

Curriculum Vitae

Shigeru MAKITA

MD,PhD, Professor, Psychiatrist, President of the Japanese Association of Cardiac Rehabilitation (JACR)

Dept. Cardiac Rehabilitation, Saitama Medical University
International Medical Center, Japan



Shigeru Makita
President of JACR

Short CV

Current activities

- Teaching and administrative duties, Saitama Medical University
- Daily medical consultation and treatment for out-and in-patients in International Medical Center
- President of Japanese Association of Cardiac Rehabilitation
- Director of Japanese Society of Clinical Sports Medicine
- Delegate of Japanese Society of Rehabilitation Medicine
- Councilor of Japanese Heart Failure Society
- Medical committee member of Japan Rowing Association
- Member of German Society for Sports Medicine and Prevention

Degree of Qualification

1983 M.D. Niigata University, Faculty of Medicine
1989 Sports Doctor of Japanese Olympic Committee
2003 Final examination in rehabilitation medicine, Psychiatrist
2010 Professor of Saitama Medical University

Research

1987-1989 German Sports University, Institute for cardiology and sports medicine (Univ.-Prof.Dr.med.Dr.h.c.W.Hollman) in Cologne, Germany
1995-1996 German Sports University, Institute for cardiology and sports medicine (Prof.Dr.med.R.Rost) in Cologne, Germany

Research Area

Cardiac rehabilitation, Cancer rehabilitation, Exercise physiology, Sports medicine

Current Publications

1. S.Arakawa, T.Watanabe, S.Makita et al : The factors that affect exercise therapy for patients with type2 diabetes in Japan; a nationwide survey; *Diabetology Int* 6: 19-25,2015
2. H.Izawa, T.Yoshida, S.Makita et al: Standard cardiac rehabilitation program for heart failure. *Circ J* 2019; 83: 2394-2398
3. H.Origuchi, H.Itoh, S. Makita et al: Active participation in outpatient cardiac rehabilitation is associated with better prognosis after coronary artery bypass graft surgery — J-REHAB CABG Study —. *Cir J* 2020;84:427-435