



## ¿What is it?

It is a serious disease in which the heart does not pump blood to the body as it should.

## ¿What are your symptoms?

In the early stages, you may not notice any symptoms. The main symptoms of heart failure are caused by fluid buildup or congestion and poor blood circulation in the body.

## ¿How many types exist?

Heart failure is different in each patient, the affected parts of the heart and the symptoms can vary considerably.

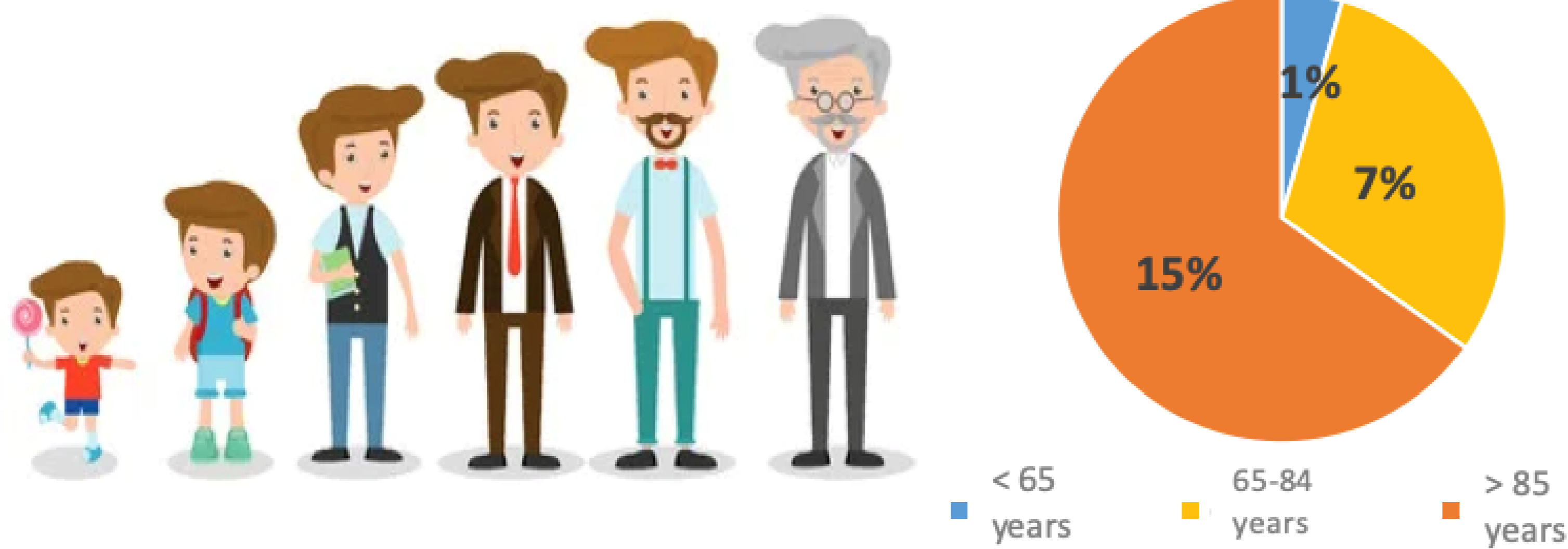
## ¿How does evolve over time?

The evolution is unpredictable and different in each person. In many cases, symptoms remain stable for months or years before worsening or progressing rapidly.



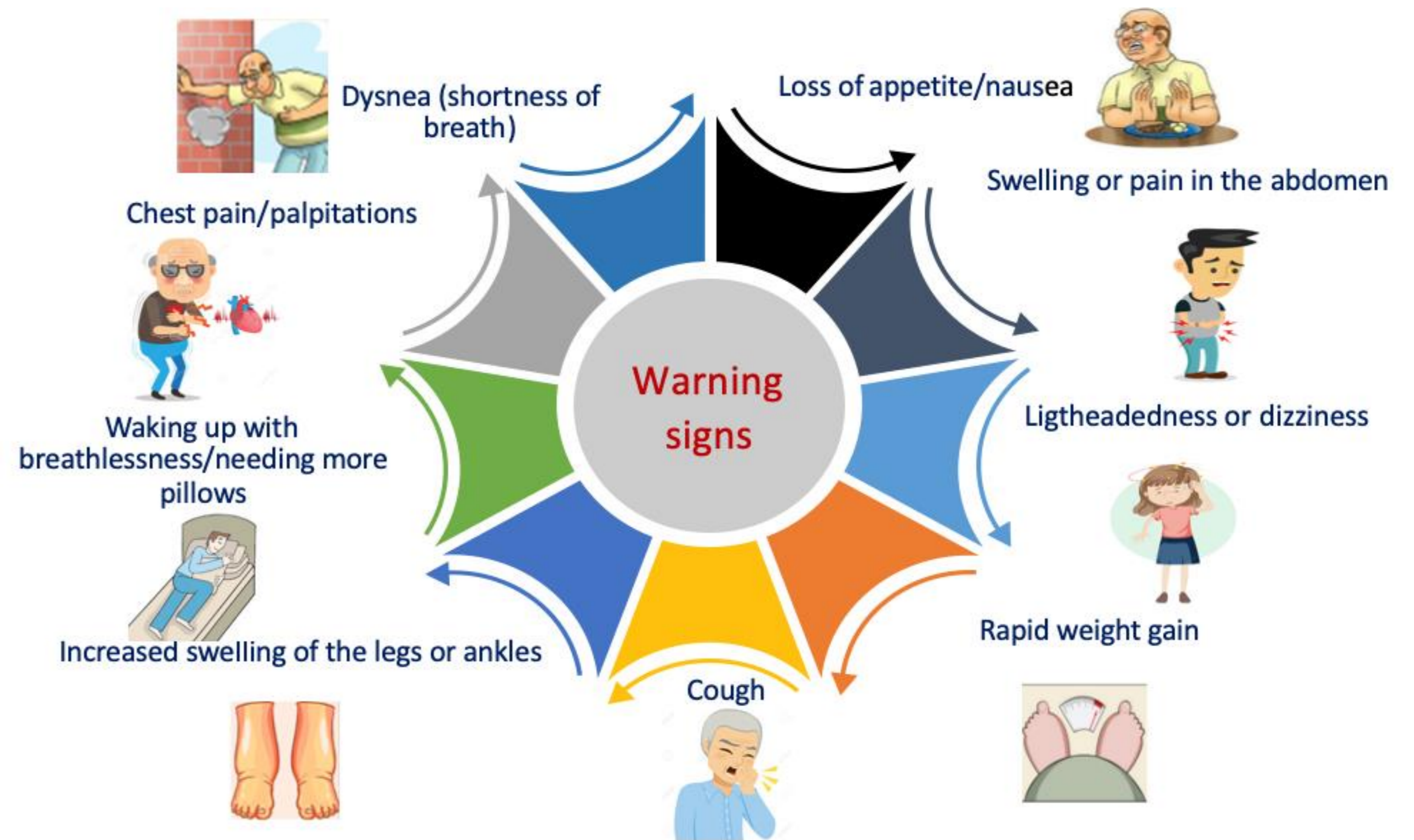
## Who is affected by heart failure?

It can affect people of all ages, but its frequency increases with advancing age.



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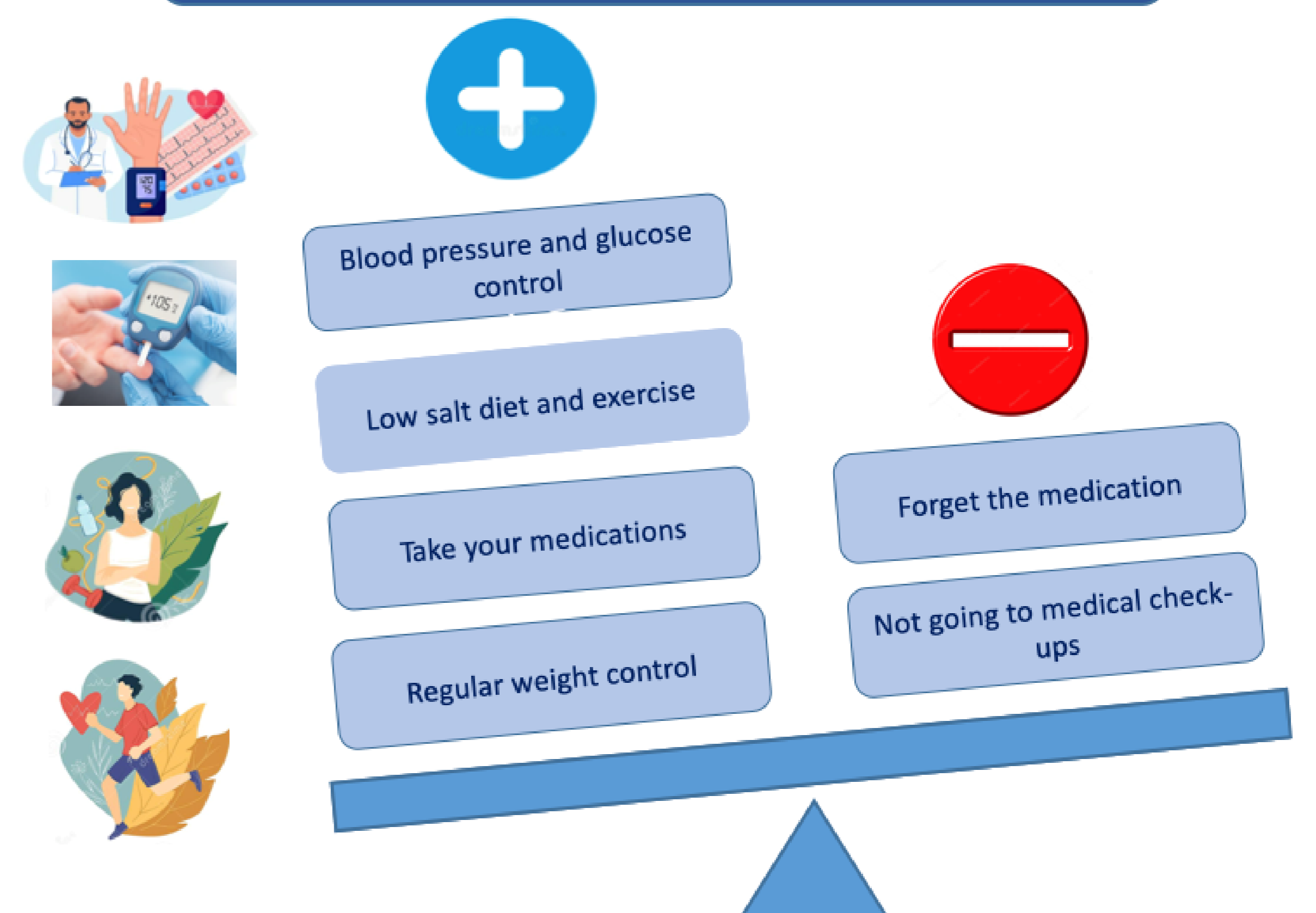
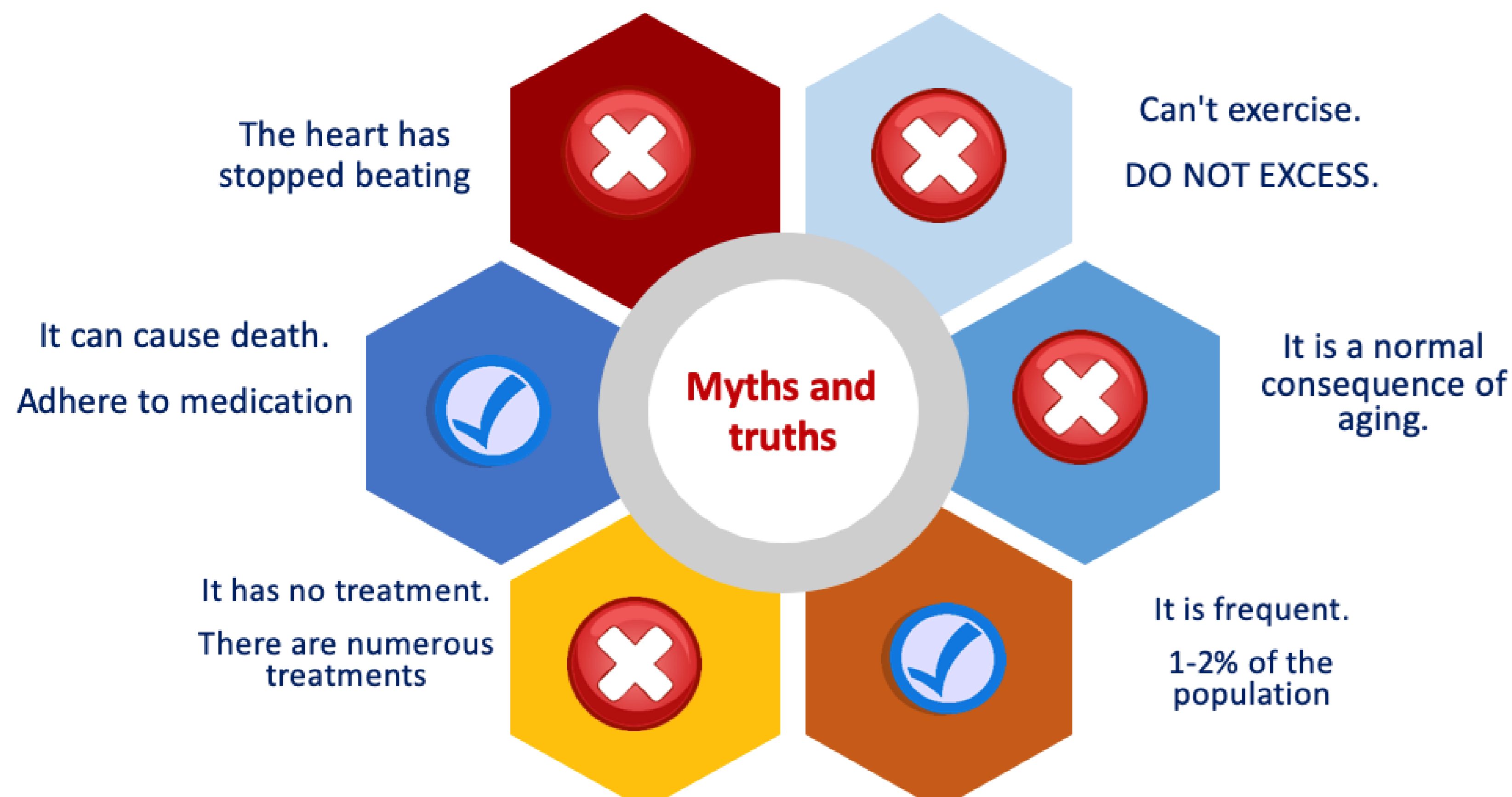
## Warning signs



## ¿What are the causes?

Coronary artery disease	Arterial hypertension	Heart attack	Valvular disease	Congenital heart defect
Arrhythmias	Myocardial diseases	Diabetes	Obesity	Alcohol and drug abuse

## Recommendations for patients with Heart Failure



#HeartFailureAwarenessDays