

Introduction to the CCNAP Clinical Guidelines Initiative

**Council on Cardiovascular Nursing
and Allied Professions**

ESC Guidelines: The Background

- Each year since 1994 the ESC Clinical Practice Guidelines Committee (CPG) develops several new Guidelines
- To date 27 Guidelines have been published
- They are available [here](#)
- These Guidelines summarise the latest evidence for use by ALL members of the clinical team
- Nurses are involved in writing and reviewing Guidelines
- We need to become more active in IMPLEMENTING the ESC Guidelines

Why is Guideline Implementation Important For Nurses?

- **Nurses spend longer with the patient than other healthcare professionals**
- **We have an opportunity to evaluate current care against Guideline recommendations**
- **We have an important role as patient advocates**
- **It delivers evidence based care to each patient**

Reflective Questions For Individual Nurses & AHPs

- **Are the patients I care for receiving Guideline based care?**
- **If not, why not? (Prompts)**
 - Knowledge?
 - Infrastructure? (Finance, legislation, time)
 - Workplace Culture?
- **What can I do to overcome these barriers?**
- **Where can I get help?**

Barriers to Guideline Implementation – CCNAP

National Societies' Committee members reported:

- **Nurses don't want to get it wrong**
- **Nurses don't like to contradict the Doctor**
- **It might upset the patient if the nurse intervened**
- **It's not a nurses' job!**
- **Nurses in my country are not trained to use Guidelines!**
- **Nurses don't have enough power to change patient care**
- **Nurses don't have sufficient fluency in English**
- **Nurses don't have enough time**

Potential Solutions From CCNAP

- Provide education & resources so nurses are better informed – Get to **KNOW** the guidelines
- Provide professional support to nurses building their confidence – **YOU** are responsible for implementation
- Provide interdisciplinary guidance to challenge the workplace culture – Question practice – **IMPLEMENT** evidence based care

CCNAP Action plan

- **Survey to investigate nurses' knowledge, attitudes and practice regarding clinical practice guidelines**
- **Creation of a toolkit to raise awareness amongst nurses and increase their contribution to guideline implementation**
- **Training of trainers in the use of the toolkit**
- **Evaluation of the CCNAP guideline initiative with a follow up survey**

The finer details.....

- **Survey to open mid April 2015 administered by the ESC EURObservational Research Programme**
- **Target audience: CCNAP members, other nurses affiliated to ESC and members of the National Societies**
- **Survey to close on June 26th 2015**
- **Launch initiative with Live training Session at EuroHeartCare 2015 in Dubrovnik**
- **On-going emphasis on Guideline implementation within CCNAP**
- **Re-evaluation of attitude and practice in 3 years**

A toolkit for nurses



- Access to ESC guidelines products (Pocket guidelines, summary cards etc) to **educate**
- Videos of clinical situations to **stimulate** reflection and debate
- Journal papers to **inform**
- Power Point Slides to **support** nurses in implementation

How can you use the toolkit?

- **See the links provided in the slides at the end of this presentation**
- **Nurse educators can use it with larger groups**
- **Unit managers can use it to enhance guideline implementation**
- **Individual nurses can use it to update themselves**

Phased approach to implementation

- **Baseline survey to target audience until June 26th 2015**
- **Launch and Live training Session at EuroHeartCare 2015 in Dubrovnik**
- **Toolkit Phase 1 at EuroHeartCare 2015 in Dubrovnik**
- **ESC Congress 2015 in London - Guidelines training**
- **Further activities to be planned for EuroHeartCare and ESC Congresses 2016 and 2017**
- **Re-evaluation of attitude and practice in 3 years**

Opportunities and challenges ahead

- **Interdisciplinary collaboration and support: involving ESC medical colleagues**
- **Crossing language barriers: CCNAP National Societies Committee Members have committed to helping with translation of materials**
- **Tackling cultural & legislative issues across countries**
- **Maintaining momentum and evaluating impact**

Need Help?

We can help you!

- Use the CCNAP Guidelines Toolkit – see links in the slides below
- Become a CCNAP member – it's free and gives you access to all our resources

[Join now](#)

You can help us!

- Join us now in making this initiative a success
- If you have not completed the survey – DO IT NOW! Click **[HERE](#)** to access the online survey

ESC Guidelines Tools

- Click [**HERE**](#) to access the ESC Guidelines page and find useful tools to help you with guideline implementation
- Did you know that the ESC Pocket Guidelines are all available on an APP? Click [**HERE**](#) to access information about the app.

Clinical Situations Video Set to stimulate reflection and debate



Click [HERE](#) to access the video set

Webcasts from ESC Congress 2014 Barcelona

- **What are the challenges for nurses putting guidelines into practice? Professor Christi Deaton**

<http://congress365.escardio.org/vgn-ext-templating/PresentationViewer/Webcast/C365PRESENTATION97395>

- **Developing nurses' role in guideline implementation. Professor Donna Fitzsimons**

<http://congress365.escardio.org/vgn-ext-templating/PresentationViewer/Webcast/C365PRESENTATION97396>

An example from practice of nurses working towards achieving guideline targets

- What proportion of cardiovascular patients meet BP and lipid goals following cardiac rehabilitation?
Mary Kerins

[View Mary Kerins' presentation](#)

Editorial

- **Implementing clinical practice guidelines: a responsibility for nurses and allied health professionals?**

Professor Christi Deaton

[View Professor Christi Deaton's editorial](#)

**"Be guidelines smart" – Go To Work!
Thank You**