



# João Carlos Araújo Morais

*Curriculum Vitae (short version)*

## **Professional Contact**

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Cardiology Division

Leiria Hospital Center

R. das Olhalvas – Pousos

2410-197 Leiria, Portugal

- Born in Portugal in 1954
- Medical Degree in 1978 (Oporto Medical School)
- Cardiologist since 1988 (Coimbra University Hospital)
- Consultant in Cardiology since 1994
- European Cardiologist since 2000
- Fellow of the European Society of Cardiology (ESC) since 2001
- Certified with the competence on Emergency Medicine by the Portuguese Medical Association since 2004
- Certified with the competence on Administration of Healthcare Services by the Portuguese Medical Association since 2004
- PhD, Oporto Medical School in 2014
- Awarded by the Mayor of Leiria with the city's silver medal, in 2014
- Fellow American College of Cardiology, since 2018

## **Current Appointments**

- Affiliated Professor, Oporto Medical School, since 2016
- Chief of Cardiology Division of Leiria Hospital Centre, Portugal, since 2001
- Co-ordinator of Centre for Research, since 2014
- Member of the Clinical Board, since January 2020
- Ex-officio member of the Nucleus of the WG on Thrombosis (2016-2018)
- Chairman of “Challenges in Cardiology” ([www.challengesincardiology.com](http://www.challengesincardiology.com)) since 2011
- Member of the Executive Board of the Mediterranean League Against Thrombosis (EMLTD), since 2019
- Honorary President, Portuguese Society of Cardiology since April 2021
- Member of the Advocacy Committee, ESC (2020-2022)
- Chairman Eurothrombosis and Eurovessels 2022
- Section Editor of *Thrombosis & Haemostasis*, since January 2020
- Member of the Joint Steering Committee of the ciTechCare (Center for Innovative Care and Health Technology), Polytechnique of Leiria, since 2019

## **Past Relevant Appointments**

- Board of the Portuguese Society of Cardiology (Secretary 1997-1999; Treasurer 2005-2007; Vice-President 1999-2001; 2007-2011; Elect President 2015-2017; President 2017-2019)
- Board of the UEMS 1999-2001
- Board of the Portuguese Resuscitation Council 1997-2000; President of the General Assembly 2000-2003)
- Co-ordinator of the National Database Centre for National Surveys and Registries of the Portuguese Society of Cardiology (2007-2011)
- National Committee on Medical Practice (Portuguese Medical Association), 2003-2009
- Member of the General Council of the Portuguese Heart Foundation between 1997 and 2010
- Chairman of the Committee for Automatic External Defibrillation by lay rescuers (Portuguese Medical Association) between 2004-2010
- Co-chairman of the Coronary Care Unit of the University Hospital of Coimbra (1990 - 2001)

- Chairman of the Working Group on Thrombosis and Platelets of the Portuguese Society of Cardiology (2015-2016)
- Associate Director of the “Revista Portuguesa de Cardiologia” official journal of the Portuguese Society of Cardiology (1997-2000)
- Member of the Scientific Council of the National Emergency Institute, for the new concept of Immediate Life Support Ambulances (2006-2007)
- President of the Federation of Cardiac Societies of Portuguese Speaking Countries (2018-2019)
- Member of the General Board of the Polytechnique of Leiria (2017-2021)
- Governor of the American College of Cardiology, for Portugal (2019-2021)

### ***European Society of Cardiology***

- Programme Director of the in-house course of the European Society of Cardiology 2001, “Coronary Care Unit into the Third Millennium”
- Programme Director of the in-house course of the European Society of Cardiology 2002: “Complications of Acute Coronary Syndromes and their Treatment in Coronary Care Unit”
- Member of the Committee for Practice Guidelines (2002-2006)
- Member of the Nucleus of the Working Group Thrombosis (European Society of Cardiology), since 2008
- Chairman of the Working Group on Thrombosis, European Society of Cardiology (2014-2016)
- Member of Task Forces: Stable Angina (2006); Antiplatelets (2011); Pregnancy and Cardiovascular Diseases (2011, 2017); Anticoagulants (2012-2017); Antithrombotics in Heart Failure (2012); Aspirin for primary prevention (2013); Antithrombotics in the elderly (2015, 2019); Antithrombotics and extremes of body weight (2017); Antithrombotics in critically patients (2019)
- Co-chairman with Prof Carlo Patrono, Task Force on Antiplatelets (2016-2017)
- Review Co-ordinator of the document on global definition of AMI (2007, 2012) and reviewer in 2017
- Reviewer of the European (ESC) guidelines on acute heart failure (2006)
- Reviewer of the European (ESC) guidelines on acute coronary syndromes with non ST-segment elevation (2007)
- Reviewer of the European (ESC) guidelines on pulmonary embolism (2014 and 2019)
- Reviewer of the European (ESC) guidelines on STEMI (2017)
- Reviewer of the European (ESC) guidelines on NSTEMI (2020)
- Member of the judge of *Young Investigator Award on Thrombosis* (2010, 2011 e 2015)
- Member of the judge of *ESC Grant for Thrombosis* (2015, 2016, 2017)
- Member of the Committee for the Program of the European Congress (ESC) (2015-2018)
- Chairman of the Eurothrombosis Summit 2011
- Host and Scientific Committee of ACCA meeting, Lisbon, October 2016
- Member of the Nominating Committee (2018-2020)
- Chairman of “Eurothrombosis and Eurovessels 2022” to be held in Lisbon in October 2022
- Member of the Advocacy Committee, ESC (2020-2022)

### ***Scientific Activity***

- Author and co-author of more than 400 papers presented in national and international scientific meetings and more than 160 published papers in full text in peer review journals
- *h-index* = 58
- Author and co-author of 18 scientific projects awarded with national and international prizes
- Editor of two books published in the field of acute coronary syndromes
- Co-Editor of one book in the field of oral anticoagulants (almost ready for publication. Last revision ongoing)
- Author of one book on the topic of beta-blockers in coronary artery disease
- Author of one book on the topic of Acute Coronary Syndromes
- Author of 12 published papers in books, teaching manuals and monographs
- Member of the Scientific Council of the “Revista Portuguesa de Cardiologia”, official scientific journal of Portuguese Society of Cardiology, since 1997.

- Member of the Scientific Council of the "Revista Fatores de Risco", (journal of the Portuguese Society of Cardiology, for GPs) (2006-2018)
- Member of the Scientific Committee of several National and International Meetings, including the Portuguese Congress of Cardiology and European Congress of Cardiology
- More than 550 lectures in national and international meetings.
- Investigator in more than 40 international clinical trials with special relevance in the field of thrombosis and acute coronary syndromes. Member of the Steering Committee and National Leader in more than 20.
- National Co-ordinator of the National Registry "Thrombolysis in Portugal" (1997)
- National Co-ordinator of the National Registry "Acute Myocardial Infarction in Portugal" (1999)
- President of the Scientific Committee of the XXVIII Portuguese Congress of Cardiology, (2007)
- Member of the Scientific Committee of the World Congress on Controversies in Cardiovascular Disease (2008)
- Chairman of Challenges in Cardiology meeting, since 2011
- Host and Scientific Committee of ACCA meeting, Lisbon, October 2016
- Section Editor of Thrombosis & Haemostasis, since January 2020

### ***Fields of interest***

- Acute coronary syndromes; acute heart failure; antithrombotics; atrial fibrillation; atherothrombosis; chronic ischemic heart disease; lipids and atherosclerosis

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**JOAO MORAIS**

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