Mechanical complications of MI

Smitha Anilkumar Echo Lab HH, HMC

No disclosures

- Electrical Complications
- Mechanical Complications
- □ Heart failure
- Pericarditis
- □ Post infarction angina or Reinfarction

- ➤ The major mechanical complications after acute myocardial infarction (AMI) include;
 - Rupture of the left ventricular free wall,
 - Acute severe MR
 - papillary muscle displacement
 - papillary muscle rupture
 - Ventricular septal rupture.
 - Pseudo aneurysm formation
 - RV infarction
 - Dynamic LV outflow obstruction
 - LV thrombus

Primary percutaneous coronary intervention has significantly reduced major mechanical complications since its introduction as a treatment strategy in AMI.

□ Echocardiography with color-flow Doppler is the investigation of choice in the diagnosis and differentiation of the conditions.

Most common least recognized complication:

- ✓ < 1% to 6.2% patients with acute MI
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- ✓ Accounts for 14 to 26% of Infarct related mortality
- √ 7% in hospital deaths

Time Course:

- ✓ First 5 days post MI in 50%
- √ 90% occur within 2 weeks

Mid ventricle and lateral wall are most common sites

May affect any wall

- ✓ Can involve RV
- ✓ Atria may be affected rarely

Adjacent to junction of normal with infarcted tissue

Presentation

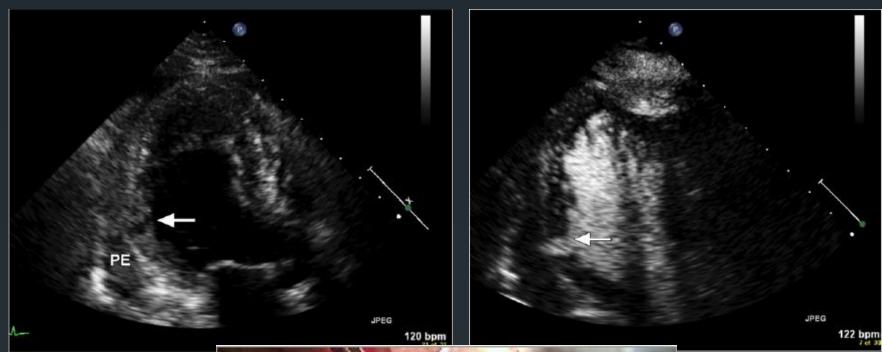
- > Acute free wall rupture
 - ✓ Rapid PEA /death
- Sub acute free wall rupture 30%
 - ✓ Slow ooze with warning signs and symptoms

Clinical signs:

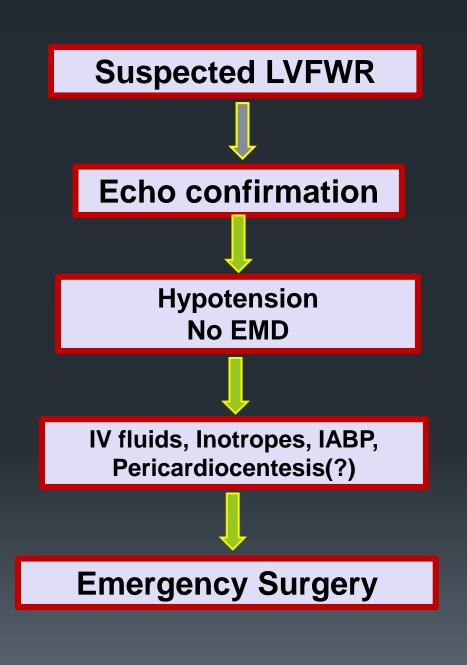
- ✓ Pericarditis , emesis and agitation
- ✓ Recurrent chest pain
- ✓ Transient hypotension and bradycardia
- ✓ Deviation from expected T-wave evolution

Echocardiographic features include;

- ✓ Pericardial effusion in end –diastole > 5mm
- √ High density intrapericardial echoes (thrombus)
- √RV/RA compression (Tamponade)
- ✓ Direct 2D identification of tear is unusual
 - Contrast may be helpful





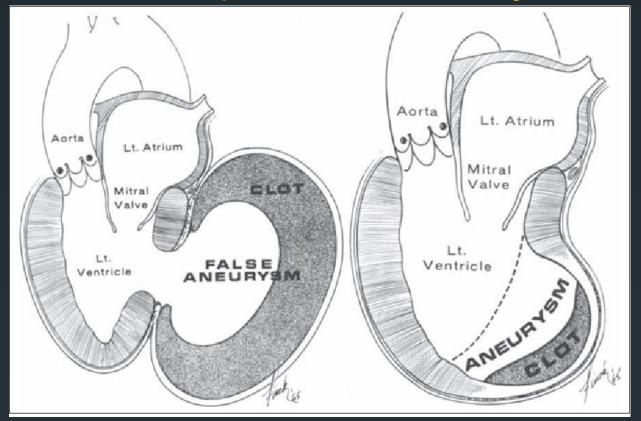


LV pseudo aneurysm

- □ Incomplete rupture
 - ✓ Sealed by pericardium and hematoma
 - ✓ Lacks elements of myocardial wall
- □ Echo- lucent space external to LV
- □ Narrow neck
 - ✓ Ratio of the diameter of the entry point to the maximal diameter is <40 -50%
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- ☐ May contain thrombus
- □ Characteristic Doppler Profile
 - ✓ Bidirectional ("to- and –fro") flow pattern

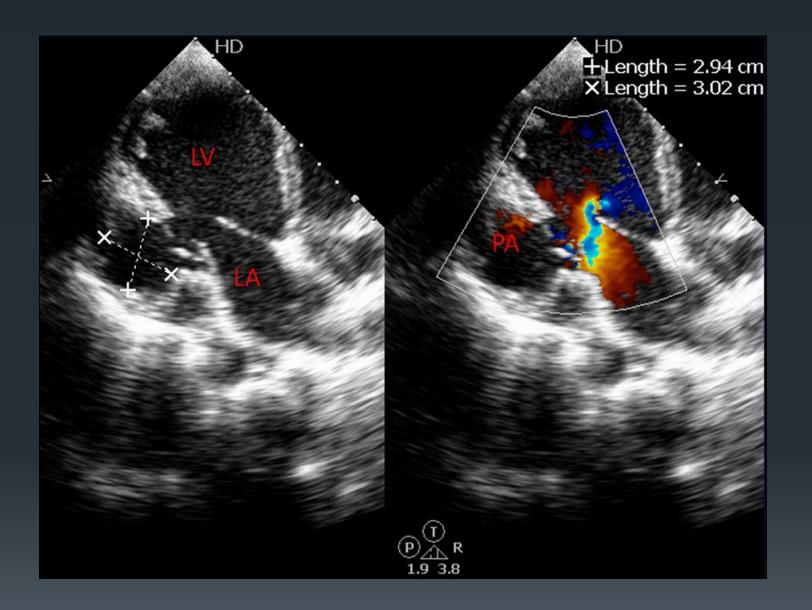
Pseudo-aneurysms

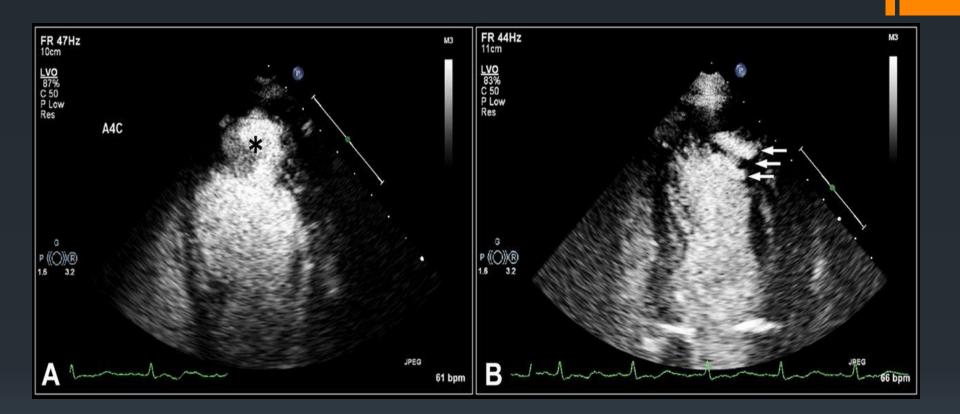
Aneurysms

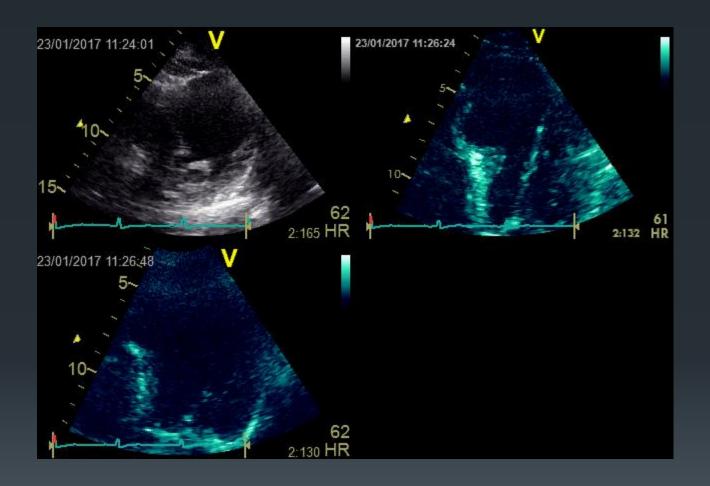


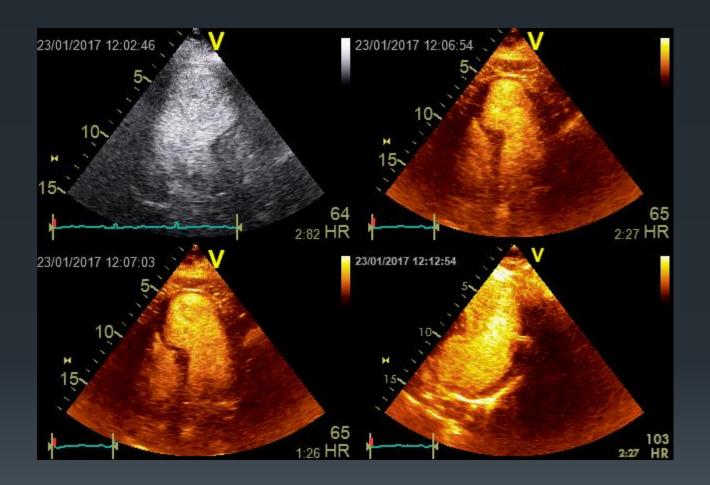
- Narrow base
- Walls composed of pericardium and thrombus
- > High risk of rupture

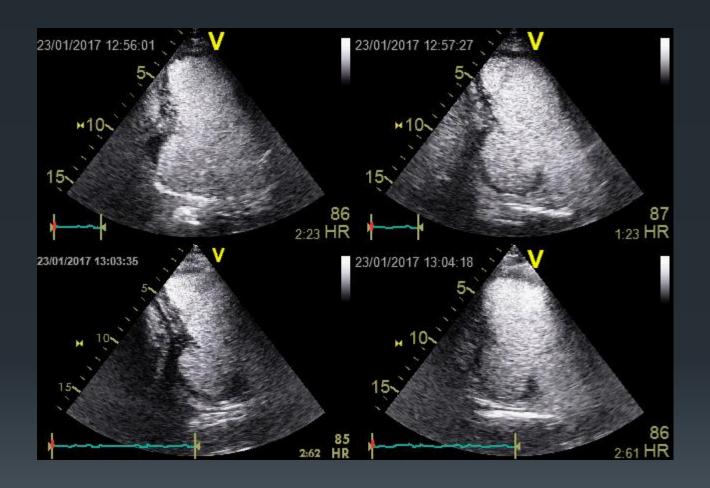
- Wide base
- Walls composed of myocardium
- Low risk of rupture







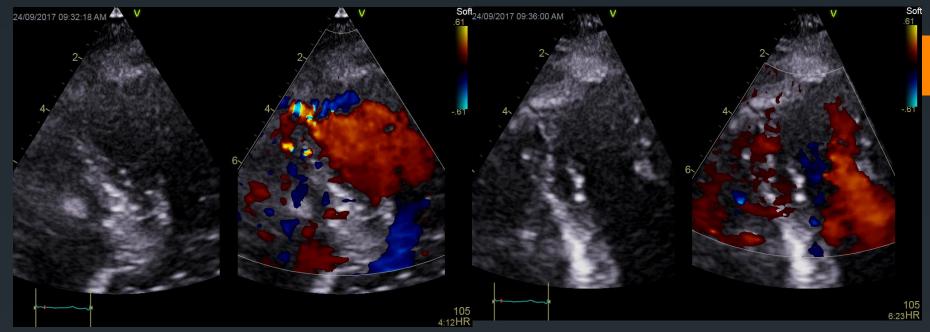


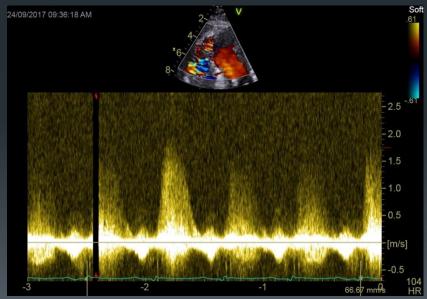


	Aneurysms	Pseudo-aneurysms
Location	3% posterior	Posterior or inferior
Echocardiography		
Anatomy	Thinned myocardium	Ruptures
Contractility	Non contractile	Dyskinesia
Consequences/Complica tions	Congestive heart failure Embolic events Ventricular arrhythmias	Congestive heart failure Embolic events Ventricular arrhythmias
Therapy	Medical or Surgical therapy	Surgery
Surgical risk	Dubious	Lower than medical therapy

Ventricular septal rupture

- ☐ Occurs in 0.2 to 1% patients with MI
 - Bimodal distribution 24 hrs. and days 3-5
- □ Any portions of the septum may be involved margin between necrotic and non necrotic myocardium
- □ Anterior VSR s tend to located distally with defects that perform the septum at the same level "simple"
- ☐ Inferior VSRs located more toward the base and follows a serpingenious course "complex"





Ventricular septal rupture

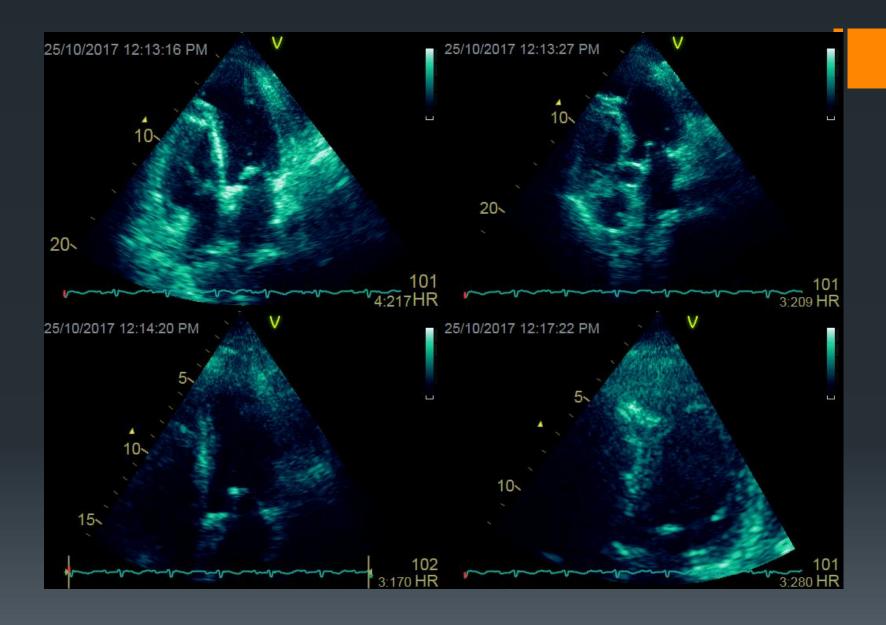
Presentation

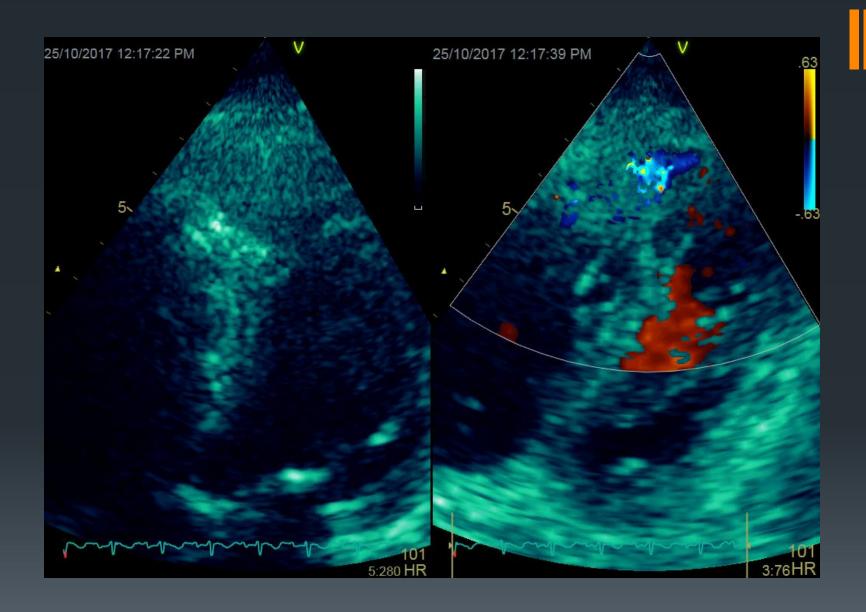
- ✓ Holosystolic murmur (often loud)
- ✓ Thrill
- √ Heart failure

Ventricular septal rupture

Treatment

- □ Medical Therapy
 - ✓ Diuretics
 - ✓ Inotropes
 - √ Vasodilators
 - ✓ IABP
 - □ Surgery
 - ☐ Percutaneous Closure





Papillary Muscle Rupture

- ☐ Least common mechanical complication
 - Pathology
 - ✓ Complete
 - ✓ Partial muscle heads/tips
- ☐ Posteromedial papillary muscle more often involved (single blood supply)
- Often occurs with relatively small infarcts (poor collaterals)

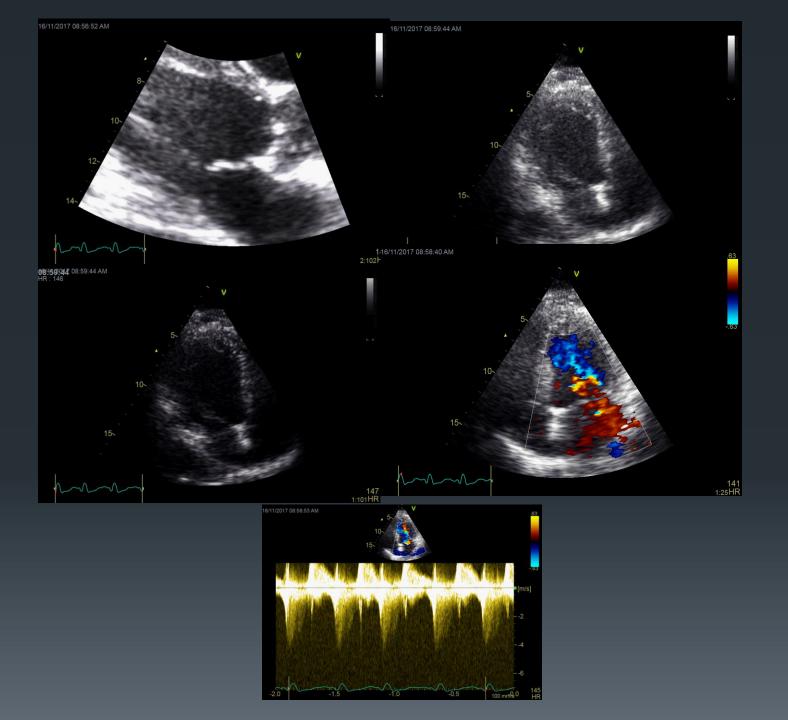
Papillary Muscle Rupture

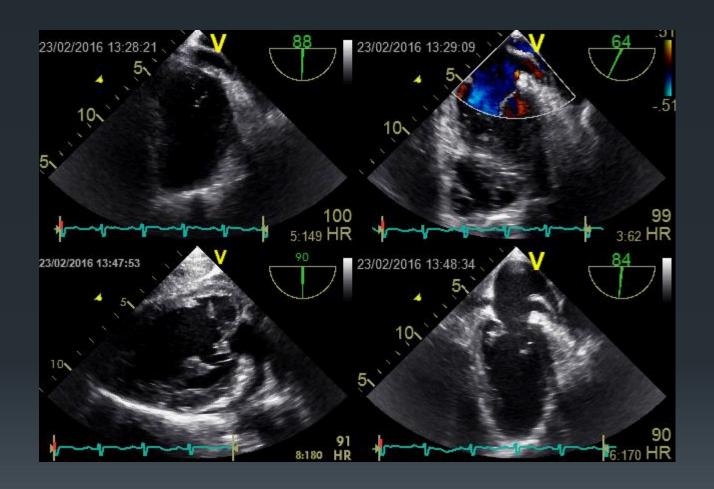
- Presentation
 - √ 1 to 7 days after MI
 - ✓ Heart failure
 - ✓ Shock
 - ✓ MR murmur
 - may be soft/indistinct
 - often no thrill present

Papillary Muscle Rupture

Echocardiographic features

- ☐ Flail mitral leaflet with systolic cusp prolapse to LA
- Mobile echogenic mass attached to the chordae tendinae and to the mitral valve
- ☐ No prolapse of papillary head to LA is observed in 35%
- ☐ Abnormal cutoff of one papillary muscle
- ☐ Severe MR
 - Color -flow disturbance area can be small
 - Cut-off sign in CW spectral profile
- ☐ Hyper dynamic LV function





Acute Mitral Regurgitation

Treatment

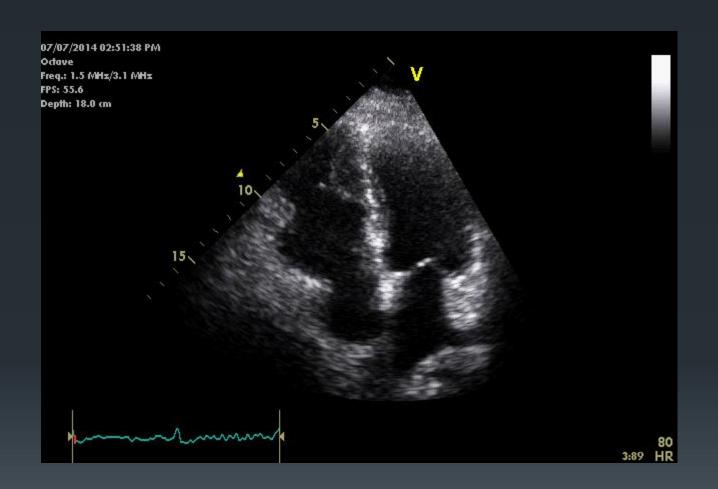
- Medical therapy
 - ✓ Inotrophic support
 - ✓ Diuretics
 - ✓ Afterload reduction
 - ☐ IABP
 - Surgery

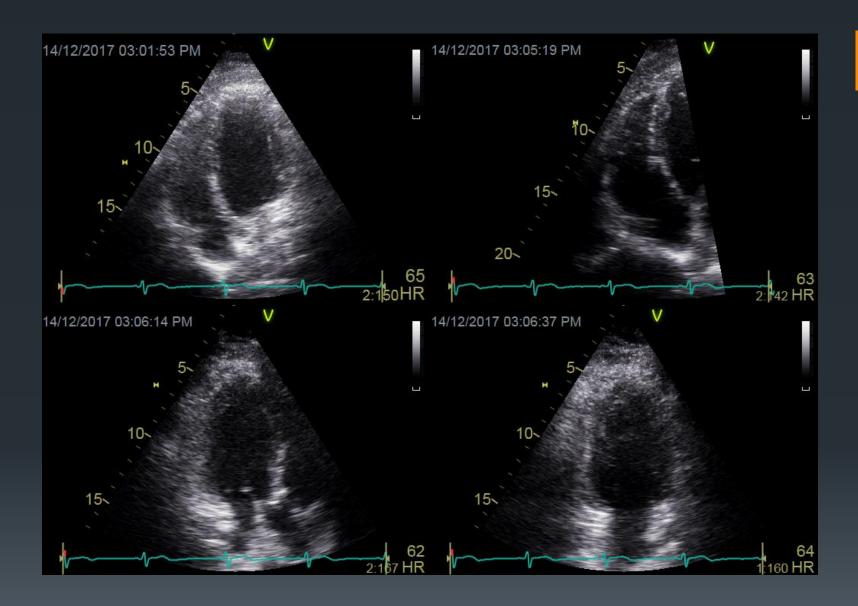
Right ventricular MI

- ☐ Common association with inferior MI
 - ✓ RV apical segments may be involved in LAD occlus
 - ✓ ST segment elevation in V1and or V4R- V6R
 - ✓ Mortality high vs inferior MI
 - Clinical presentation
 - ✓ Hypotension (preload sensitive)
 - ✓ Clear lung fields
 - ✓ Increased JVP (Kussumaul sign may be present)
 - ✓ Lack of pulmonary congestion
 - Hypoxemia
 - ✓ Right to left shunting via PFO

Echocardiographic features

- ✓ Focal RV wall motion abnormalities McConnell's sign
- ✓ Paradoxical septal motion due to acute volume overload
- ✓ Dilation of RV (RA)
- √ Small LV
- ✓ Bowing of interatrial septum from right to left
- ✓ RV thrombus
- ✓ Tricuspid regurgitation
- ✓ TAPSE and RVS' reduced
- ✓ IVC plethora
- ✓ Right to left shunting via PFO

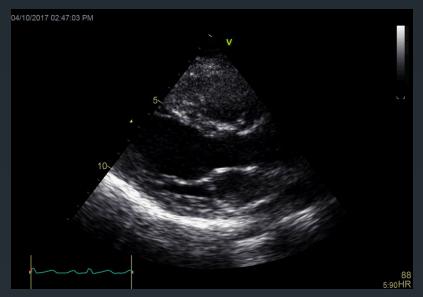


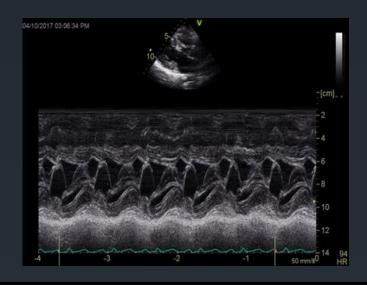


Dynamic LV outflow obstruction

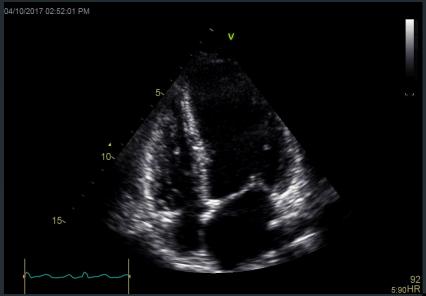
☐ In setting of apical infarction sparing the base

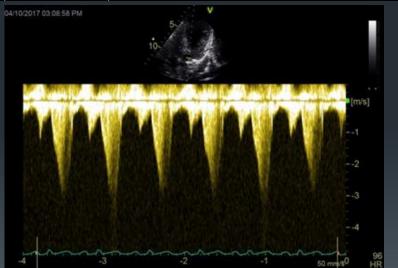
- ☐ Basal hyper kinesis
- ✓ Systolic anterior motion of mitral leaflet
- Dynamic LVOT obstruction
- ✓ Hypotension
- ✓ Systolic murmur
- Exacerbation by inotropic agents and IABP











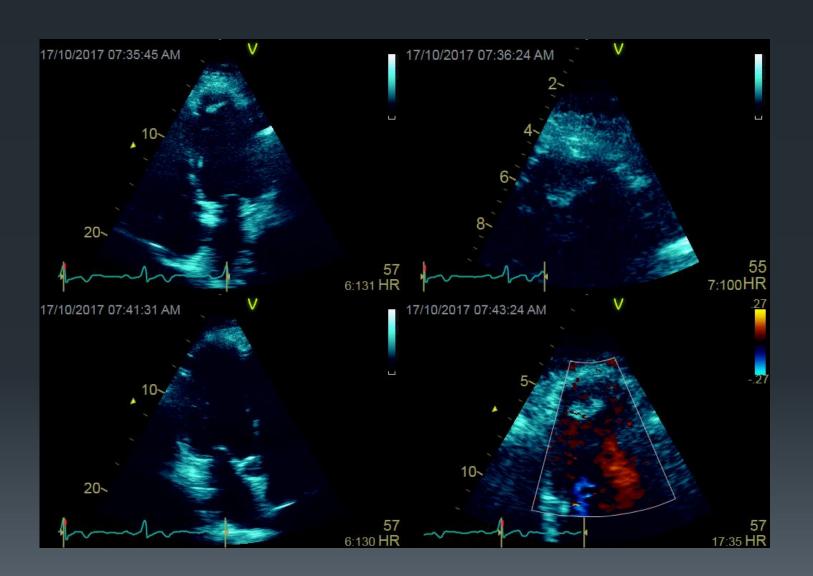


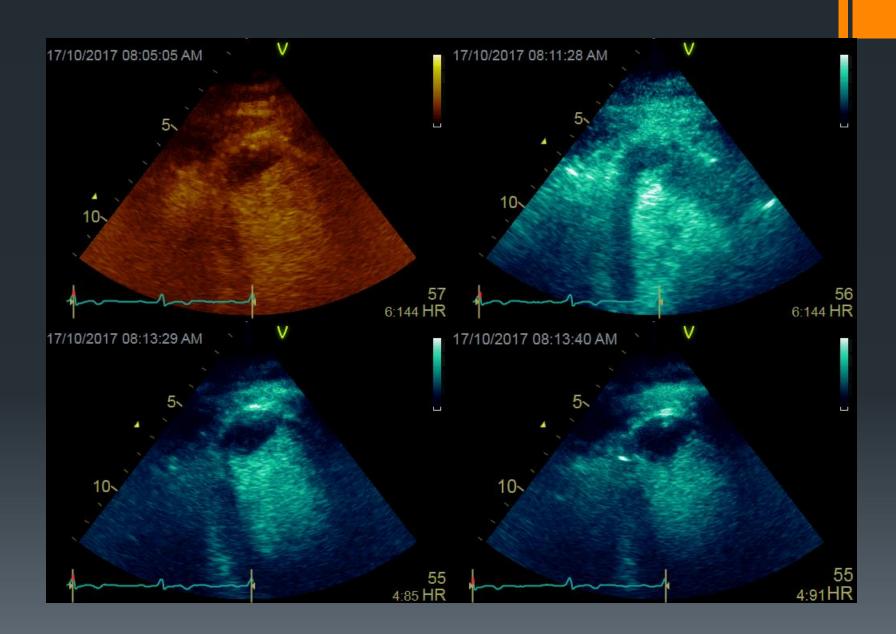
Left ventricular thrombus

- ☐ Anterior wall infarcts
- 20-40% (60% in large anterior-wall AMIs, not treated with anticoagulant therapy)
- □ High risk of systemic embolization (Anticoagulant therapy ↓ rate of embolic events by 33% anticoagulation)
- ☐ Most common presentation is Stroke (within the first 10 days after AMI)

Left ventricular thrombus

- ☐ Transthoracic echocardiography is modality of choice (92% sensitivity, 88% specificity)
- Management heparin treatment followed by oral warfarin therapy for 3-6 months, lifelong anticoagulation if a clot persists.

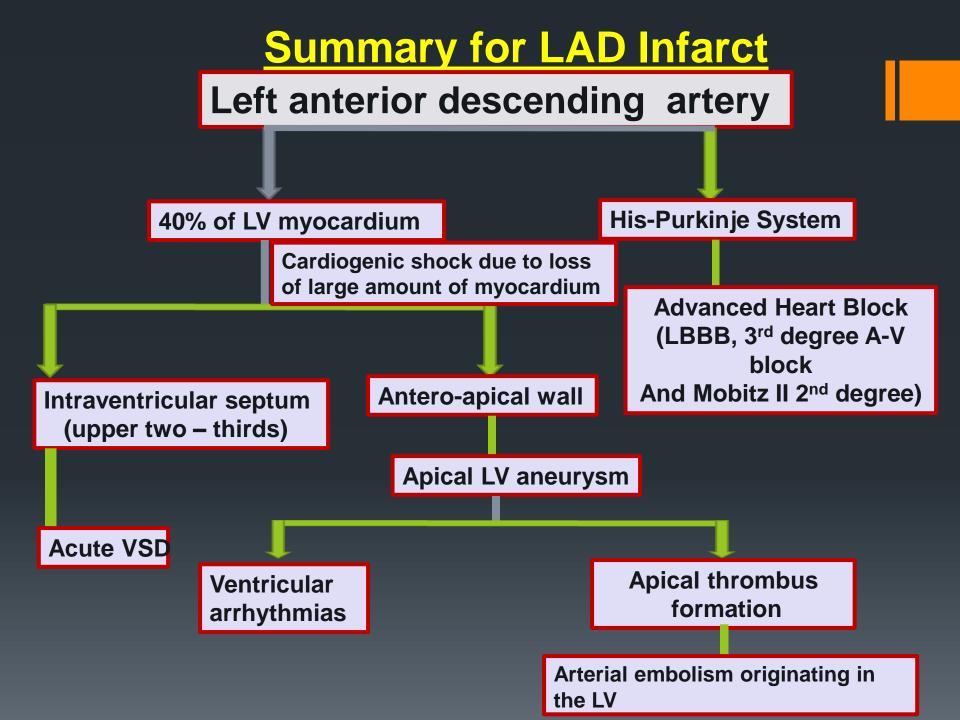




Etiologies , Incidence and Mortality

Causes	Incidence	Mortality
Predominant left ventricular failure	78%	59%
Severe mitral regurgitation	6.9%	55%
Ventricular septal rupture	3.9%	87%
Isolated right ventricular shock	2.8%	55%
Free wall rupture and tamponade	1.4%	55%
Average		60%

^{*}Hochman JS, Buller CE, Sleeper LA, Boland J, Dzavik V, Sanborn TA, et al. Cardiogenic shock complicating acute myocardial infarction-etiologies, management and outcome: a report from the SHOCK Trial Registry. SHould we emergently revascularize Occluded Coronaries for cardiogenic shock. J Am Coll Cardiol 2000;36(3 Suppl A):1063-70.



Summary for RCA (or Circumflex) Infarct

Right coronary artery

RV Infarct

Hypotension due to Decreased LV filling

SA –nodal infarct A-V nodal infarct

Brady arrhythmias

1st degree A-V block

Mobitz 2nd degree

block

A-V dissociation

Posteromedial Papillary muscle infarct

Acute MR with or without papillary muscle rupture)

