

Heart Failure Awareness Week 2022 (2nd – 8th May)



Cardiac Life Out-Patient Department
Heart Failure Clinic - Mater Dei
Mater Dei Hospital
Warrick Road, GZD
Tel: 2123 2000
Ministry for Social Policy

Heart Failure Awareness Day 2022

Friday 6th May 2022
Main Foyer, Mater Dei Hospital
11.00am



Agenda

- Introduction- *Dr Robert Xuereb*
- Heart Failure Signs and Symptoms- *Dr Jeremy Fleri Soler*
- Heart Failure Diagnosis and Treatment- *Dr Alice May Moore*
- The Heart Failure Clinic- *Mrs Janet Caruana*
- Cardiac Rehabilitation in Heart Failure- *Cardiac Rehab Team*
- Living with heart failure- *Patient Testimonial*

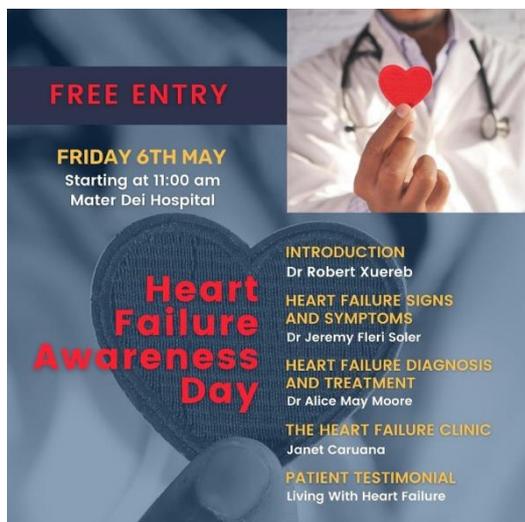
Blood Pressure and Heart Rate monitoring will be available on site

We look forward to seeing you there.

Heart Failure Clinic Team

The Maltese Cardiac Society organized its campaign for Heart Failure Awareness Day on Friday 6th May. In keeping with this year's theme of "Staying together inside a larger Heart Failure Association community", it was decided to conduct an outreach seminar at the Main Foyer at our national hospital, Mater Dei Hospital.

In the weeks leading up to the seminar invites, including the seminar agenda, were sent to patients who attend the heart failure clinic. A similar poster was shared on social media in the week leading up to the day which included further details on which talks are to be held.



The day began at 10am, with volunteer medical students from the Malta Medical School Association setting up a stand and would attract passers-by by offering a blood pressure and heart rate check as well as a random blood glucose sample. Lifestyle and dietary advice would be given to patients on how to better control both blood pressure and blood glucose levels.



The seminar then started at 11am. It was well attended, with frequent patients from heart failure clinic attending as well as others who had seen our posts on social media. The agenda of the day was as follows:

- Introduction – Dr Robert Xuereb, President of the Maltese Cardiac Society
- Heart Failure Signs & Symptoms – Dr Jeremy Fleri-Soler
- Heart Failure Diagnosis & Treatment – Dr Alice May Moore
- The Heart Failure Clinic – Ms Janet Caruana
- Cardiac Rehabilitation in Heart Failure – Ms Marilyn Gauci
- Living with Heart Failure – A Patient Testimonial



After each talk the floor was open to questions where patients would bring up issues they experience and were happy to share openly with everyone present.



The day was such a success that it was decided to spread the awareness nationally and a press release was sent to a popular news-media website who published our awareness campaign and advised on how to get into contact with the heart failure clinic should one need.

<https://lovinmalta.com/news/1500-new-people-suffer-from-heart-failure-in-malta-every-year-cardiologistys-and-nurses-share-crucial-tips-for-patients/>

1,500 New People Suffer From Heart Failure In Malta Every Year: Cardiologists And Nurses Share Crucial Tips For Patients



By Julian Bonnici
May 8, 2022 at 12:20 pm

Share:



Almost 1,500 patients are diagnosed with heart failure every single year with Malta's cardiologists coming together to raise awareness of the issue.

On 6th May, the Maltese Cardiac Society held an outreach seminar at Mater Dei Hospital, in an attempt to raise awareness among patients who suffer from heart failure and the general public during Heart Failure Awareness Week.