
 Tallinn, Estonia

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 [margus.viigimaa](#)

Date of birth 24.04.1958

Nationality Estonian

Languages Estonian, English, German, Russian, Finnish

ACADEMIC AND CLINICAL EXPERIENCE

2011 - present	Research Chief of the Centre of Cardiology, Centre of Cardiology, North Estonia Medical Centre
2014 - present	Head of the Centre for Cardiovascular Medicine, professor, Tallinn University of Technology
2015 - 2018	Member of the Expert Panel, Estonian Research Council
2005 - 2014	Professor, Technomedicum of the Tallinn University of Technology
2004 - 2011	Head of the Cardiology Centre, North Estonia Medical Centre
1995 - 2004	Head of the Department, Tartu University Hospital, Heart Clinic
1996 - 2004	Associate professor, Tartu University Hospital, Heart Clinic
1991 - 1995	Cardiologist, Tartu University Hospital, Heart Clinic
1982 - 1996	Researcher, Senior Researcher, Head of the Research Laboratory; Tartu University Hospital, Heart Clinic

EDUCATION AND POSTGRADUATE TRAINING

1997	Postdoctoral research, University of Nottingham (UK)
1994	Postdoctoral research, University of Uppsala (SWE)
1994	Doctor of medicine (PhD); University of Tartu (EST)
1990 - 1991	Postdoctoral research, University of Kyoto (JAP)
1990	Postdoctoral research, Hannover Medical School (GER)

CURRICULUM VITAE

November 2019

Margus Viigimaa

1989	PhD, Medical Academy of Kaunas (LIT)
1976 - 1982	Medical Doctor (cum laude), Faculty of Medicine, University of Tartu (EST)

RESEARCH ACTIVITY

More than 300 original scientific papers.

H-index is 34 and number of citations is 22106 (Scopus database).

MEMBER OF THE EDITORIAL BOARD OF SCIENTIFIC JOURNALS

Cardiology
Blood Pressure
High Blood Pressure & Cardiovascular Prevention
Journal of System Hypertension
Arterial Hypertension
Romanian Journal of Cardiology
Russian Journal of Cardiology
Journal of Cardiology and Therapy

EUROPEAN SOCIETY OF CARDIOLOGY ACTIVITIES

2019	Co-chairman of the ESC Digital Summit in Tallinn
2015	President of the XXV Nordic-Baltic Cardiology Congress
2013 - 2015	Chairman of the Nordic-Baltic Cardiology Alliance
2001 - present	ESC CVD prevention coordinator for Estonia
2000 - 2004	Member of the ESC Credentials Committee

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

1982 - present	Member of the Estonian Society of Cardiology
1995 - 2001	Founder and president of the Estonian Society of Hypertension
1998 - 2001	Founder and president of the Baltic Atherosclerosis Society
2001	Fellow of the European Society of Cardiology
2001 - present	Board member of the Estonian Society of Hypertension
2003 - 2005	President of the Estonian Society of Cardiology
2005 - 2013	Council member of the European Society of Hypertension
2006 - present	Founder and head of the ESH Excellence Centre of Tallinn
2009- 2013	Board member and Officer-at-Large of the ESH
2010- present	Chairperson of the ESH Working Group on Hypertension and Sexual Dysfunction
2014	Fellow of the American College of Cardiology
2013 - 2015	President of the Estonian Society of Cardiology

HONORS AND AWARDS

2000	Honorary member of the Swedish Society of Hypertension
2007	Red Cross III class Service Order of the Republic of Estonia
2008	Honorary member of the Hungarian Society of Hypertension

CURRICULUM VITAE

November 2019

Margus Viigimaa

- 2009 Honorary member of the Bulgarian Hypertension League
- 2012 Honorary member of the Association of Cardiologists of Kazakhstan
- 2015 Gold medal of the Ukraine National Academy of Medical Sciences
- 2015 Scientist of the year of the Tallinn University of Technology
- 2016 Tallinn city Order of honor
- 2018 Estonian Conference Ambassador of the year
- 2018 Honorary member of the Estonian Society of Cardiology

LETTER OF MOTIVATION

For the 2020 election to become Councilor of the ESC Board 2020-2022



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From: Margus Viigimaa

Re: Candidacy for the post of Councilor on the Board of the European Society of Cardiology

Dear Colleagues,

First of all, I would like to tell how much honoured I feel to have been nominated to the position of Councilor of the European Society of Cardiology. It is the first time that someone from my country is nominated to such an important position at ESC.

With this document, I would like to confirm my willingness to serve as councillor of the ESC board in the term 2020 – 2022. My commitment is to give my best to benefit European Society of Cardiology.

I am a clinical cardiologist with a special interest in preventive cardiology and digital health. My research activity has resulted in more than 300 original scientific papers my H-index is 34 and number of citations is 22106 (Scopus database).

I have served the ESC to the best of my ability. I have been an organiser of the very first ESC Digital Summit in Tallinn, October 5-6, 2019, which has been a great success. I have served as an ESC Credentials Committee member for 4 years. From 2005 to today I have served as the ESC National CVD prevention coordinator for Estonia. **If elected as a councillor, the ESC board will be my first professional priority.**

I would like to develop my work with prevention of the cardiovascular epidemic in Eastern-European countries. I hope to continue supporting education and organisation of prevention of cardiovascular diseases in Eastern Europe. **I am very committed to bridge Western and Eastern Europe for the efficient cardiovascular prevention.** I speak fluently Russian and have been frequently lecturing in Russia, Ukraine, Belorussia, Kazakhstan, Uzbekistan, Georgia and other countries.

Times are changing, and work in the ESC board is very demanding. I hope that my long experience working in the Estonian Society of Cardiology, European Society of Cardiology, Baltic Atherosclerosis

Society and European Society of Hypertension and in the preparation of national and international guidelines in cardiology will be useful.

I have been the President of the Estonian Society of Cardiology twice (2003-2005 and 2013-2015) and I am currently the honorary member of the society. I have been leading the Nordic-Baltic Cardiology Alliance in 2013-2015. I also have an experience to organise societies (Estonian Society of Hypertension in 1995, Baltic Atherosclerosis Society in 1998 etc). I have organised several large international meetings (Nordic-Baltic Cardiology Congress in 2015, Baltic Atherosclerosis Congress in 2018 etc).

Digital cardiology is the future of cardiology. I would like to be active in the ESC to develop digital cardiology in all the countries of the European Society of Cardiology. Estonia and Nordic countries have well developed health information systems and registries in cardiology. This experience should be expanded throughout Europe and I would be happy to actively participate on this as the Councilor of the European Society of Cardiology. I will speak on the AHA 2019 meeting on the ESC-AHA joint session about digital cardiology. **On October 9-10, 2020 I am going to organise the II ESC Digital Summit in Tallinn.**

With warmest regards,

Margus Viigimaa, FESC, FACC

Professor of cardiovascular medicine

Past president of the Estonian Society of Cardiology

Tallinn (Estonia), November 14, 2019