

Activities for the HF awareness week:

1) The President of the Spanish HFA, Dr. José González Costello gave a 4 hour educational course with Q&As on the 4<sup>th</sup> of May 2022 to the personnel of the Spanish Agency of Medical Drugs and Devices on the following topics: Heart failure, heart transplant and mechanical circulatory support. The objective was educational and to raise awareness on the importance of treating heart failure amongst this Agency of the Spanish Health Ministry in Madrid.

2) Activities in Madrid at Hospital 12 de Octubre: See all the photos and posters in the folder HFawarenessDaysMadrid.

- Photocall with patients and medical personnel
- 2 posters with important information regarding HF awareness that were printed and exhibited in different hospital areas
- A small version of the poster was distributed to all patients with the breakfast tray
- Stickers with red hearts were distributed amongst patients, carers and medical personnel
- Local press release in the Hospital intranet

3) Activities in Barcelona: (See photos and pdf in Folder HFawarenessBCN)

- 5 Km walk of the Heart Failure Unit of Hospital Universitari de Bellvitge to promote healthy habits in HF patients
- Meeting organized by the Catalan Society of Cardiology on case discussion of patients with HF and ATTR on the 5<sup>th</sup> May
- Conference to the general public on the 10 best ways to take care of your heart in El Prat de Llobregat (Barcelona). Radio interview in Radio El Prat:  
<https://www.elprat.digital/radio/planeta-prat-1707/>

4) Activities in Granada: (See poster and photos in Folder HFawarenessGranada)

- Poster and photocall to raise awareness about the HF week that was exhibited in Hospital Virgen de las Nieves, Granada
- Group activity for HF patients to promote healthy habits. They were given a bag with oranges and olive oil. Media published the news in EL INDEPENDIENTE DE GRANADA, a local newspaper (<https://t.co/VoPKt4NnCo>) and in CANAL SUR (local TV)
- Hospital Virgen de las Nieves, Granada was illuminated in red during the HF awareness week
- Video in youtube with patients doing photocall to raise awareness about HF:  
<https://www.youtube.com/watch?v=5MMg-aN3IE>