



Freedom from Failure - the F Word

-  Fighting for breath
-  Fatigue
-  Fluid build up

Heart failure is treatable.

Don't be alarmed if you recognise any of these symptoms,
please seek medical advice.

Explain your symptoms and ask for a blood test.

The earlier your diagnosis, the better your outcomes.

Don't let heart failure stop you from fulfilling your dreams.

Visit: <https://www.bsh.org.uk/the-f-word/>

#HeartFailureAwarenessWeek #theFWord #Freedomfromfailure