

## Report:

# National CVD Prevention Coordinators Meeting

ESC Congress Barcelona 2017 - Spain

**Monday 28 August 2017**

# Agenda



**EAPC**  
European Association  
of Preventive Cardiology

## Chairs:

- Prof. Arno Hoes, EAPC Prevention Implementation Committee Chair
- Prof. Joep Perk, EAPC Prevention Implementation Committee Deputy-Chair

## 1) Welcome address and introduction

- Introduction of new national coordinators
- Sharing of experience of leaving national coordinators
- Hand-over of certificates to leaving national coordinators

## 2) “The overview initiative”

Topic: Cardiac Rehabilitation topic – speaker: Prof. Ana Abreu

- Presentation followed by small group discussions
- Open discussion

Topic: Prevention activities – speaker: Prof. Joep Perk

- Short information

## 3) “Prevention Pictures” in your country

- Interesting prevention activities in your country? It’s the moment to share!

**Closing remarks:** Prof. Arno Hoes and Prof. Joep Perk

# Participants

## Chairs:

- Arno Hoes, Prevention Implementation Committee (PIC) Chair
- Joep Perk, Prevention Implementation Committee (PIC) Deputy-Chair

## 27 National Coordinators (“old” and “new”) from 23 different countries:

- |                  |                            |
|------------------|----------------------------|
| ➤ Cyprus         | ➤ Montenegro               |
| ➤ Czech Republic | ➤ Morocco                  |
| ➤ Estonia        | ➤ Norway                   |
| ➤ Finland        | ➤ Poland                   |
| ➤ France         | ➤ Portugal                 |
| ➤ Iceland        | ➤ Romania                  |
| ➤ Ireland        | ➤ San Marino (Republic of) |
| ➤ Israel         | ➤ Slovenia                 |
| ➤ Italy          | ➤ Spain                    |
| ➤ Kosovo         | ➤ Sweden                   |
| ➤ Lithuania      | ➤ Turkey                   |
| ➤ Malta          |                            |

# Welcome and introduction

## Introduction to the new National CVD Prevention Coordinators (NCPCs) :

- Expectations:
  - Attending NCPC meetings and workshops whenever possible
  - Responding to emails
  - Creating a national team / network (GPs, nurses, young community, politicians etc)

## Sharing of experience of leaving national coordinators, example:

- Professor Yaakov Henkin reported on his personal experience as
  - NCPC for Israel and NCPC representative in the Prevention Implementation Committee
  - [View the presentation](#)

## Hand-over of certificates to leaving national coordinators

# “The overview initiative”

## Overview of Preventive Cardiology in Europe:

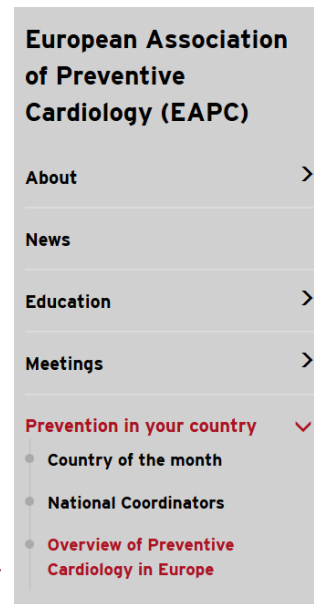
- Available at the [“Prevention in your country”](#) web section
- Based on reports by National Coordinators from 28 ESC member countries
- Information summarised to facilitate comparison between countries
- Two topics: Cardiac Rehabilitation (available) and Prevention (coming soon)

### Cardiac Rehabilitation:

- Highlights and comparisons of phase II programmes
- View the presentation by Prof. A Abreu:  
[“Overview of Cardiac Rehabilitation \(OCRE\) in ESC member countries”](#)

### Your help needed!

- to fill in the gaps and to harmonise the data
- [Fill in the questionnaire!](#)



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of Preventive  
Cardiology (EAPC)**

- About >
- News
- Education >
- Meetings >
- Prevention in your country** ✓
  - Country of the month
  - National Coordinators
  - **Overview of Preventive Cardiology in Europe**

A red arrow points from the text 'Fill in the questionnaire!' to the 'Overview of Preventive Cardiology in Europe' item in the menu.

# “The overview initiative”

## What's next?

### Cardiac Rehabilitation topic:

- Update existing version with collected data from questionnaire
- Timeline: new version ready for EuroPrevent 2018

### Prevention topic:

- Finalisation of the first version
- Timeline: launch at EuroPrevent 2018

# “Prevention Pictures”

Interesting prevention activities in your country? It was the moment to share!



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## **Morocco: 3 Actions!**

- Professor M Alami, NCPC for Morocco, presented three prevention actions in his country:
  - Screening Education Centres
  - Reduction of salt in bread
  - The Rehab Project: Creation of the first CR Centre
- [View the presentation](#)

## **Ireland: The Mobile Health Unit (MHU)**

- Dr A Brown, NCPC for Ireland, presented the Community Presence Project: Mobile Health Unit
  - Raise awareness about high blood pressure and risk factors for heart attack and stroke
  - Identify high blood pressure and provide 1-1 lifestyle advice and advise to GP
  - Reach the hard to reach groups in rural and disadvantaged areas
  - Build relationships with key stakeholders
  - Raise public profile of MHU & Irish Heart
- [View the presentation](#)



# Conclusion

**Big differences in the state of Cardiac Rehabilitation from country to country:**

At next National Coordinators workshop at [EuroPrevent in Ljubljana](#) (19-21 April 2018):

## **Focus on Cardiac Rehabilitation**

- Presentations on Cardiac Rehabilitation projects, priorities and plans in different countries
- How can countries learn from each other



# Resources

## Presentations:

- [Personal experience NCPC Israel and NCPC Rep PIC](#), Prof. Y Henkin
- [Introduction: Overview of Cardiac Rehabilitation \(OCRE\)](#), Prof. A Abreu
- [3 Prevention Actions - Morocco](#), Professor M Alami
- [Mobile Health Unit - Ireland](#), Dr A Brown

## Links:

- [Overview of Cardiac Rehabilitation \(OCRE\)](#)
- [OCRE questionnaire](#)
- [EuroPrevent in Ljubljana](#)