

POP 2021 - PROGRAMME
Pharmacotherapy in Older People Online training course

Thursday, 14th October 2021

13:00 – 13:10	WELCOME: INTRODUCTION AND COURSE OBJECTIVES – Juan Carlos Kaski and Juan Luis Tamargo	10 min
13:10 – 13:40	SESSION 1: GENERAL ASPECTS Chairpersons – Heinz Drexel and Basil S. Lewis	
13:10	Aging and challenges to cardiovascular pharmacotherapy. The importance of frailty – <i>Leocadio Rodriguez Mañas</i>	10 min
13:20	Drug metabolism in older people – Juan Luis Tamargo	10 min
13:30	Discussion and Q&A	10 min
13:40	Break	10 min
13:50 – 14:20	SESSION 2: DIURETICS – Hypo and hyperkalemia Chairperson: Luis Miguel Ruilope – Keld Kjelsen	
13:50	The problem of Hypo- and hyperkalemia in older people – Christian Torp-Pedersen	15 min
14:05	Case discussion and Q&A – Keld Kjeldsen	15 min
14:20 – 14:30	Break	10 min
14:30 – 15:00	SESSION 3: ANTIHYPERTENSIVES – Optimal management of hypertension in older people Chairpersons: Basil S. Lewis, Stefan Agewall and Luis Miguel Ruilope	
14:30	How to select anti-hypertensive agents in older patients – Claudio Borghi	10 min
14:40	Problems with anti-hypertensive therapy in the elderly: case discussion – Claudio Ceconi	10 min
14:50	Discussion and Q&A	10 min
15:00 – 15:10	Break	10 min

15:10 – 15:40	SESSION 4: ANTIARRHYTHMICS – Challenges to the prescription of antiarrhythmics Chairpersons: Gianluigi Savarese, G Dan and Antonio Martinez-Rubio	
15:10	Therapeutic decisions in the elderly – Dobramir Dobrev	10 min
15:20	Case presentation and discussion – Martinez Rubio	10 min
15:30	Discussion and Q&A	10 min
15:40 – 15:50	Break	10 min

15:50 – 16:25	SESSION 5: LIPID LOWERING DRUGS Chairpersons: Heinz Drexel and Luis Masana	
15:50	Lipid lowering agent selection in the elderly – Heinz Drexel	15 min
16:05	Discussion and Q&A – Luis Masana	15 min
16:20	CLOSING REMARKS / Day 2 Introduction	5 min

Friday, 15th October 2021

13:00 – 13:30	SESSION 6: GLUCOSE LOWERING DRUGS – New insights in the elderly Chairpersons: Anne Grete Semb and Thomas A. Schmidt	
13:00	Tight glycemc control is necessary: Heinz Drexel	10 min
13:10	Tight glycemc control is not necessary: – Giuseppe M.C. Rosano	10 min
13:20	Discussion and Q&A	10 min
13:30 – 13:40	Break	10 min

13:40 – 14:10	SESSION 7: DOACs in AF stroke prevention Chairpersons: Basil S. Lewis, Alexander Niessner and George Dan	
13:40	The use of DOACs in older individuals – Antonio Martinez-Rubio	15 min
13:55	Case presentation and discussion – Patrick Sulzgruber	15 min
14:10 – 14:20	Break	10 min

14:20 – 14:50	SESSION 8: ANTIPLATELET THERAPY – New challenges in the older patient Chairpersons: Patrick Sulzgruber and Jose Luis Ferreiro	
14:20	Guidelines & beyond: A practical approach – Sven Wassmann	15 min
14:35	Discussion and Q&A	15 min
14:50 – 15:00	Break	10 min
15:00 – 15:30	SESSION 9: PHARMACOTHERAPY AND INTERVENTION IN OLDER WOMEN Chairpersons: Anne Grete Semb and Alexander Niessner	
15:00	Challenges to cardiovascular pharmacotherapy – Elisabetta Cerbai	10 min
15:10	Challenges to cardiovascular intervention – Iris Baumgartner	10 min
15:20	Discussion and Q&A	10 min
15:30	Break	10 min
15:40 – 16:10	SESSION 10: POLYPHARMACY Chairpersons: Juan Carlos Kaski, Alexander Niessner and Claudio Ceconi	
15:40	Problems with polypharmacy in older people – Juan Luis Tamargo	15 min
15:55	Discussion and Q&A	15 min
16:10 – 16:20	Break	10 min
16:20 – 16:50	SESSION 11: A panel discussion on pharmacotherapy challenges in the older individuals Chairperson: Juan Carlos Kaski and Luis Tamargo	
16:20	Panel discussion	15 min
16:35	Q&A	15 min
16:50	CLOSING REMARKS – Juan Carlos Kaski	5 min