

## Report:

# National CVD Prevention Coordinators Meeting

EuroPrevent 2018  
Ljubljana, Slovenia

**Friday 20 April 2018**



# Agenda

**“Big differences in the state of Cardiac Rehabilitation from country to country:**

## **Focus on Cardiac Rehabilitation”**

- **Welcome** **A Hoes**
- **Outcome of CR overview in Europe questionnaire** **A Abreu**
- **Report on the CR course in Ukraine: opportunities for National Coordinators** **A Abreu / J Perk**
- **Presentations on CR projects in different countries** **by National Coordinators (5minutes each)\***

\* Countries: Ireland, United Kingdom, Sweden, Germany

# Participants

## Chairs & Speakers:

- Arno Hoes, Prevention Implementation Committee (PIC) Chair
- Joep Perk, Prevention Implementation Committee (PIC) Deputy-Chair
- Ana Abreu, Cardiac Rehabilitation Section Chair and National Coordinator for Portugal

## 18 National Coordinators and Representatives from 17 different countries:



- Bulgaria
- Finland
- France
- Georgia
- Germany
- Hungary
- Ireland
- Italy
- Morocco
- Netherlands
- Norway
- Portugal
- Romania
- Sweden
- Turkey
- UK
- Ukraine

## Other Representatives:

- Susanne Logstrup, Director EHN and Sofia Marcha, EHN
- Ines Frederix and Dominique Hansen, Cardiac Rehabilitation Section Representatives

# Overview of Cardiac Rehabilitation (OCRE) in ESC member countries

Presentation by Ana Abreu ([view slides](#), kindly prepared by Dr. Jorge A.Ruivo, Portugal)

**Aim:** to advance the knowledge about European national cardiac rehabilitation (CR) settings and harmonise data arising from the published EAPC Country of the Month reports

**Objectives:**

- to broadly compare the national CR phase II services
- to reveal contrasting strategies
- to describe features unique to certain countries

**Outcome of the OCRE questionnaire:**

**Online survey circulated to:**

- 54 ESC Member countries
- 31 valid survey answers
- 57% participation rate

**Your help needed!**

- The questionnaire is still open, please fill in your data: [Link to questionnaire](#)



# Overview of Cardiac Rehabilitation (OCRE) in ESC member countries

**Updated version 2.0:**

## New!

- Maps highlighting differences between countries by topics
- Intuitive tables and graphics for better comparison

## Example:

Length of CR:

The outpatient programme duration varies between countries

## Next steps:

The updated version 2.0 should be available on the “Prevention in your Country” section before the ESC Congress in Munich.



# Report on the CR course in Ukraine

Presentation by Ana Abreu / Joep Perk ([view slides](#))

“From the EuroPrevent Career Café to a new training course in Ukraine”



Background:

- Hryhoriy Kyyak attended the Career Café at EuroPrevent and the CR training course in Bern which motivated him to organise and host a CR training course in his country

The course, endorsed by EAPC:

- Organised in collaboration with the Ukrainian Association of Cardiologists, the School of Rehabilitation of the Ukrainian Catholic University and with support from the Zahoriy Family Fund
- Course directors: Hugo Saner and Joep Perk
- EAPC faculty members: Ana Abreu, Marco Ambrosetti, Dominique Hansen, Pedro Marques-Vidal

The 2 days course was very successfully delivered with:

- 258 participants and 15 faculty members!
- 40 state of the art lectures, patient cases and practical demonstrations

**Possible opportunities for National Coordinators:**

A Hoes informed about discussions to organise workshops with country representatives of different specialties (“train the trainers” approach) who could then organize CR courses based on the acquainted knowledge in their countries. National Coordinators are going to be contacted if the organisation of such workshops is confirmed.

# Presentations on CR projects in different countries

4 National Coordinators presented CR in their countries:

## **Germany: Cardiac Rehabilitation in Germany**

- By Helmut Gohlke
- [View the presentation](#)

## **Ireland: Cardiac Rehabilitation in Ireland**

- By Siobhan Jennings
- [View the presentation](#)

## **Sweden: Swedish Cardiac Rehabilitation programmes**

- By Anna Kiessling
- [View the presentation](#)

## **UK: “Top 10 things you should know about CVD prevention & rehabilitation programmes in the UK”**

- By Joe Mills
- [View the presentation](#)

# Closing remarks

A Hoes closed the meeting:

✓ by highlighting:

## **The vital role of National Coordinators:**

- Keeping the “Country of the Month reports” updated
- send us your updates!
- Completing the maps on CR
- Fill in the [OCRE questionnaire](#) if not already done so!

✓ by informing:

## **Soon: Nomination of 2 National Coordinator (NC) Representatives in the Prevention Implementation Committee (PIC)**

- Background & Objective:
  - In 2012 two NC representatives were elected: Yaakov Henkin (Israel) and Helmut Gohlke (Germany)
  - To enhance the cooperation with all NCs and strengthen the effectiveness of the committee
  - With the renewal of the NCs in 2017, new representatives within the PIC to be nominated
- All NCs will receive a “call for volunteers” by email very soon



# Resources

## Presentations:

Germany: [View the presentation](#)

Ireland: [View the presentation](#)

Sweden: [View the presentation](#)

UK: [View the presentation](#)

## Links:

- [Overview of Cardiac Rehabilitation \(OCRE\)](#)
- [OCRE questionnaire](#)