

L'ESSENTIEL du congrès ESC 2019

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Remerciements:

A Baumbach, D Capodanno, C Lam, E Prescott, S Silber



- Heart failure:

- DAPA HF,EVALUATE HF, PARAGON, GALACTIC.

- Secondary Prevention:

- THEMIS

- Coronary artery disease/Interventional cardiology:

- SYNTAX 10 years, DANAMI 16 years,COMPLETE,ISAR REACT 5,
CLARIFY

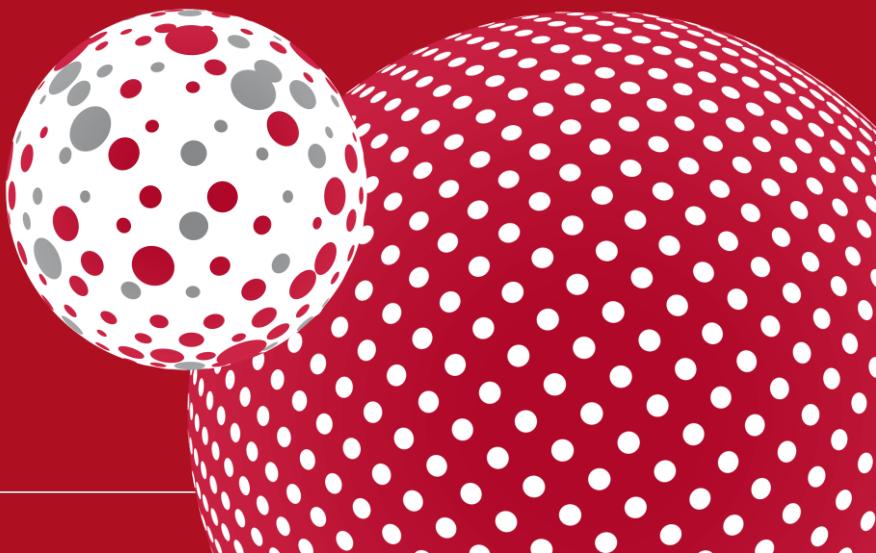


● HEART FAILURE AND CARDIOMYOPATHIES

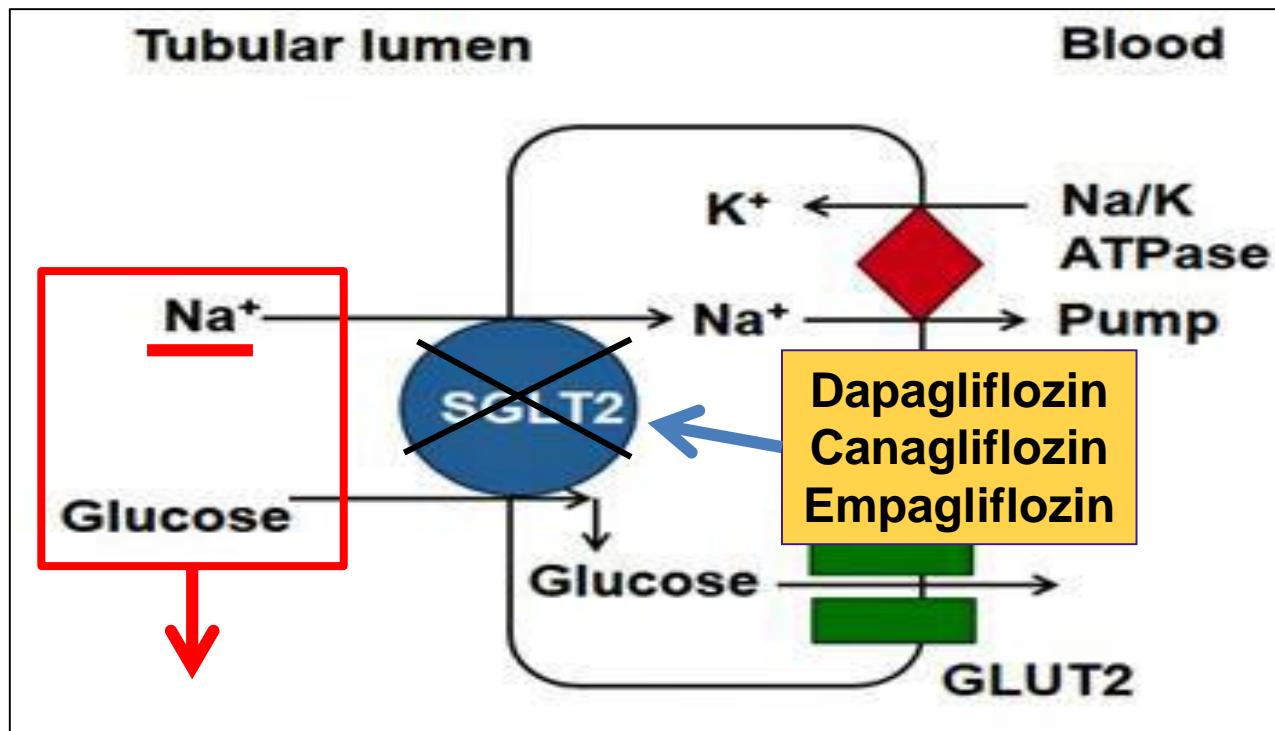
HFrEF

DAPA-HF

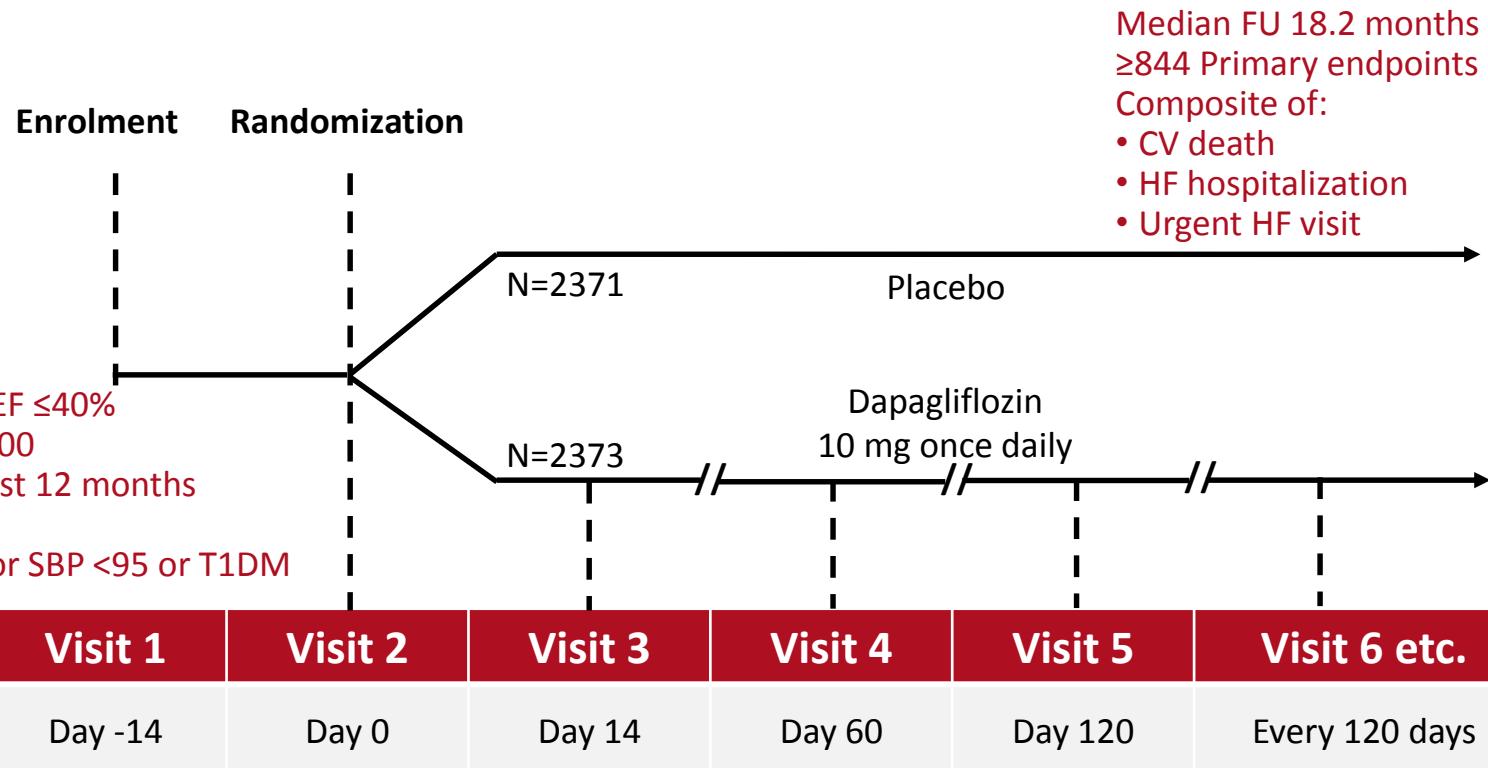
EVALUATE-HF



Sodium Glucose co-transporter inhibitors



Dapagliflozin in patients with HFrEF (DAPA-HF)



Characteristic	Dapagliflozin (n=2373)	Placebo (n=2371)
Mean age (yr)	66	67
Male (%)	76	77
NYHA class II/III/IV (%)	68/31/1	67/32/1
Mean LVEF (%)	31	31
Median NT pro BNP (pg/ml)	1428	1446
Mean systolic BP (mmHg)	122	122
Ischaemic aetiology (%)	55	57
Mean eGFR (ml/min/1.73m ²)	66	66
Prior diagnosis T2D (%)	42	42
Any baseline T2D (%)*	45	45

*includes 82 dapagliflozin and 74 placebo patients with previously undiagnosed diabetes i.e. two HbA1c ≥6.5% (≥48 mmol/mol)



Treatment (%)	Dapagliflozin (n=2373)	Placebo (n=2371)
Diuretic	93	94
ACE-inhibitor/ARB/ARNI ⁺	94	93
ACE inhibitor	56	56
ARB	28	27
Sacubitril/valsartan	11	11
Beta-blocker	96	96
MRA	71	71
ICD*	26	26
CRT**	8	7

*ARNI = angiotensin receptor neprilysin inhibitor

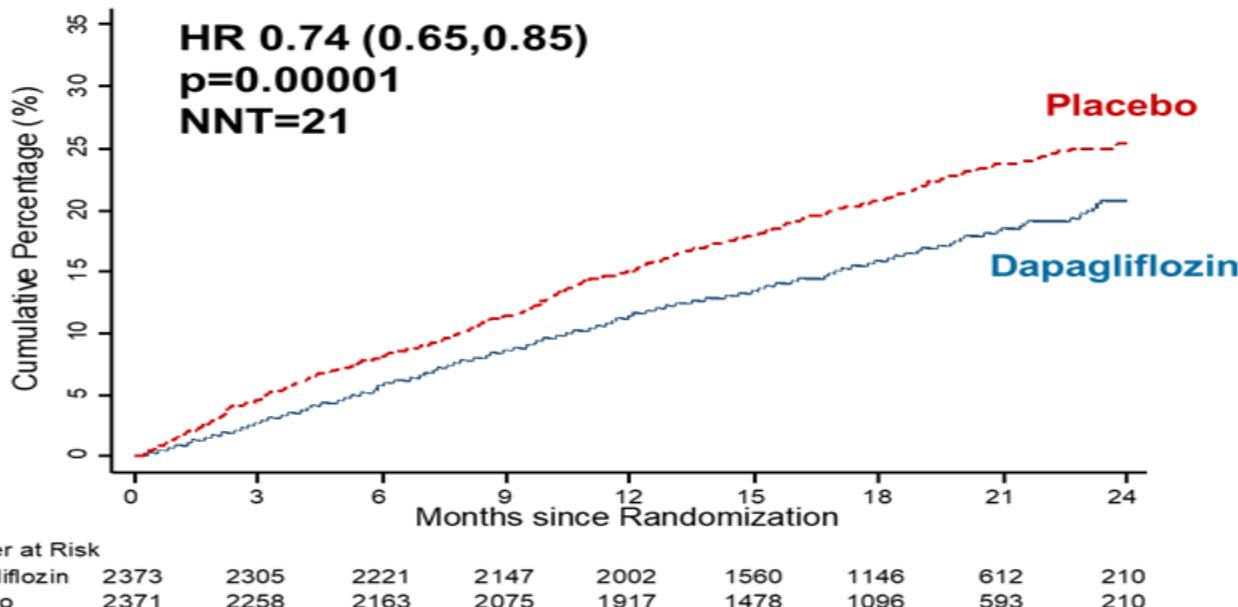
*ICD or CRT-D **CRT-P or CRT-D

For full details see McMurray J JV et al
Eur J Heart Fail. 2019 Jul 15. doi: 10.1002/ejhf.1548



Primary composite outcome

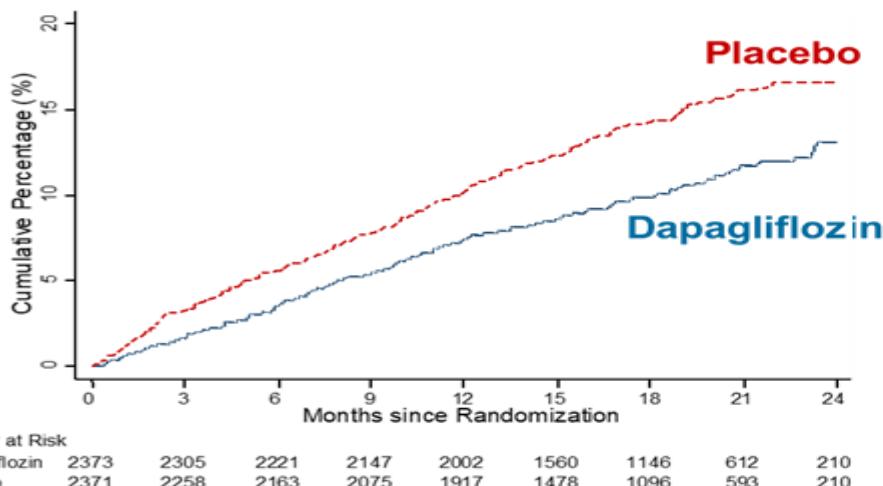
CV Death/HF hospitalization/Urgent HF visit



Components of primary outcome

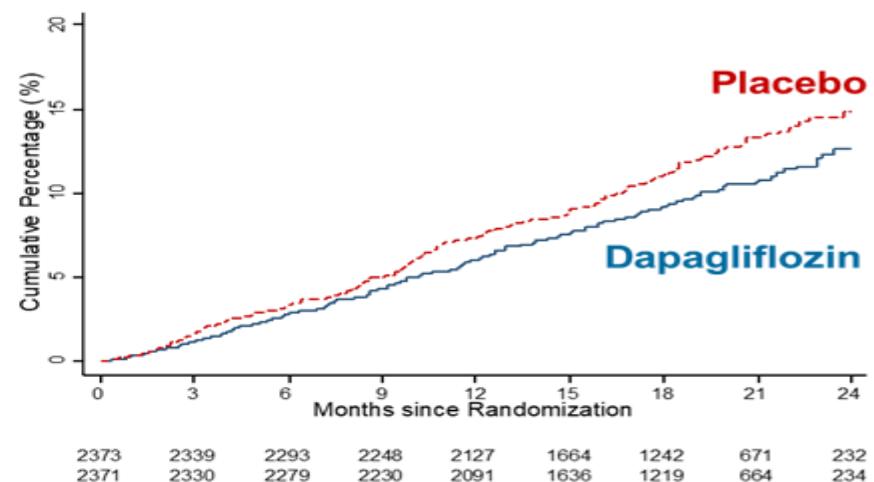
Worsening HF event

HR 0.70 (0.59, 0.83); p=0.00003

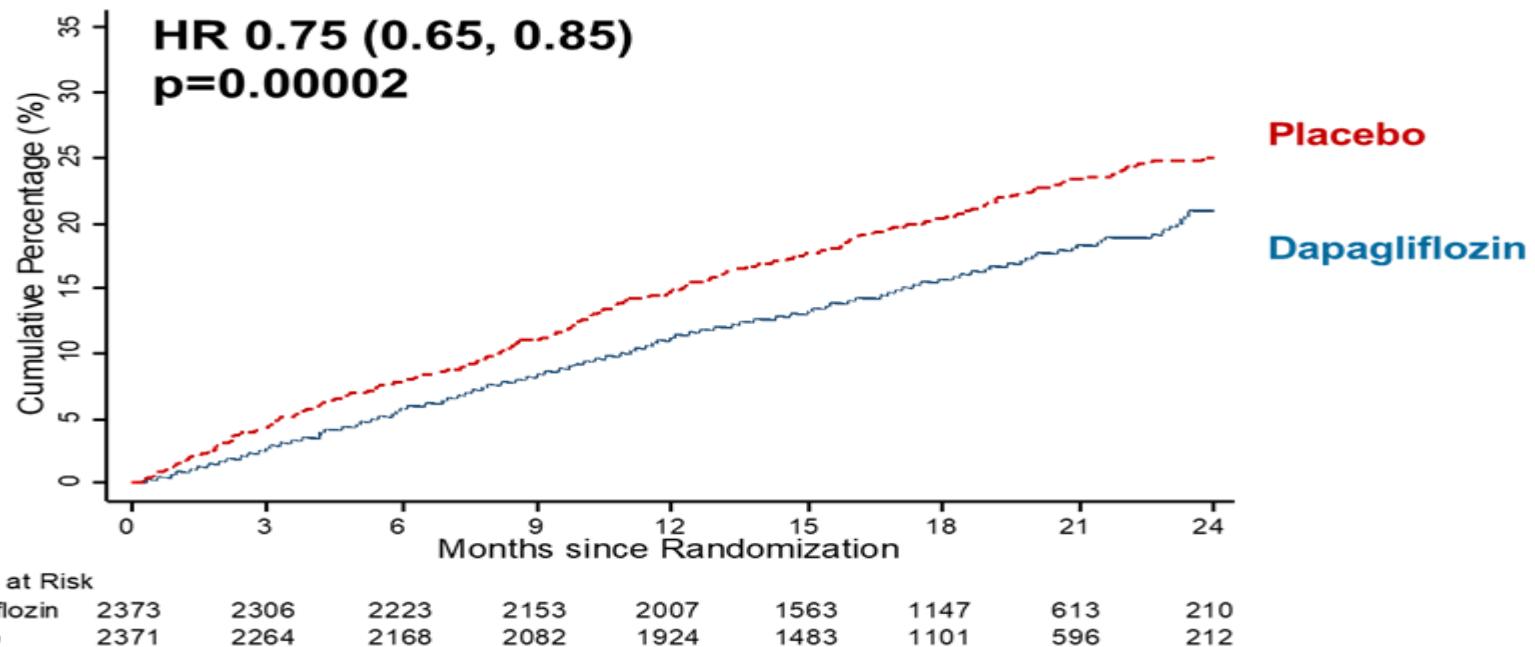


Cardiovascular death

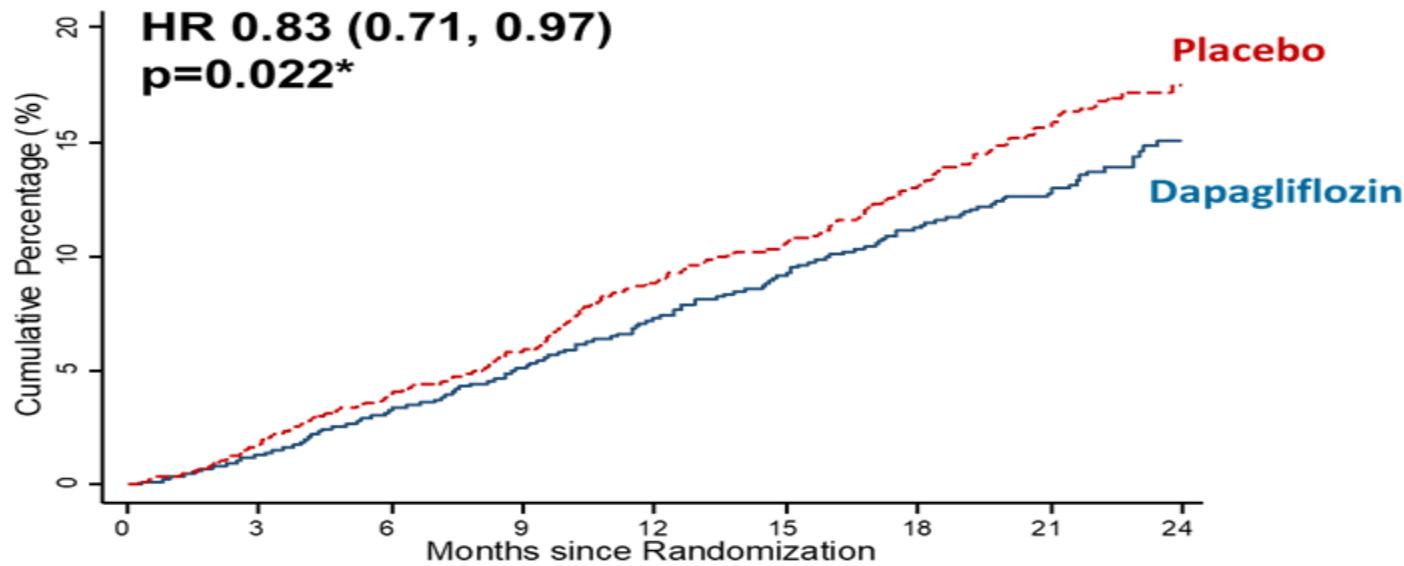
HR 0.82 (0.69, 0.98); p=0.029



CV death or HF hospitalization



All cause death



Number at Risk

Dapagliflozin 2373
Placebo 2371

2342
2330

2296
2279

2251
2231

2130
2092

1666
1638

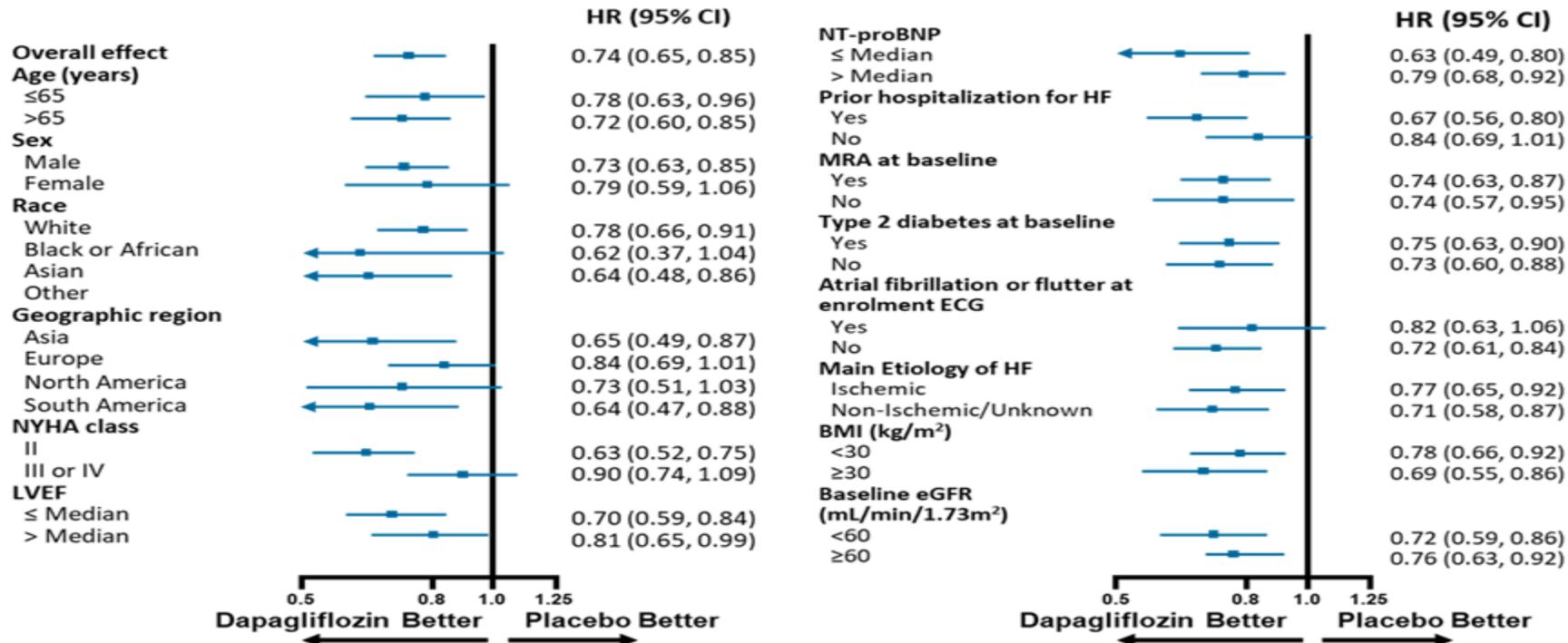
1243
1221

672
665

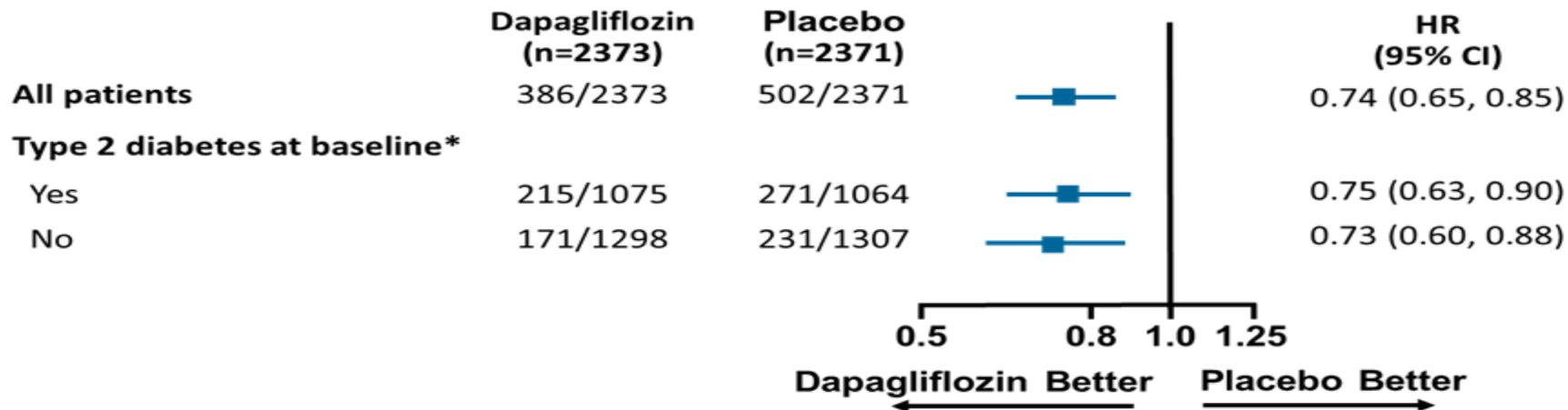
233
235

*Nominal p value

Primary Endpoint: Prespecified Subgroups

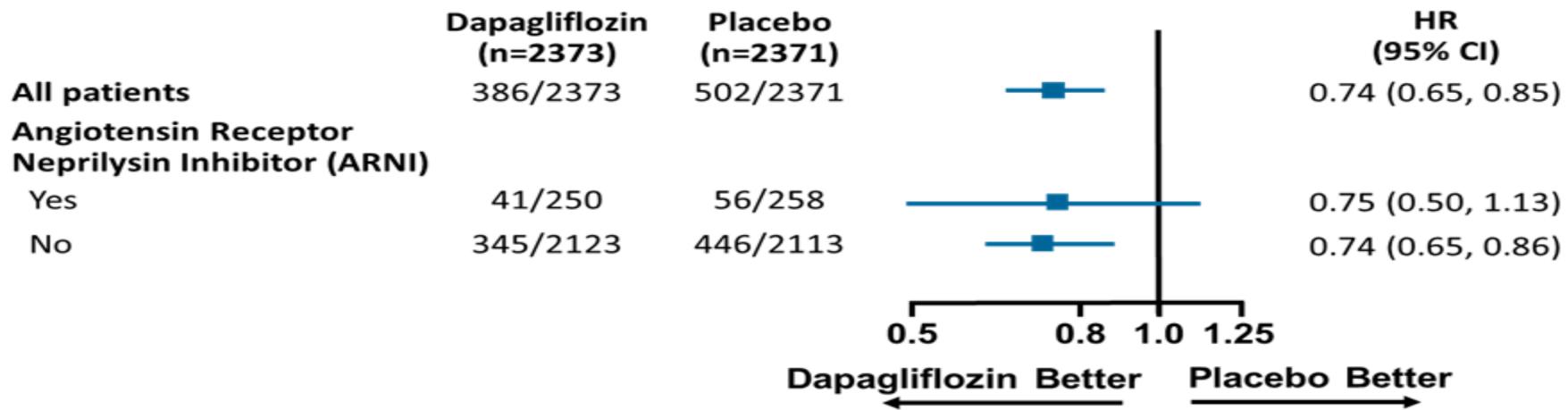


No diabetes / Diabetes subgroup Primary Endpoint



*Defined as history of type 2 diabetes or HbA1c $\geq 6.5\%$ at both enrollment and randomization visits.

ARNI/no ARNI *post hoc* subgroup : Primary Endpoint



Kansas City Cardiomyopathy Questionnaire (KCCQ)

Total Symptom Score (TSS): Change from baseline to 8 months

Treatment	Change
Dapagliflozin	+6.1 ± 18.6
Placebo	+3.3 ± 19.2

Difference
2.8 points (95% CI 1.6, 4.0)
 $p<0.001^*$

Increase in score indicates an improvement

*Calculated from win ratio, incorporating death. Win ratio = 1.18 (CI 1.11, 1.26). Win ratio >1 indicates superiority of dapagliflozin over placebo



Worsening renal function endpoint

Composite of: Sustained* $\geq 50\%$ reduction in eGFR, end-stage renal disease (ESRD) or death from renal causes

Treatment	No. (%)
Dapagliflozin	28 (1.2)
Placebo	39 (1.6)

Hazard ratio (95% CI)
0.71 (0.44, 1.16)
 $p=0.17$

ESRD consisted of sustained eGFR below 15 ml/min/1.73m², sustained dialysis or kidney transplantation

*Sustained = 28 days or more



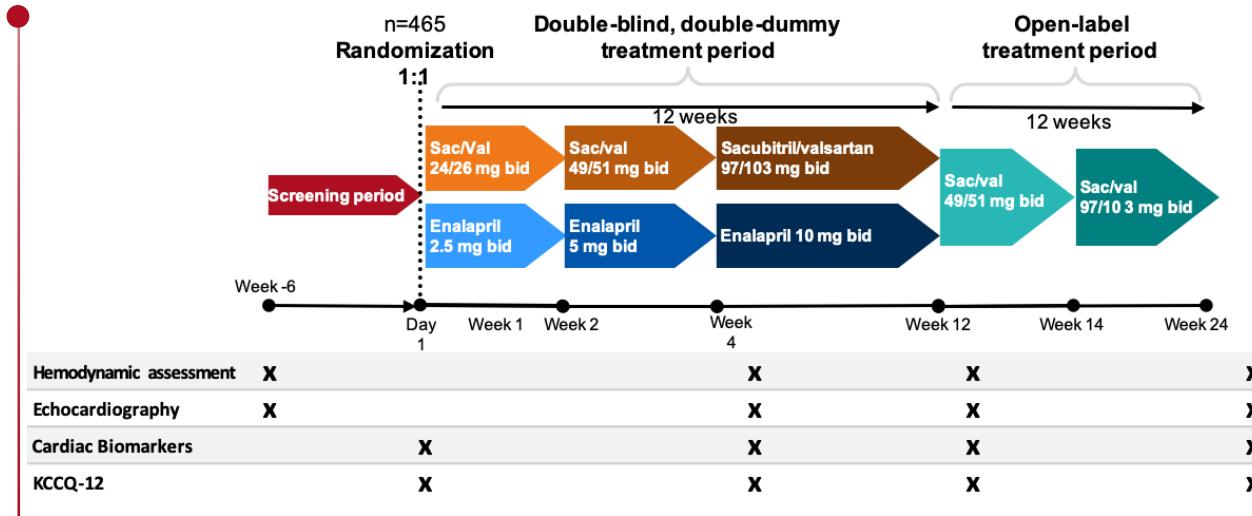
JAMA | Original Investigation

Effect of Sacubitril-Valsartan vs Enalapril on Aortic Stiffness in Patients With Heart Failure and Reduced Ejection Fraction A Randomized Clinical Trial

Akshay S. Desai, MD, MPH; Scott D. Solomon, MD; Amil M. Shah, MD; Brian L. Claggett, PhD; James C. Fang, MD; Joseph Izzo, MD; Kevin McCague, MA; Cheryl A. Abbas, PharmD; Ricardo Rocha, MD; Gary F. Mitchell, MD; for the EVALUATE-HF Investigators



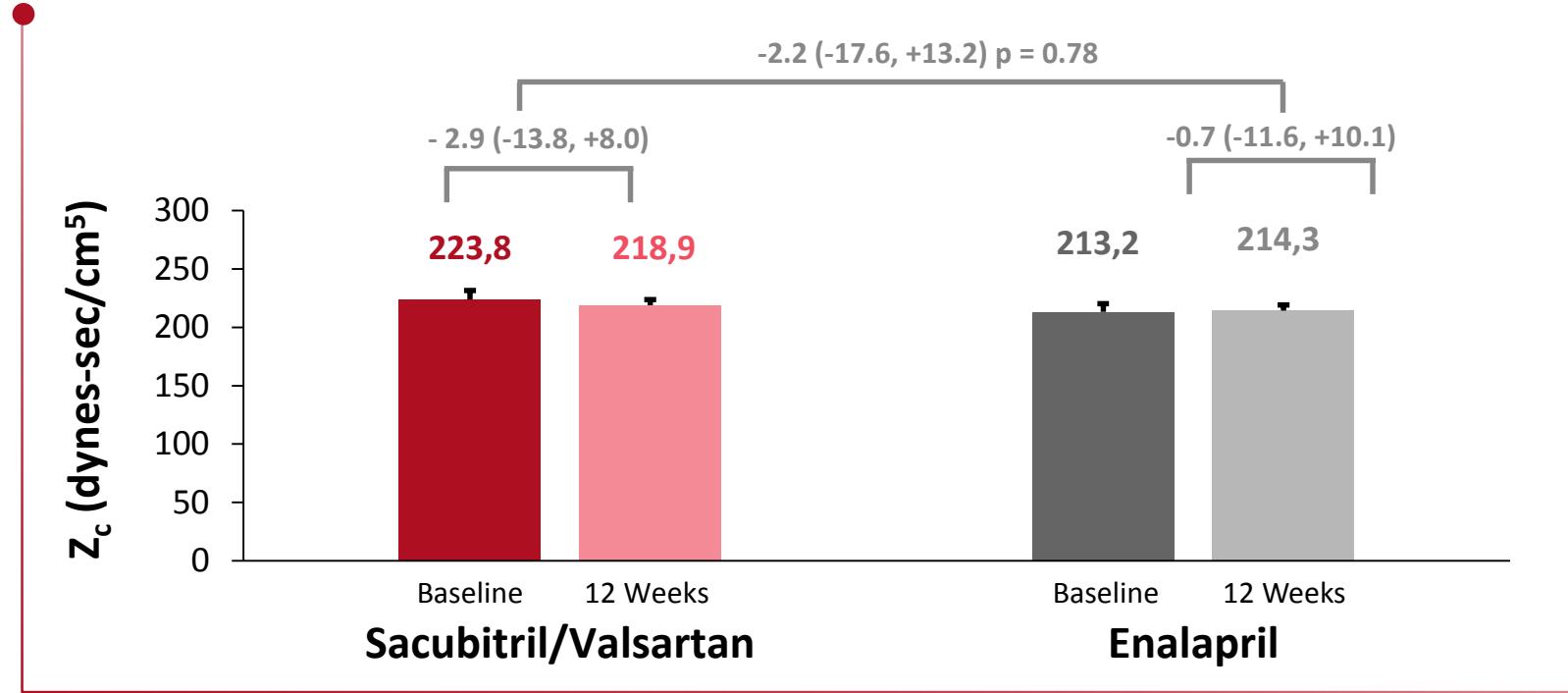
EVALUATE-HF



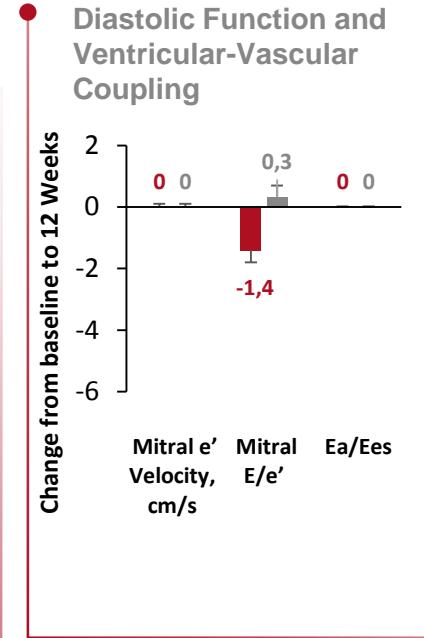
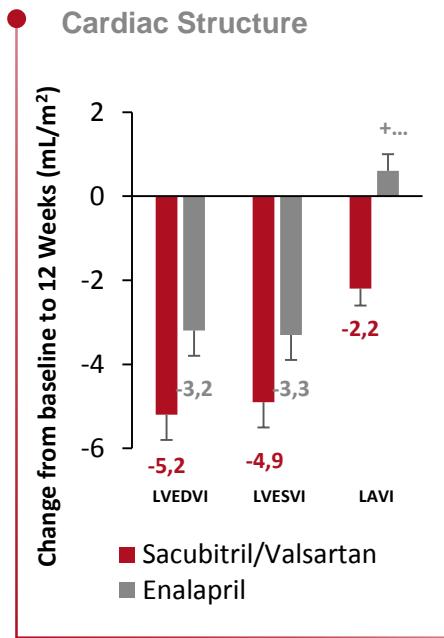
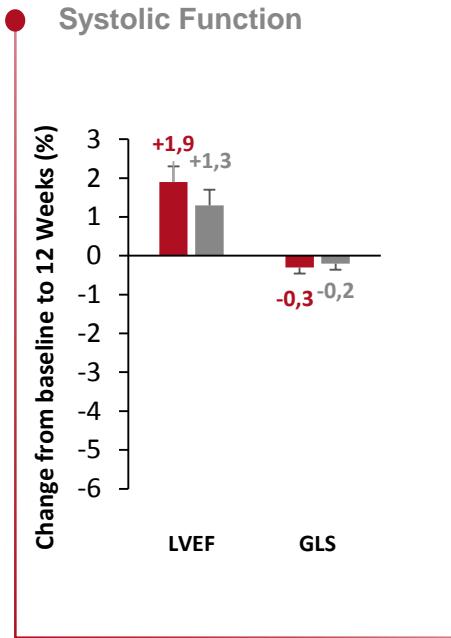
To determine whether treatment of HFrEF with sacubitril/valsartan improves central aortic stiffness and cardiac remodeling compared with enalapril



Primary Endpoint: Change in aortic characteristic impedance Z_c



Secondary Endpoints: Change in Cardiac Structure and Function from Baseline to 12 weeks, by Treatment

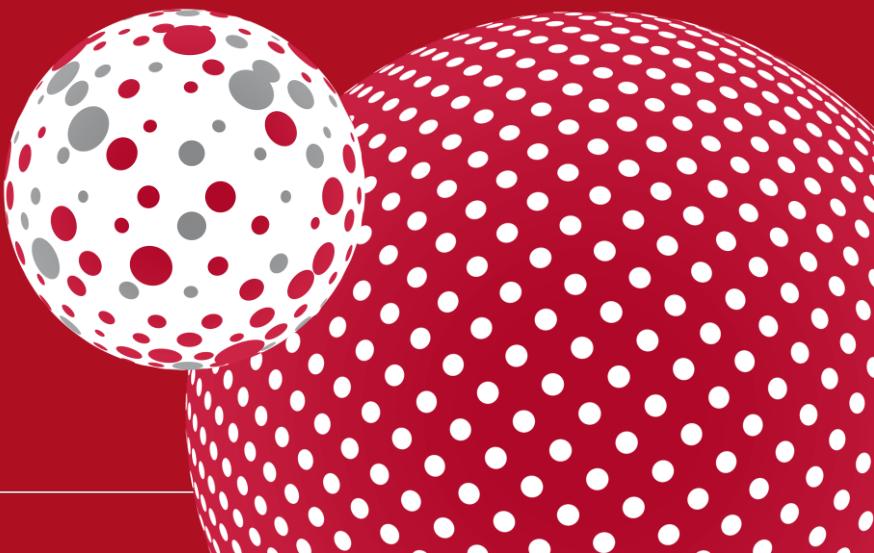


Implications

Clinical benefits of sacubitril/valsartan in HFrEF are likely unrelated to changes in central aortic stiffness or pulsatile load, but might be related to effects on myocardial remodeling and wall stress

HFpEF

PARAGON-HF



Angiotensin-neprilysin inhibition in heart failure with preserved ejection fraction

Primary results of the PARAGON-HF trial

Scott D. Solomon, MD, and John J.V. McMurray, MD
for the PARAGON-HF Committees, National Leaders and Investigators



ESC Congress
Paris 2019

Together with
**World Congress
of Cardiology**

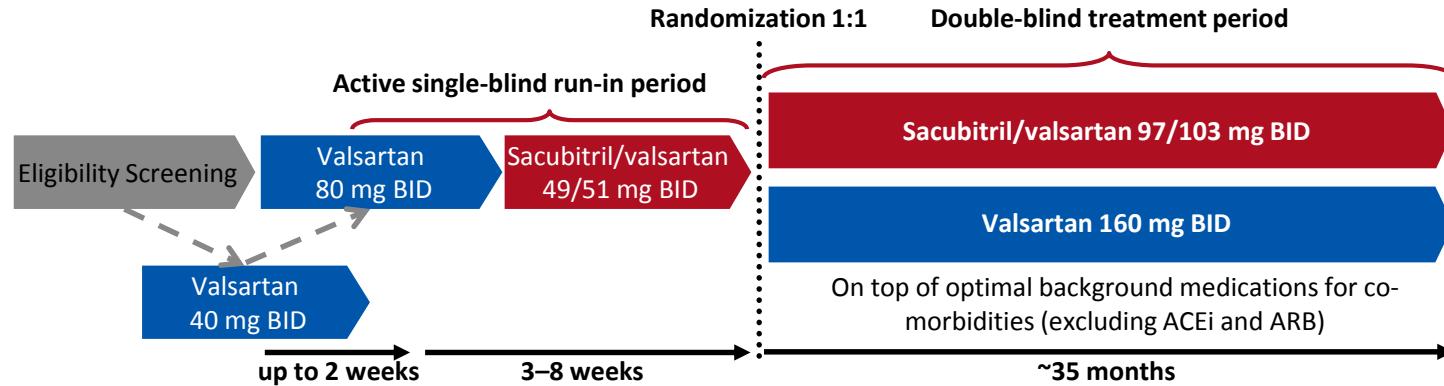


Congress Highlights



PARAGON-HF study design

Randomized, double-blind, active comparator trial testing the hypothesis that sacubitril/valsartan, compared with valsartan, would reduce the composite outcome of total HF hospitalisations and CV death



Primary Endpoint

Composite of total (first and recurrent) HF hospitalisations and CV death

Secondary Endpoints:

- Improvement in NYHA functional classification at 8 months
- Changes in KCCQ clinical summary score at 8 months
- Time to first occurrence of worsening renal function
- Time to all-cause mortality



Key Inclusion & Exclusion criteria

KEY EXCLUSION CRITERIA

KEY INCLUSION CRITERIA

- ≥ 50 years of age and LVEF $\geq 45\%$
- Heart failure signs/symptoms (NYHA Class II–IV) requiring treatment with diuretic(s) for at least 30 days prior to enrollment
- Structural heart disease (LAE or LVH by echocardiography)
- Elevation in natriuretic peptides
 - NT-proBNP 200 pg/ml if hospitalized for HF within 9 months, and 300 pg/ml if not hospitalized; 3-fold increase for patients in AF at enrollment

- Any prior measurement of LVEF $< 40\%$
- Current acute decompensated heart failure
- Alternative reason for signs and symptoms
- SBP < 110 or > 180 mm Hg (or > 150 mm Hg if patient not taking 3 or more antihypertensive medications)



Baseline Demographics

		Sacubitril/valsartan N = 2,407	Valsartan N = 2,389
Age (years) – mean (SD)		72.7 (8.3)	72.8 (8.5)
Sex – n (%)	Male	1166 (48.4)	1151 (48.2)
	Female	1241 (51.6)	1238 (51.8)
Race – n (%)	Caucasian	82%	81%
	Black	2.2%	2.1%
	Asian	12%	13%
Region – n (%)	North America*	12%	11%
	Latin America	7.9%	7.5%
	Western Europe	29%	29%
	Central Europe	36%	36%
	Asia/Pacific/other**	16%	16%
Baseline LVEF – median [IQR]		57 [51,62]	57 [50,63]
Baseline NT-proBNP (pg/mL) – median (IQR) – Sinus rhythm		583 [370, 1046]	611 [389, 1072]
Baseline NT-proBNP (pg/mL) – median (IQR) – Atrial fibrillation		1633 [1191, 2368]	1536 [1153, 2212]

*North America = US and Canada. **Asia/Pacific/Other includes Israel, South Africa, Australia, China, India, Japan, Rep of Korea, Philippines, Singapore, Taiwan.

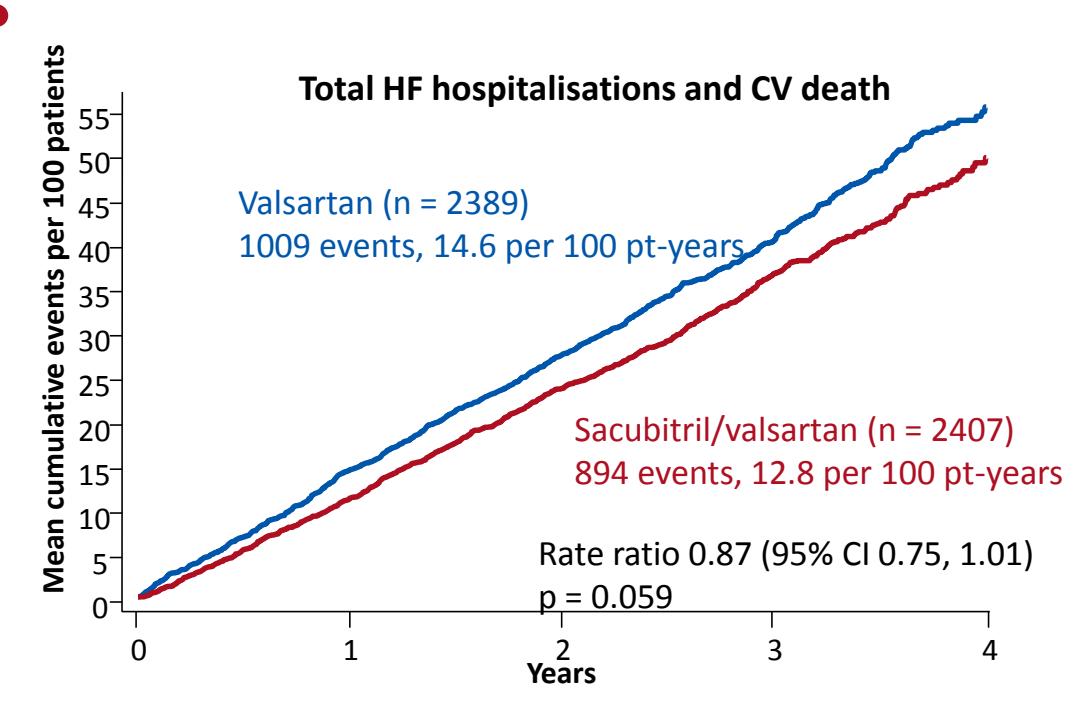


Baseline Demographics

		Sacubitril/valsartan N=2,407	Valsartan N=2,389
NYHA class at randomization – n (%)	Class I	3.0%	2.7%
	Class II	78%	77%
	Class III	19%	20%
	Class IV	0.3%	0.5%
BMI – mean (SD)		30.2 (4.9)	30.3 (5.1)
Baseline systolic/diastolic blood pressure at randomization – mean (SD)/mean(SD)		130.5 (15.6)/74.3 (10.6)	130.6 (15.3)/74.3 (10.4)
Medical history – n (%)	Hypertension, n (%)	96%	95%
	Diabetes mellitus, n (%)	44%	43%
	Atrial fibrillation at screening ECG, n (%)	32%	33%
	Hospitalization for HF within 9 months	38%	39%
Medications	Prior to randomization	ACEi or ARBs	87%
	At randomization	Diuretics	94%
		MRA	24%
		Beta blockers	79%
		Calcium channel blockers	34%

PARAGON-HF primary results

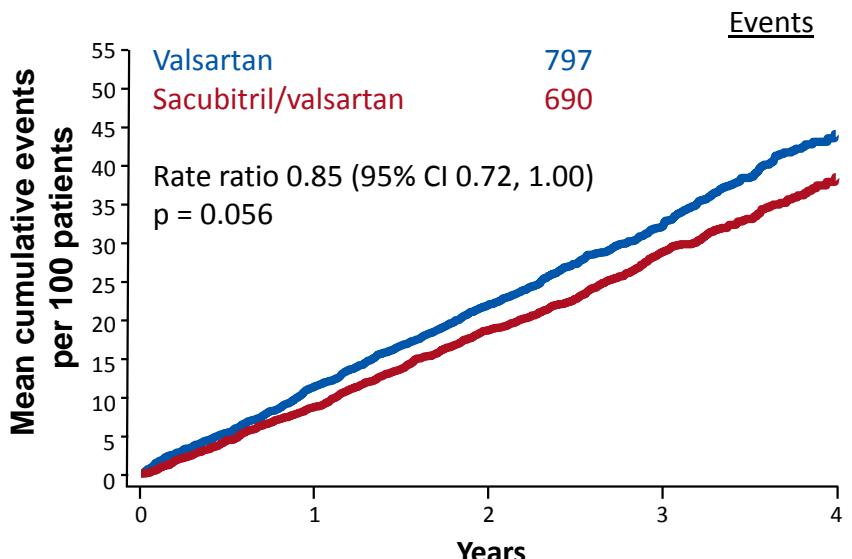
Recurrent event analysis of total HF hospitalisations and CV death*



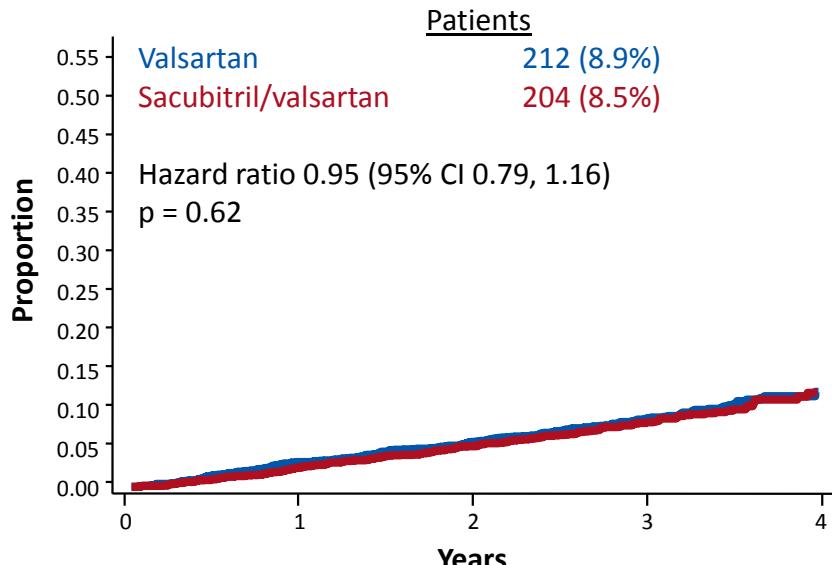
*Semiparametric LWYY method.

HF hospitalisations and CV death

HF hospitalisations*



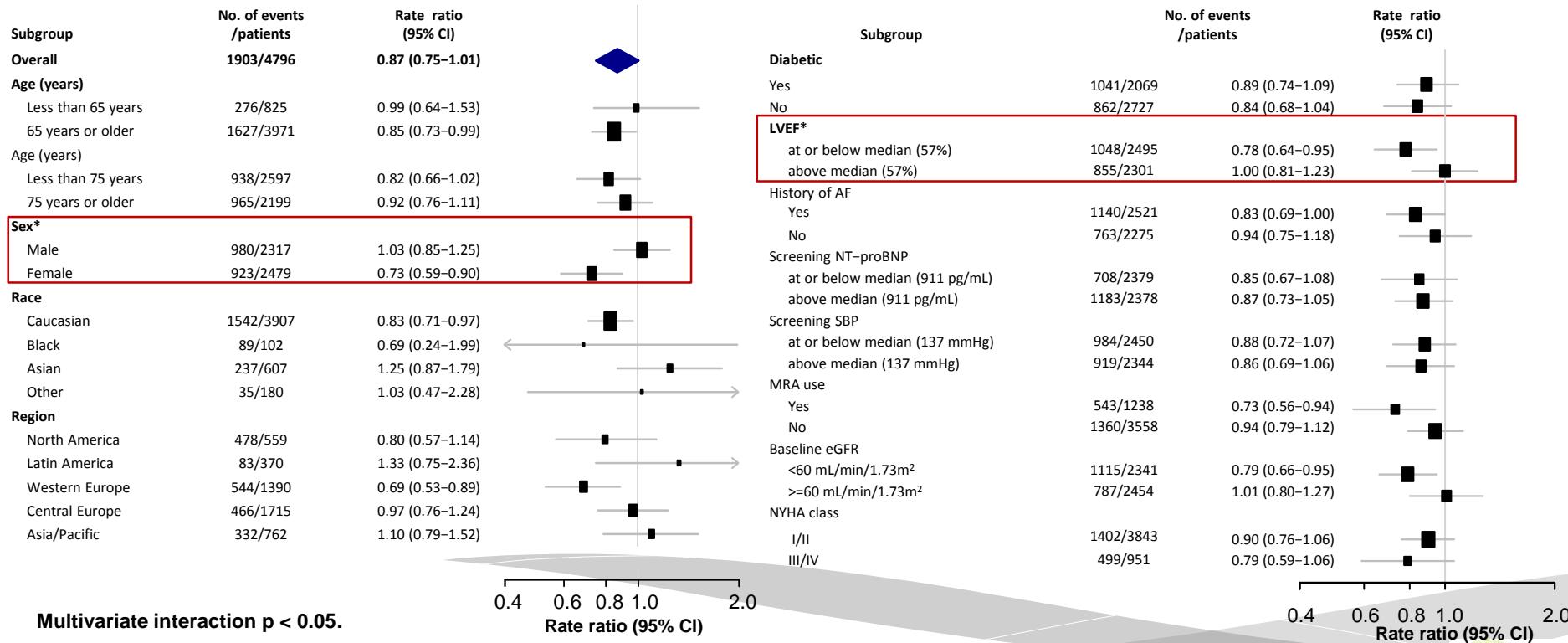
CV death*



Secondary endpoints

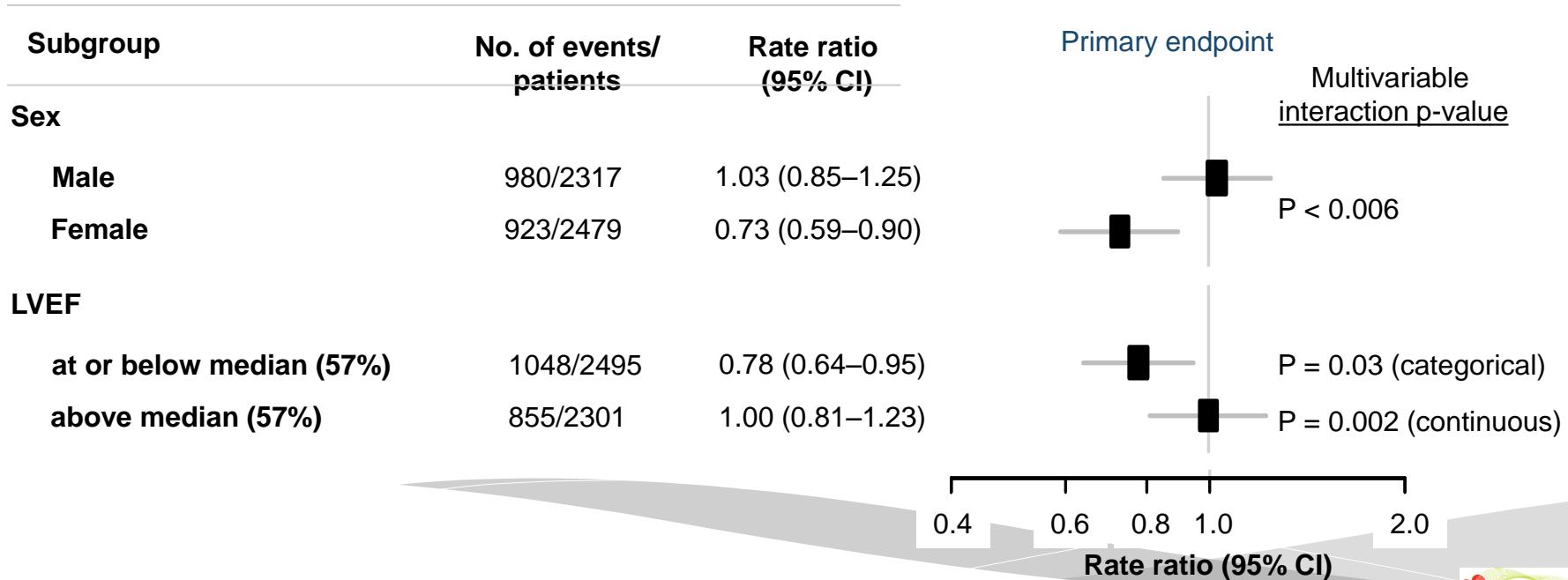
	Sacubitril/valsartan N = 2316	Valsartan N = 2302	Effect size (95% CI)	Nominal P-value
NYHA functional classification at 8 months – Change from baseline (%)	Improved 15.0% Unchanged 76.3% Worsened 8.7%	12.6% 77.9% 9.6%	OR for improvement 1.45 (1.13, 1.86)	0.004
KCCQ clinical summary score at 8 months – Change from baseline (SE)	-1.6 (0.4)	-2.6 (0.4)	LSM of difference = 1.03 (0.00, 2.1)	0.051
KCCQ responder (> than 5-point improvement)	33.0%	29.6%	OR = 1.30 (1.04, 1.61)	0.019
Worsening Renal Function Composite of renal death, reaching ESRD, or ≥50% decline in eGFR relative to baseline	1.4%	2.7%	HR = 0.50 (0.33, 0.77)	0.002
All-cause mortality (%)	14.2%	14.6%	HR = 0.97 (0.84, 1.13)	0.68

Pre-specified subgroups for primary endpoint Evidence for overall heterogeneity

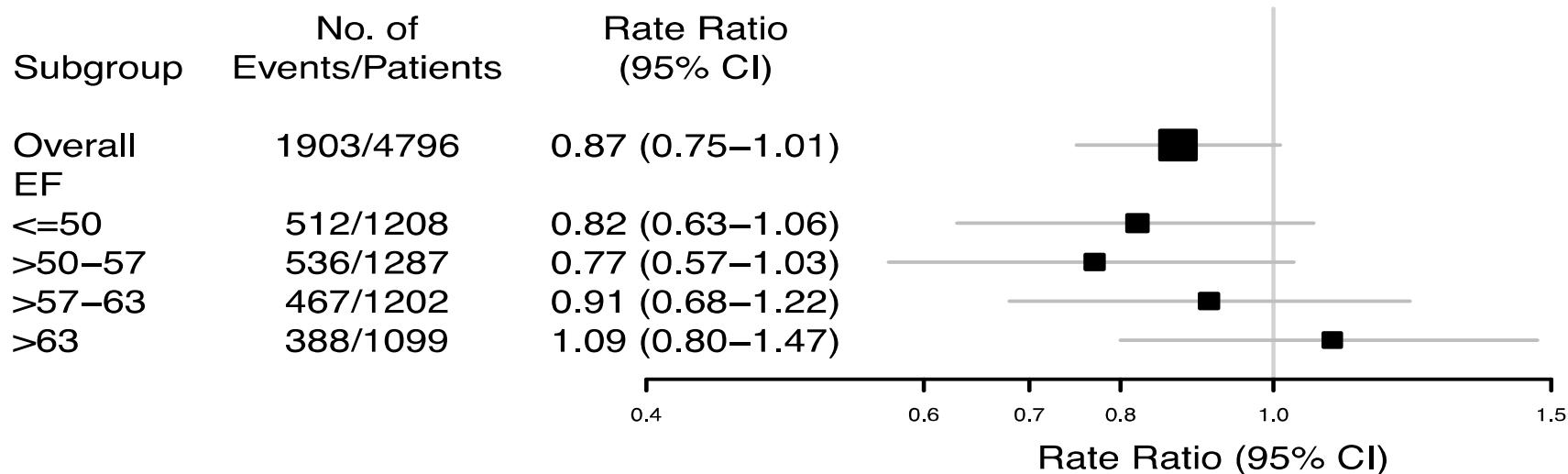


Significant Heterogeneity in Multivariate Analysis by Ejection Fraction and Sex

Only interactions for sex and ejection fraction remained nominally significant



Treatment effect by ejection fraction quartiles



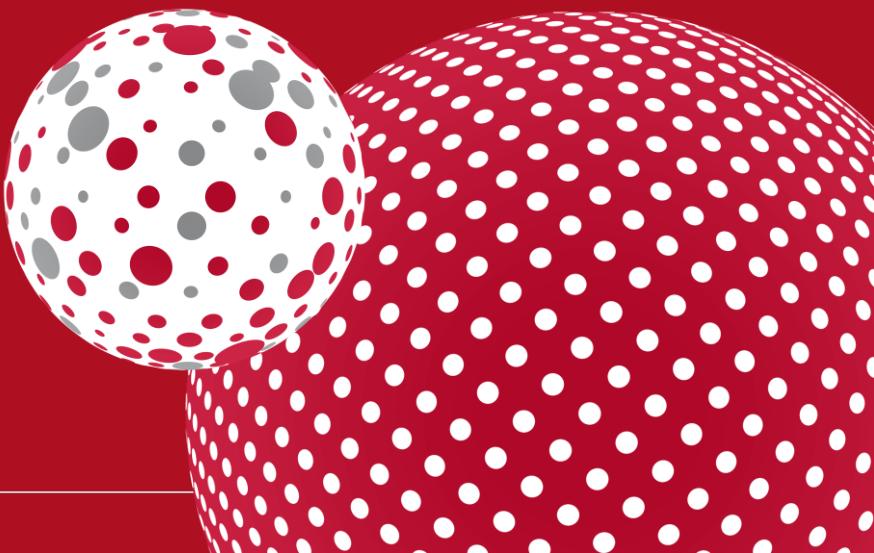
Safety endpoints

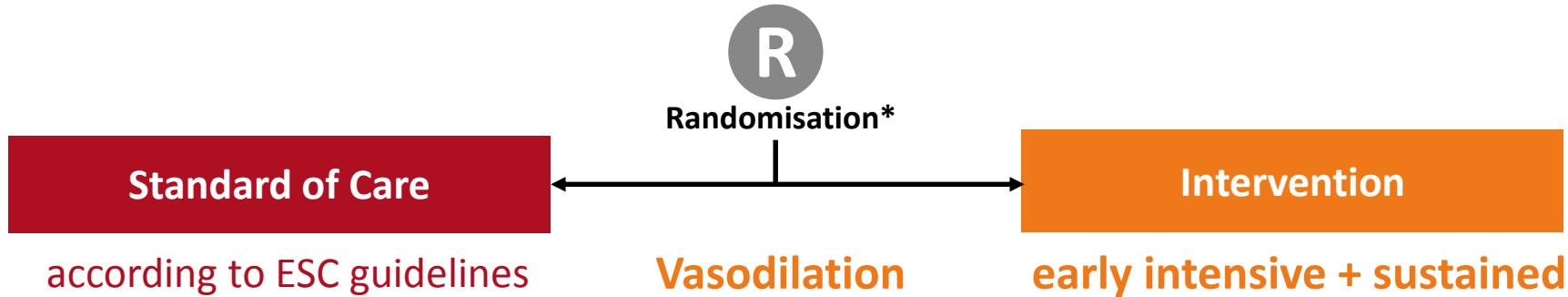
Adverse event		Sacubitril/Valsartan (N = 2407)	Valsartan (N = 2389)	P-value
Hypotension with SBP < 100 mm Hg		15.8%	10.8%	<0.0001
Elevated serum creatinine	≥ 2.0 mg/dl	10.8%	13.7%	0.002
	≥ 2.5 mg/dl	4%	4.6%	0.36
	≥ 3.0 mg/dl	1.6%	1.7%	0.79
Elevated serum potassium	> 5.5 mmol/liter	13.2%	15.3%	0.05
	> 6.0 mmol/liter	3.1%	4.3%	0.04
Angioedema*		0.6%	0.2%	0.02

*Adjudicated

ACUTE HEART FAILURE

GALACTIC



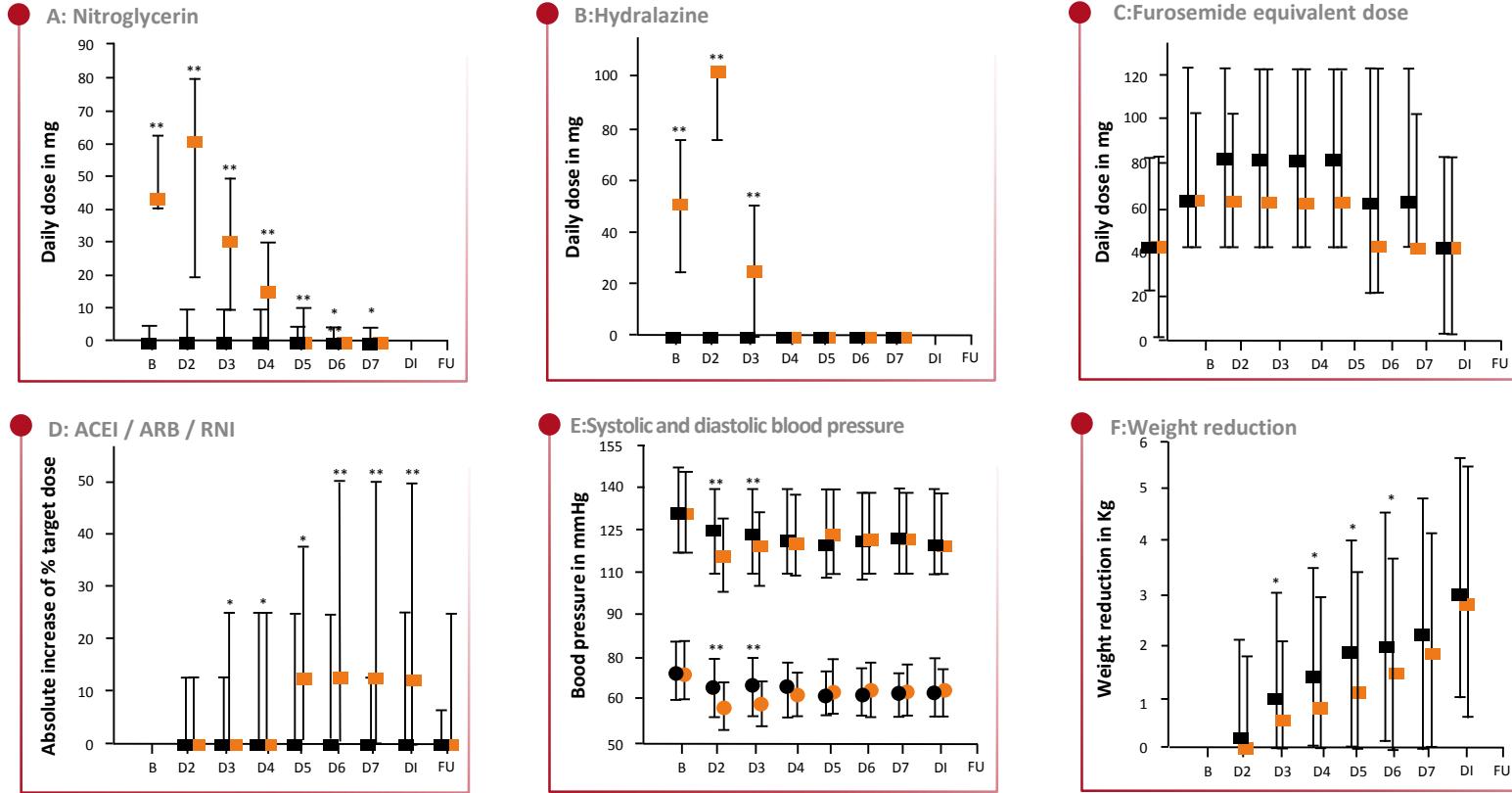


- All other therapies including loop diuretic dose and duration, beta-blockers, aldosterone antagonists, cardiac devices, and follow-up care were according to ESC Guidelines + at the discretion of the treating physician in both groups

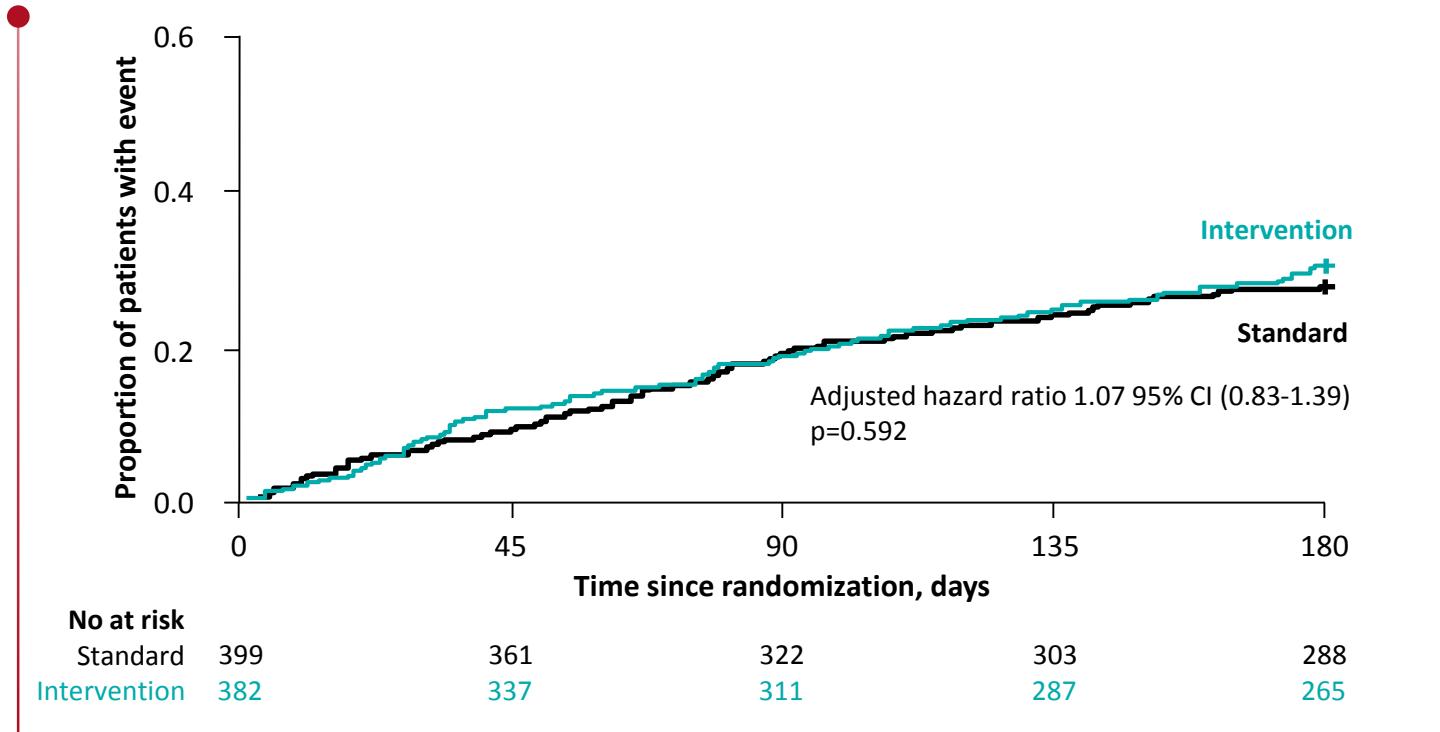
*stratified for site and BNP/NT-proBNP



Results: Intervention



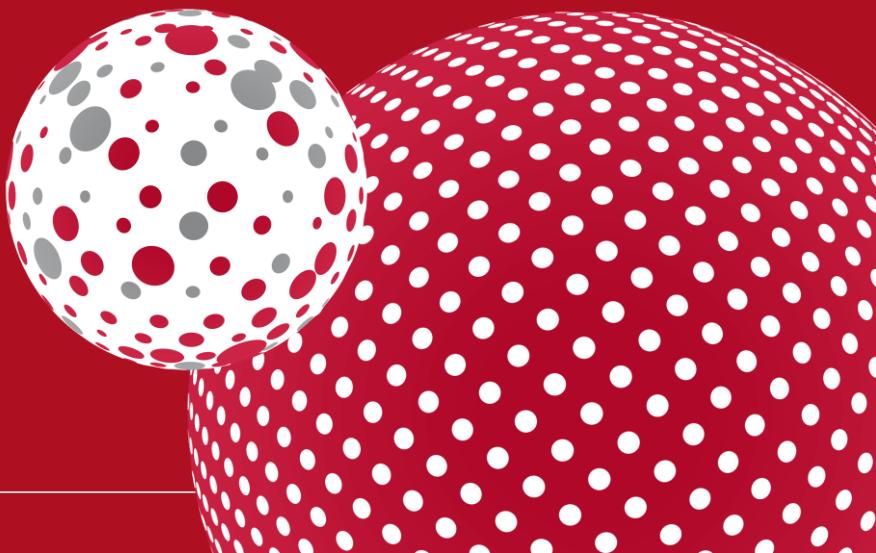
Results: Primary Endpoint (Death or AHF)



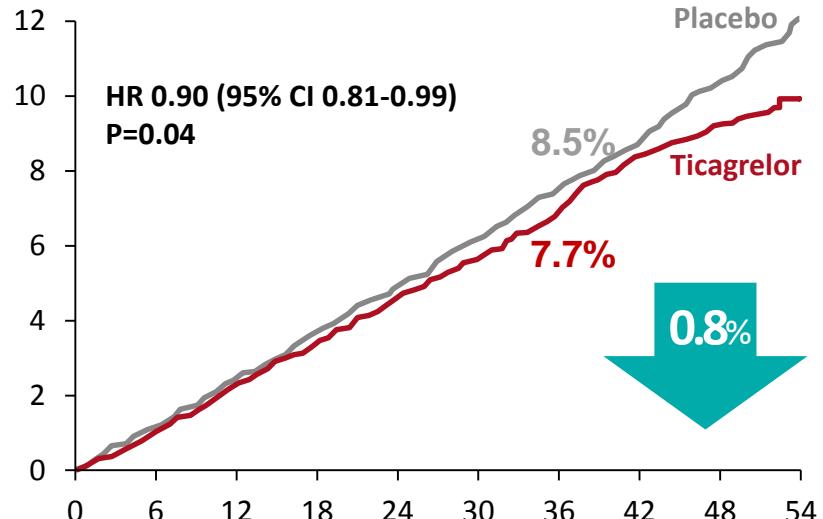
BALANCING THROMBOSIS AND BLEEDING IN SECONDARY PREVENTION

THEMIS and THEMIS-PCI

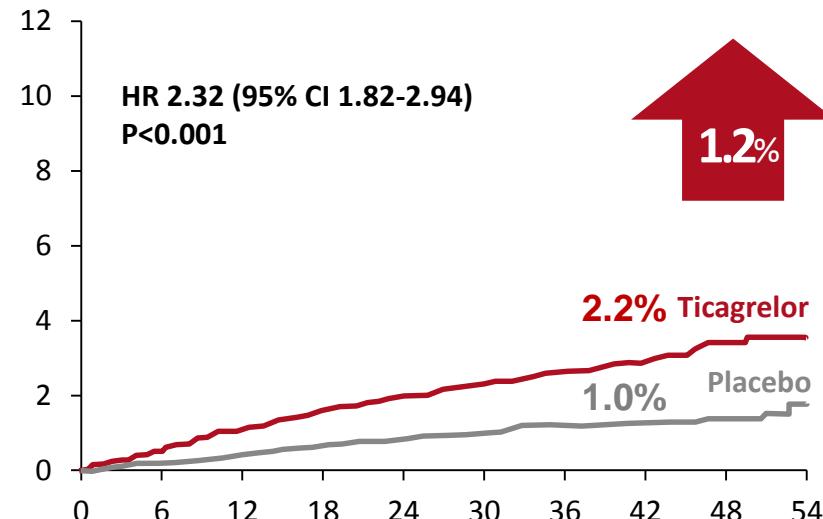
Tools for the clinician



- Cardiovascular death/stroke/MI

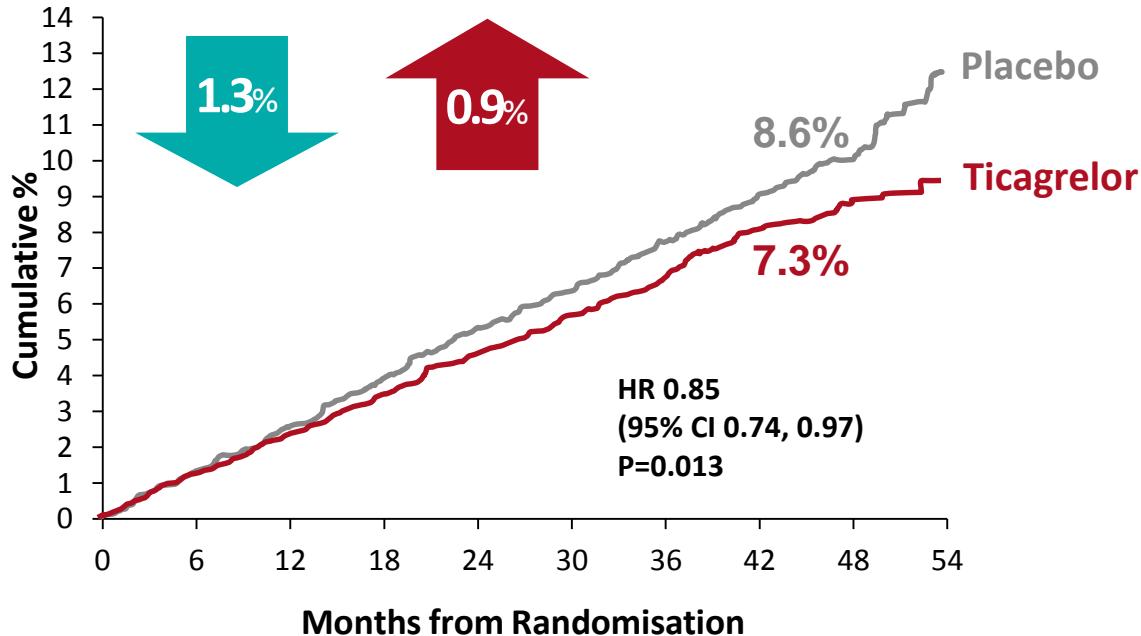


- Major bleeding



THEMIS-PCI – Prespecified subgroup analysis

● Patients with a history of PCI – N 11,154

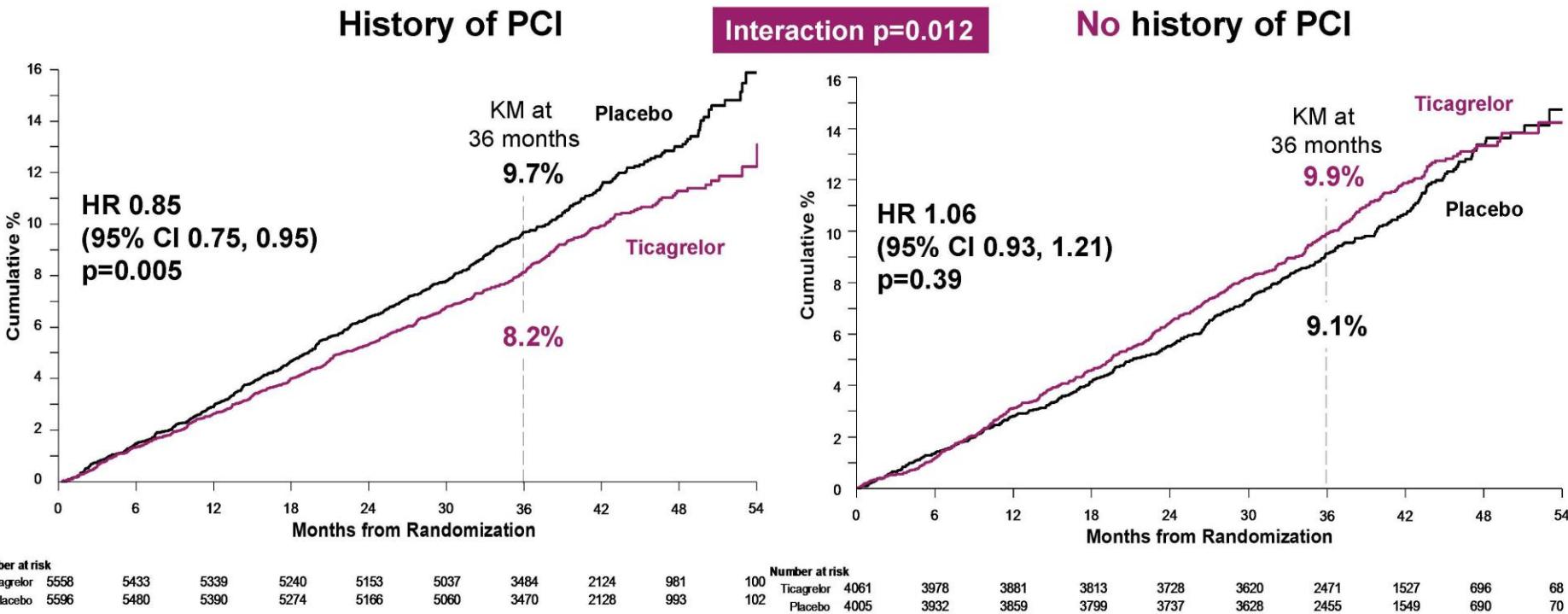


Conclusion

- In patients with diabetes and CAD the bleeding risk of long-term treatment with ticagrelor and aspirin outweighs the benefit
- There may be subgroups where the treatment is beneficial

Net Clinical Benefit

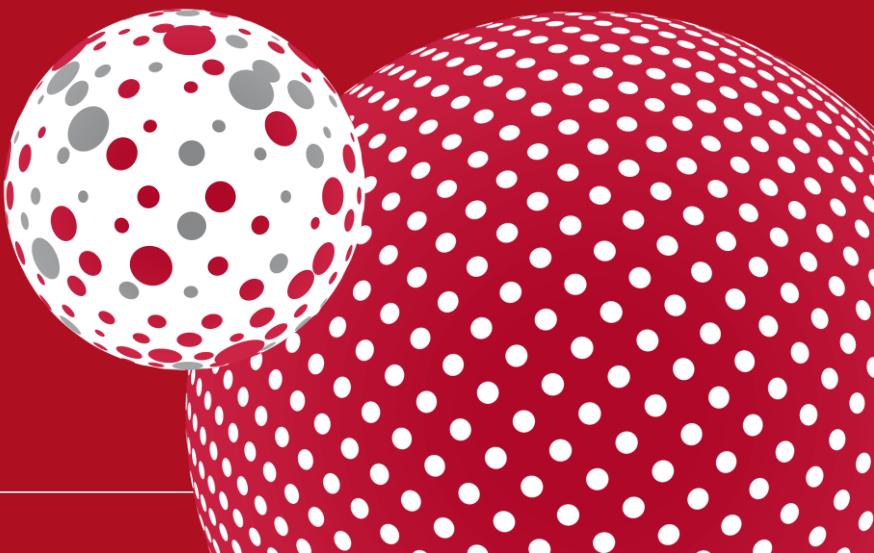
All cause death, MI, stroke, fatal bleed or ICH (ITT)*



*Prespecified definition of net clinical benefit.

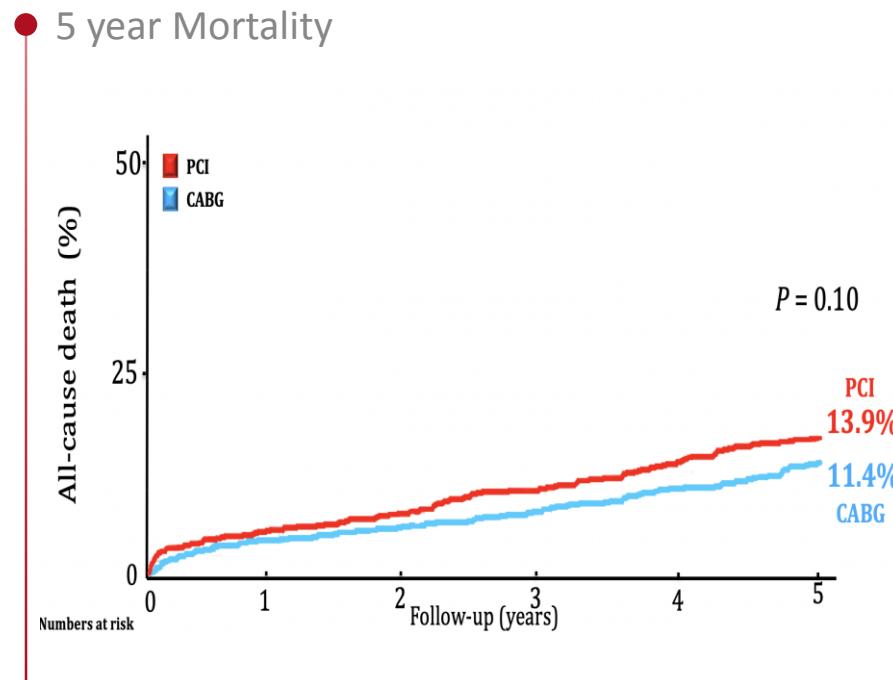
CI=confidence interval; HR=hazard ratio; ICH=intracranial hemorrhage; ITT=intention to treat; MI=myocardial infarction; PCI=percutaneous coronary intervention

LONG-TERM OUTCOMES

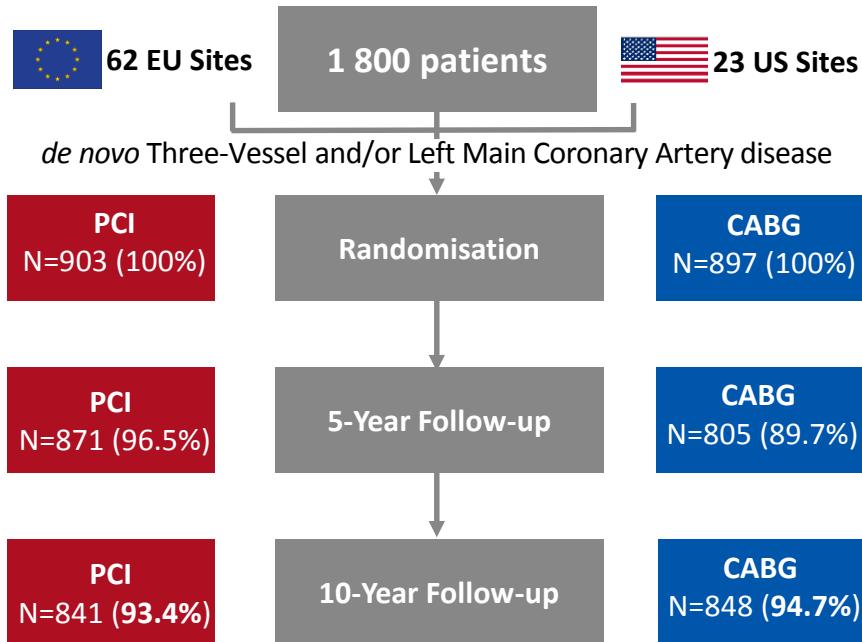


SYNTAXES: background

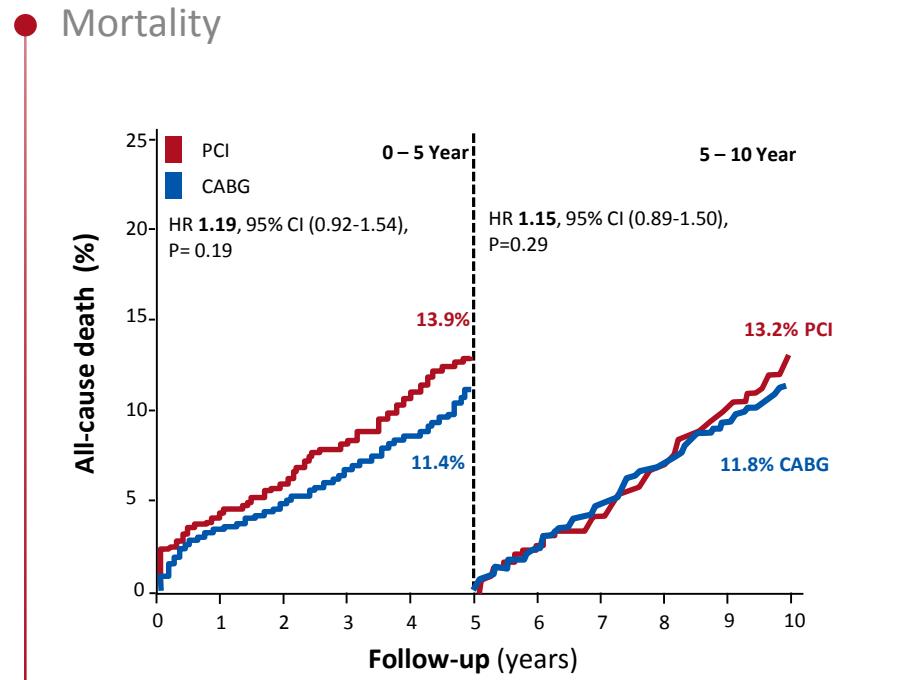
- The SYNTAX trial compared stenting with the first generation DES Taxus and CABG in patients with multivessel coronary artery disease and left main stem stenosis
- The SYNTAX Score defined three groups of anatomic complexity with different outcomes
- The long-term outcome (>5 year) of stent and bypass surgery is of interest



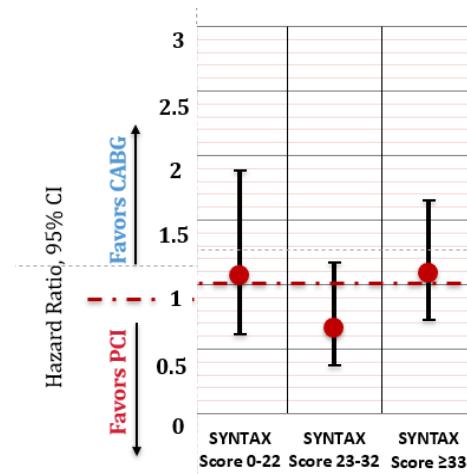
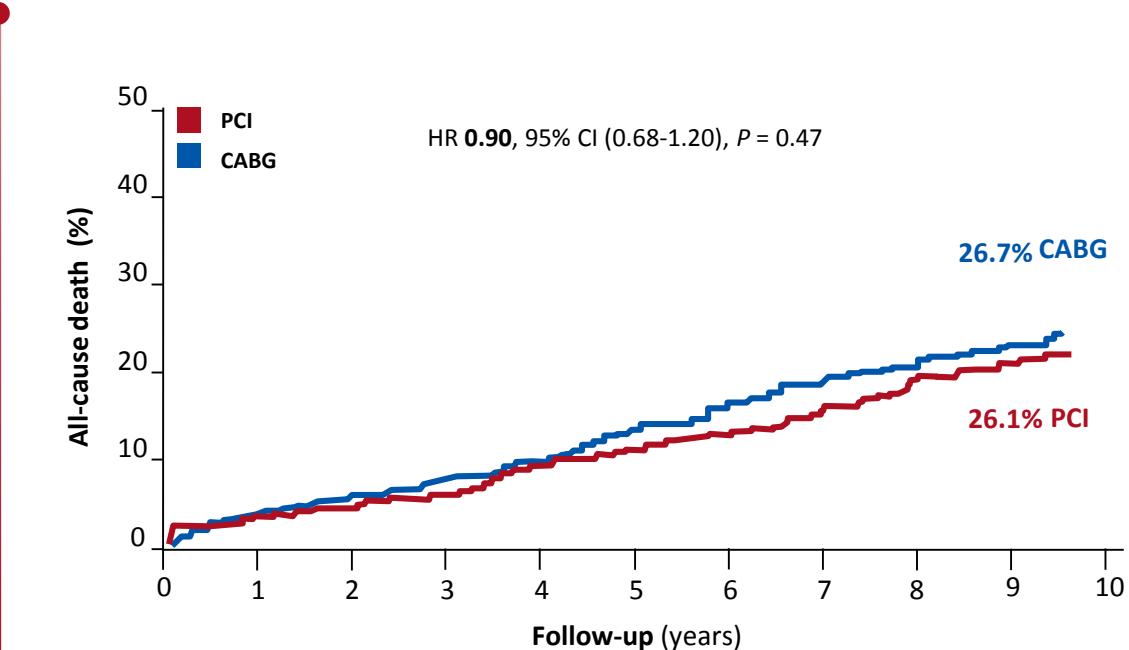
SYNTAXES 10 yr all cause death



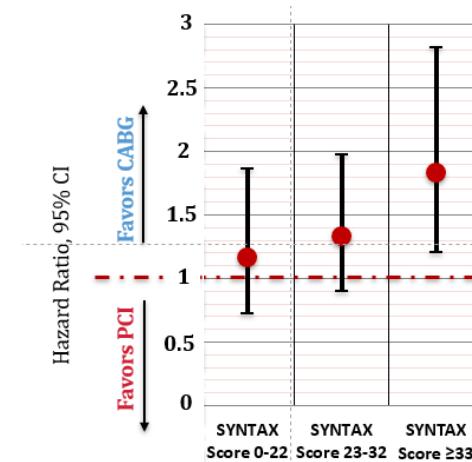
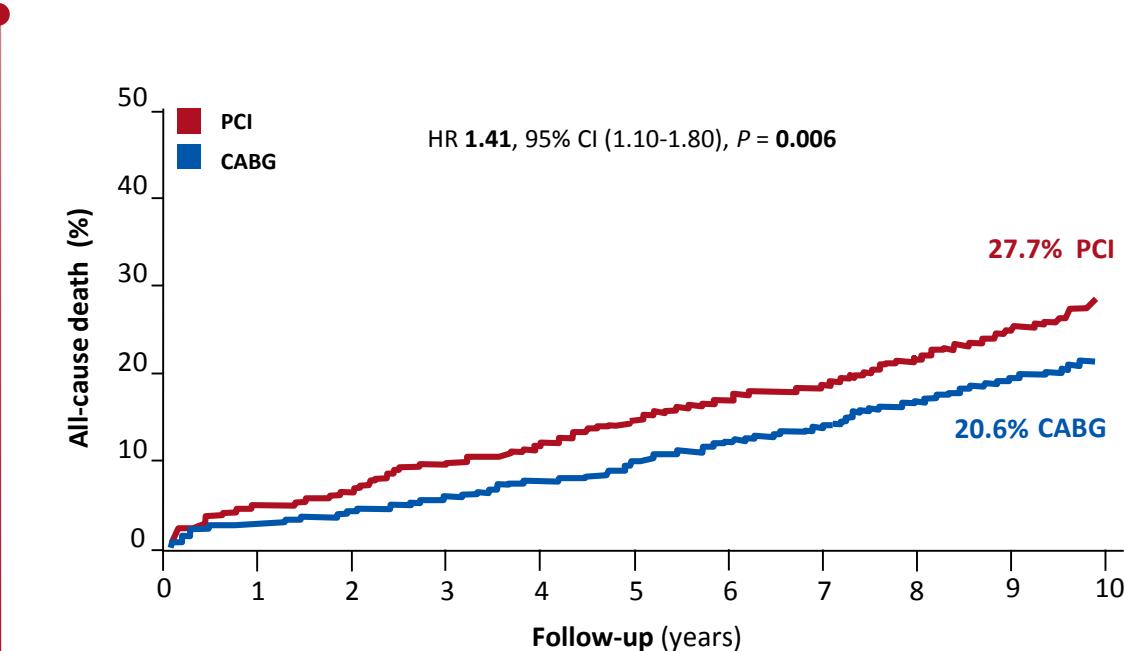
Overall completeness of follow-up: 94%



SYNTAX: Left main



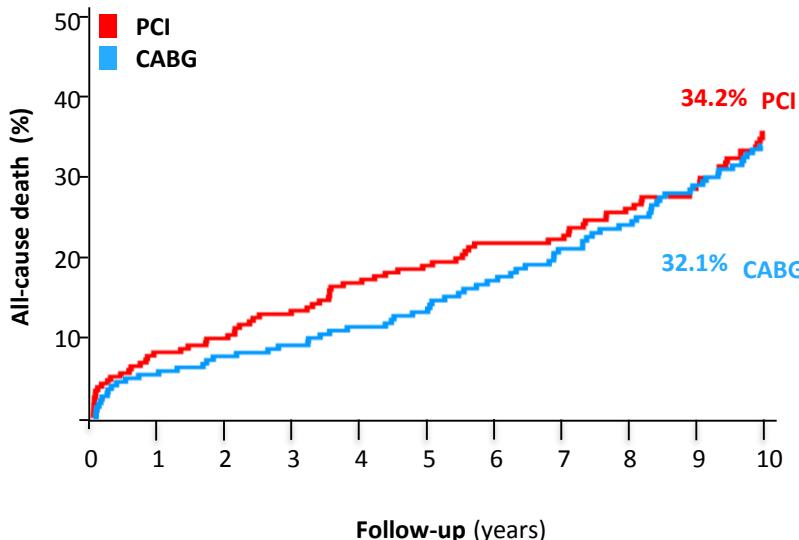
SYNTAXES: Three-vessel disease



SYNTAXES: Diabetes

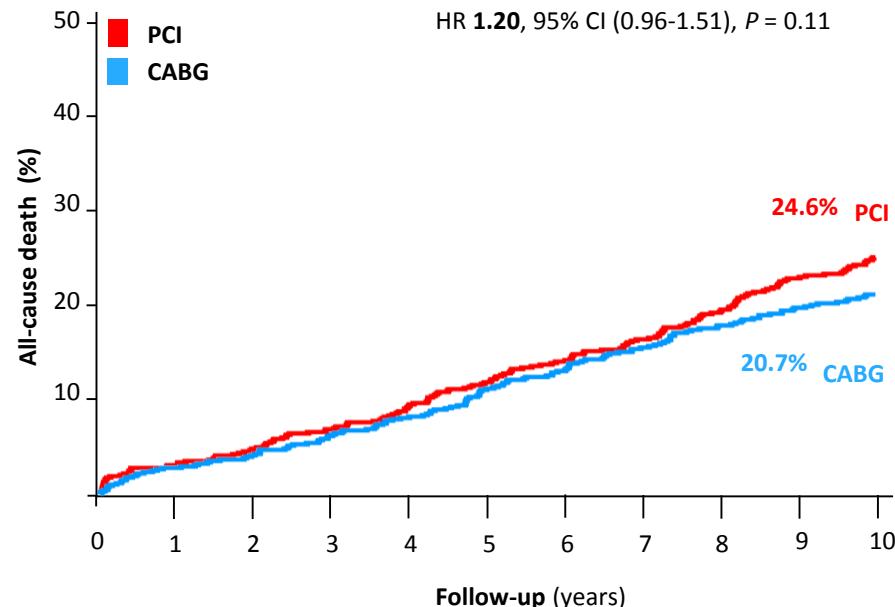
DIABETES

HR **1.10**, 95% CI (0.80-1.52), $P = 0.56$



NO DIABETES

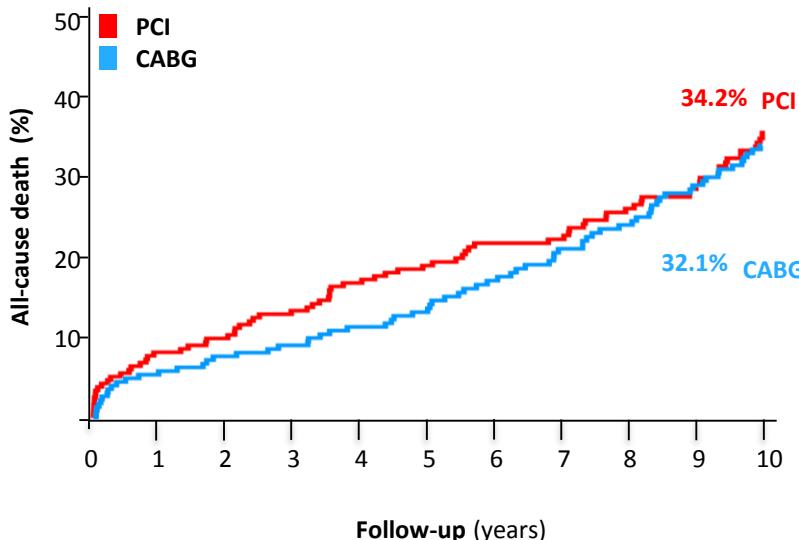
HR **1.20**, 95% CI (0.96-1.51), $P = 0.11$



SYNTAXES: Diabetes

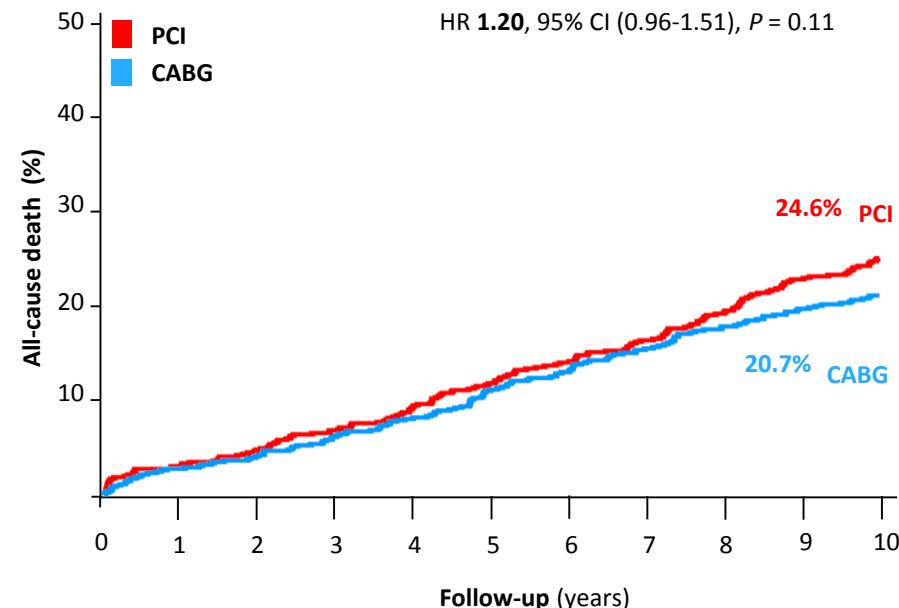
DIABETES

HR **1.10**, 95% CI (0.80-1.52), $P = 0.56$

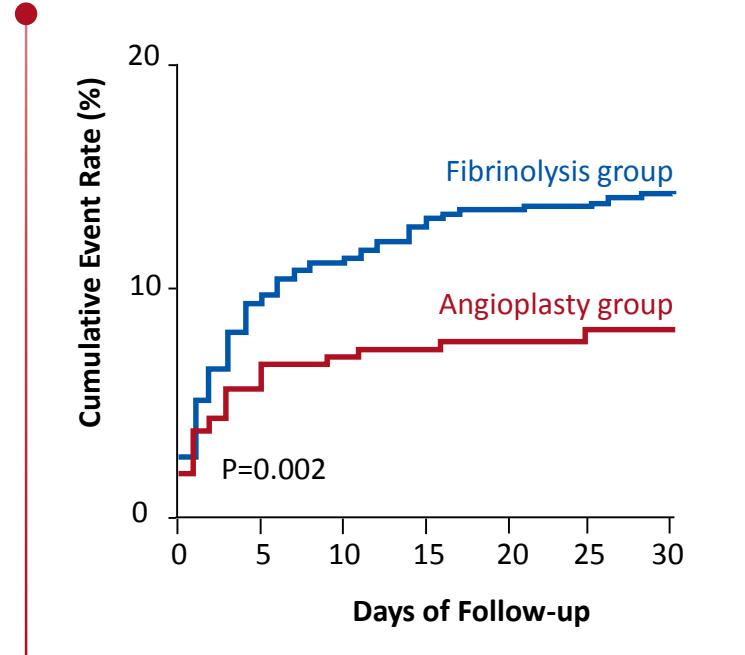
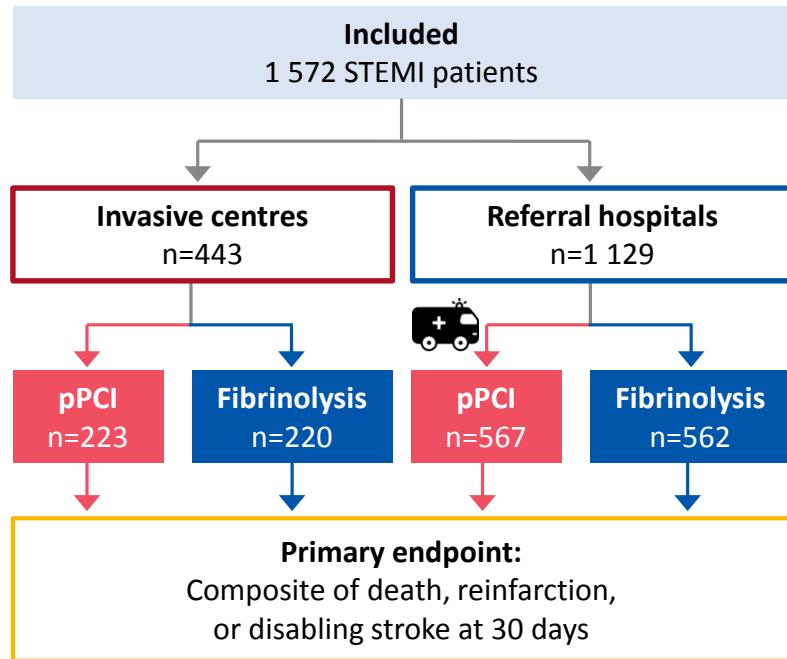


NO DIABETES

HR **1.20**, 95% CI (0.96-1.51), $P = 0.11$



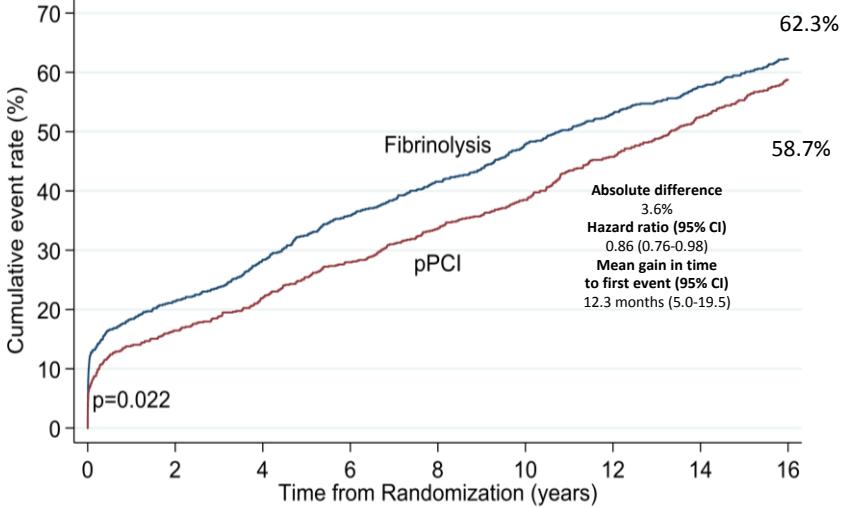
DANAMI-2 16 Years: Background



DANAMI-2: 16 years later

● COMPOSITE ENDPOINT

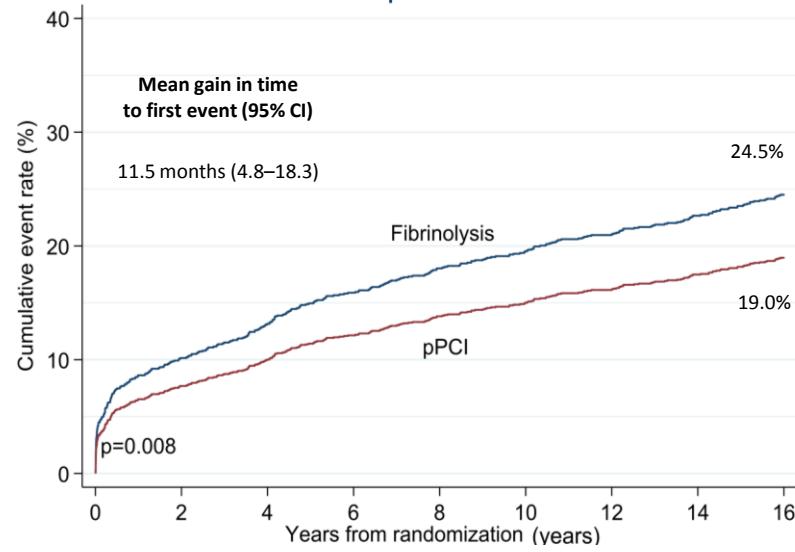
Composite endpoint



● REINFARCTION

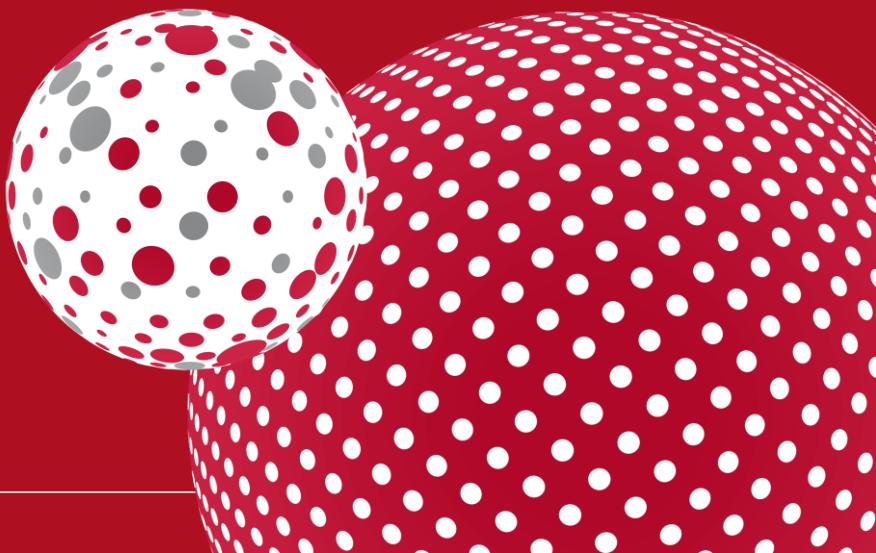
Mean gain in time to first event (95% CI)

11.5 months (4.8–18.3)



INTERVENTION FOR STEMI

Multivessel strategy

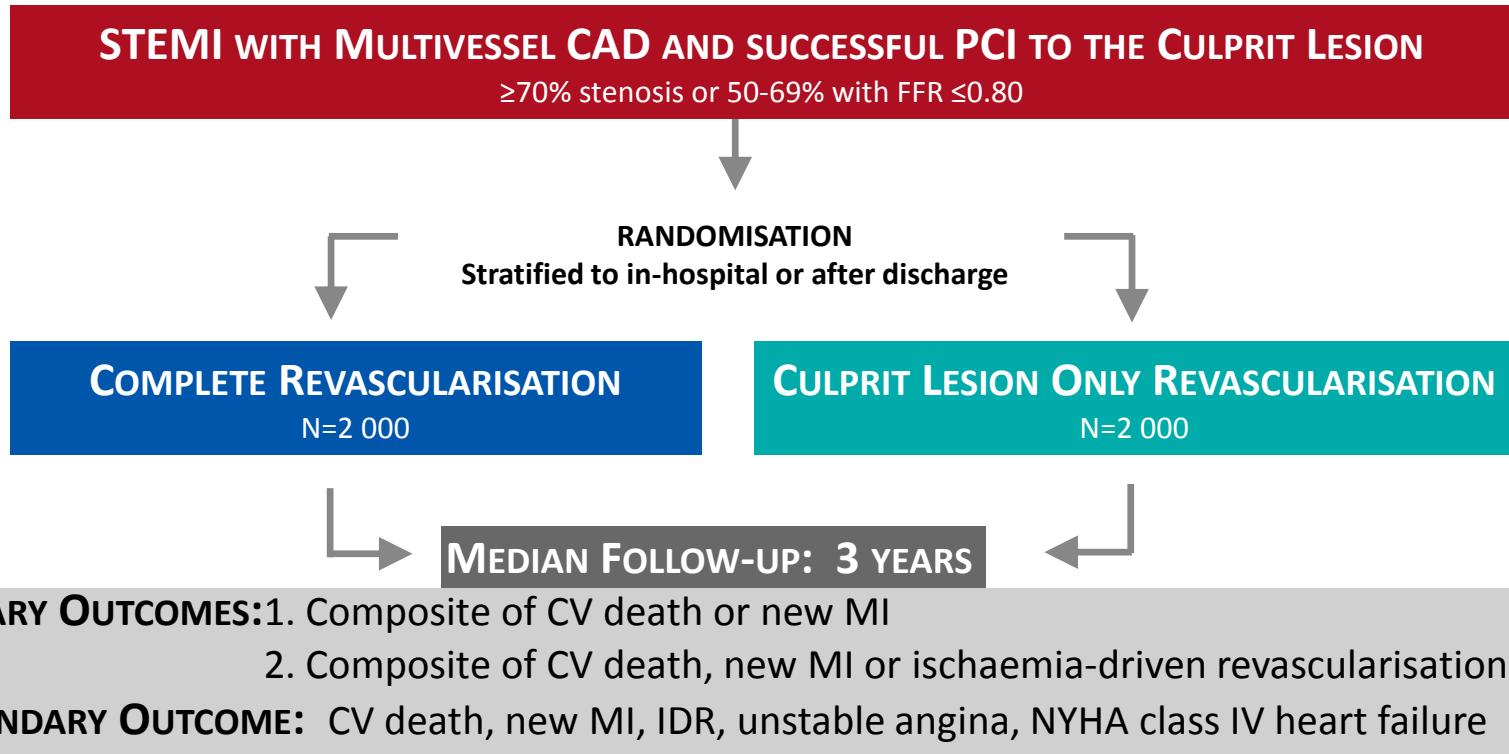


COMPLETE: Background

- Patients undergoing primary PCI of the culprit lesion for STEMI are often found to have multivessel CAD, with 1 or more angiographically significant non-culprit lesions.
- There is uncertainty about how best to manage these non-culprit lesions
 - Routinely revascularise them with PCI?
 - Manage them conservatively with guideline-directed medical therapy alone?
- While prior RCTs have shown non-culprit lesion PCI reduces revascularisation, none were powered to detect moderate reductions in hard clinical outcomes such as CV death or MI.

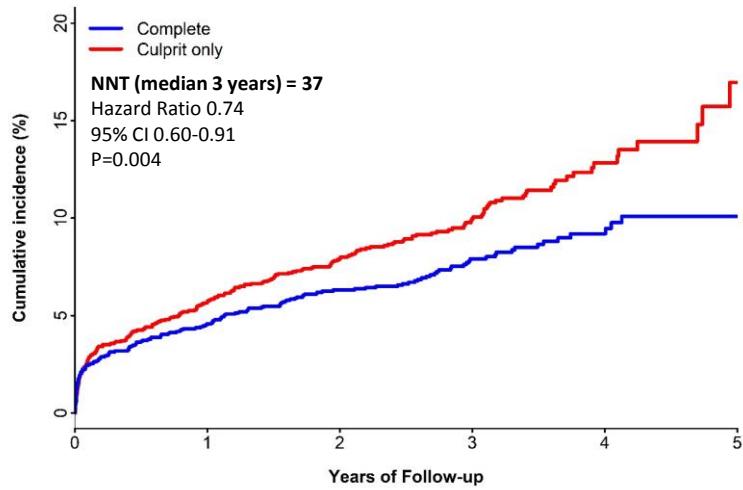


COMPLETE Trial design

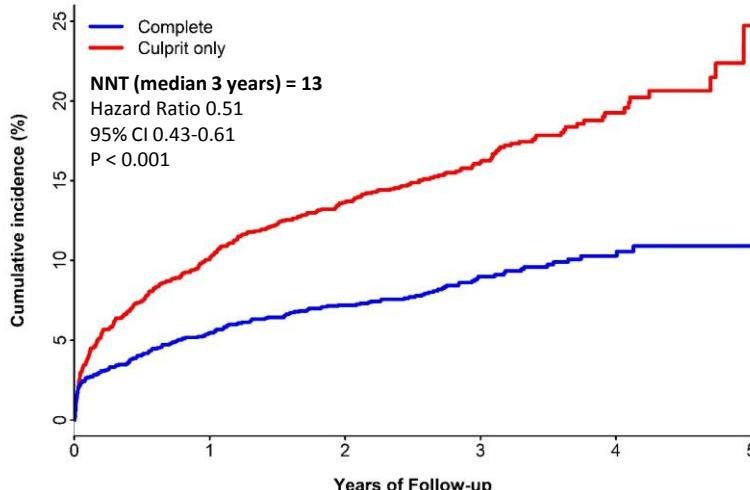


COMPLETE: Main results

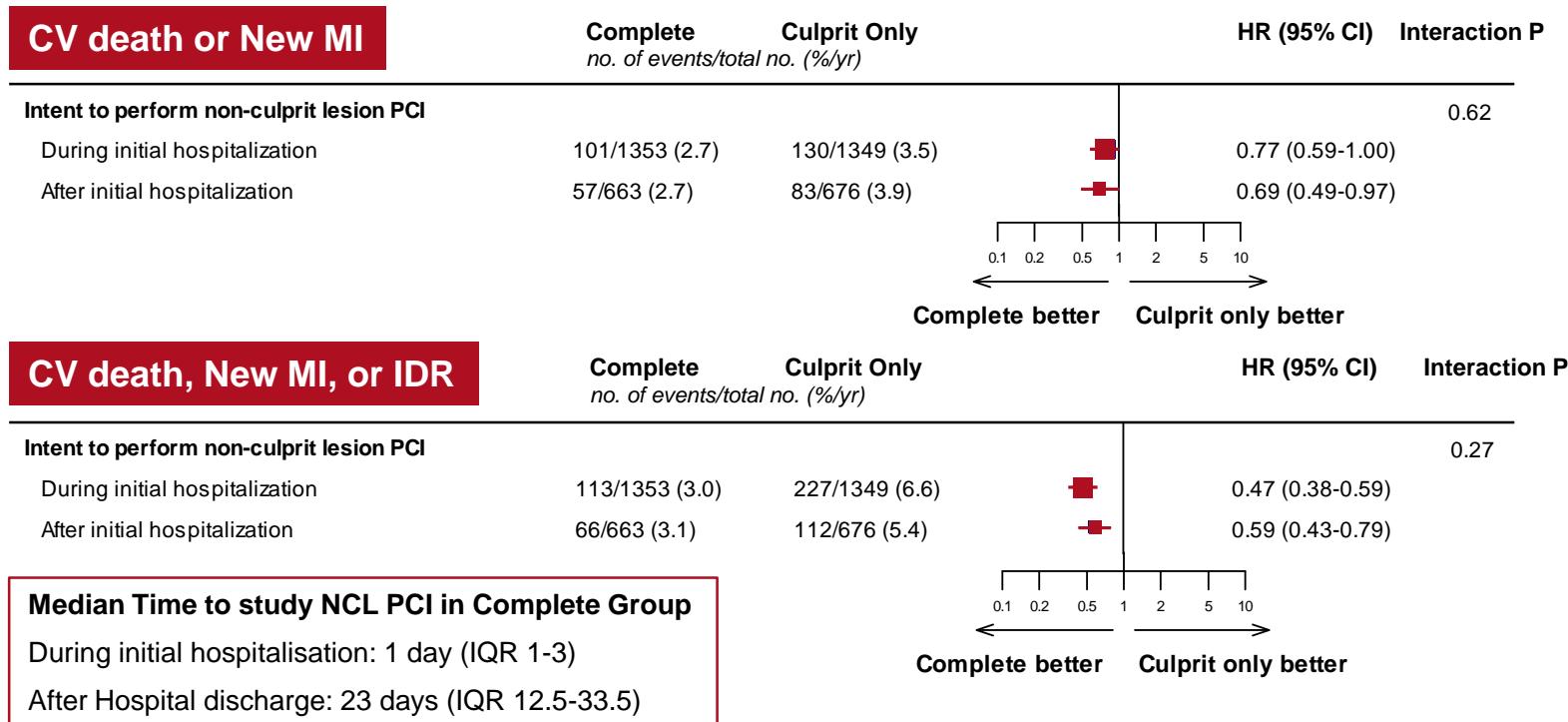
First Co-Primary Outcome: CV Death or New MI



2nd Co-Primary Outcome: CV Death, MI, or IDR

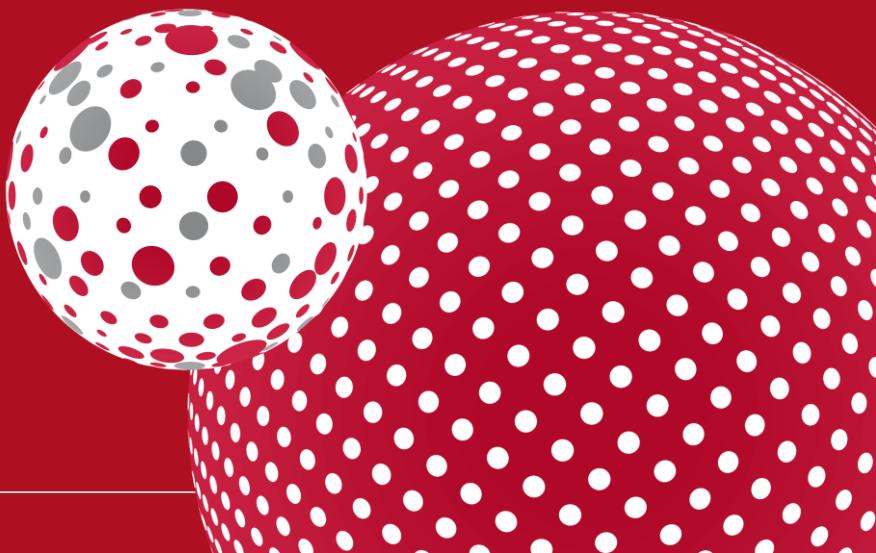


COMPLETE: Timing of non-culprit lesion PCI: During or after initial hospitalisation



ANTIPLATELET THERAPY

ISAR-REACT 5



Antiplatelet therapy for ACS in the ESC Guidelines

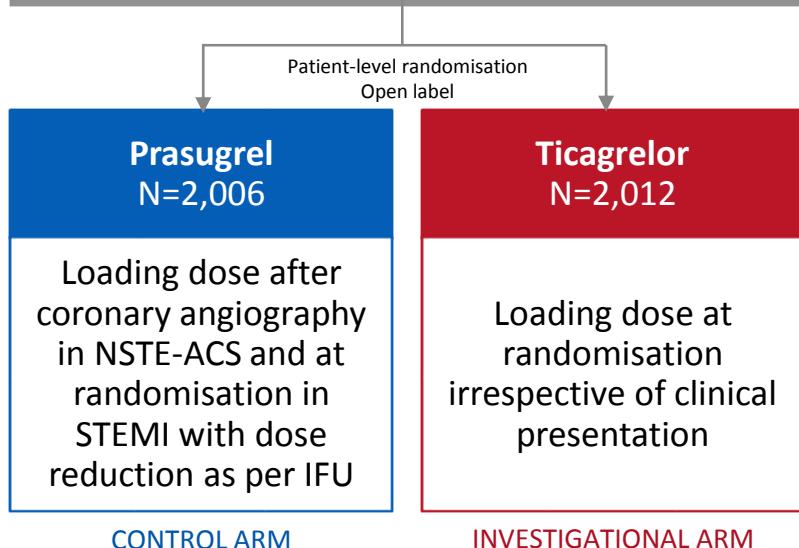
Recommendations on P2Y ₁₂ inhibitor selection	Class	Level
In patients with ACS, ticagrelor (180 mg loading dose, 90 mg twice daily) on top of aspirin ^a is recommended, regardless of initial treatment strategy, including patients pre-treated with clopidogrel (which should be discontinued when ticagrelor is commenced) unless there are contraindications	I	B
In patients with ACS undergoing PCI, prasugrel (60 mg loading dose, 10 mg daily dose) on top of aspirin is recommended for P2Y ₁₂ inhibitor-naïve patients with NSTE-ACS or initially conservatively managed STEMI if indication for PCI is established, or in STEMI patients undergoing immediate coronary catheterization ^a unless there is a high risk of life threatening bleeding or other contraindications <small>Contraindications for ticagrelor: previous intracranial haemorrhage or ongoing bleeds. Contraindications for prasugrel: previous intracranial haemorrhage, previous ischaemic stroke or transient ischaemic attack, or ongoing bleeds. Amiodarone is not recommended for patients >75 years of age or with a body weight <60 kg.</small>	I	B

2017 ESC focused update on dual antiplatelet therapy in coronary artery disease developed in collaboration with EACTS. *EHJ*.
<https://doi.org/10.1093/eurheartj/ehx419>.

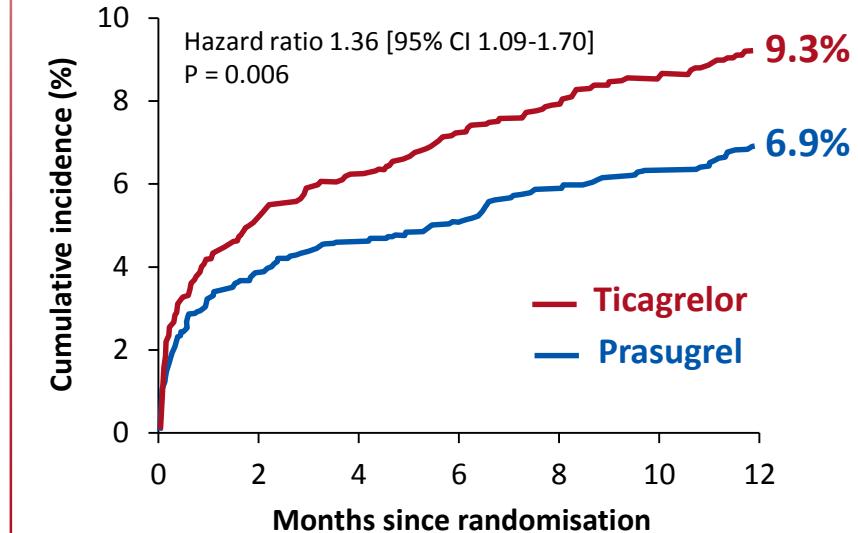


ISAR-REACT 5

4,018 pts with invasively managed ACS
(STEMI 41%, NSTEMI 46%, UA 13%)



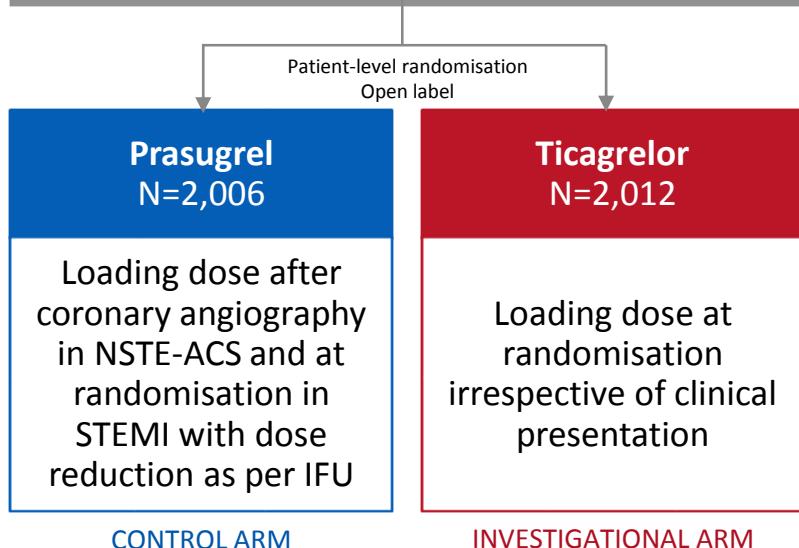
DEATH, MI OR STROKE AT 12 MONTHS (PRIMARY ENDPOINT, ITT)



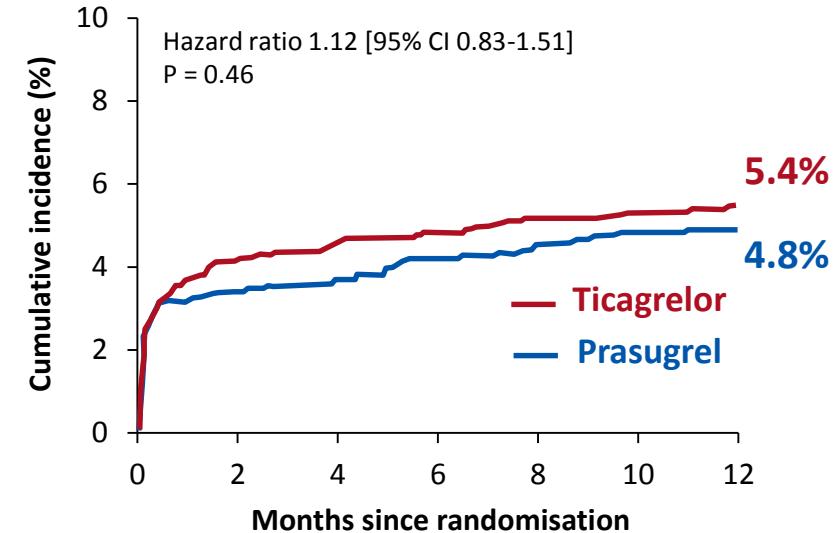
ISAR-REACT 5

ISAR-REACT 5

4,018 pts with invasively managed ACS
(STEMI 41%, NSTEMI 46%, UA 13%)



BARC TYPE 3, 4, 5 BLEEDING (SAFETY ENDPOINT, mITT)



**32,703 patients
45 countries**

2898 physicians
to consecutively enrol 10-15 patients

**Enrolment: 2009 - 2010
Database locked: 2016**

**Yearly visit
Median follow-up: 5.0 years**

Medical care at the discretion of
each physician

**Inclusion criteria for chronic coronary syndromes,
non-mutually exclusive:**

- . prior myocardial infarction >3 months
- . prior revascularisation >3 months
- . proven symptomatic myocardial ischaemia
- . angiographic coronary stenosis >50%

Exclusion criteria:

- . conditions interfering with life expectancy
- . advanced heart failure

According to angina and prior MI
5-year incidence of CV death or non-fatal MI

