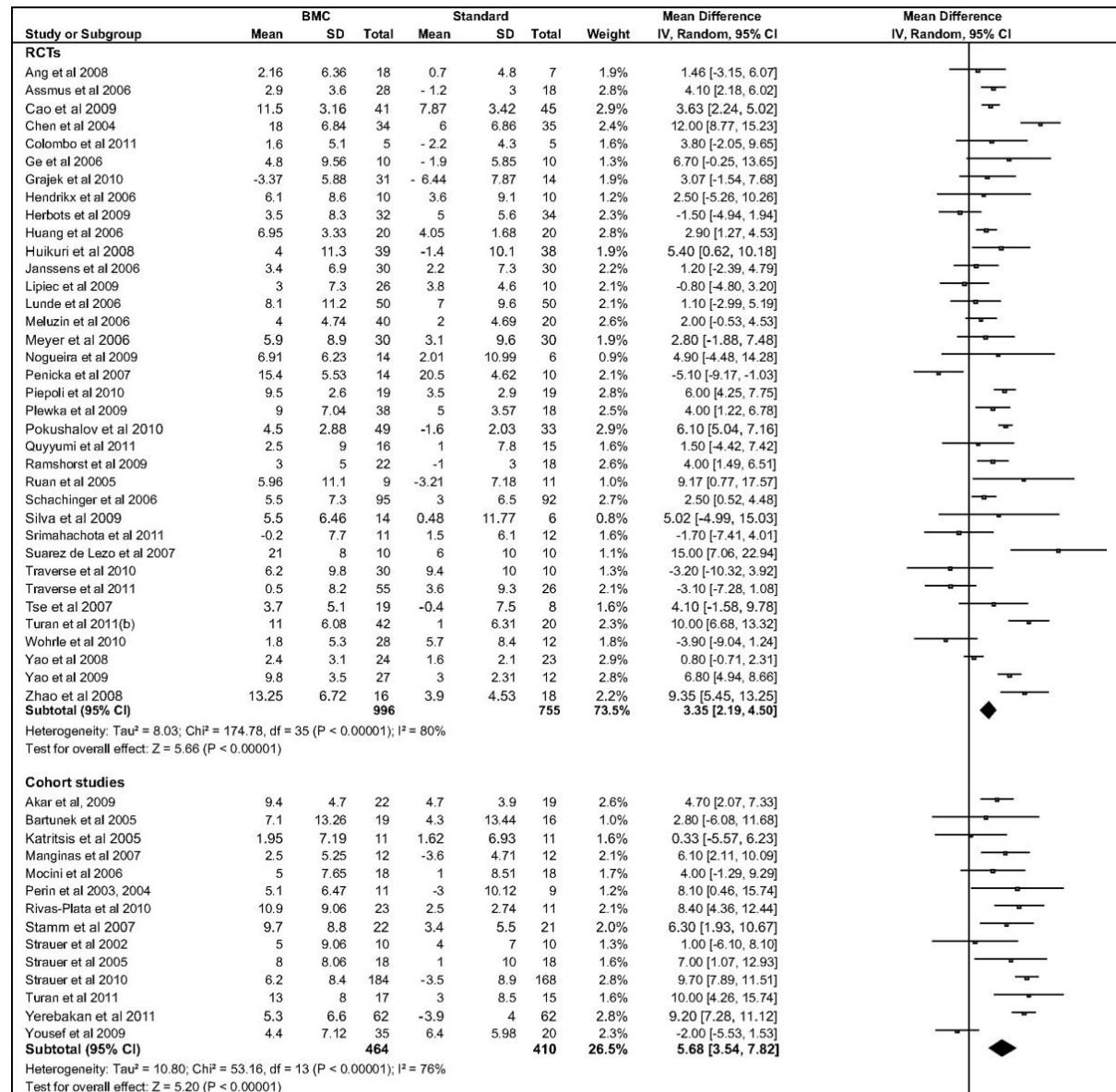
Adult Bone Marrow Cell Therapy Improves Survival and Induces Long-Term Improvement in Cardiac Parameters A Systematic Review and Meta-Analysis

Vinodh Jeevanantham, MD; Matthew Butler, MD; Andre Saad, MD; Ahmed Abdel-Latif, MD;
Ewa K. Zuba-Surma, PhD; Buddhadeb Dawn, MD

Meta-analysis of 50 studies (2625 patients)

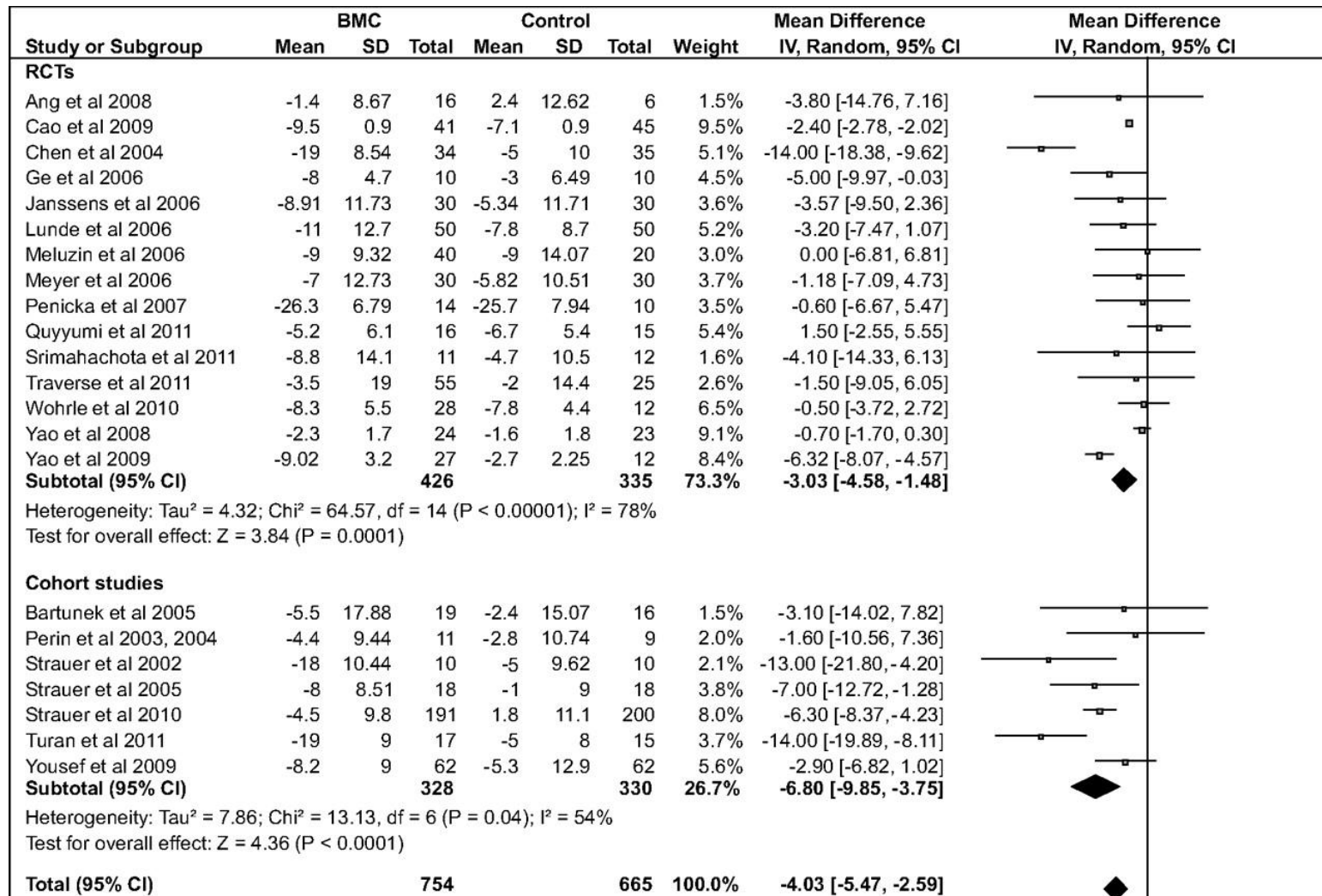
- ✓ Improvement of LV function, infarct size, and remodeling in patients with ischemic heart disease compared with standard therapy
- ✓ Benefits persist during long-term follow-up
- ✓ Reduction in deaths, recurrent myocardial infarction, and stent thrombosis

Forest plot of unadjusted difference in mean change in LVEF in patients treated with BMCs compared with control subjects



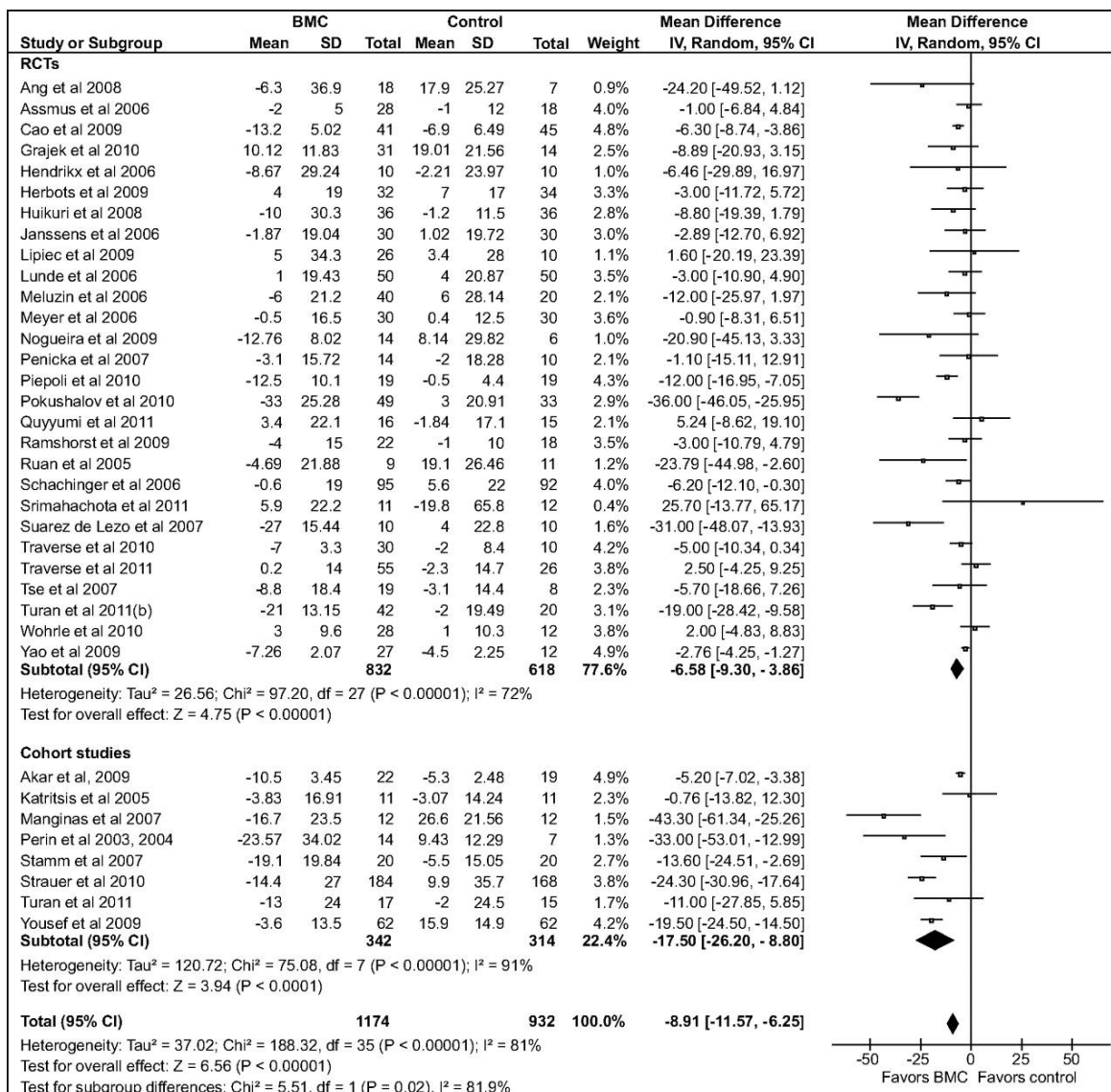
Transplantation of BMCs resulted in a 4% increase in mean LVEF

Forest plot of mean change in infarct scar size in patients treated BMCs compared with control subjects



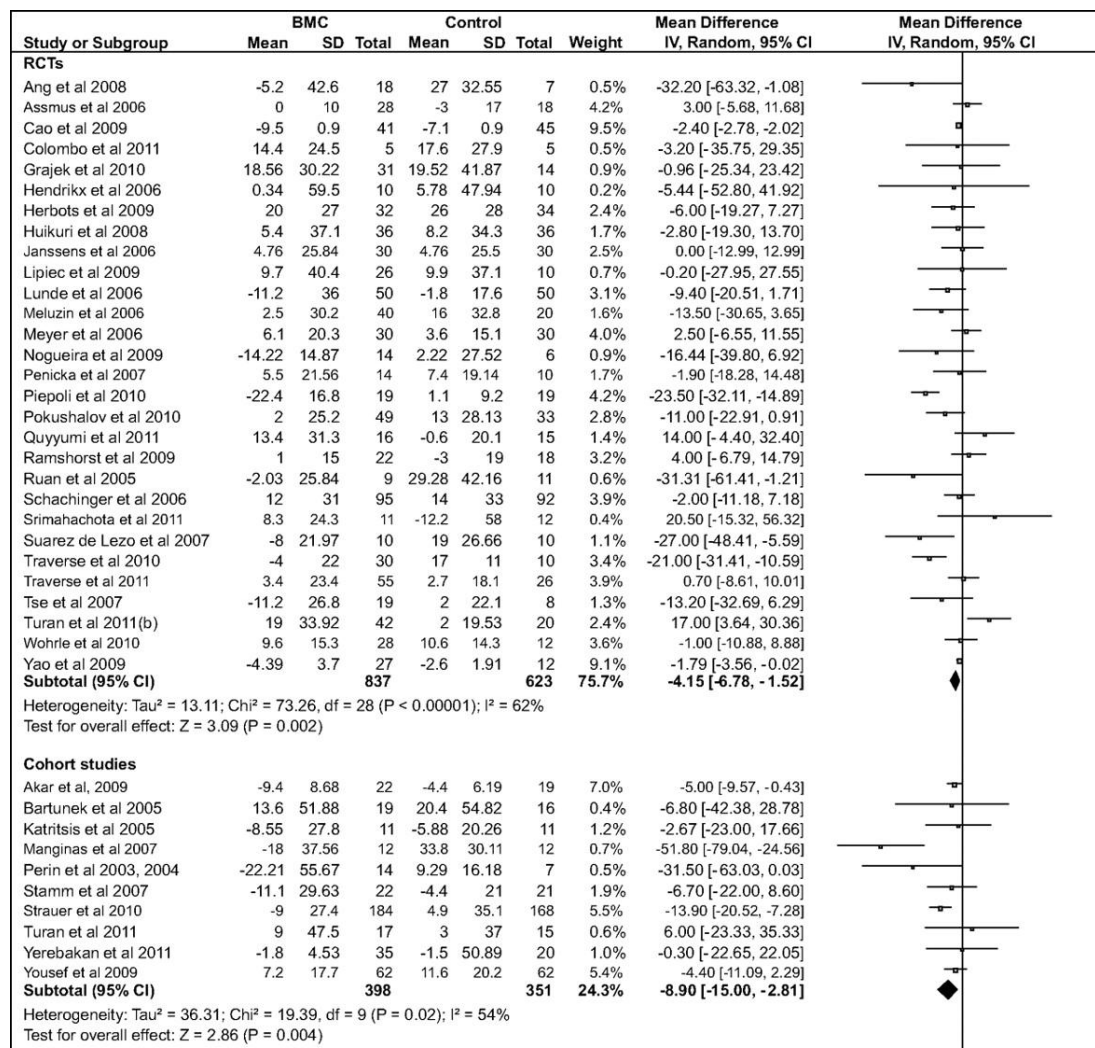
Transplantation of BMCs resulted in a 4% decrease in infarct scar size

Forest plot of mean change in LVESV in patients treated with BMCs compared with control subjects



Transplantation of BMCs resulted in a 9% decrease in mean LVESV

Forest plot of mean change in LVEDV in patients treated with BMCs compared with control subjects



Transplantation of BMCs resulted in a 5% decrease in mean LVEDV

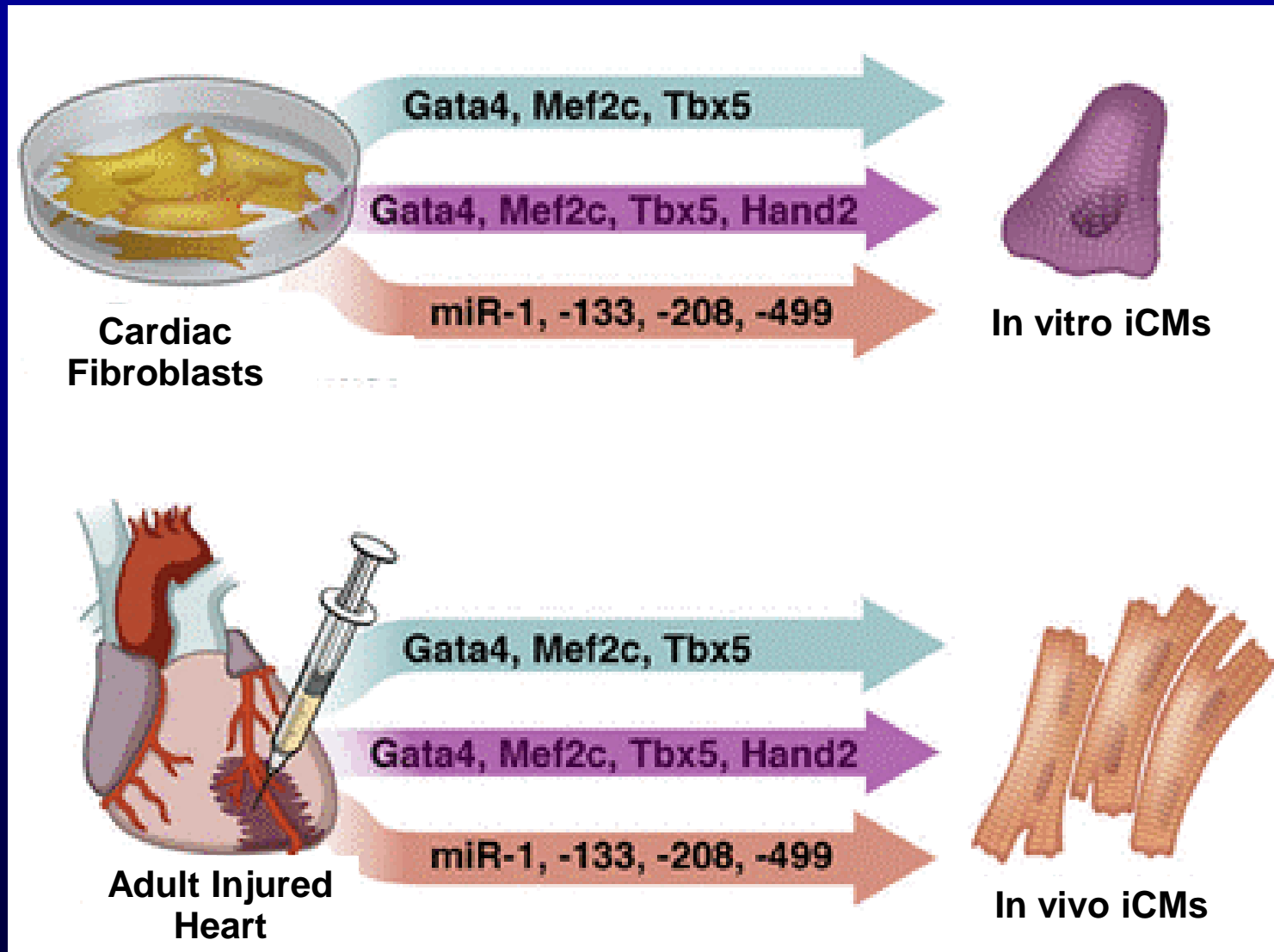
Cell types used for cardiac repair

<u>Cell type</u>	<u>Source</u>	<u>Advantages</u>	<u>Disadvantages</u>
Bone marrow	BM Blood	Autologous Paracrine effects	Pluripotency uncertain
Adult cardiac progenitor cells	Cardiac biopsy	Autologous Differentiate into all cardiac lineages Paracrine effects	Invasive cardiac biopsy Xenogenic antibodies used for isolation

To improve the outcome of current cell therapy for cardiac regeneration in the future:

- ✓ Resolve the issues concerning optimal cell type, factors, dosage, patient population, and route and timing of administration
 - ✓ Proceed with rigorous, large-scale, rationally designed, and randomized clinical trials
-
- ✓ Tissue engineering
 - ✓ MicroRNA regulation of cardiac regeneration
 - ✓ Reprogramming the fibroblasts

Approaches to direct cardiac reprogramming



Likely outcomes in the future

- ✓ Off-the-shelf products likely in decade or so
- ✓ Different mixture of cells for patients with recent MI and those with chronic HF
- ✓ Infused into the coronary arteries for patients with dilated nonischemic cardiomyopathy
- ✓ Transendocardial injection to patients with major coronary blockages
- ✓ Cell therapy unlikely a sole treatment for HF, but an important adjunct to other therapeutic approaches, (prolonged LVA, microRNA, and gene therapy)

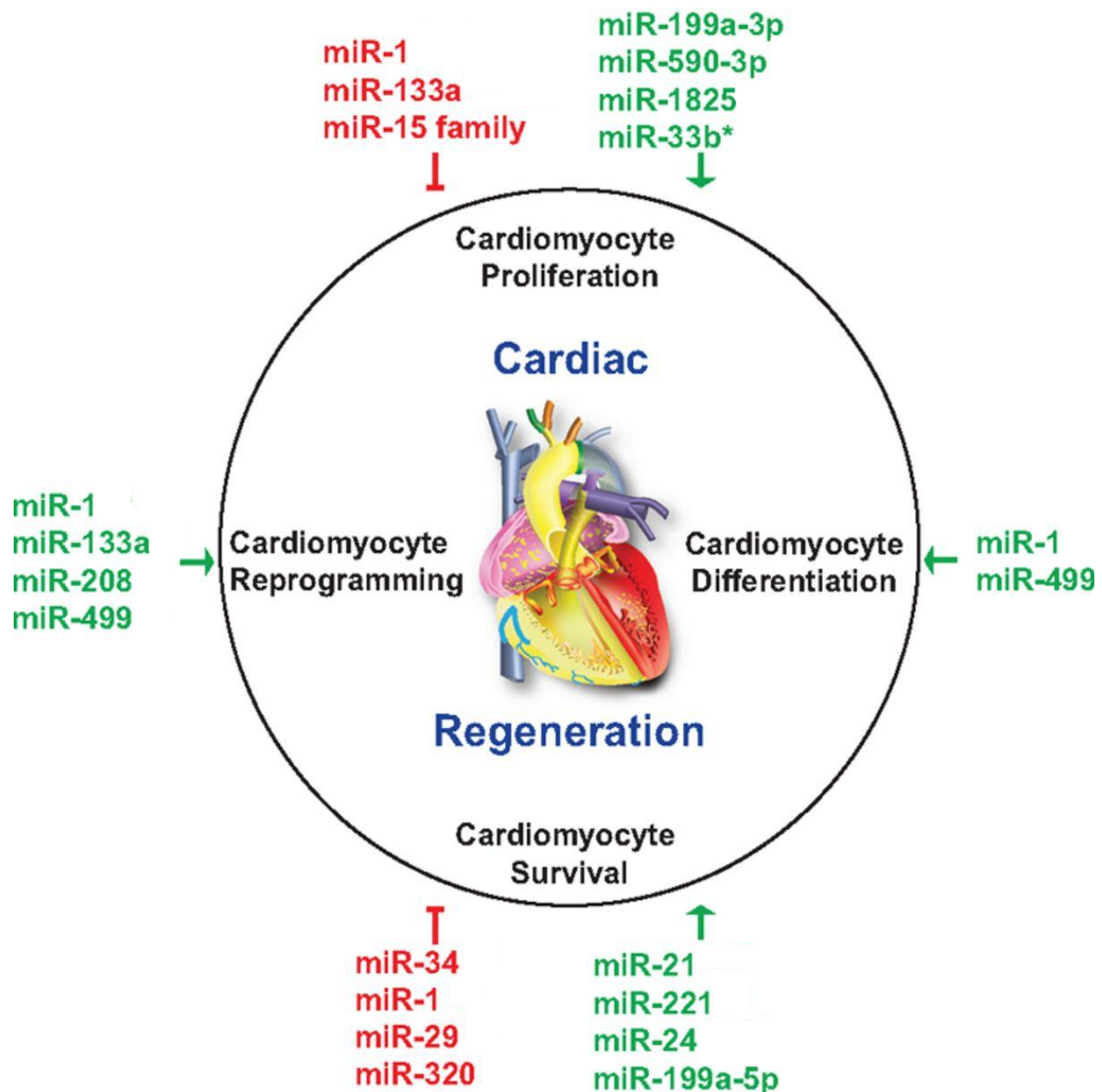
Thomas E. Starzl MD, PhD
(“The father of modern transplantation”)

**“The history of medicine is that what was
inconceivable yesterday and
barely achievable today often becomes
routine tomorrow”**

Thank you



MicroRNA regulation of cardiac regeneration



Remuscularising the Failing Heart

- ✓ Myocardial infarction - one billion myocytes dead
- ✓ Intramyocardial cell injection - over 95% of the cells are lost
- ✓ Calculated therapeutic cell dose - 20 billion myocytes
- ✓ Total myocytes number of the heart is 4 billion