



## Learn more about heart failure

Do you know: Heart failure affects approximately 60 million patients worldwide!

## Risk factors for heart failure















Valve Diseases

Genetic predisposition Diabetes mellitus

Obesity

Smoking

Hypertension

Coronary artery disease



## Symptoms of heart failure













Nocturia

Weight gain

Fatigue

Arrhythmia

Legs swelling

Shortening of breath



If you notice any of these symptoms, please seek medical advice

Call 110 for urgent help if you have acute symptoms. This prevents bad consequences

The earlier the diagnosis, the better the results