

# Key messages: The Heart Team approach

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- Complex cardiovascular scenarios are getting more and more frequent in today's clinical practice.
- Finding the best diagnostic and therapeutic approach with optimal time lines and best possible risk-to-benefit ratio for the individual patient is a challenge.
- A multidisciplinary **Heart Team** approach offers significant benefits to improve treatment and should improve outcome of patient's with complex cardiovascular disease.
- Exchange and communication across traditional department structures is essential to constitute an effective **Heart Team**.
- Cardiologists, cardiac surgeons, imaging specialists, neurologists, pharmacologists, microbiologists, and other (sub-)specialities may join the **Heart Team** – always based on individual case needs and complexities.
- Set up the **Heart Team** at your centre now to improve the quality of care in cardiovascular medicine at your institution!