



University  
of Glasgow | Institute of Cardiovascular  
& Medical Sciences

# Index of Microcirculatory Resistance Clinical Outcome Data

Keith G Oldroyd MD(Hons); FSCAI; FRCP(Glasg)

Consultant Interventional Cardiologist  
West of Scotland Regional Heart & Lung Centre  
Golden Jubilee National Hospital  
Glasgow, Scotland

$$\text{IMR} = 77 \times 0.24 = 18.5$$

PRINT

EDIT

RENAME

EXPORT

ERASE

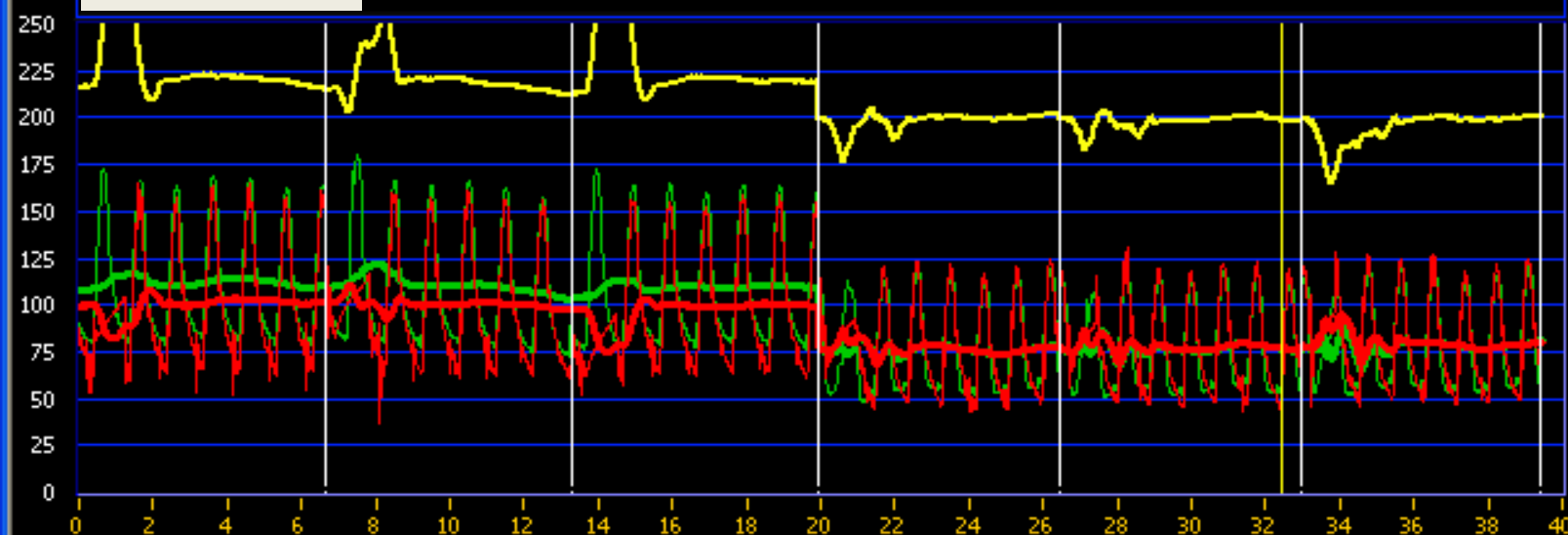
SETUP

LAD DIST

PRE PTCA

ADO IV

2004-05-10 13:13:27



Bas (1.09)

1.26

1.07

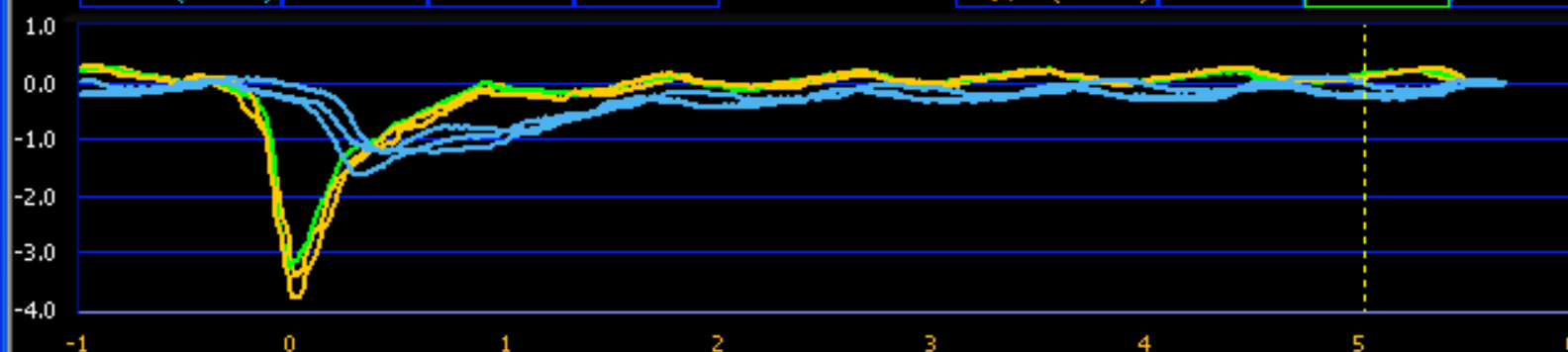
0.95

Hyp (0.24)

0.23

0.24

0.26

**(78)**

Pa mean

**(77)**

Pd mean

**0.99**

FFR

**4.5**

CFR

**0.14**

dT

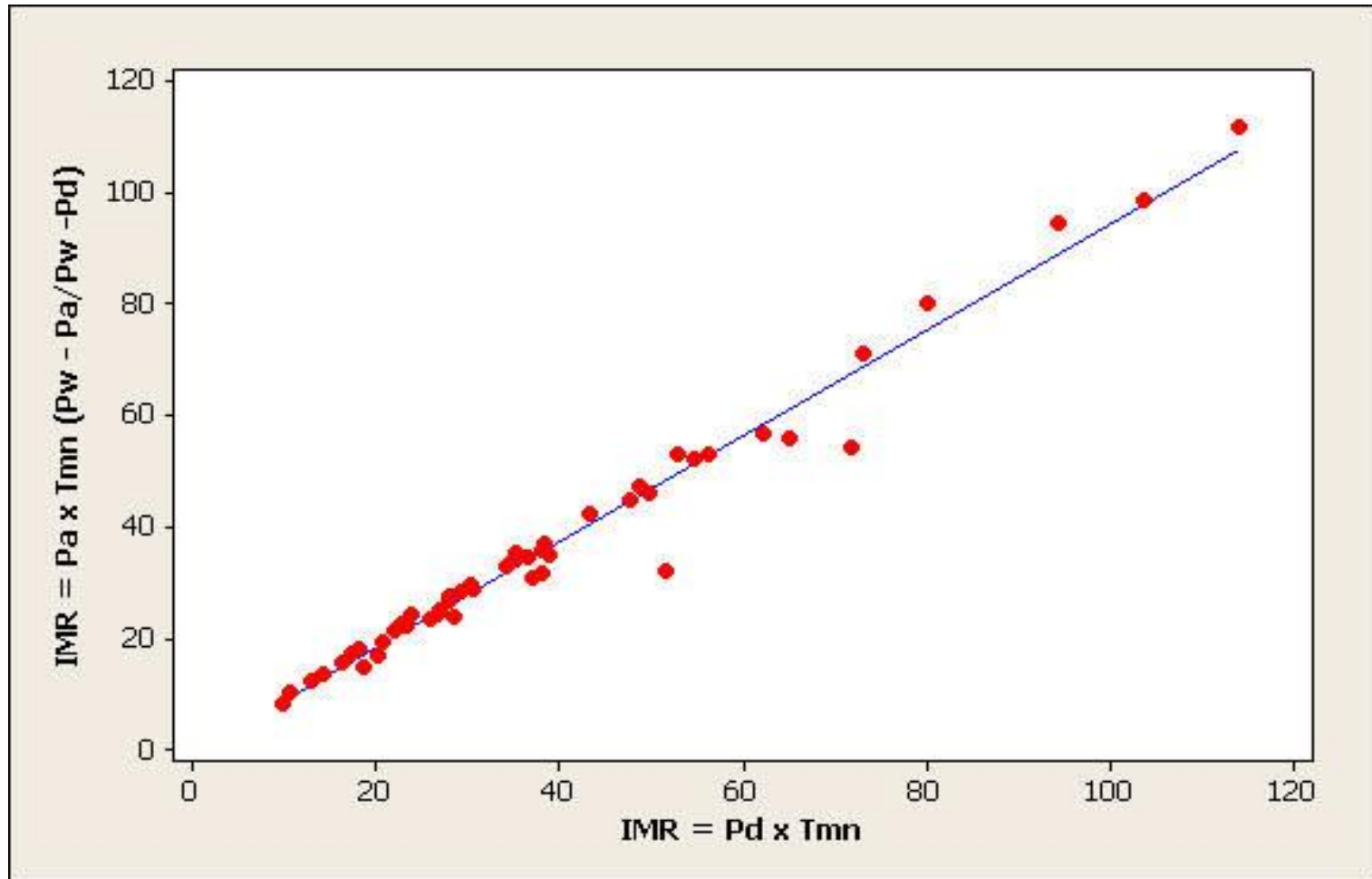
**5.01**

CURSOR



RESET

# Effect of Including Coronary Wedge Pressure on IMR Values in STEMI Post Stenting



# Calculated IMR

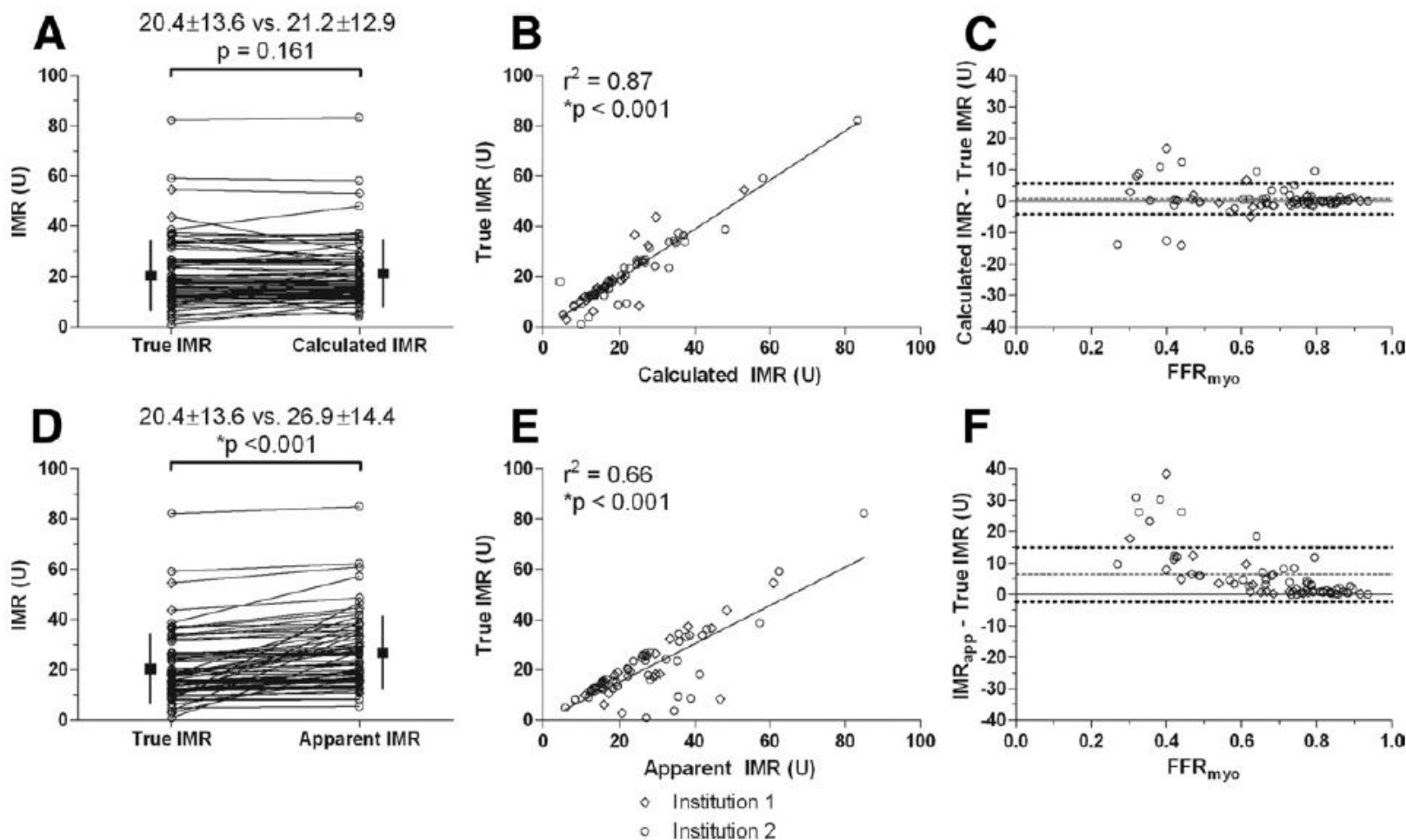
- In the absence of any epicardial stenosis (post PCI)

$$\text{IMR} = \text{Pd} \times \text{Tmn}$$

- In the presence of any epicardial stenosis

$$\text{IMR} = \text{Pa} \times \text{Tmn} \times ([\text{Pd} - \text{Pw}] / [\text{Pa} - \text{Pw}])$$

- $\text{FFR}_{\text{cor}} = 1.34 \times \text{FFR}_{\text{myo}} - 0.32, r^2 = 0.87, p = 0.001$



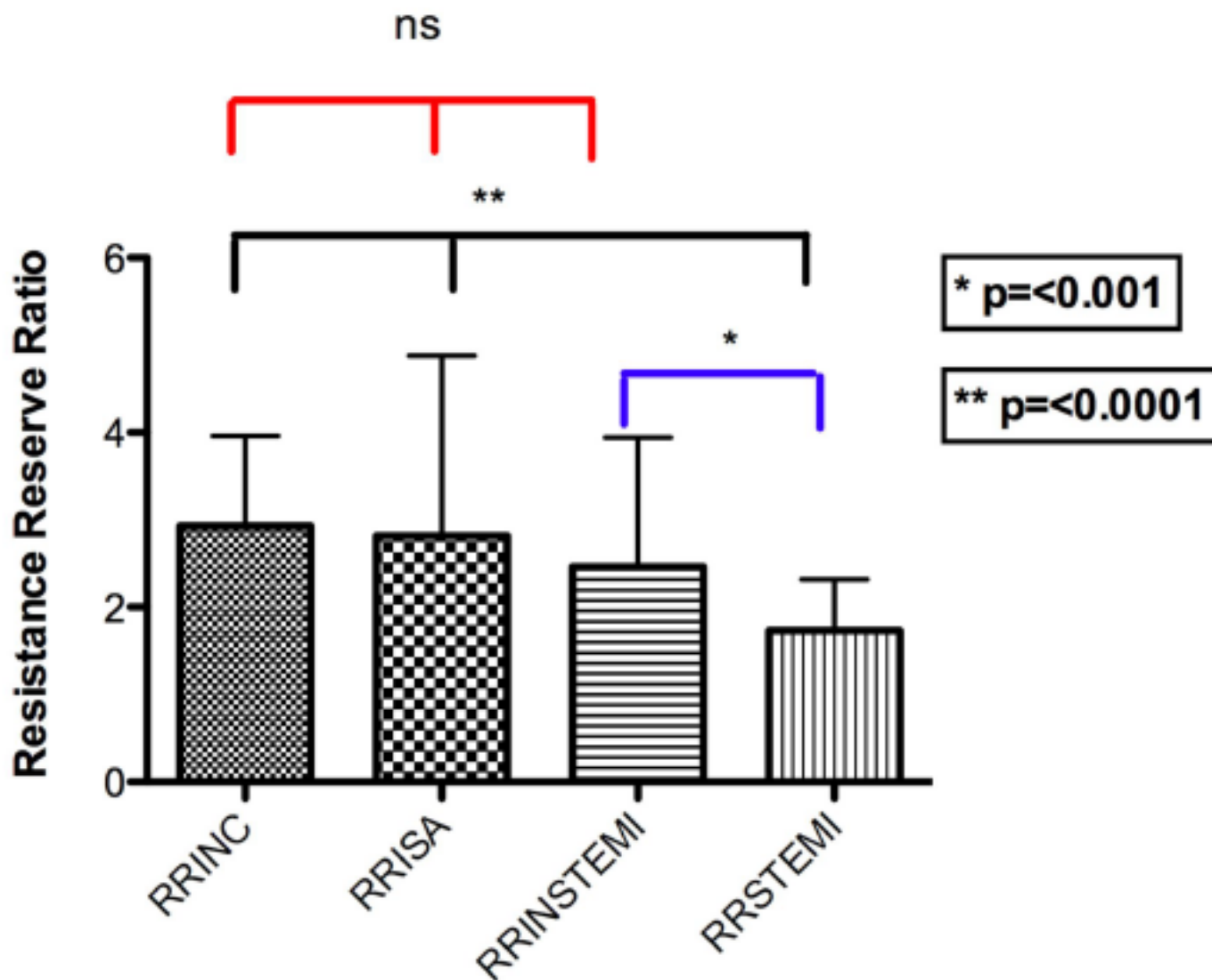
**Figure 3. Validation of Method to Calculate IMR**

(A) Comparison between true index of microcirculatory resistance (IMR) and calculated index of microcirculatory resistance ( $IMR_{calc}$ ). **Solid square boxes and error bars** represent mean  $\pm$  SD. (B) Linear regression of true versus  $IMR_{calc}$ . The  $r^2$  represents the fit of the regression models, and p values reflect significance of the fit. (C) Modified Bland-Altman plot showing the effect of myocardial fractional flow reserve ( $FFR_{myo}$ ) on the difference between  $IMR_{calc}$  and true IMR. **Dashed line** denotes the bias of the agreement, and **dotted lines** represent SDs of the bias. (D to F) Corresponding comparison between true IMR and apparent index of microcirculatory resistance ( $IMR_{app}$ ).

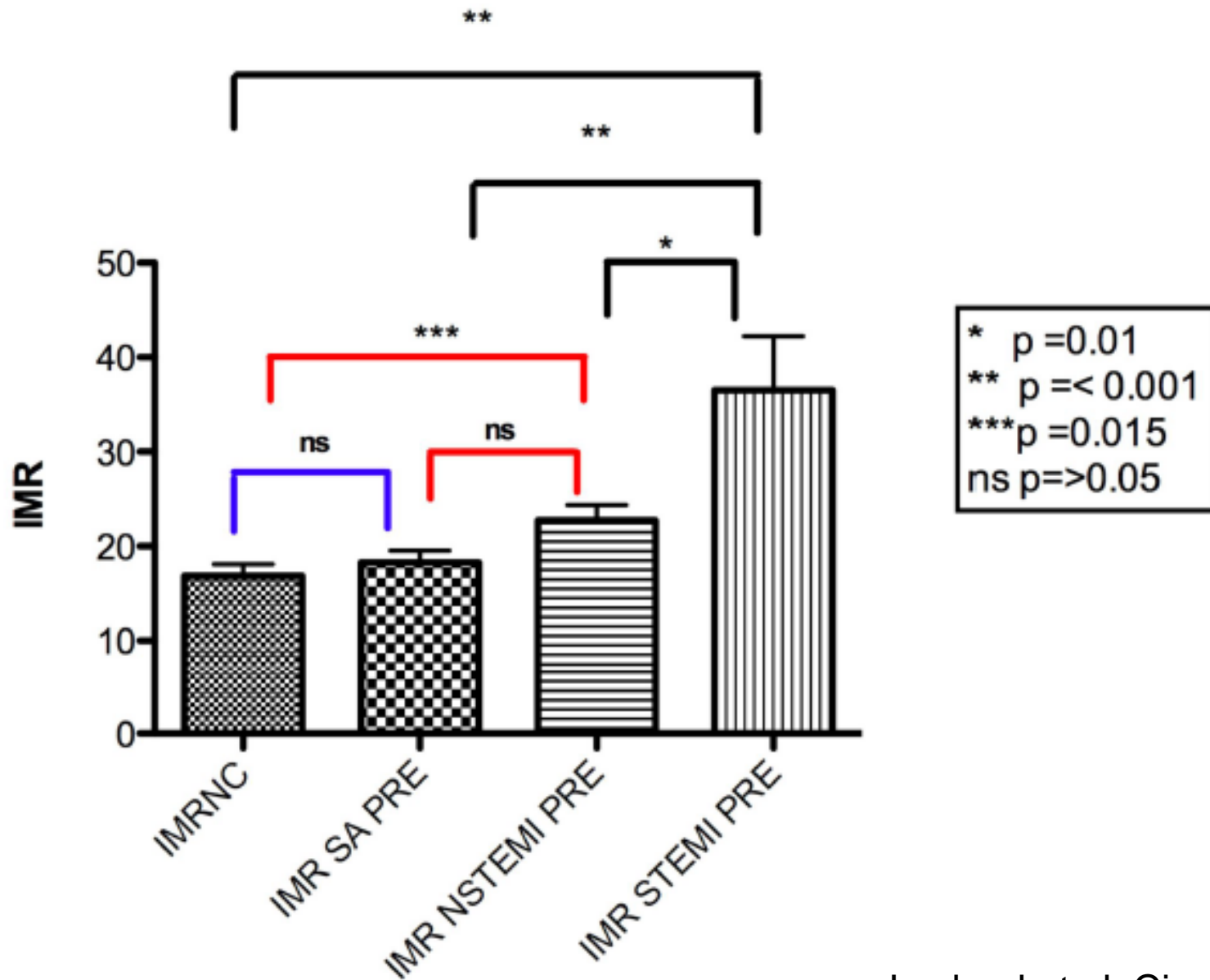
# Resistive Reserve Ratio

- Baseline resistance index  
 $= Pa_R \times Tmn_R \times [(Pd-Pw)/(Pa-Pw)]_R$
- Resistive Reserve Ratio (RRR)  
 $= \text{Baseline Resistance Index} / \text{IMR}$

## Median Resistance Reserve Ratio Across Patient Subgroups

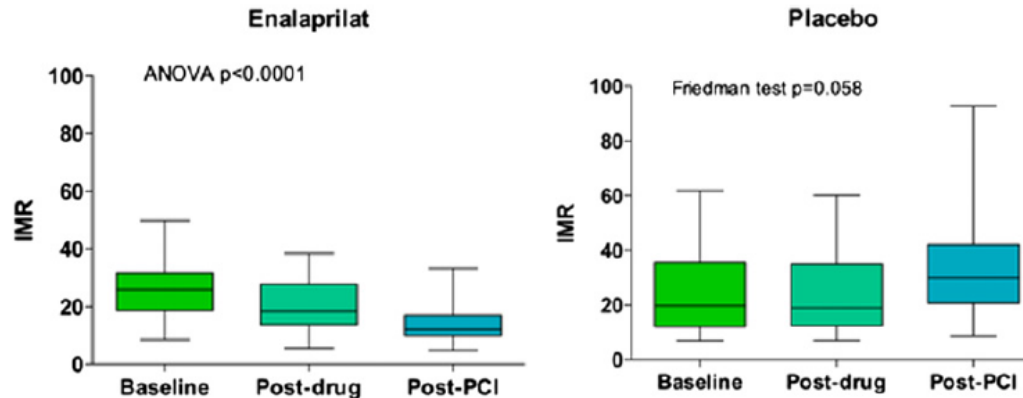


# Mean IMR Across Patient Populations



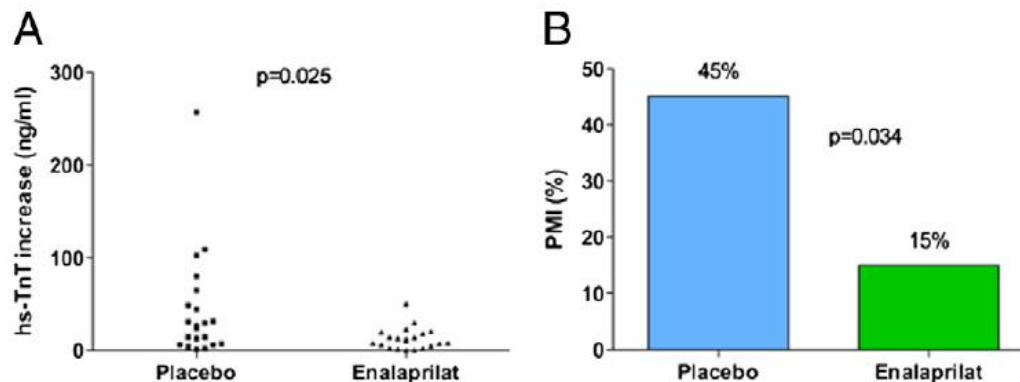


# IMR as a Surrogate End-Point



**Figure 1** Variations of Microvascular Function During Percutaneous Coronary Intervention

The index of microvascular resistance (IMR) at baseline, after drug administration (either enalaprilat or placebo), and after percutaneous coronary intervention (PCI). **(Left)** Patients treated with enalaprilat. **(Right)** Patients treated with placebo. **Boxes** extend from the 25th to the 75th percentile, with a line at the 50th percentile (median). **Whiskers** show the highest and the lowest values. ANOVA = analysis of variance.



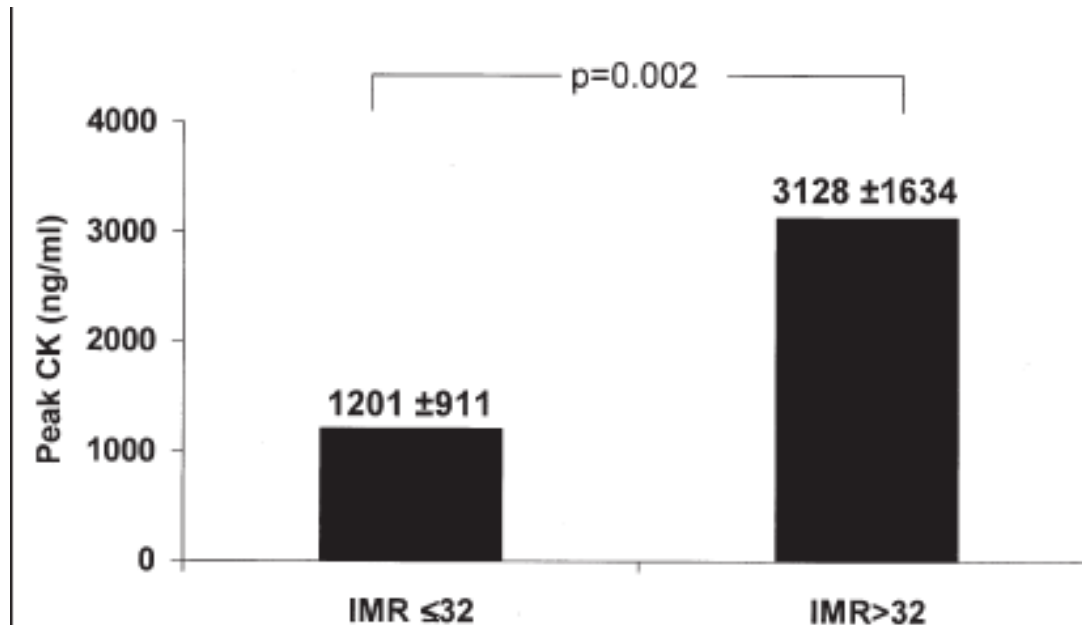
**Figure 2** Peri-procedural Myocardial Necrosis

**(A)** Peri-procedural increase in high-sensitivity cardiac troponin T (hs-cTnT) and **(B)** incidence of peri-procedural myocardial infarction (PMI) in the 2 study groups.

# Predictive Value of IMR in STEMI

- 29 patients undergoing pPCI for STEMI
  - STE resolution
  - TMPG (blush) and cTFC
  - CFR and IMR
- Of these, only IMR correlated significantly with peak CK
  - $R = 0.61$ ,  $p = 0.0005$
- Of these, only IMR correlated significantly with 3/12 echo WMS
  - $R = 0.59$ ,  $p = 0.002$
- IMR was the only significant predictor of recovery of LV function
  - $R = 0.50$ ,  $p < 0.01$

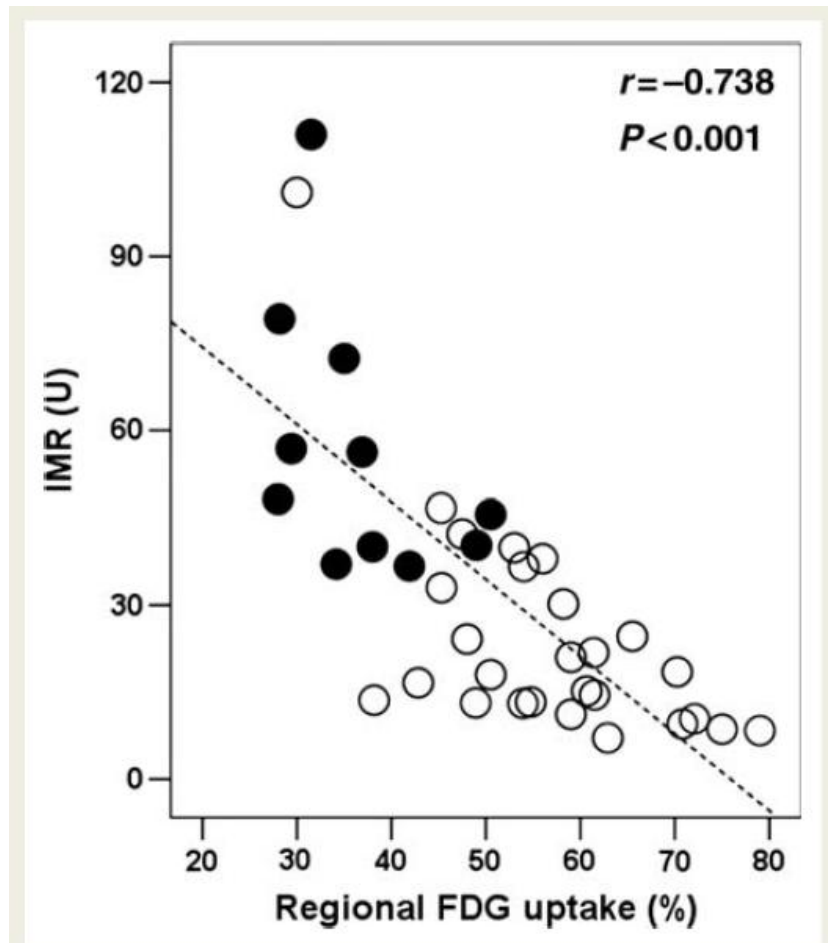
# Predictive Value IMR in STEMI



**Figure 1** Peak CK With Low Versus High IMR

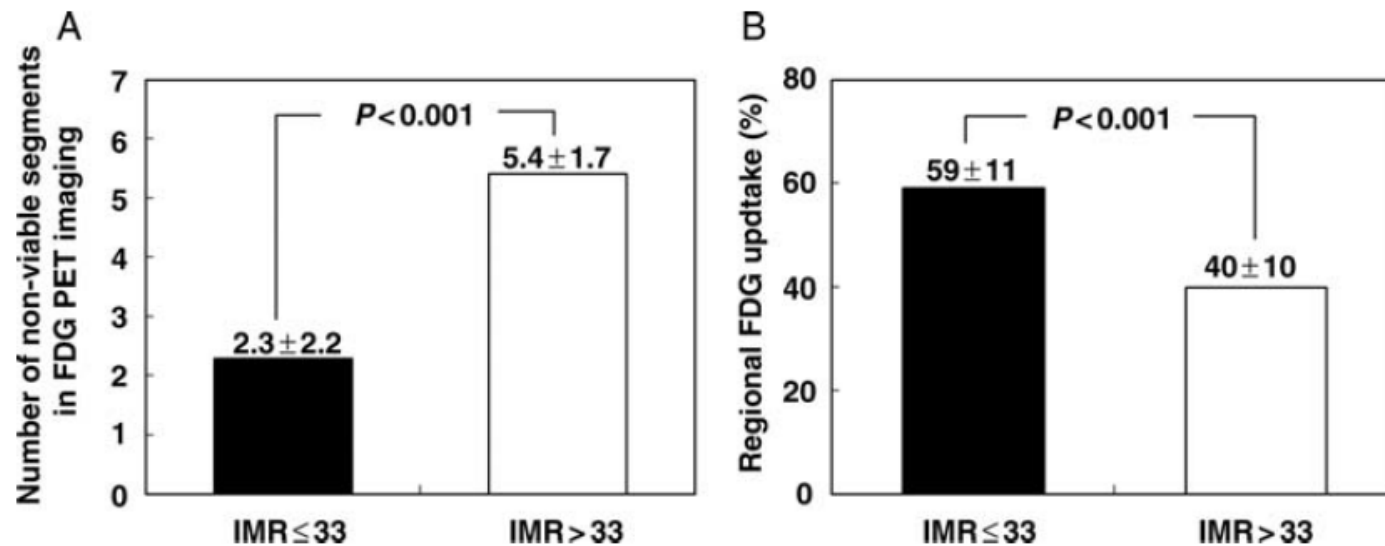
A comparison of the average peak creatine kinase (CK) in patients presenting with an index of microcirculatory resistance (IMR) less than or equal to the median value with those presenting with an IMR greater than the median value.

# IMR vs PET in Anterior STEMI (n=40)

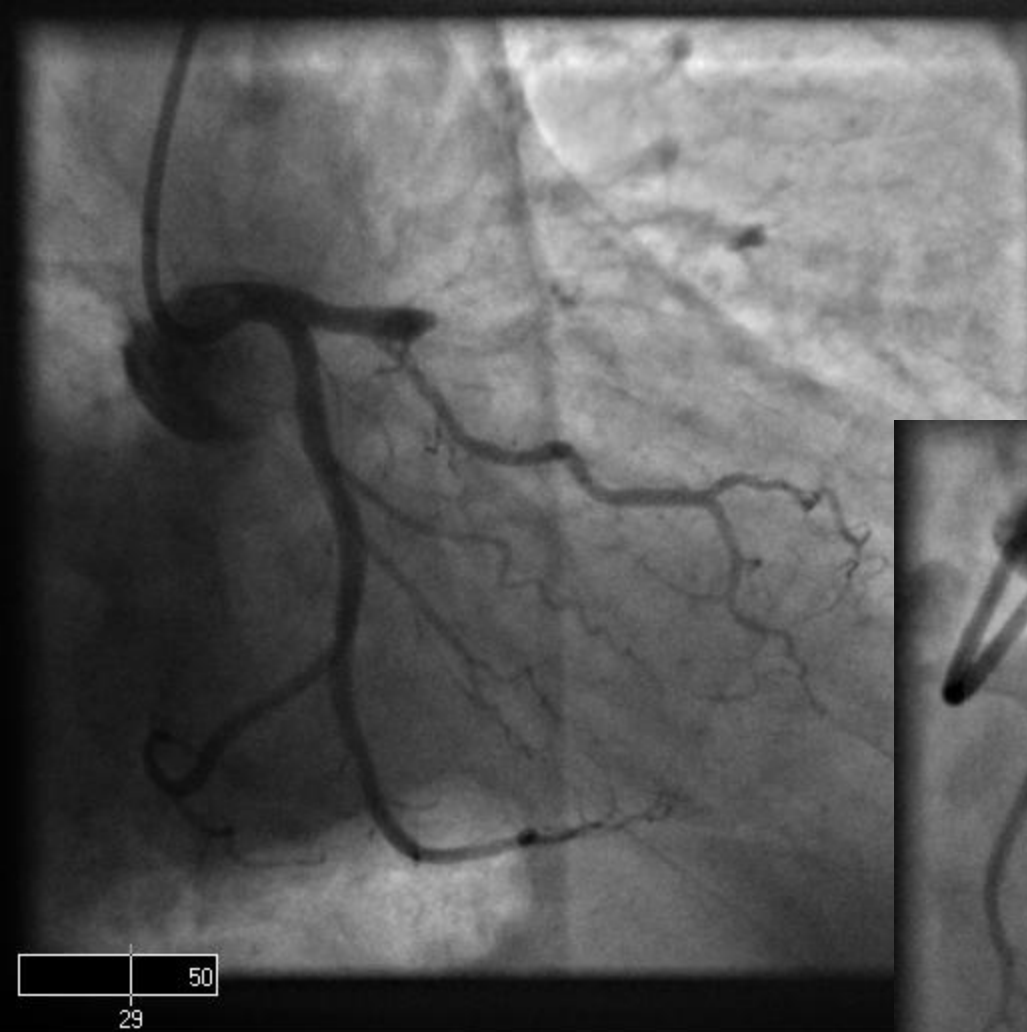


**Figure 3** Correlation between the index of microcirculatory resistance and regional  $^{18}\text{F}$ -fluorodeoxyglucose (FDG) uptake imaged by positron emission tomography (PET). Solid circles indicate patients without recovery of LV wall motion and open circles represent patients with recovery of LV wall motion at 6-month follow-up.

# IMR vs PET in Anterior STEMI (n=40)



**Figure 4** Comparison of the number of non-viable segments in  $^{18}\text{F}$ -fluorodeoxyglucose (FDG) uptake imaged by positron emission tomography (PET) imaging (A) and regional FDG uptake (B) in patients presenting with an index of microcirculatory resistance (IMR) less than or equal to the optimal cut-off value for left ventricular wall motion recovery ( $=33$  U) with those presenting with an IMR  $> 33$  U.





TB-ECG - Page 1

ID: 2809415196

22-Jul-2009

6:09:49

GJNH

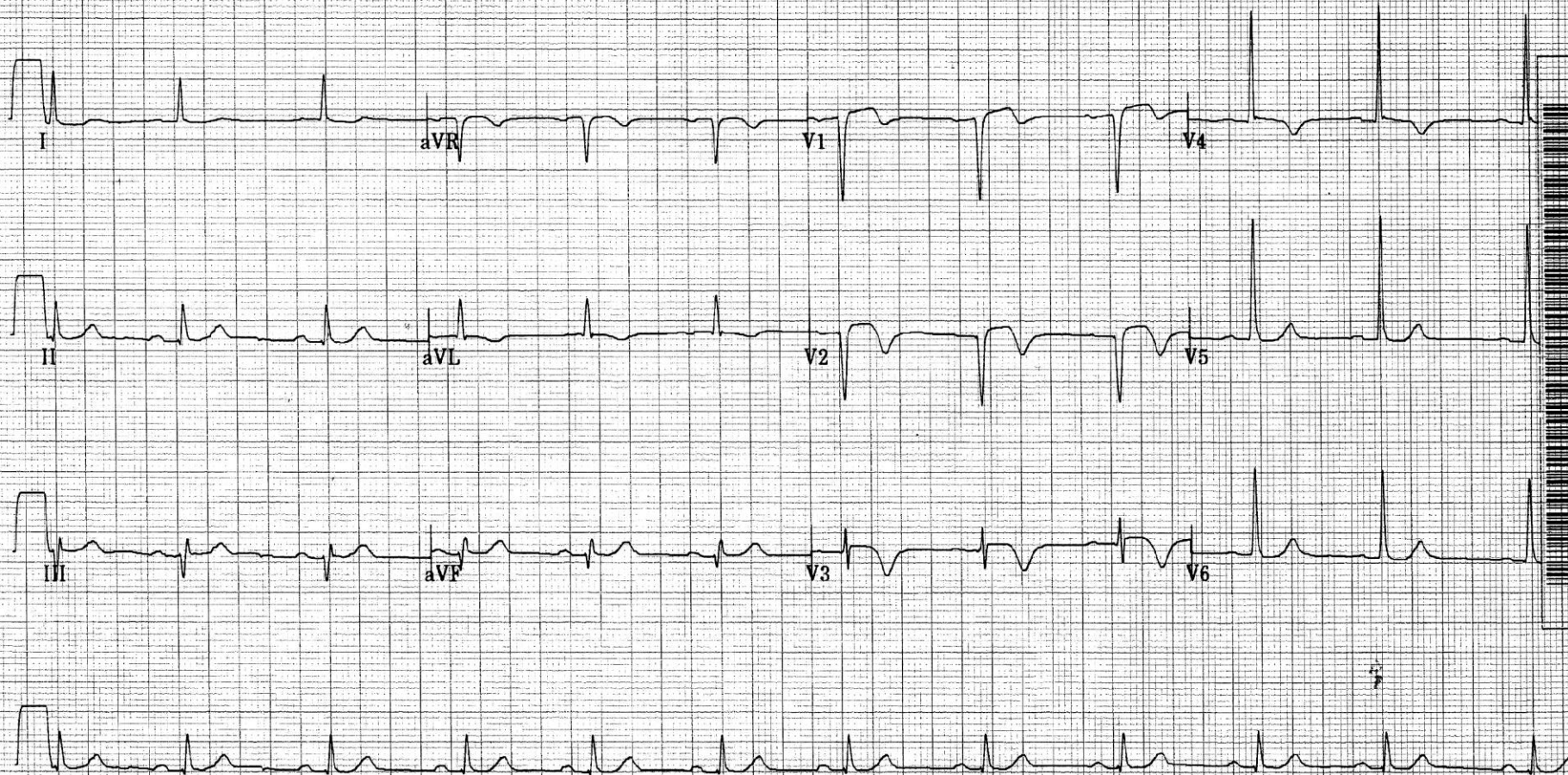
69 years  
Male Caucasian  
Room: 5  
Vent. rate 68 bpm  
PR interval 176 ms  
QRS duration 84 ms  
QT/QTc 396/421 ms  
P-R-T axes 71 15 81

Normal sinus rhythm  
Minimal voltage criteria for LVH, may be normal variant  
Septal infarct, age undetermined  
T wave abnormality, consider anterolateral ischemia

Technician: MS  
Test ind: ROUTINE

Referred by:

Unconfirmed



# TB – CE-CMR Day 1



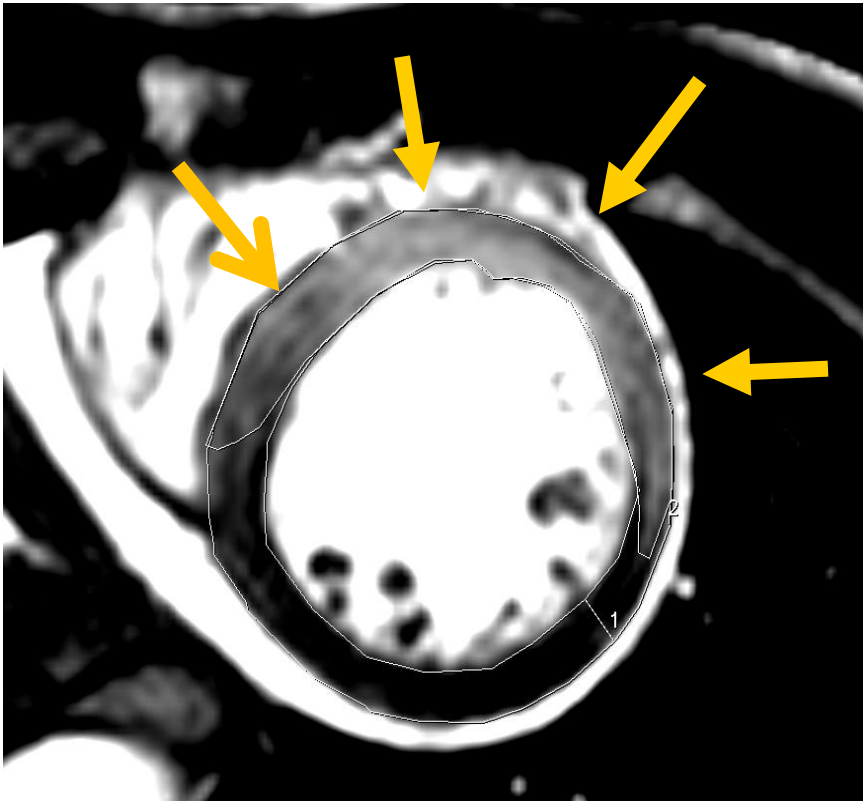


# PCI for STEMI (Primary and Rescue)

	Microvascular obstruction CE-CMR		
	Present (n=27)	Absent (n=26)	p
IMR median(IQR)	38.1 (29 – 55)	26.9 (18 – 36)	0.003

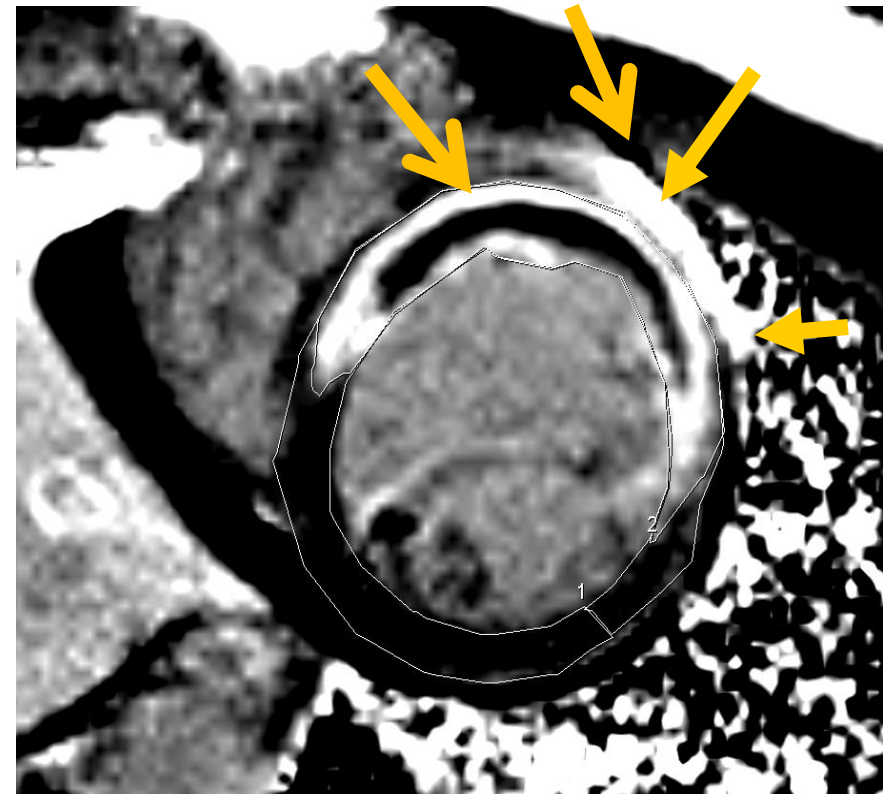
# Myocardial Salvage

Area-at-risk



Oedema T<sub>2</sub> weighted MRI

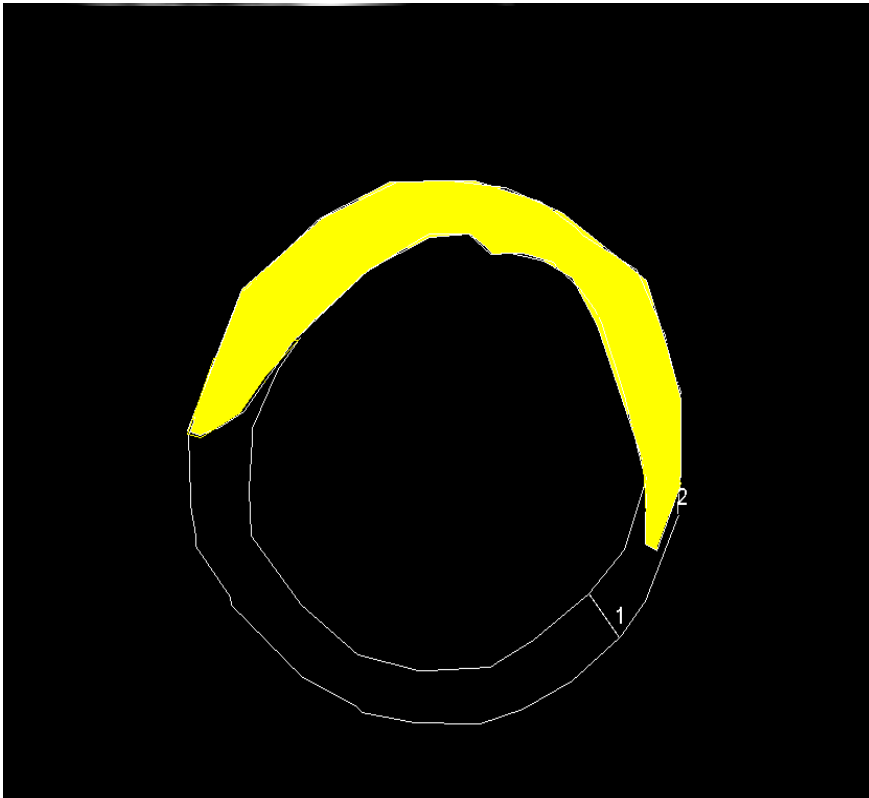
Infarct size



Contrast MRI

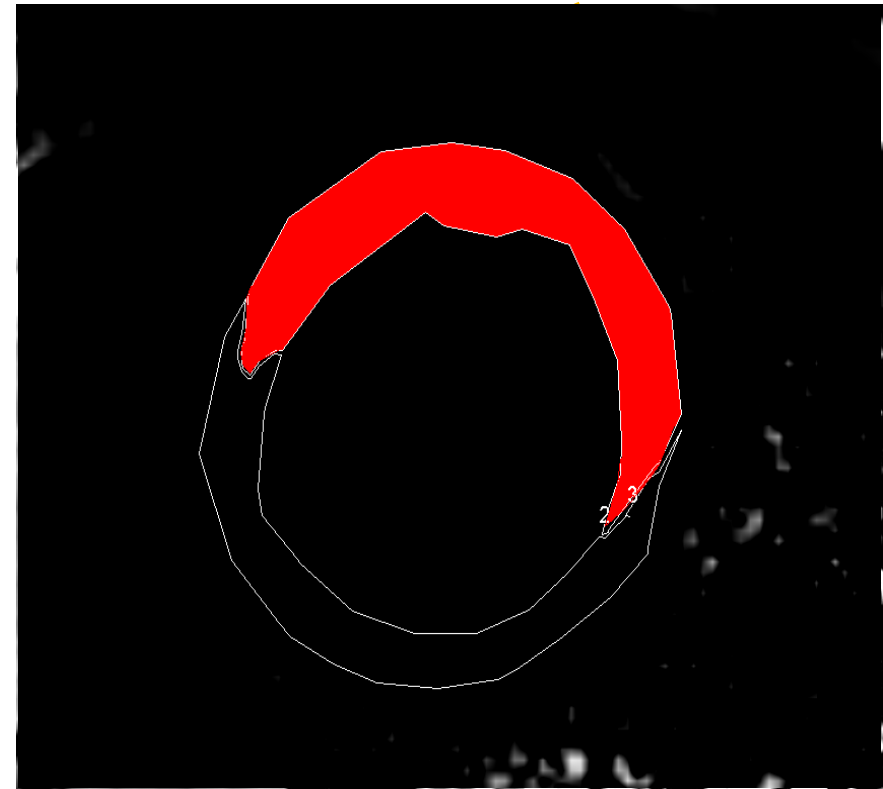
# Myocardial Salvage

Area-at-risk



Oedema T<sub>2</sub> weighted MRI

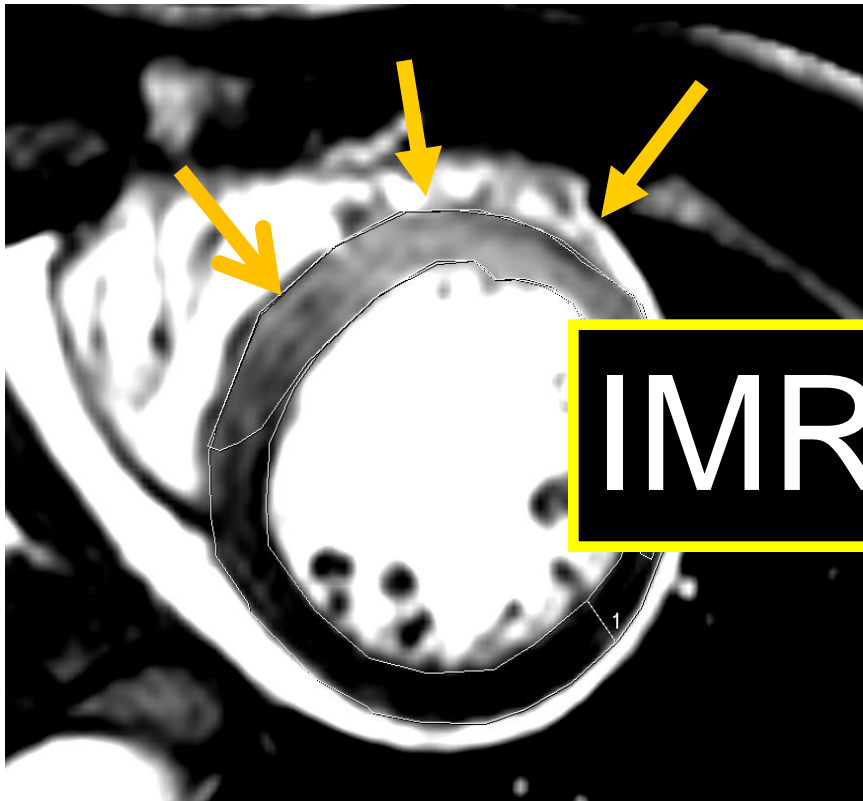
Infarct size



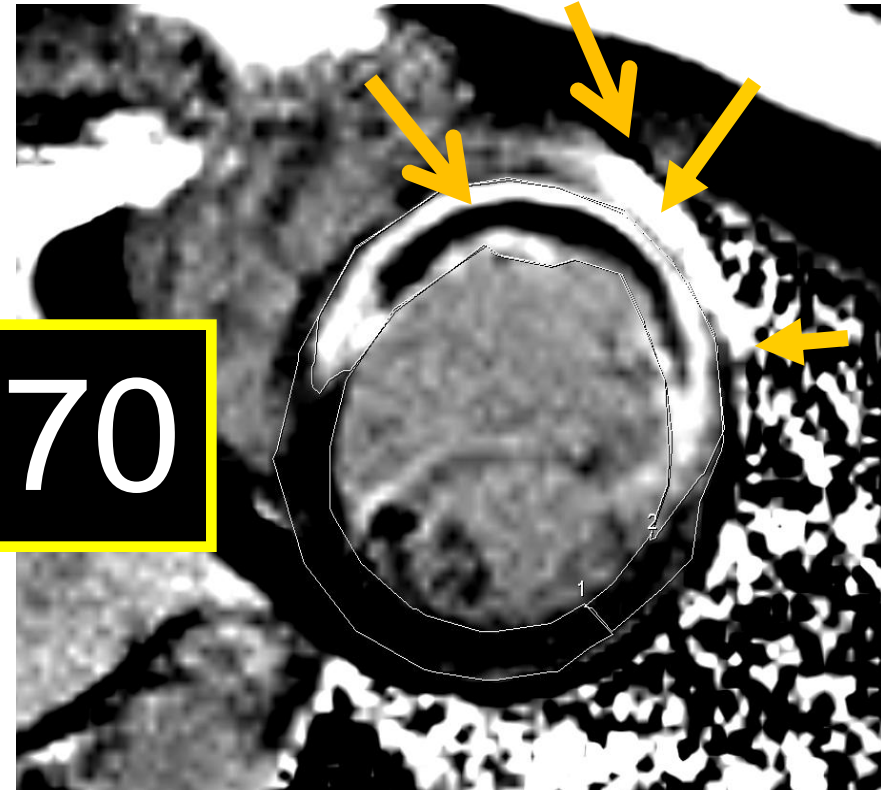
Contrast MRI

# Myocardial Salvage

Area-at-risk



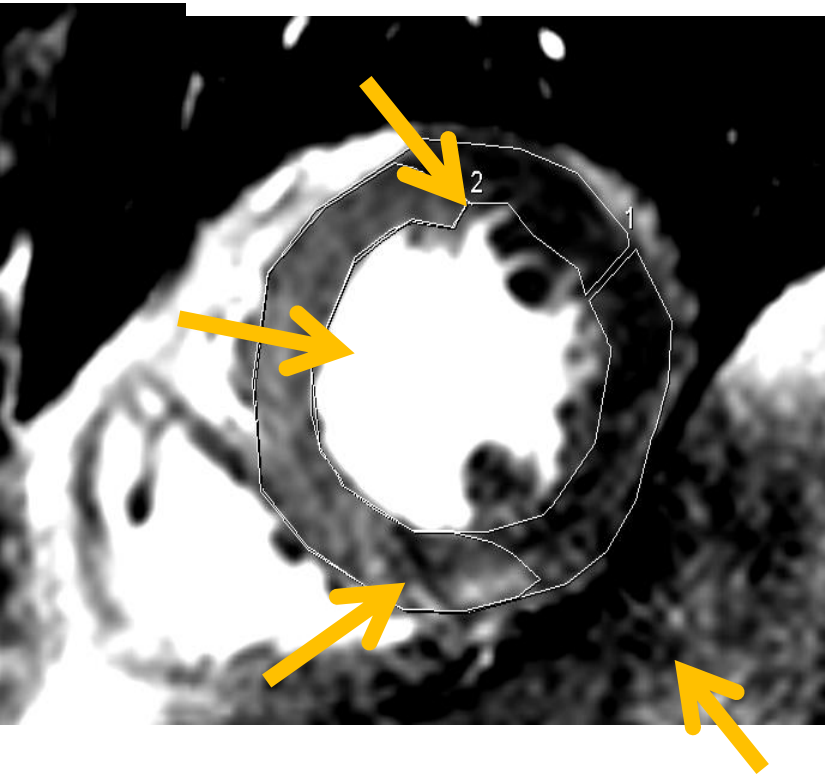
Infarct size



Area-at-Risk	57.5%	Infarct size	57%
Salvage	0.5%	Salvage index	1%

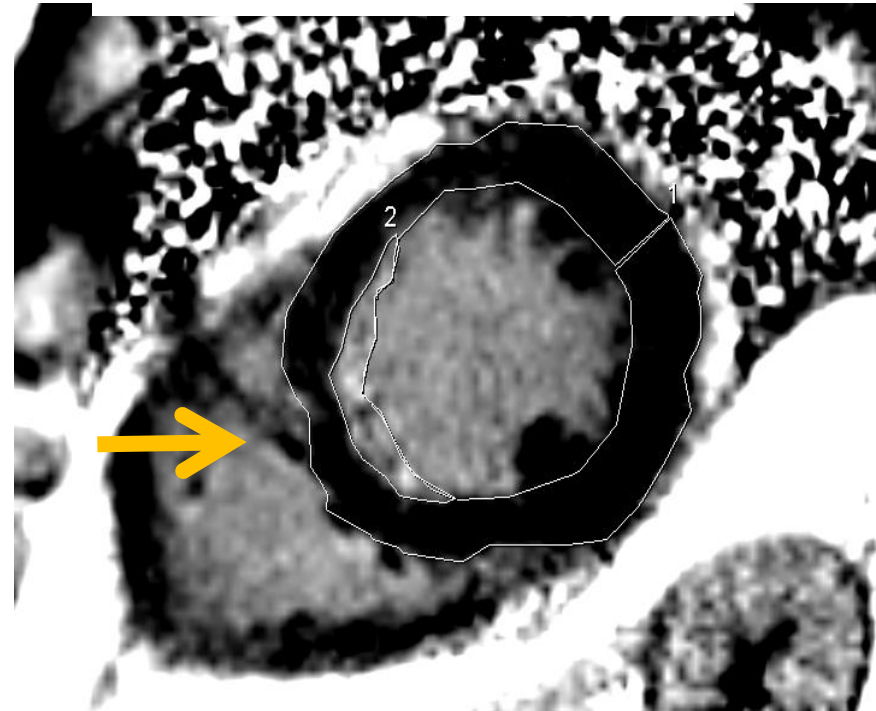
# Myocardial Salvage

Area-at-risk



Oedema T<sub>2</sub> weighted MRI

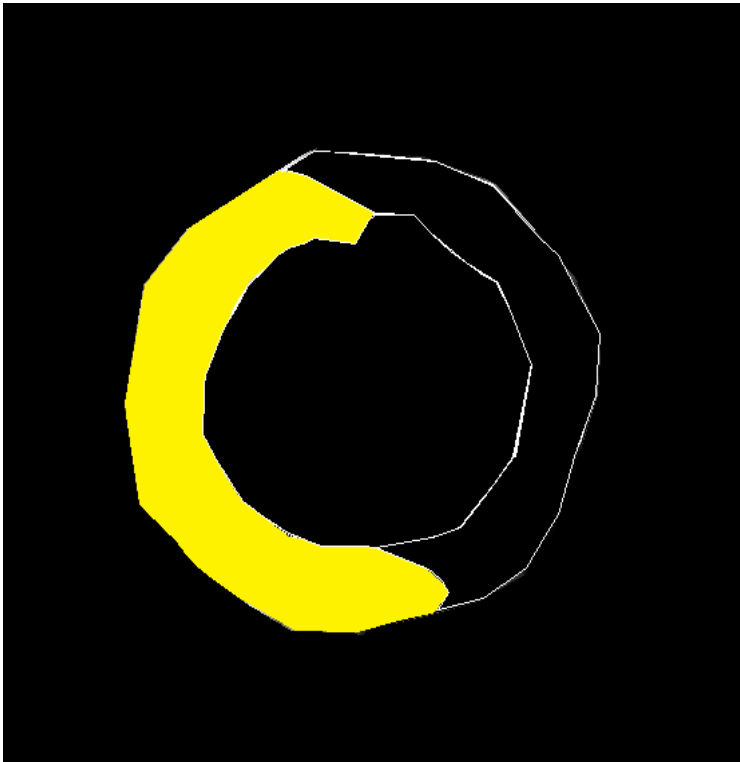
Infarct size



Contrast MRI

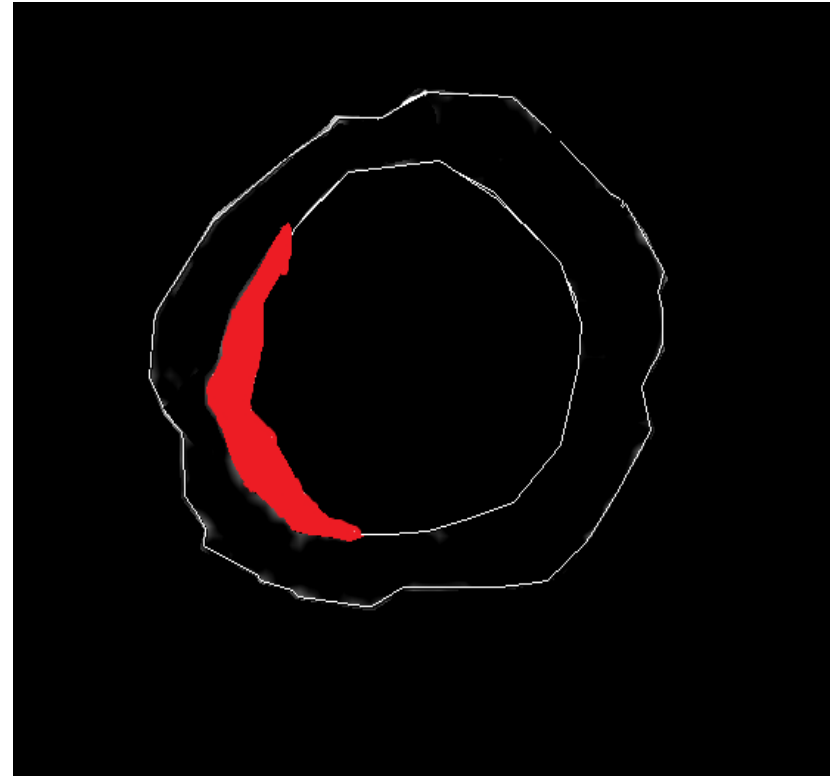
# Myocardial Salvage

Area-at-risk



Oedema T<sub>2</sub> weighted MRI

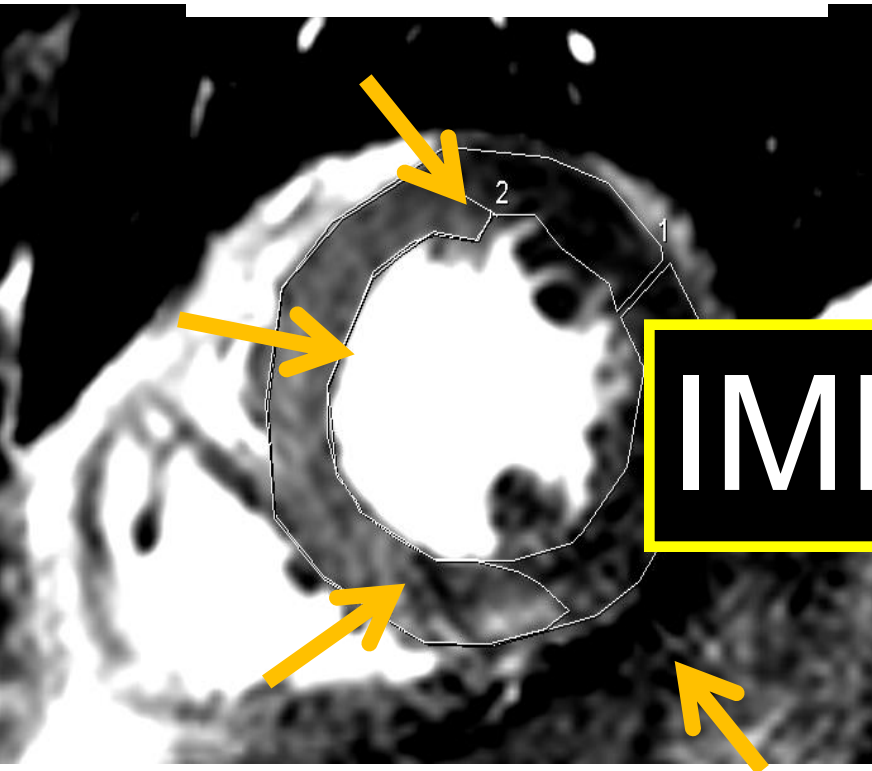
Infarct size



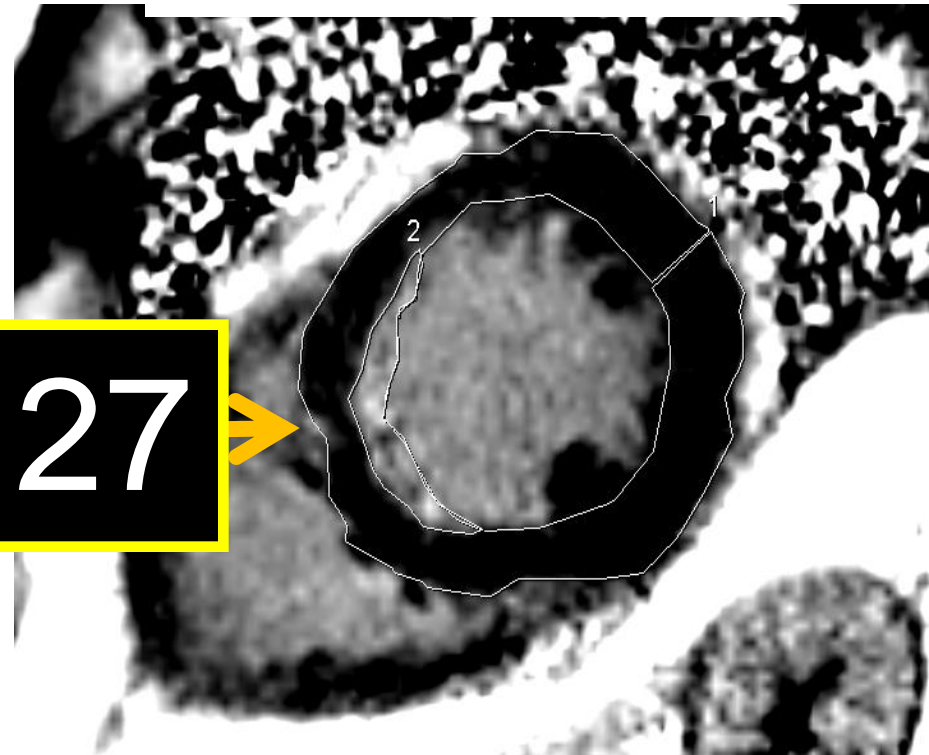
Contrast MRI

# Myocardial Salvage

Area-at-risk



Infarct size



IMR 27

Area-at-Risk	57%	Infarct size	14%
Salvage	43%	Salvage index	75%

# Primary PCI (n=108)

	Spearman Rank Correlation	p value
Infarct size	0.42	0.0005
MVO (% of LV)	0.38	0.0015
Myocardial salvage	-0.32	0.010
Myocardial salvage index	-0.42	0.0005

**Correlations adjusted for age, gender, smoking status, BMI, pain to balloon time, CFlp, use of thrombectomy catheter or glycoprotein IIb/IIIa inhibitors**

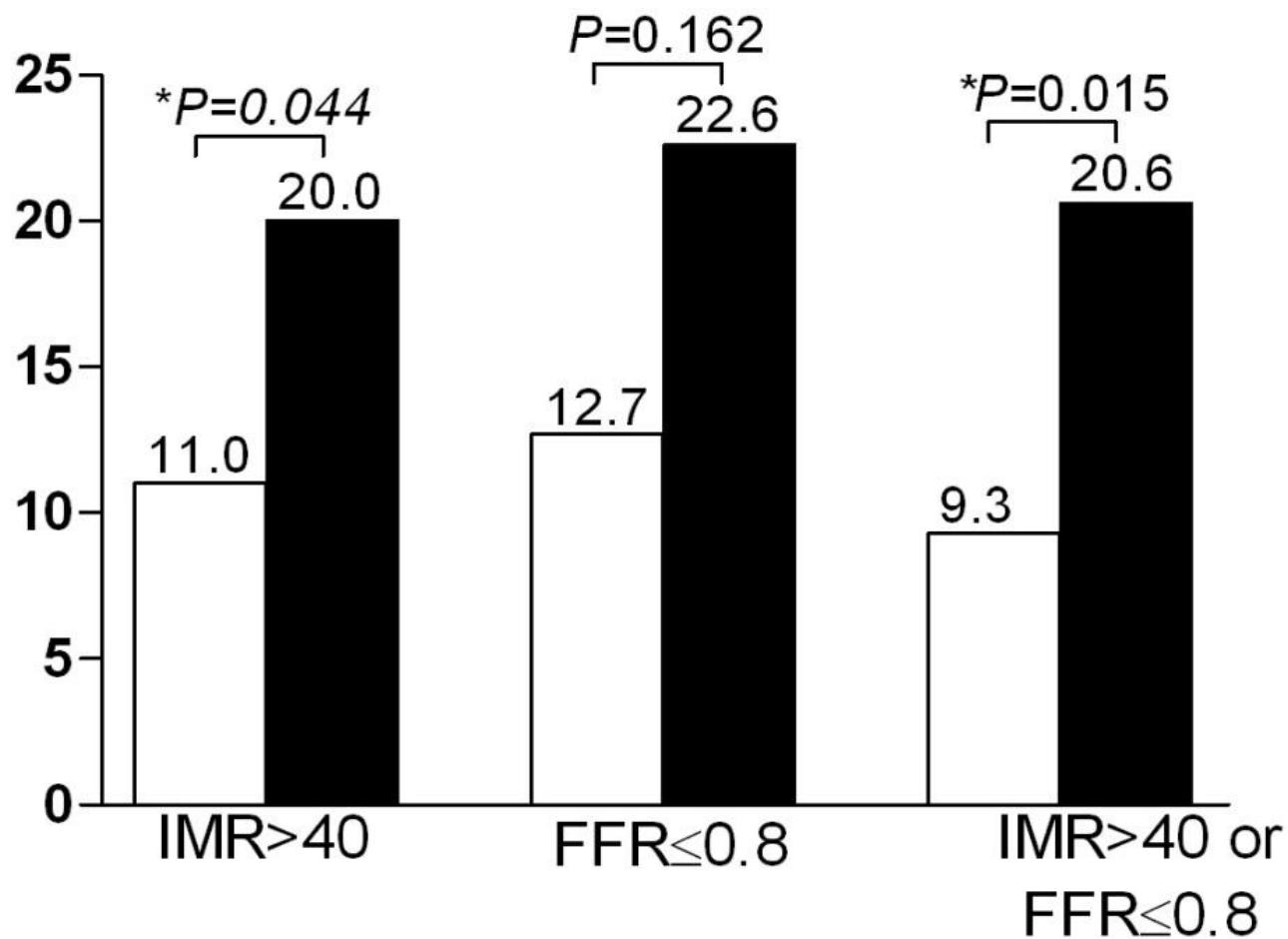


# Primary PCI (n=108)

	IMR				
	<17	18-27	28-42	>42	p (trend)
Infarct size (%)	17±1 3	18±1 3	24±1 2	32±1 3	<0.001
MSI (%)	28±4 0	18±4 8	21±3 8	14±2 5	<0.001
LVEF (%)	54±8	54±1 0	51±1 0	46±9	0.005

# IMR-STEMI Registry

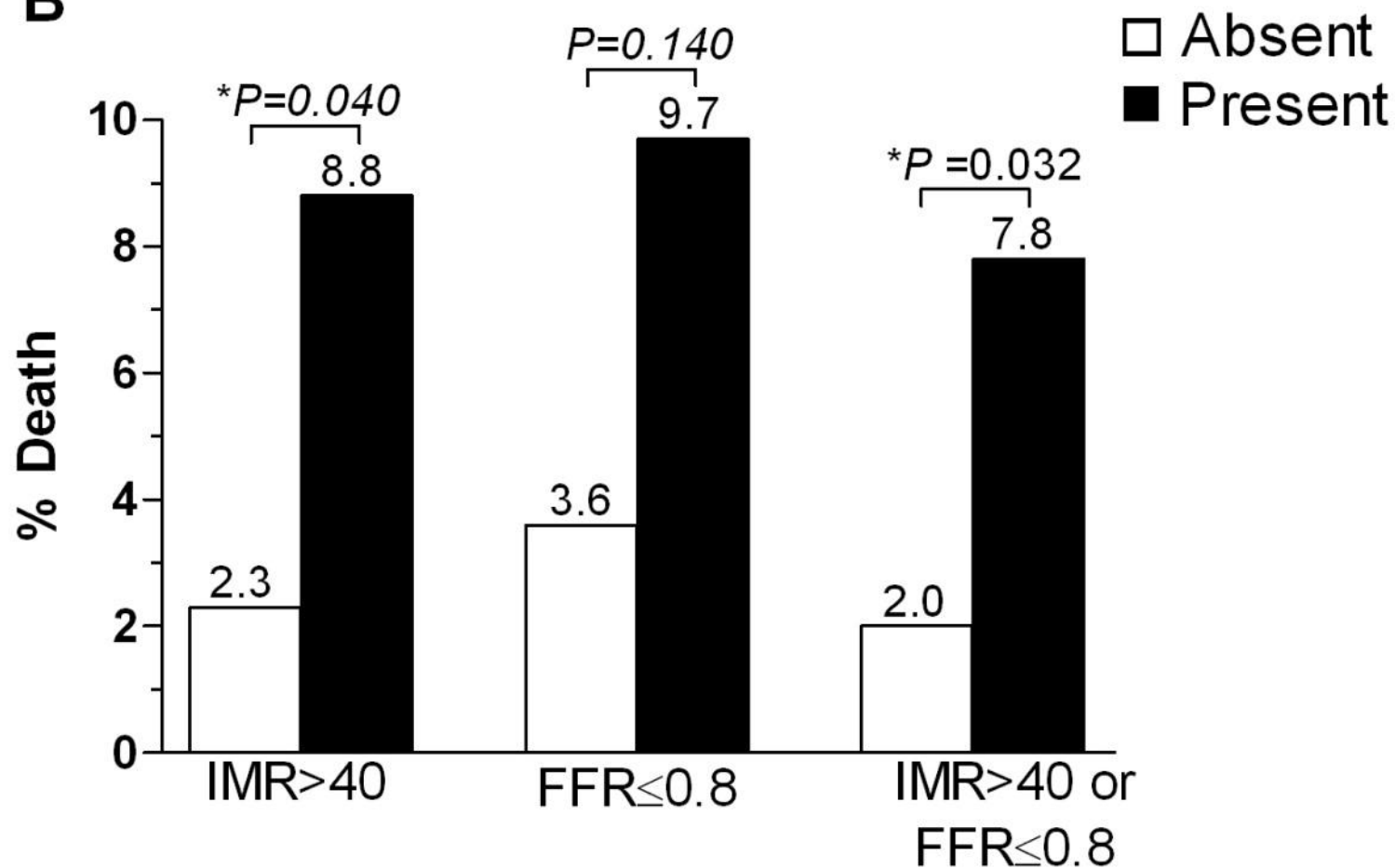
- 253 patients from Stanford, Singapore and Glasgow
  - Mean(SD) IMR was  $40 \pm 32$
- IMR>40 was associated with an increased risk of:
  - death or rehospitalization for HF (HR 2.1, p=0.034)
  - death alone (HR 4.0, p=0.028)
- Independent predictors of death or rehospitalization for HF
  - IMR > 40 (HR 2.2, p=0.026)
  - FFR  $\leq 0.8$  (HR 3.2, p=0.008)
  - DM (HR 4.4, p<0.001)
- IMR>40 was the only independent predictor of death
  - (HR 4.3, p=0.02)

**A****% Death or Rehospitalization**

Prevalence, no. (%): 80 (31.6)

31 (12.3)

102 (40.3)

**B**

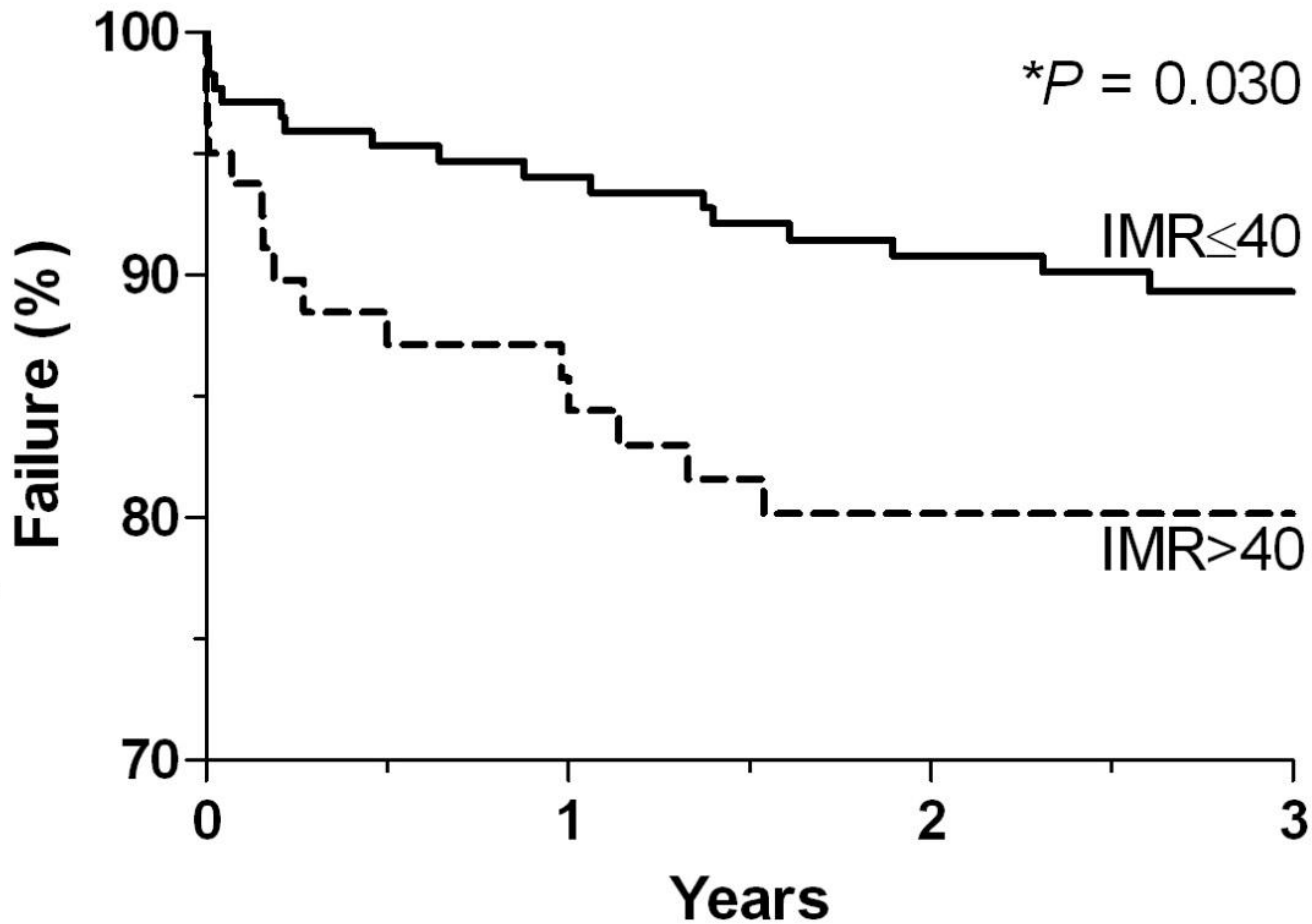
Prevalence, no. (%): 80 (31.6)

31 (12.3)

102 (40.3)

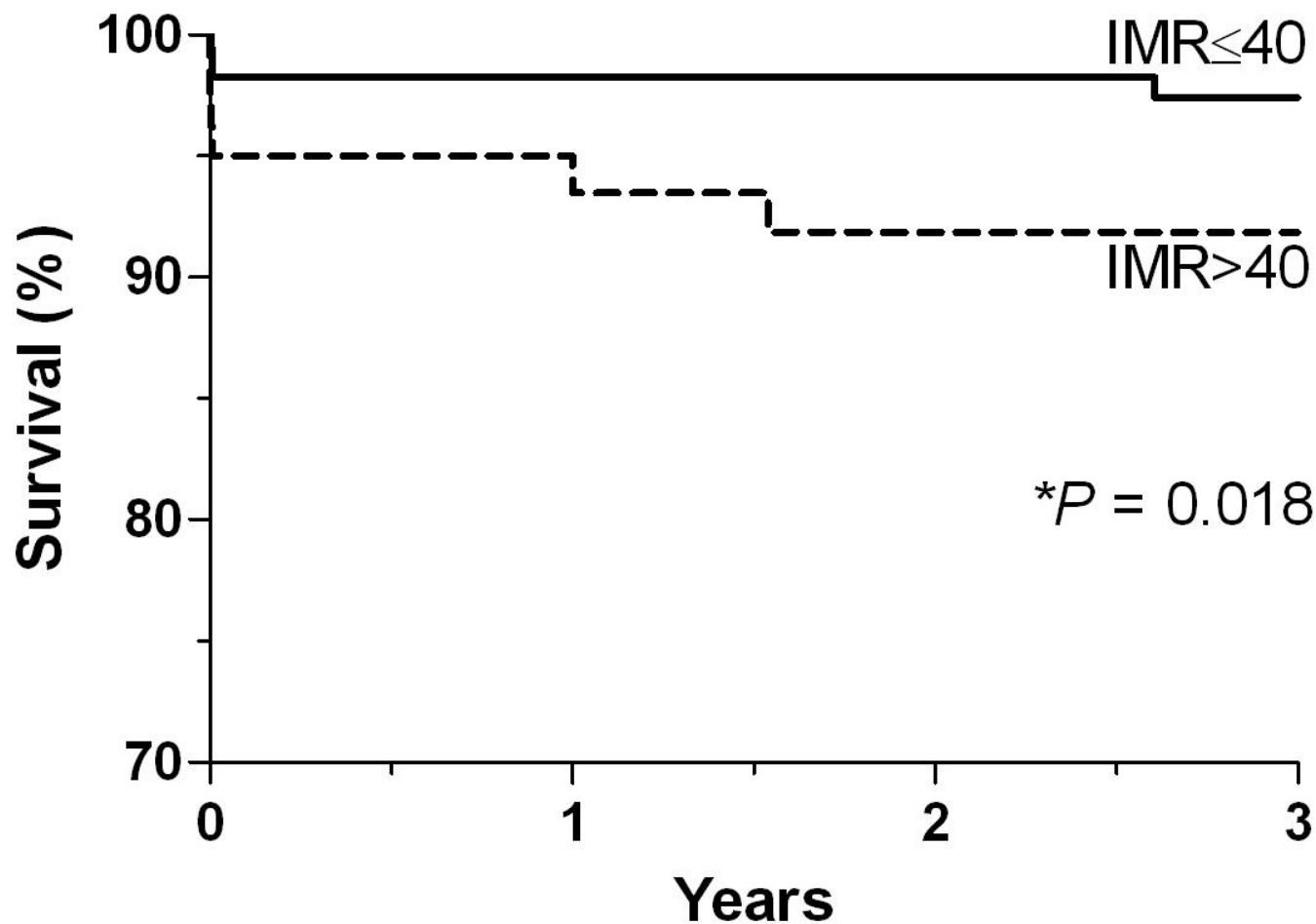
**A**

**Survival Free from Death or  
Rehospitalization for Heart  
Failure (%)**



No. at risk:

IMR $\leq 40$	173	148	138	76
IMR $> 40$	80	63	55	28

**B**

No. at risk:

IMR $\leq 40$	173	154	149	84
IMR $> 40$	80	69	63	33

So what's the value of knowing  
**in the cath lab**

that myocardial salvage  
will be poor?

? IABP

? Adenosine infusion

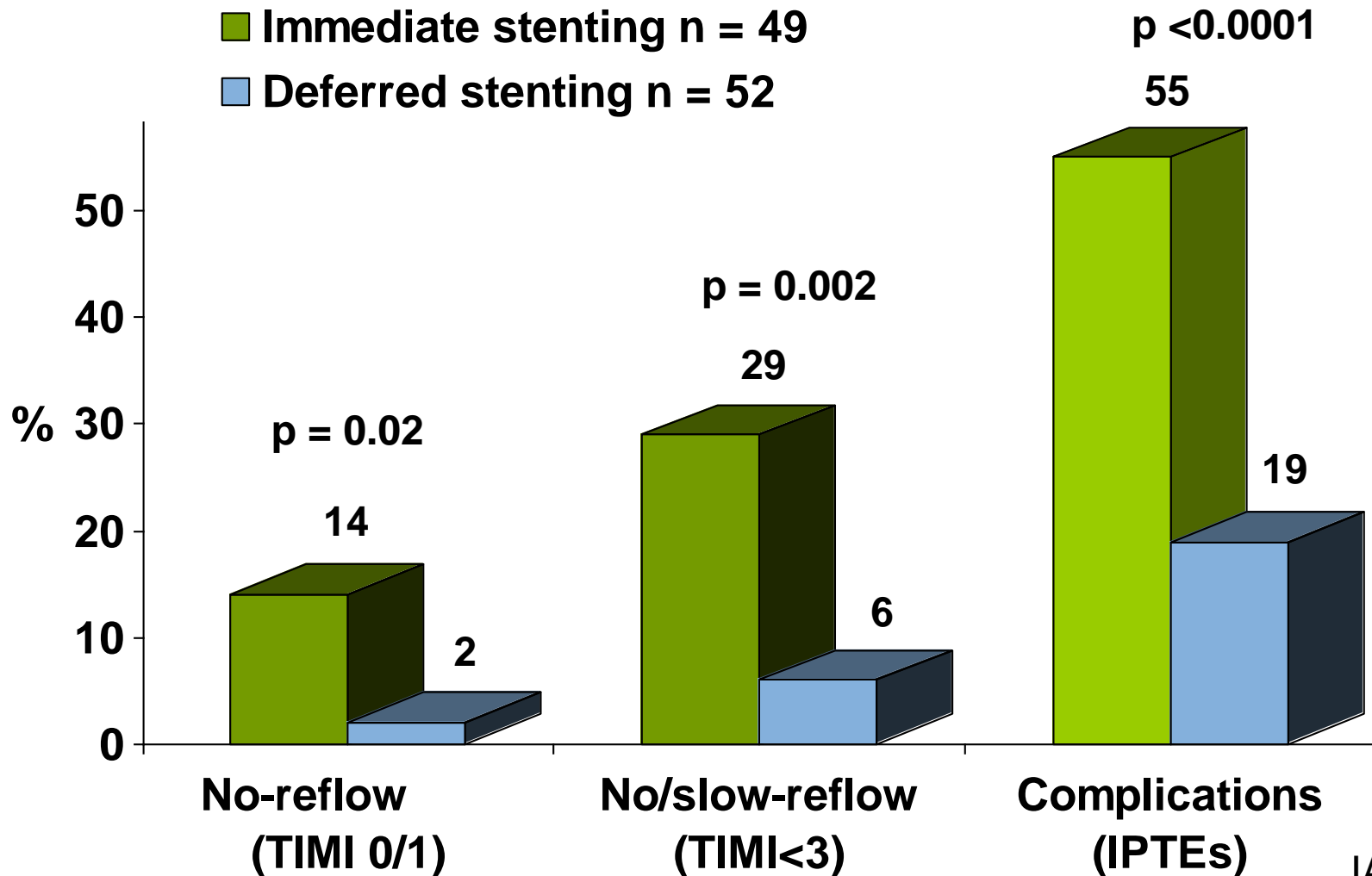
? No stent

? Different stent

? Deferred stenting

# DEFER-STEMI

438 STEMI patients, n = 101 randomised





# DEFER-STEMI

438 STEMI patients, n = 101 randomised

**Table 3.** Contrast-enhanced cardiac MRI findings during the index hospitalization and after 6 months follow-up.

Characteristics*	Immediate stenting	Deferred PCI †	p value
<i>MRI 2 days post-MI</i>	<i>n = 47</i>	<i>n = 48</i>	
Microvascular obstruction, n (%)	29 (61.7%)	23 (47.9%)	0.155
<i>MRI 6 months post-MI</i>	<i>n = 44</i>	<i>n = 45</i>	
Myocardial salvage, % left ventricular mass‡	14.7 (8.1, 23.2)	19.7 (13.8, 26.0)	0.027
Myocardial salvage index, %	56 (31, 72)	68 (54, 82)	0.031
Infarct size, % of left ventricular mass	14.3 (6.3, 20.3)	9.0 (4.3, 16.0)	0.181

Thank You

# Predictors of LVEF at Day 1

	Univariate R <sup>2</sup> value	P value	Multivariate analysis
Age	2.6	0.23	
Male	2.6	0.23	
Smoking	5.4	0.08	
Hyperlipidaemia	0.1	0.94	
Hypertension	0.4	0.63	
<b>Diabetes</b>	<b>12.1</b>	<b>0.008</b>	<b>p = 0.03</b>
GP2b3a inhibitor	3.7	0.15	
Thrombectomy	1.9	0.31	
<b>IMR</b>	<b>29.1</b>	<b>&lt;0.001</b>	<b>P ≤ 0.001</b>
CFI <sub>p</sub>	0.7	0.54	
P <sub>w</sub>	0.1	0.93	

# Infarct Volume at Day 1

	Univariate R <sup>2</sup> value	P value	Multivariate analysis
Age	0	0.87	
Male	0.5	0.62	
Smoking	1.9	0.33	
Hyperlipidaemia	3.6	0.18	
Hypertension	2.6	0.25	
Diabetes	0.2	0.77	
GP2b3a inhibitor	5.3	0.09	
Thrombectomy	1.2	0.43	
<b>IMR</b>	<b>18.6</b>	<b>0.001</b>	<b>p = 0.002</b>
CFI <sub>p</sub>	0.8	0.53	
P <sub>w</sub>	0.1	0.81	

# Predictors of LVEF at 3 months

	Univariate R <sup>2</sup> value	P value	Multivariate analysis
Age	0	0.97	
Male	2.0	0.34	
Smoking	1.7	0.37	
<b>Hyperlipidaemia</b>	<b>12</b>	<b>0.01</b>	<b>p = 0.017</b>
Hypertension	0.7	0.56	
Diabetes	2.0	0.34	
<b>GP2b3a inhibitor</b>	<b>10.8</b>	<b>0.02</b>	<b>p = 0.014</b>
Thrombectomy	3.2	0.22	
<b>IMR</b>	<b>14.5</b>	<b>0.007</b>	<b>p = 0.004</b>
CFI <sub>p</sub>	0.1	0.81	
P <sub>w</sub>	0	0.95	

# Infarct Volume at 3 months

	Univariate R <sup>2</sup> value	P value	Multivariate analysis
Age	0.1	0.84	
Male	1.1	0.49	
Smoking	0.9	0.52	
Hyperlipidaemia	9.1	0.04	
Hypertension	0.8	0.55	
Diabetes	0.9	0.52	
GP2b3a inhibitor	5.5	0.11	
Thrombectomy	2.8	0.26	
<b>IMR</b>	<b>15.6</b>	<b>0.006</b>	<b>p = 0.008</b>
CFI <sub>p</sub>	0.4	0.67	
P <sub>w</sub>	0.3	0.72	