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Economics and Medical Innovation: closer to reality or is it out of reach?



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**Medical Innovations in Arrhythmias. The Expectations, the Barriers, the
Developments**

EHRA Summit, 21 and 22 March 2011

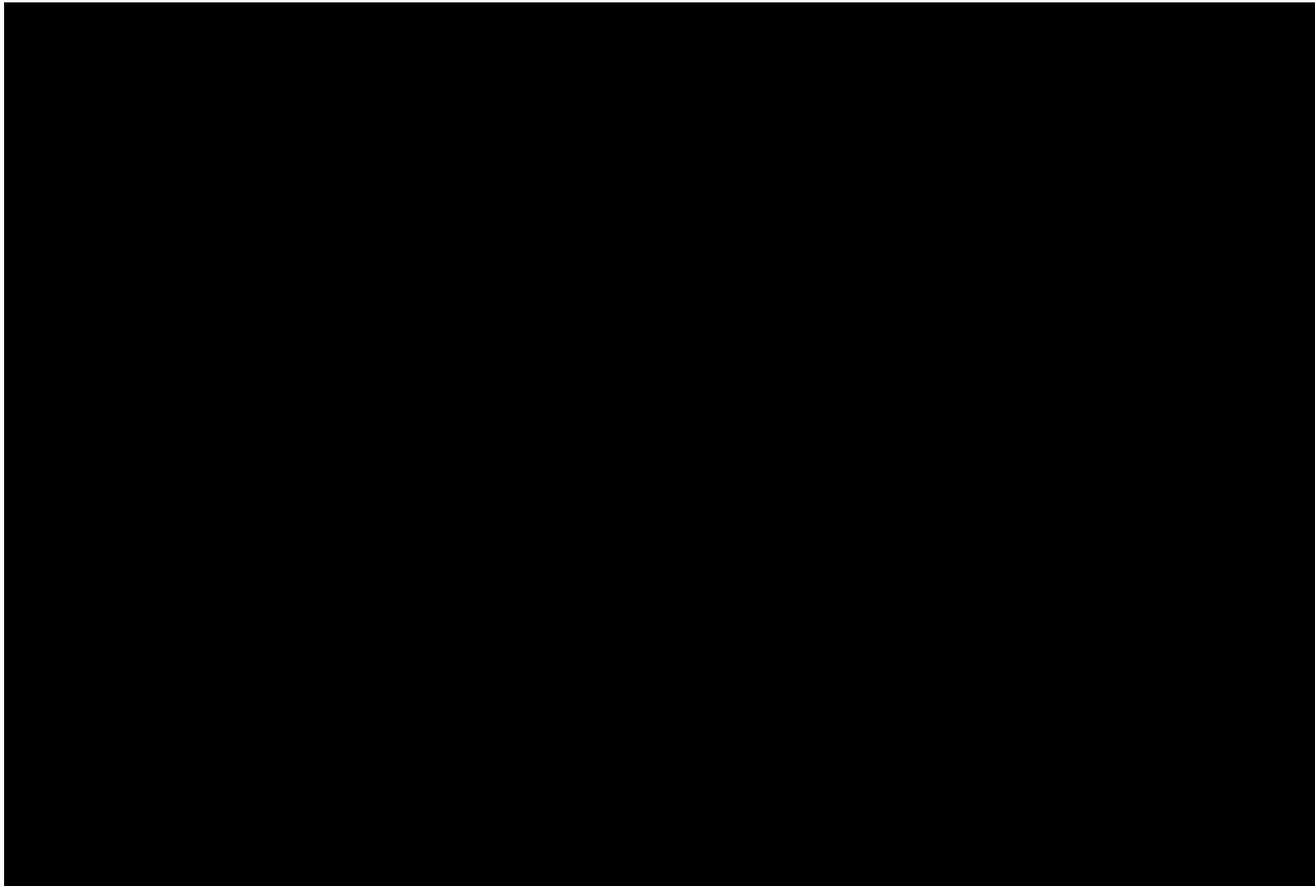
Science says 2000s-born babies will live 120 yrs

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We are all to live longer...but
success comes at a price...

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The “universalistic” principle of EU systems is threatened

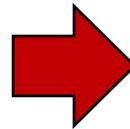
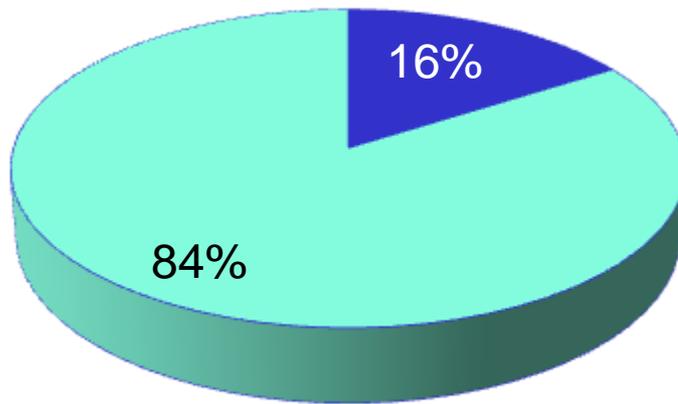
- The proportion of over 65 yrs old over general population is increasing

Percentage of people >65 in EU-27

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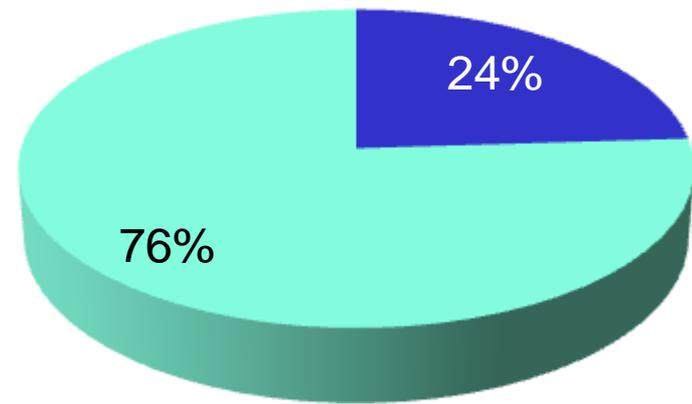
2010

■ > 65 ■ < 65



2030

■ > 65 ■ < 65



The “universalistic” principle of EU systems is threatened

- The proportion of over 65 yrs old over general population is increasing
- Public resources as from fiscal revenues necessarily decrease:
 - Fewer people would cover a greater number of more costly people
- Incidence of chronic conditions increases

**IN 2010, OVER 1/3 OF EU'S
POPULATION HAS DEVELOPED
AT LEAST ONE CHRONIC
DISEASE**

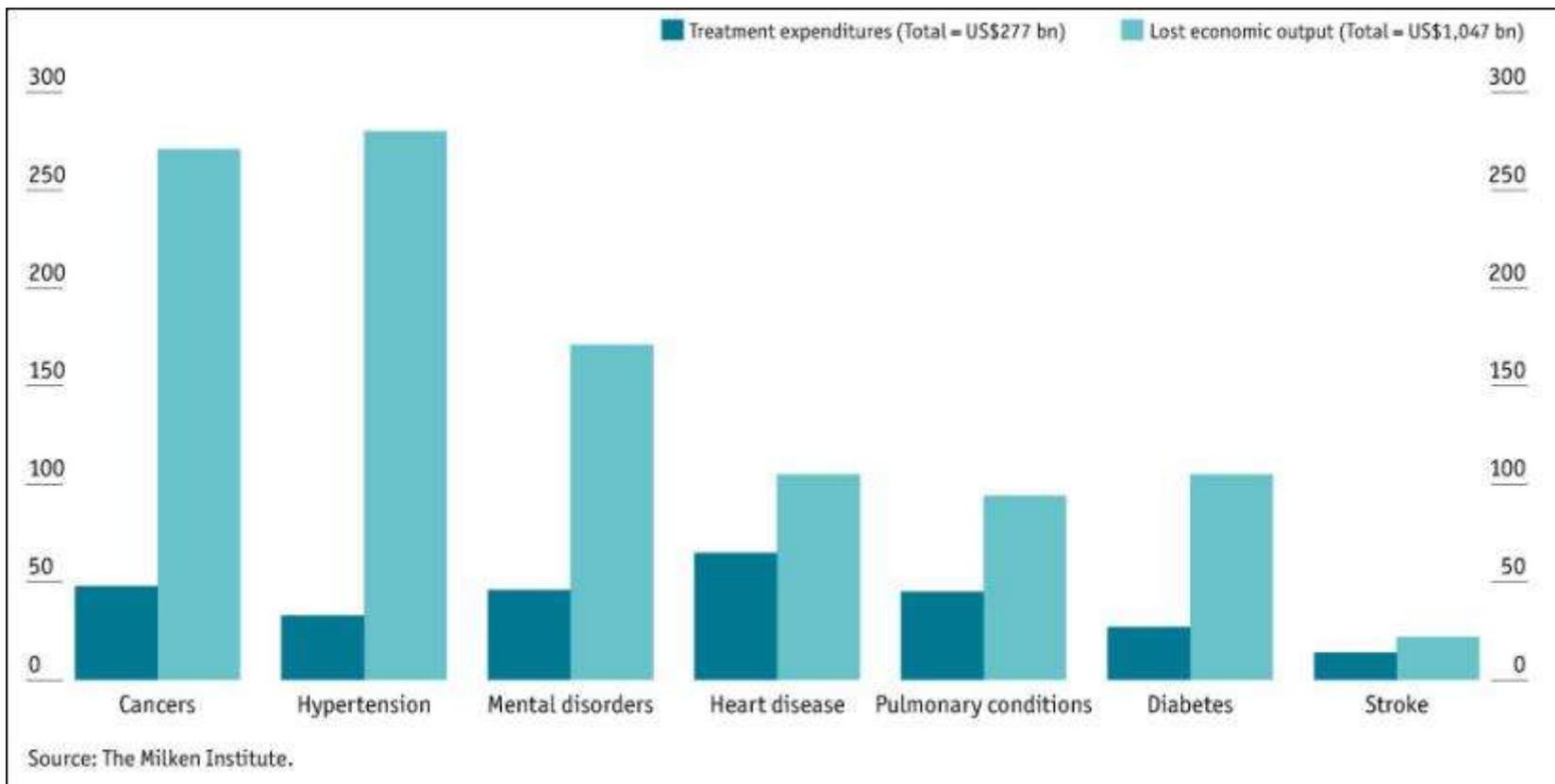
Stemming the global tsunami of cardiovascular diseases...Lancet, 2011

2 billion people are at risk of cardiovascular diseases:

- 1,3 billion smokers
- 600 million hypertensive
- 220 million diabetics

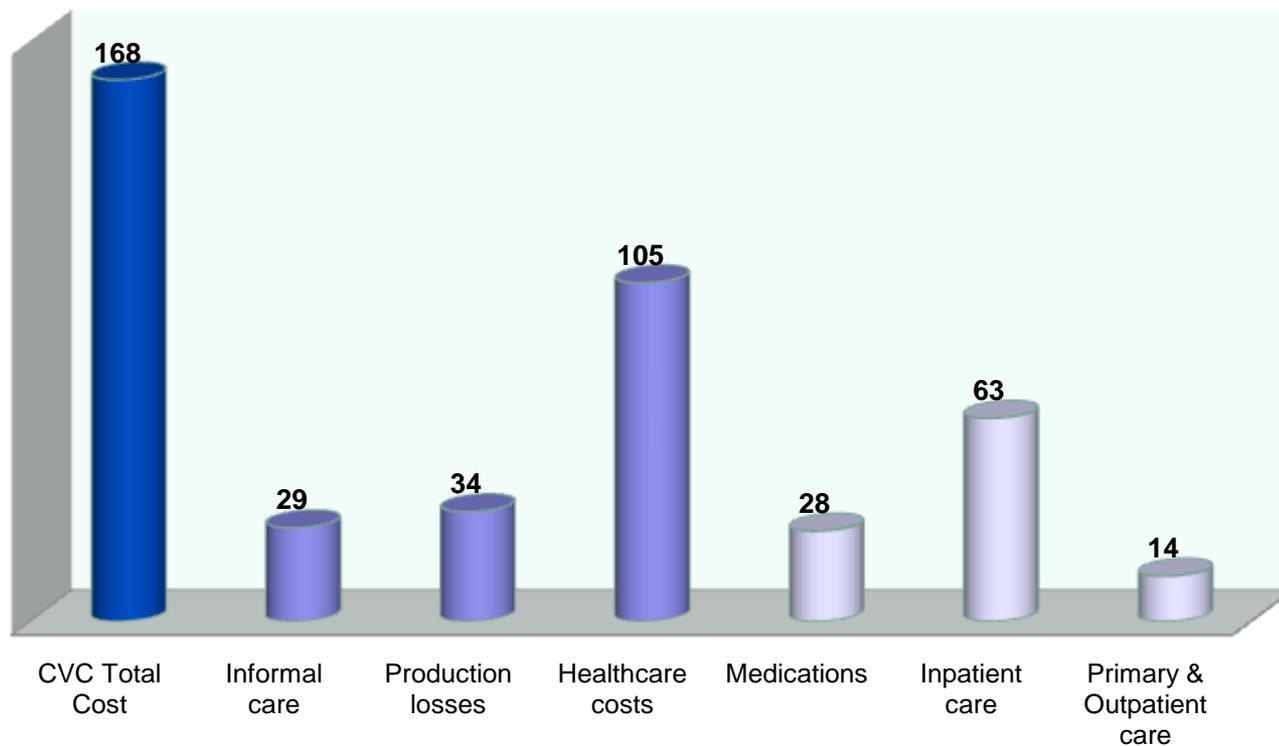
Total economic cost of chronic disease, US, 2003 (USD bn)

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Economic burden of CVC in EU-27, 2003 (Euro bn)

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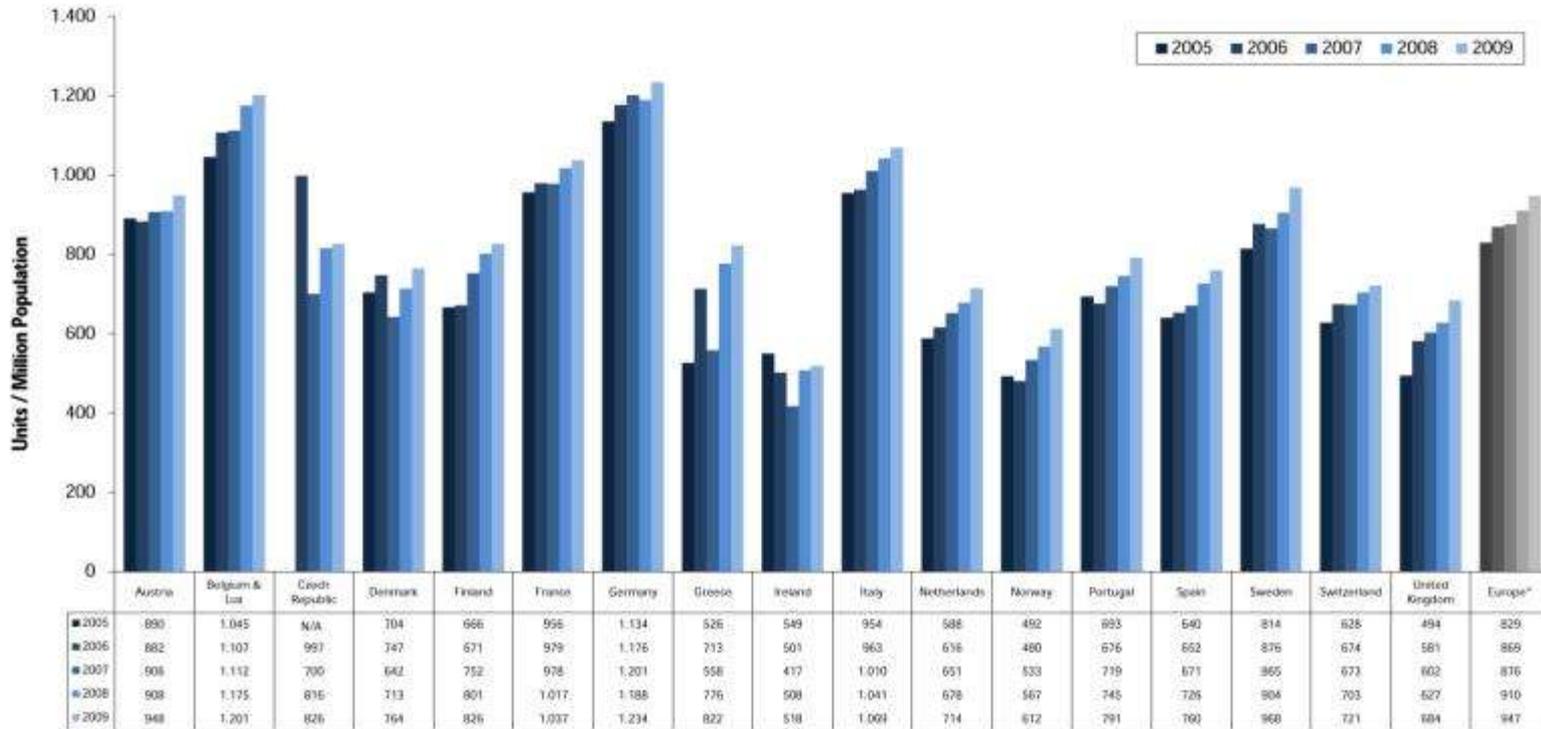
Leal et al., EHJ 2006

The “universalistic” principle of EU systems is threatened

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- The proportion of over 65 yrs old over general population is increasing
- Public resources as from fiscal revenues necessarily decrease
- Incidence of chronic conditions increases
- Coverage gets smaller: restrictions to patients' access

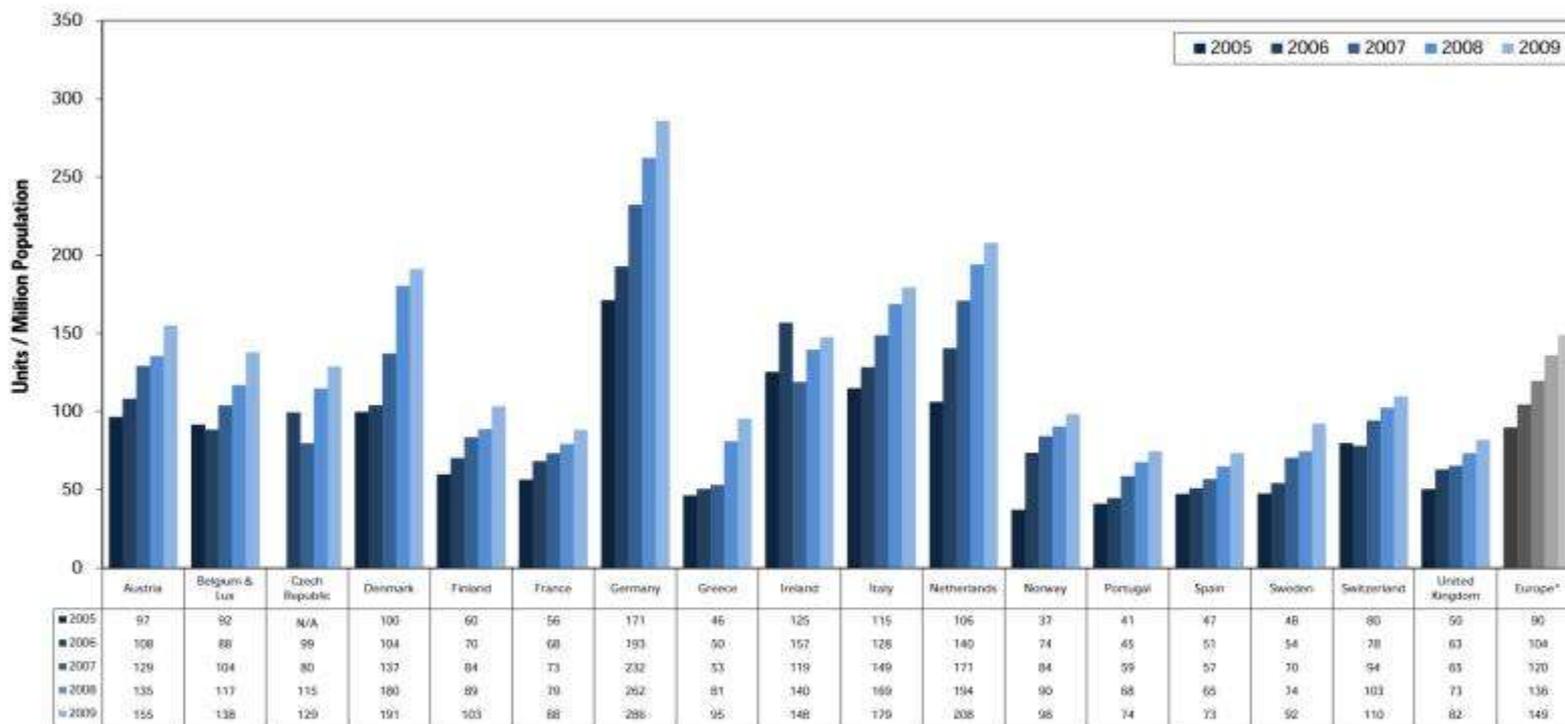
Pacemakers: units per million inhabitants



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Source population data: OECD
 Units - Eucomed based on reports from major manufacturers
 * Europe represents total of listed countries

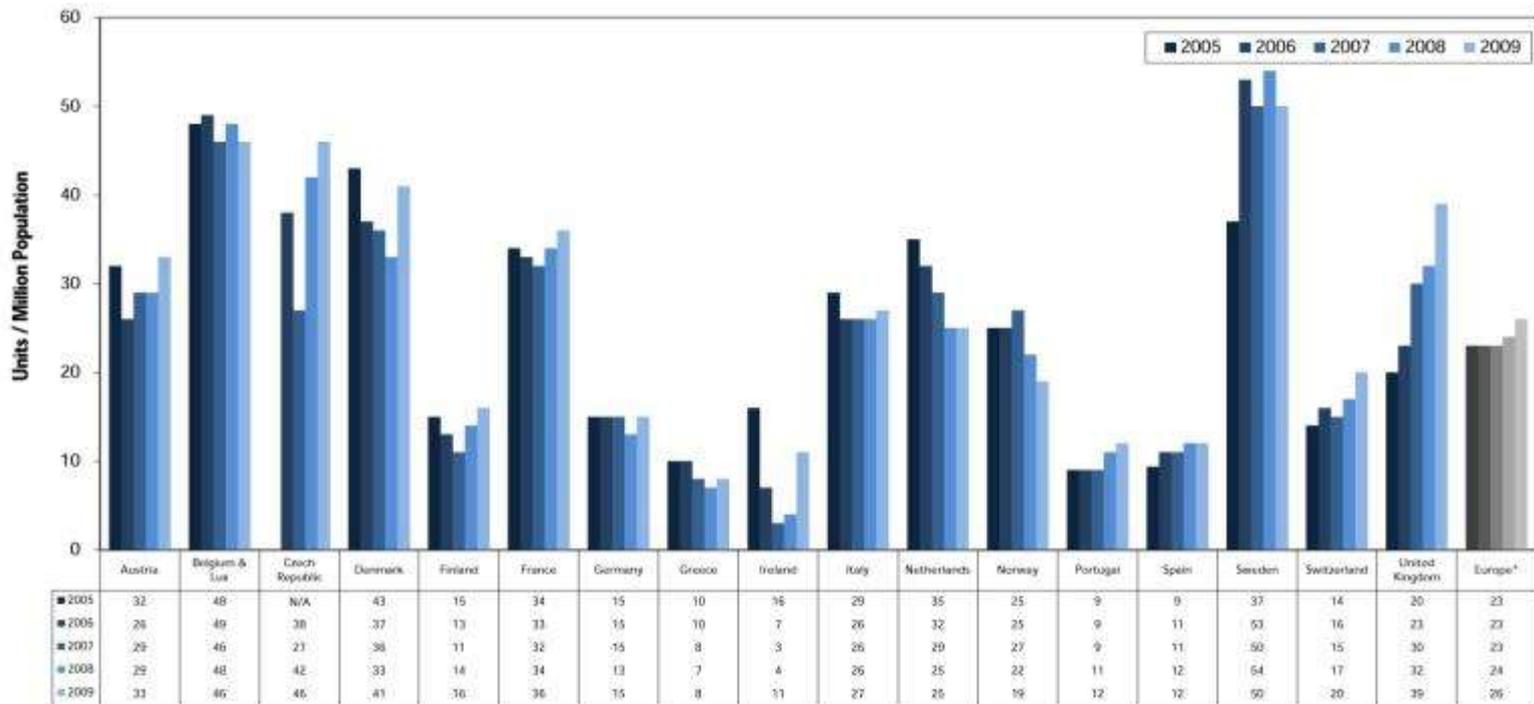
Defibrillators: units per million inhabitants



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Source population data: OECD
 Units - Eucomed based on reports from major manufacturers
 * Europe represents total of listed countries

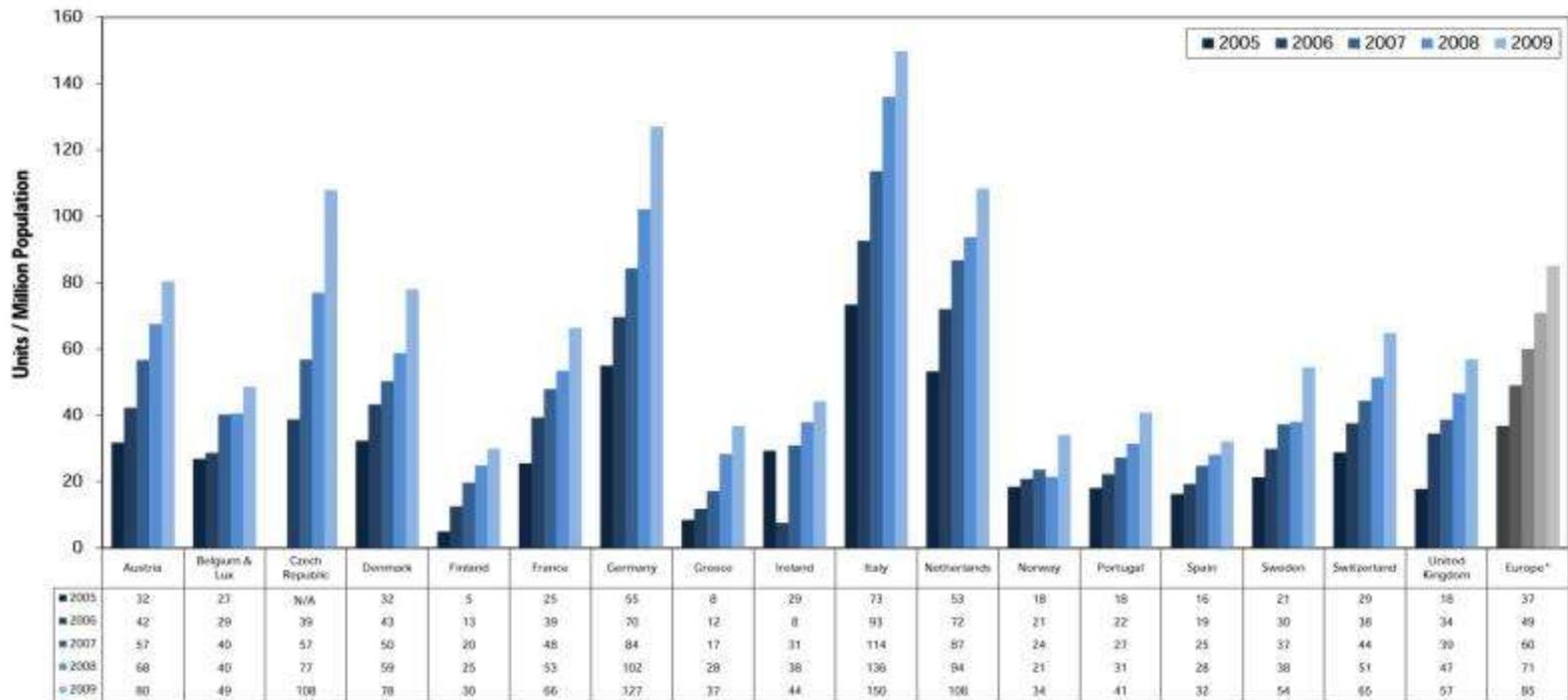
CRT-P per million inhabitants



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Source population data: OECD
 Units - Eucomed based on reports from major manufacturers
 * Europe represents total of listed countries

CRT-D per million inhabitants



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The “universalistic” principle of EU systems is threatened

- The proportion of over 65 yrs old over general population is increasing
- Public resources as from fiscal revenues necessarily decrease
- Incidence of chronic conditions increases
- Coverage gets smaller: restrictions to patients' access
- Informal carers are called to fill the gaps....

More carers for more chronics

Number of people providing care to a dependent relative

Country	Number of carers	Number of carers combining work and care
Italy	3-3.5m	n/a
Netherlands	2.4m	1.3m
UK	6m	3m

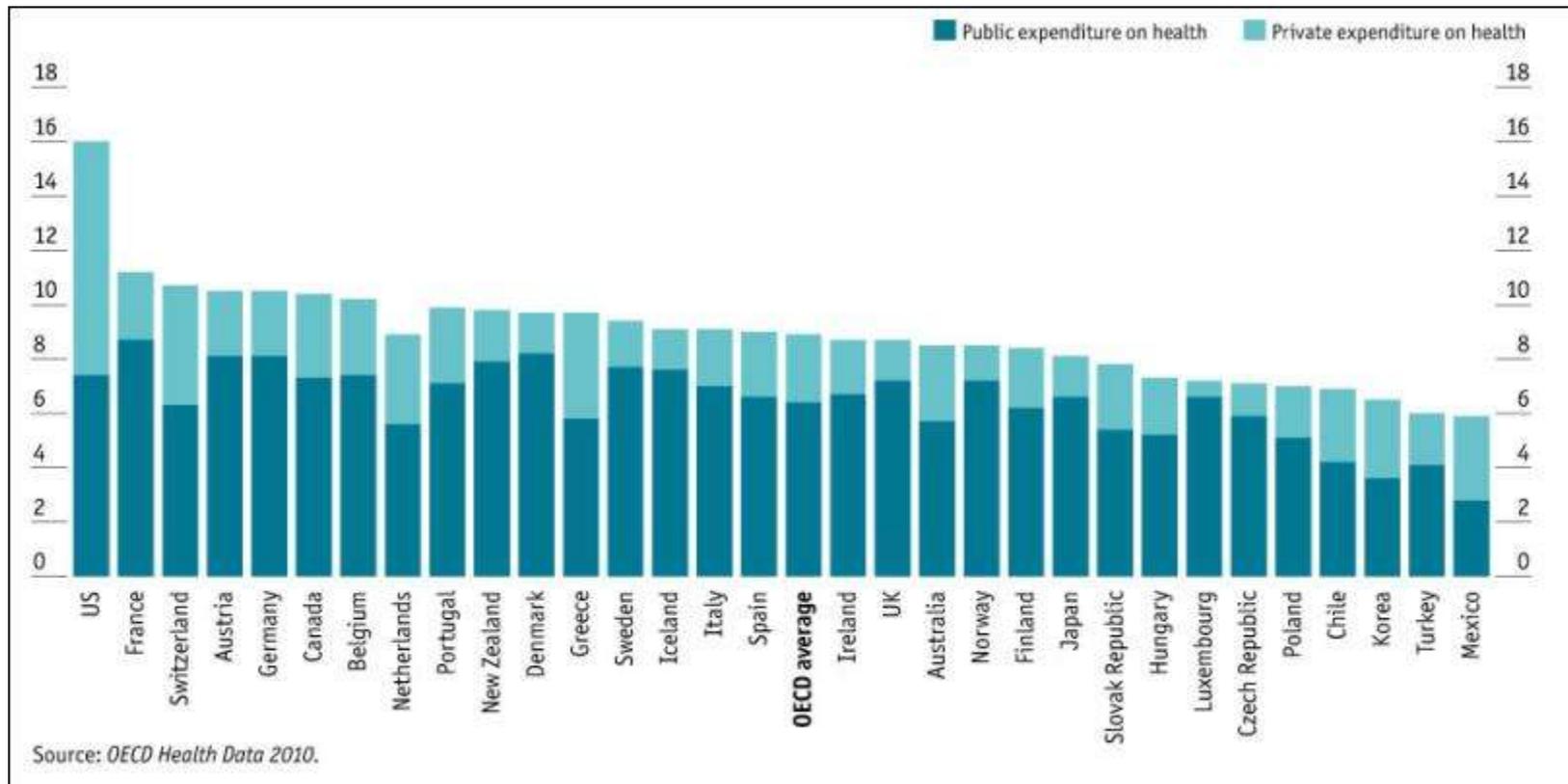
Source: European Commission

Where is Economics...in principle?

1. Global decision-making level:
 - apportionment of % GDP to healthcare (allocative efficiency)

Budgets tighten: health expenditure over GDP, 2008

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Where is Economics...in principle?

1. Global decision-making level:
 - apportionment of % GDP to healthcare (allocative efficiency)
2. Healthcare decision-making level:
 - Health Technology Assessment (technical efficiency)

Health Technology Assessment

- HTA is a multi-disciplinary process studying the medical, economic, social and ethical implications of diffusion and use of health technology aimed at informing policy-decisions to efficiently allocate scarce resources
- A large number of organisations undertake or commission HTAs across the world and many of them increasingly link HTA to a particular decision about reimbursement, coverage, access and use of technologies (e.g. NICE, IQWiG, PBAC, CADTH)
- Economic Efficiency and Clinical Effectiveness dominate HTA activities and Cost-Effectiveness (Cost-Utility) Analysis, normally make the most of HTAs

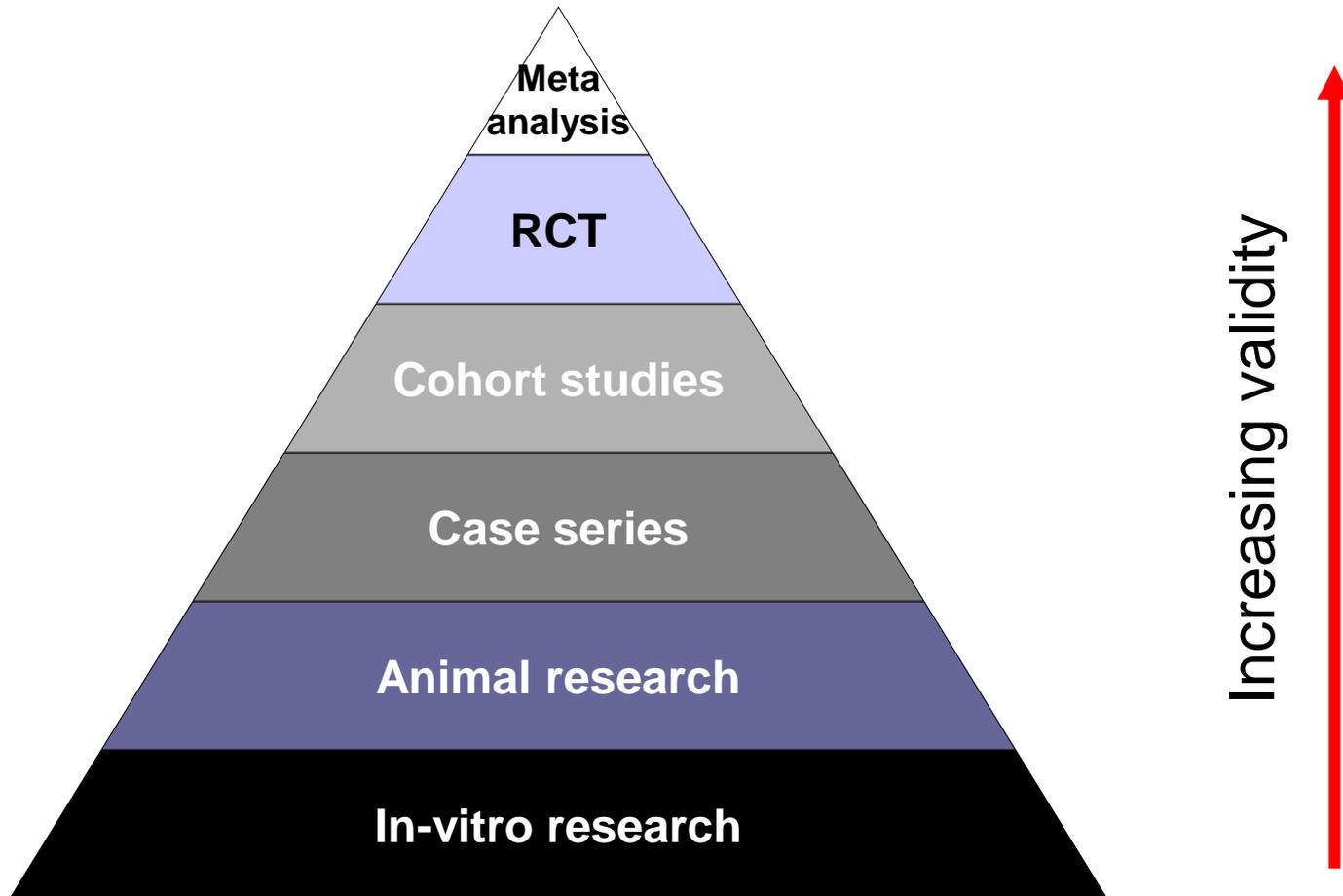
CEA decision rule: Incremental Cost-Effectiveness Ratio (ICER)

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$$\text{ICER} = \frac{C_B - C_A}{E_B - E_A}$$

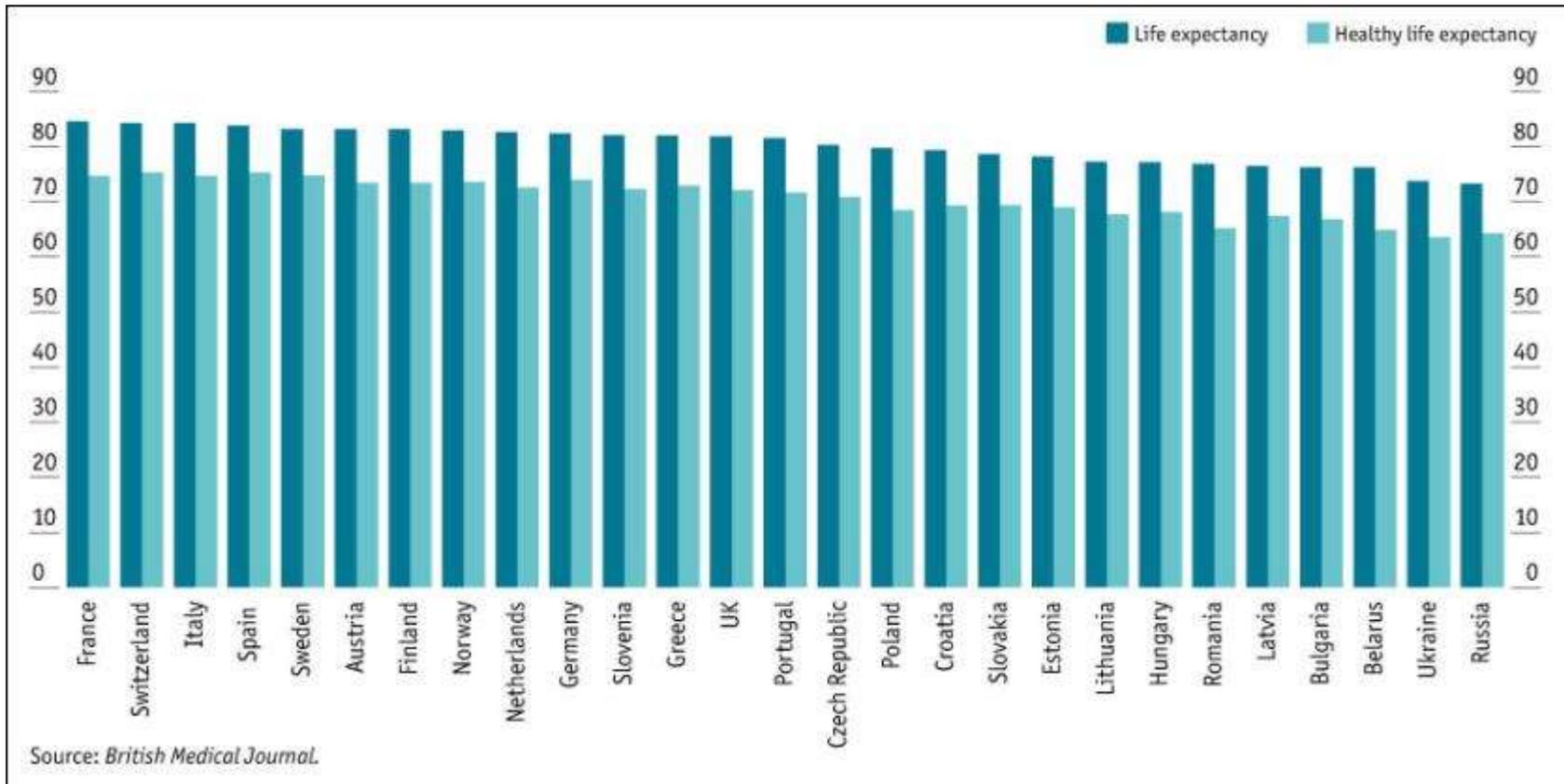
Clinical Effectiveness of the new program (E_B): sources of evidence

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Healthy life expectancy vs. overall life expectancy

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Did she invent QALYs?

Bocconi “It’s not the
years in your
life,
but the life in
your years,
that counts.”

Mae West



CEA decision rule: Incremental Cost-Effectiveness Ratio (ICER)

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$$\text{ICER} = \frac{C_B - C_A}{E_B - E_A}$$

ICER: Threshold Value Approach

- Programs are judged in terms of absolute value of the ICER and are cost-effective if below what is deemed an acceptable “price” for producing health improvement:

Threshold Value:

- Australia
- Canada
- UK (20,000-30,000 UKP/QALY)

Are (current) CEAs & ICERs good proxies for cardiac devices values?

- Since the 90s there has been significant innovations in the cardiology sector (e.g. ballon angioplasty, coronary stents, ICDs, TAVI, mitra-clip,..)
- Nevertheless a systematic review* on economic evaluation studies of cardiac devices (i.e. ICDs, pace-makers, stents) over the period early 1990-2009 shows poor results:
 - 5% examined long-term benefits
 - 15% used QALYs
 - Cost of device at uptake primary cost driver :
 - No consideration for learning curves
 - No organisational impact

Are (current) CEAs & ICERs good proxies of cardiac devices values? NO

- Adapting CEAs for pharmaceuticals to devices gives a partial picture of the true costs and benefits
- This might mislead decision-makers who under those premises happen to conclude that:
“based on our analysis, there are NO observable increasing benefits from health technology innovation in the last 10 years...” (CADTH, 2011)
- Even the most advanced HTA Agencies would restrict access to promising innovative devices unless we change approach

What next?

- Drugs differ from devices:
 - evidence is growing (Drummond et al, 2009; Sorenson et al, 2010; Tarricone & Drummond, 2011) but needs support by clinicians to contribute to the debate (e.g. 2nd Joint-Action by EC)
- RCTs do not work sufficiently for MDs:
 - registers need to become more reliable and credible
- Benefits should encompass a wider perspective:
 - Productivity gains by patients & carers
 - Returns on the economy (R&D, competitiveness, qualified employees, ..) through the multiplier effect of MedTech

What might happen then?

- We'd measure the true “opportunity cost” of allocating scarce resources in programmes other than healthcare
- Evaluations would address several recipients beyond MoH
- Higher level debate might be engaged onto how and where to allocate global public budgets, providing that benefits healthcare programmes accrue to non-healthcare sectors also

That is?

1. Global decision-making level:

- apportionment of % GDP to healthcare (allocative efficiency)



2. Healthcare decision-making level:

- Health Technology Assessment (technical efficiency)

Is it out of reach?

- John Dalli, “*Better Health, Better Economy*”, at Finnish Government (February, 2011)
- German Ministry of Economic Affairs, “*We must not only regard health care spending as a cost factor, but need the full economic perspective*”:
 - direct medical costs have increased by €101 billion in 2003-2008 vs. 2002. This is however counterbalanced by an avoided loss of gross national product by €123 billion in the same period, as a result of avoided loss of productive life years
 - Medical progress has thus a positive net impact on the economy, as a result of lowered indirect costs such as productivity losses.

What if it doesn't happen?

That we have secured economics out of the game but we all will be ruled by accountants ...