



Heart Failure Association of India

Report of Activities: 2021-2022

Guideline based treatment and in-depth education makes the change in heart failure management. One of the ways is to have continuing educational programs to increase the awareness about the disease burden and the importance of evidence-based therapy. Heart failure Association of India had been assembling the maximum possible endeavors in this aim. Activities of HFAI are emphasized on awareness of heart failure for the past one year.



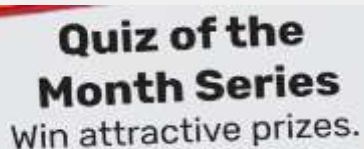
A training program for the Cardiologists in the making. Aim was to provide a comprehensive understanding of the Heart Failure (HF) spectrum, guided by eminent teachers from all over the country. Over a series of monthly sessions spread over a period of 10 months, major academic institutions hosted scientific content pertaining to both adult and pediatric HF that was streamed live to DM/DNB postgraduates/fellows in Cardiology. The second episode was started on April.

A certificate course on "Holistic approach to HF management". As large number of heart failure patients are treated by physicians, HFAI decided to conduct an online course on heart failure. This 6 week structured course was supported and endorsed by the Heart Failure Association of the ESC.



Monthly virtual symposia on various aspects of heart failure with international and national HF specialists as faculty. In-depth discussions on particular topics in HF management. This academic initiative was planned for a year, but we decided to continue this year also considering the acceptance for this program

Webinars to discuss the latest updates on particular topics were conducted. To get updated in every topic is the key to better treatment of the disease. Experts from specific field presented



Monthly Quiz series on case based questions with attractive prizes. This is program is a much appreciated on among the students. The quiz helps to know some special interesting cases from across India.



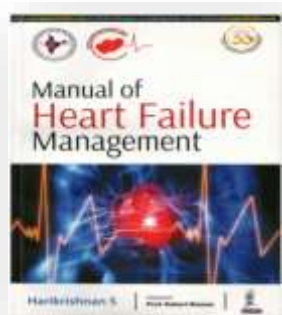
Some quality researches are going on various topics relating to heart failure. To promote the researchers who are undertaking such studies, HFAI introduced Best Dissertation Award. The best paper presented was awarded with a cash prize.

In India, the studies relating to the heart failure care and management are much appreciated as it will produce drastic advancements which will help the patients to a greater extent. HFAI opened a call for the research proposals, of which the best two were funded by the organization.



The Annual Conference of HFAI. Cutting edge research, scientific deliberations, abstract sessions, quiz, technological innovations, diagnostics, therapeutics and hemodynamics are being presented over hours of academic extravagance. The association with the Heart Failure Association of the ESC and the Heart Failure Society of America enriched the program. The conference had from both international and national faculties and participation from 22 countries. 13 pharmaceutical companies were in support with adjunct symposiums.

As a curtain raiser, The Heart Failure Conflux and The Surgical Conclave served very well. The Conflux was a virtual confluence of scientists and clinicians caring heart failure, whereas the 'Surgical Conclave' had didactic discussions on surgical aspects in heart failure. The Conflux also held an abstract presentation session with cash prizes.



The Heart Failure Manual was designed to provide an in-depth, comprehensive hands-on approach to the evaluation and management of the patient with heart failure. Extensive coverage is provided regarding the epidemiology of heart failure and its presenting signs and symptoms, as well the methods to evaluate and functional aspects.

A hand book on Heart failure for the general public is under process. The aim is to provide a general awareness for the patients and care givers. When proper knowledge on the basics of types, causes, symptoms and management of heart failure are imparted to the patients and caregivers, it will ease the treatment and management. The book will be published soon and will be translated to some local languages.

