

BREAKOUT SESSIONS 2

**APPLYING LEARNINGS FROM THESE EXAMPLES:
WHAT WORKS WELL : STRATEGIES AND SOLUTIONS
PREPARING TOMORROW'S BREAKOUT**

ESC Guidelines implementation via joint decision-making: Specialty and patient versions to enhance mutual understanding.

- **Patient education:** Without basic knowledge, patients do not know what might and will happen to them in the future. **Patient organizations, specialists (physicians, nurses), and healthcare providers might take the lead** on patient education (seminars or schools when the patient is in the hospital). The main goal is the ability to reach mutual understanding and agreement for the future.
- The patient can access their information at the health provider (EHR) – their **dedicated account in the provider's EHR**.

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- **Patient engagement in decision-making** (participating in heart team): a challenge for everyone: the physician, the patient, and others.
Patient (as well as clinicians) engagement in decision-making roadmap: How to build it into our daily routine and cover all the spectrum from taking statins to deciding on having heart surgery or TAVI, for example.
- **A chatbot would support the patient.** It should be designed based on the user's knowledge – the user should be able to understand. Consider the risk that the patient might request the investigations, procedures, or what the chatbot listed as a must. **TRUST IS THE KEY!**

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- **The team support approach** (physician, nurse, pharmacist) focuses on education, checking compliance, adherence, and access to services, medications, etc.