



Updates in management of Acute Coronary Syndromes

Antithrombotic treatments

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Rome Cardiology Forum 2014

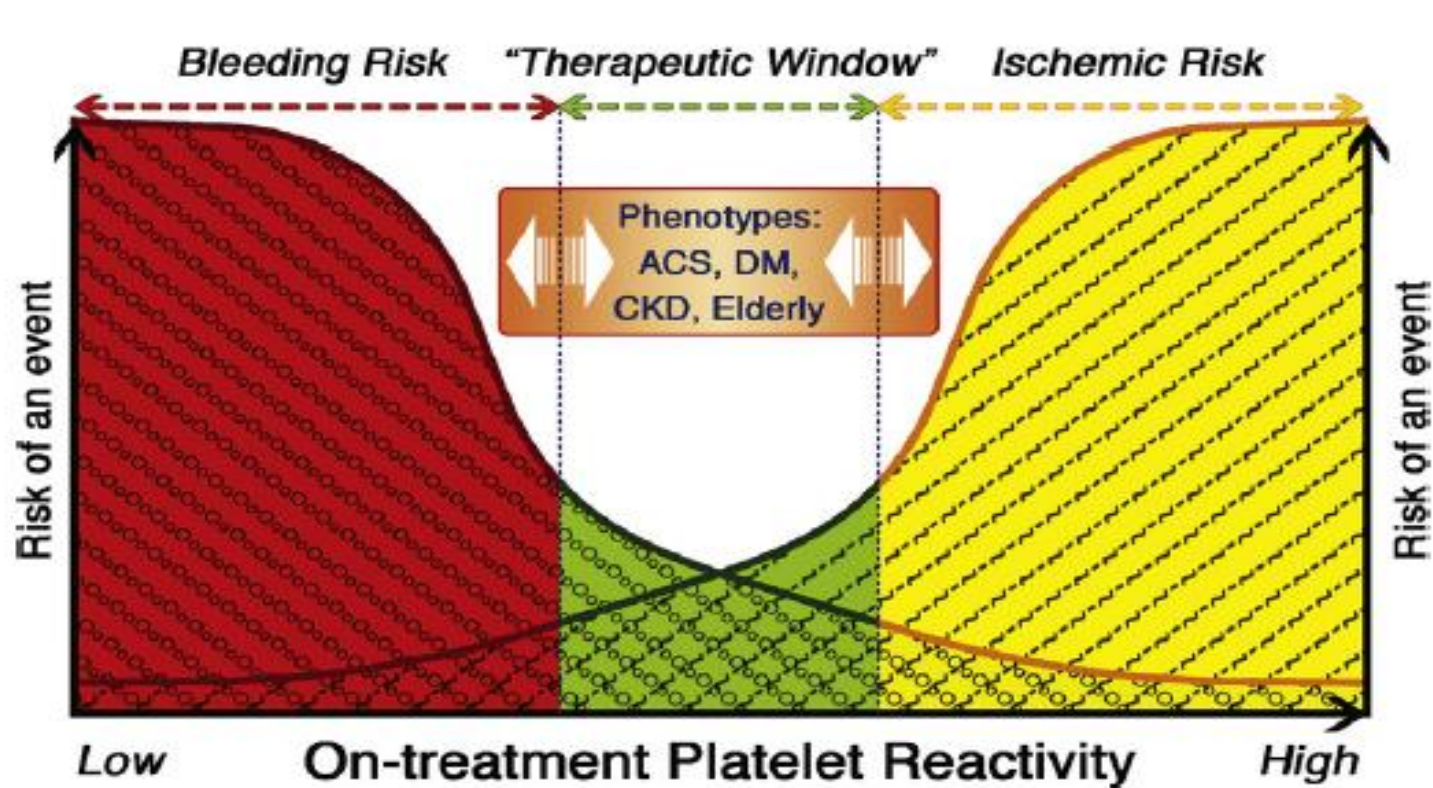
UP-DATES

(Clinical and for every day practice)

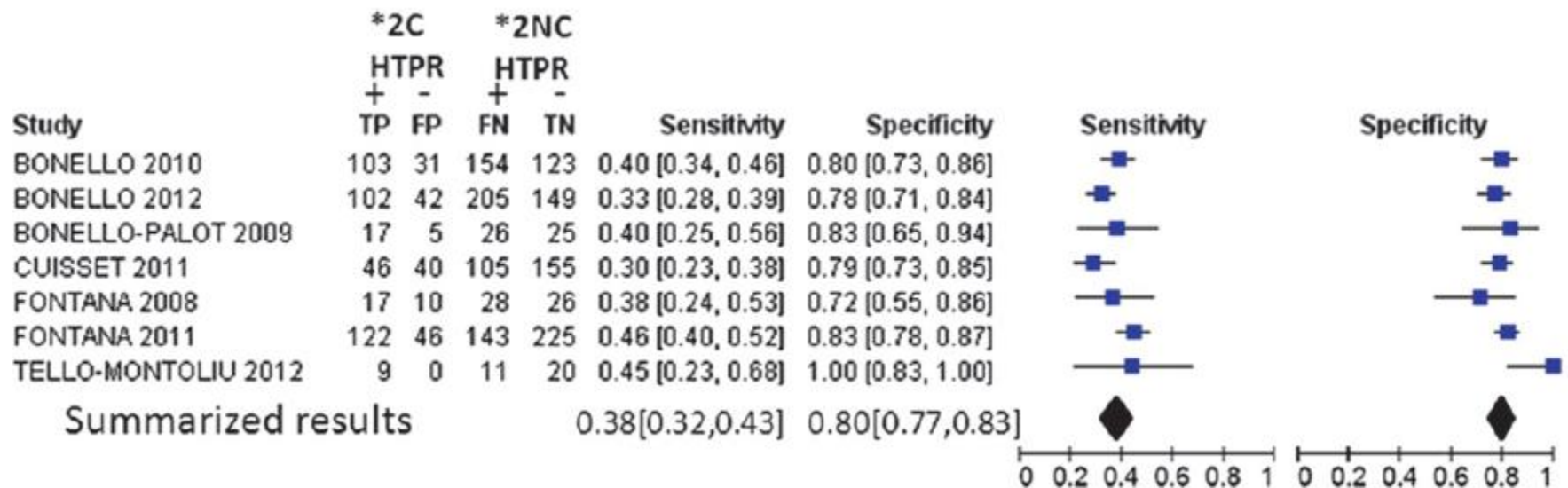
- Is testing for clopidogrel resistance useful?
- Safer approach to Cardiac and no-cardiac surgery after PCI?
- How to manage DAPT + OAC also at the light of NOAs?
- Length of DAPT?
- Novel data on prasugrel and ticagrelor?

Recommendations for oral antiplatelet agents (2)

Recommendations	Class	Level
Clopidogrel (300 mg loading dose, 75 mg daily dose) is recommended for patients who cannot receive ticagrelor or prasugrel.	I	A
A 600 mg loading dose of clopidogrel (or a supplementary 300 mg dose at PCI following an initial 300 mg loading dose) is recommended for patients scheduled for an invasive strategy when ticagrelor or prasugrel is not an option.	I	B
A higher maintenance dose of clopidogrel 150 mg daily should be considered for the first 7 days in patients managed with PCI and without increased risk of bleeding.	IIa	B
Increasing the maintenance dose of clopidogrel based on platelet function testing is not advised as routine, but may be considered in selected cases.	IIb	B
Genotyping and/or platelet function testing may be considered in selected cases when clopidogrel is used.	IIb	B
In patients pre-treated with P2Y ₁₂ inhibitors who need to undergo non-emergent major surgery (including CABG), postponing surgery at least for 5 days after cessation of ticagrelor or clopidogrel, and 7 days for prasugrel, if clinically feasible and unless the patient is at high risk of ischaemic events should be considered.	IIa	C
Ticagrelor or clopidogrel should be considered to be (re-)started after CABG surgery as soon as considered safe.	IIa	B
The combination of aspirin with an NSAID (selective COX-2 inhibitors and non-selective NSAID) is not recommended.	III	C

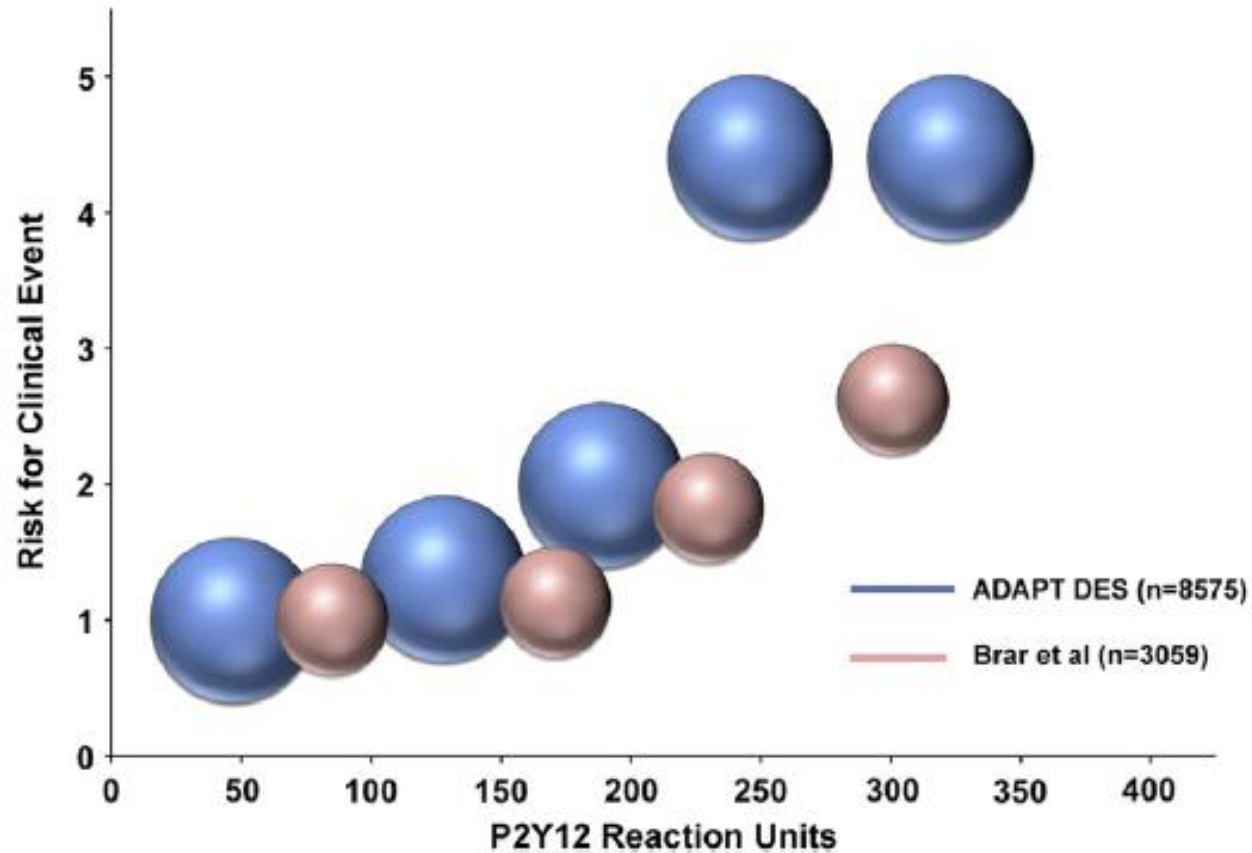


Genotype testing

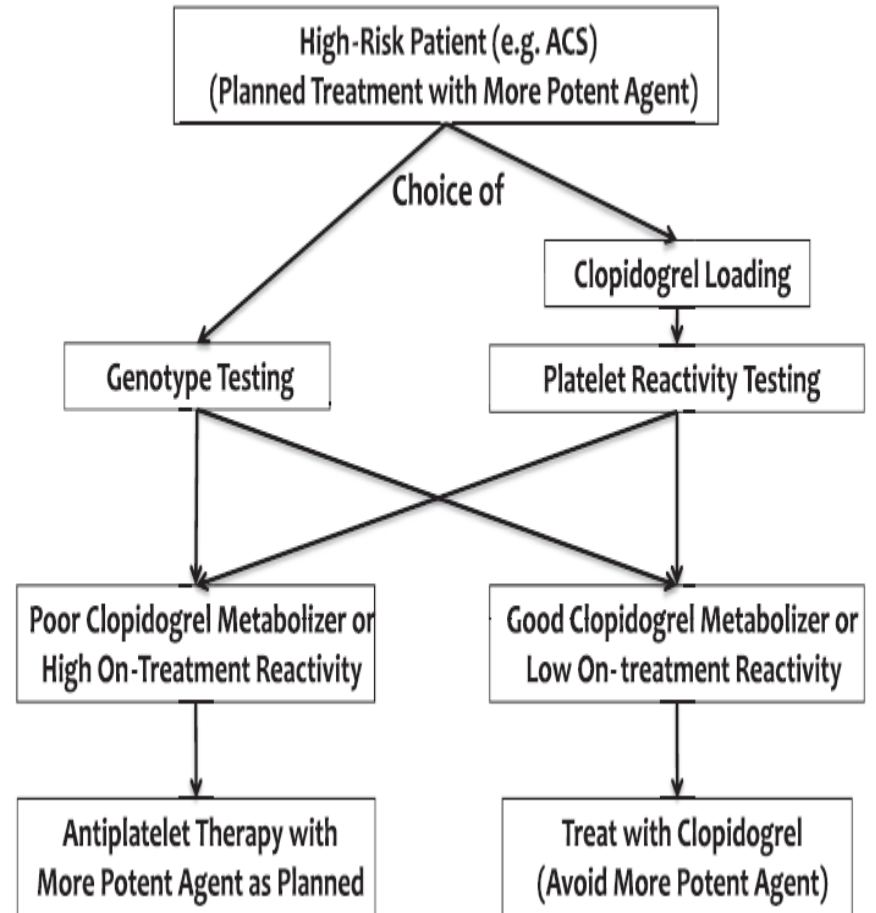
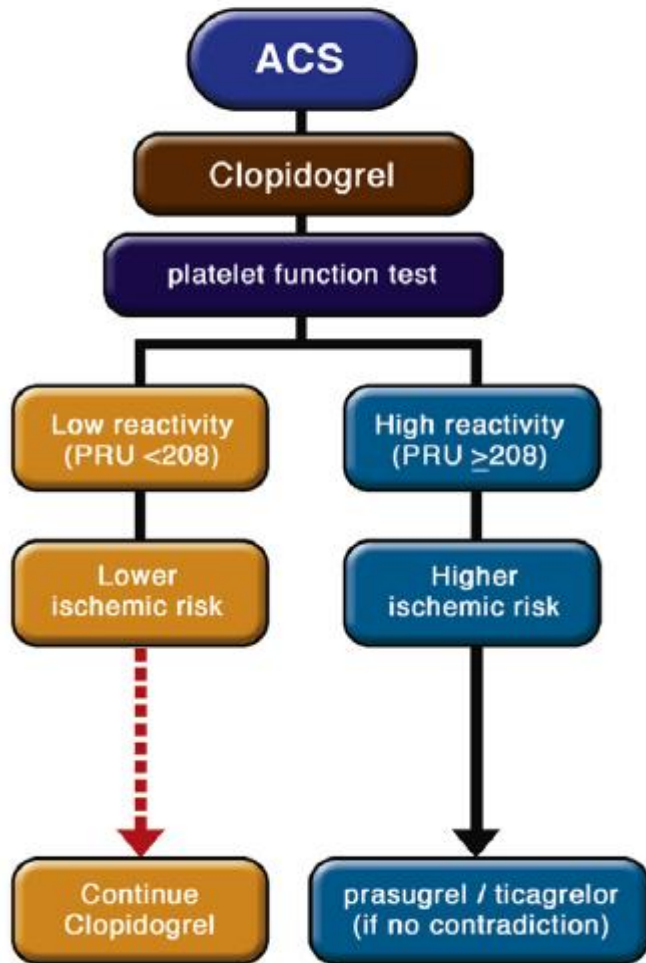


data on the association between CYP2C19 genotypes and HTPR.^{10,13-18} As shown in the Figure, the summarized sensitivity¹⁹ of the CYP2C19*2 genotype for predicting HTPR was 37.6% (95% CI: 32.2 to 43.3%), yielding a summarized negative predictive value of only 52.3% (95% CI: 44.7% to 59.7%) and a negative likelihood ratio of only 0.77 (95% CI: 0.68 to 0.86). Thus, CYP2C19 genotyping would contribute little to excluding the risk of HTPR or MACE. Routine

Increased risk of CV events according to PRU



Possible Algorithms



DAPT and Cardiac and no-cardiac surgery

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Bridging Anti-Platelet Therapy With the Intravenous Agent Cangrelor In Patients Undergoing Cardiac Surgery

Dominick J Angiolillo, MD, PhD¹, Michael S. Firstenberg, MD², Matthew J. Price, MD³,
d.

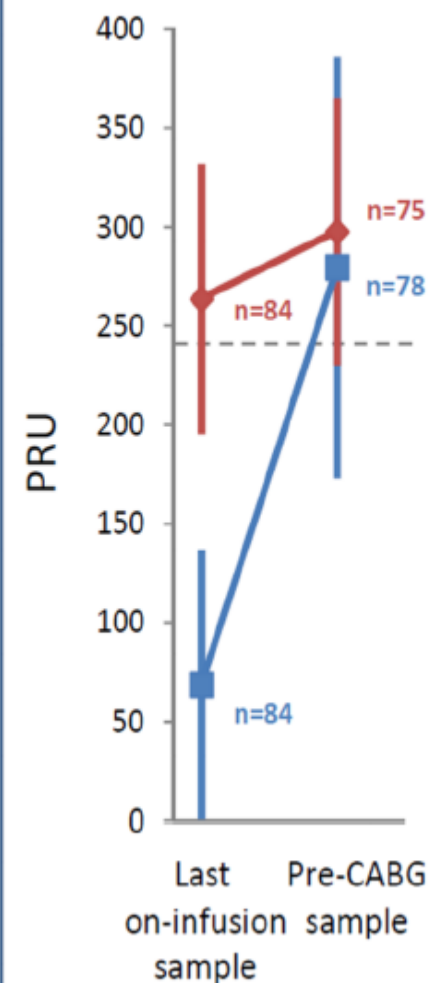
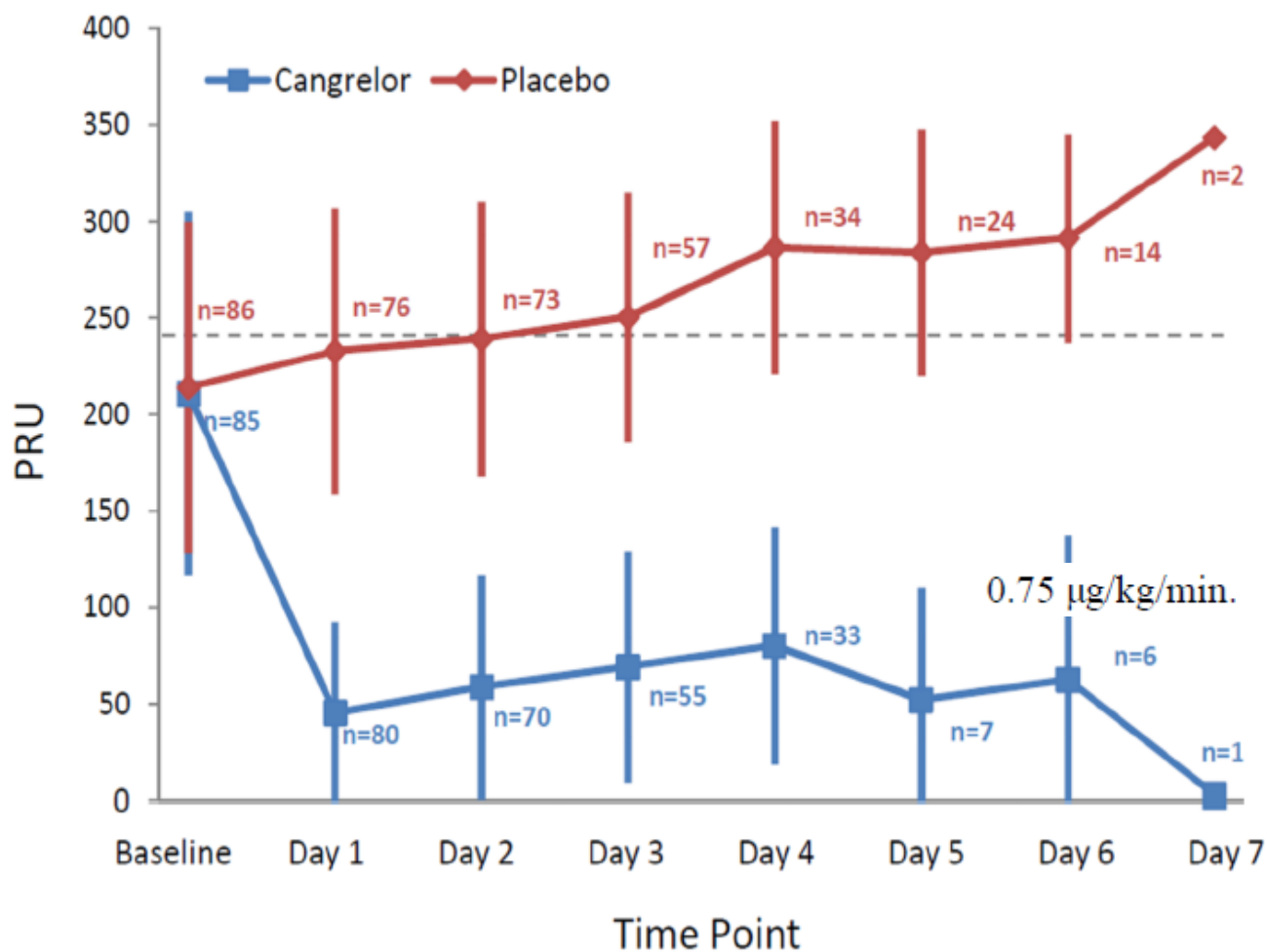


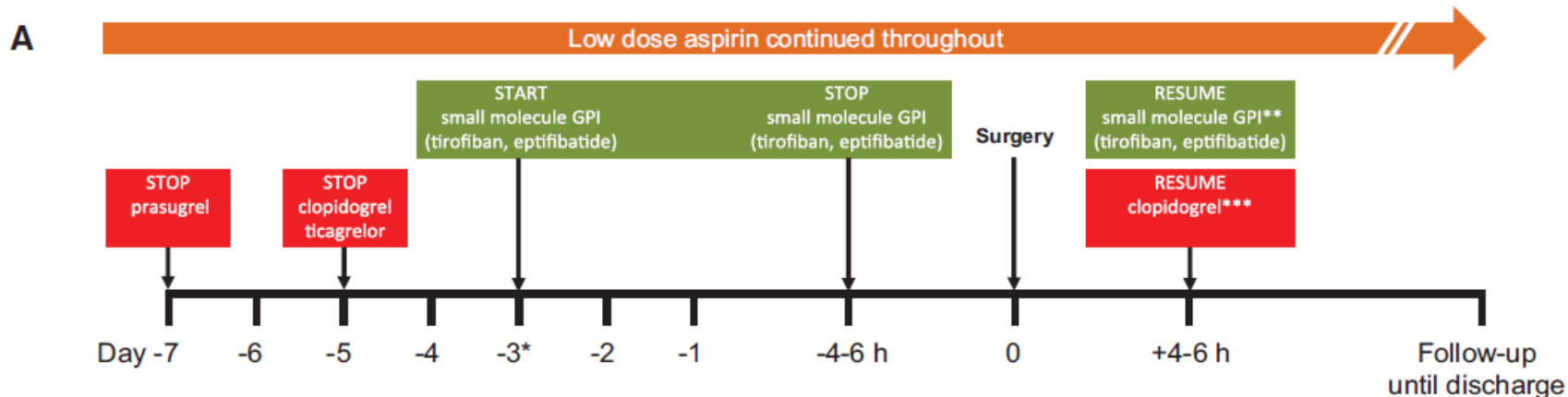
Table 3

CABG-related and pre-operative bleeding events in the Safety Population

	Cangrelor (N= 106)	Placebo (N= 101)	Relative Risk (95% CI)	p-value
Excessive CABG-related bleeding (primary safety endpoint) (during the CABG procedure through hospital discharge)				
Protocol-defined, No. (%)	12/ 102(11.8)	10/ 96(10.4)	1.1(0.5,2.5)	0.763
surgical re-exploration	2/ 102(2.0)	2/ 96(2.1)	0.9(0.1,6.5)	0.951
24 hour chest tube output of >1.5 liters	8/ 102(7.8)	5/ 96(5.2)	1.5(0.5,4.4)	0.457
incidence of PRBC transfusions > 4 units	6/ 102(5.9)	8/ 96(8.3)	0.7(0.3,2.0)	0.503
BARC-defined, No. (%)	10/ 102(9.8)	10/ 96(10.4)	0.9 (0.4,2.2)	0.886
fatal bleeding	0/ 102(0.0)	0/ 96(0.0)	NA	NA
Perioperative intracranial bleeding within 48 hours	0/ 102(0.0)	0/ 96(0.0)	NA	NA
reoperation following closure of sternotomy for the purpose of controlling bleeding	2/ 102(2.0)	2/ 96(2.1)	0.9(0.1,6.5)	0.951
transfusion of ≥ 5 units of whole blood or PRBC within a 48 hour period	7/ 102(6.9)	8/ 96(8.3)	0.8(0.3,2.2)	0.696
chest tube output ≥ 2 L within a 24 hour period	3/ 102(2.9)	4/ 96(4.2)	0.7(0.2,3.1)	0.642
Pre-operative related bleeding (from randomization until surgical incision)				
ACUITY, No. (%)				
Major	3/ 106(2.8)	1/ 101(1.0)	2.9(0.3,27.0)	0.358
Minor	19/ 106(17.9)	10/ 101(9.9)	1.8(0.9,3.7)	0.101
GUSTO, No. (%)				
Severe/Life threatening	0/ 106(0.0)	0/ 101(0.0)	NA	NA
Moderate	2/ 106(1.9)	1/ 101(1.0)	1.9(0.2,20.7)	0.596
Mild	19/ 106(17.9)	10/ 101(9.9)	1.8(0.9,3.7)	0.101
TIMI, No. (%)				
Major	1/ 106(0.9)	0/ 101(0.0)	NA	NA
Minor	1/ 106(0.9)	0/ 101(0.0)	NA	NA

Management of Antiplatelet Therapy in Patients With Coronary Artery Disease Requiring Cardiac and Noncardiac Surgery

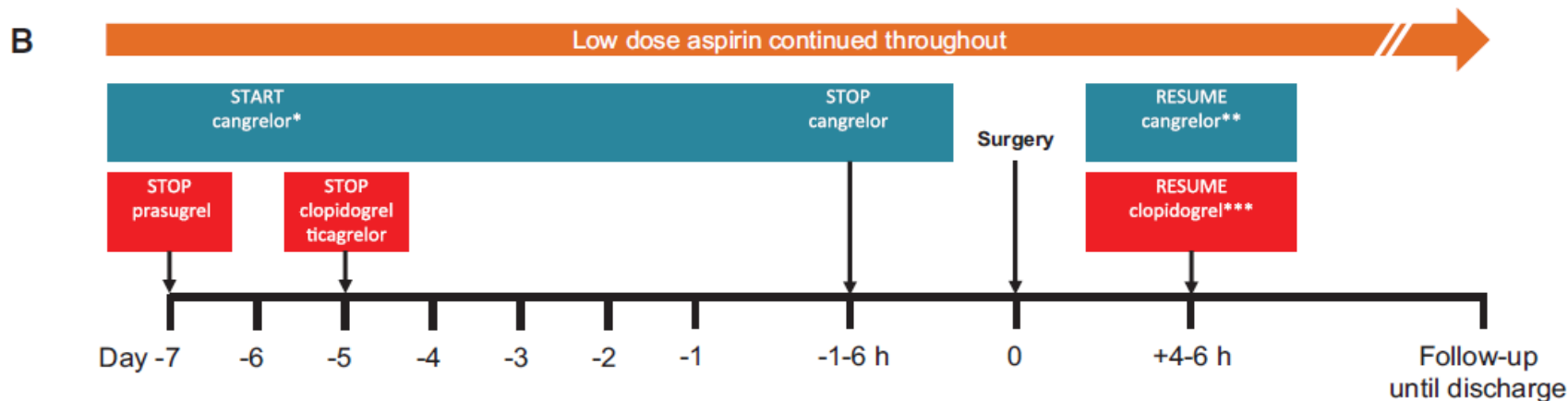
Davide Capodanno and Dominick J. Angiolillo



*Tirofiban: 0.1 mcg/Kg/min; If creatinine clearance <50 mL/min, adjust to 0.05 mcg/Kg/min. Eptifibatide: 2.0 mcg/Kg/min; If creatinine clearance is <50 mL/min, adjust to 1.0 mcg/Kg/min.

**If oral administration not possible

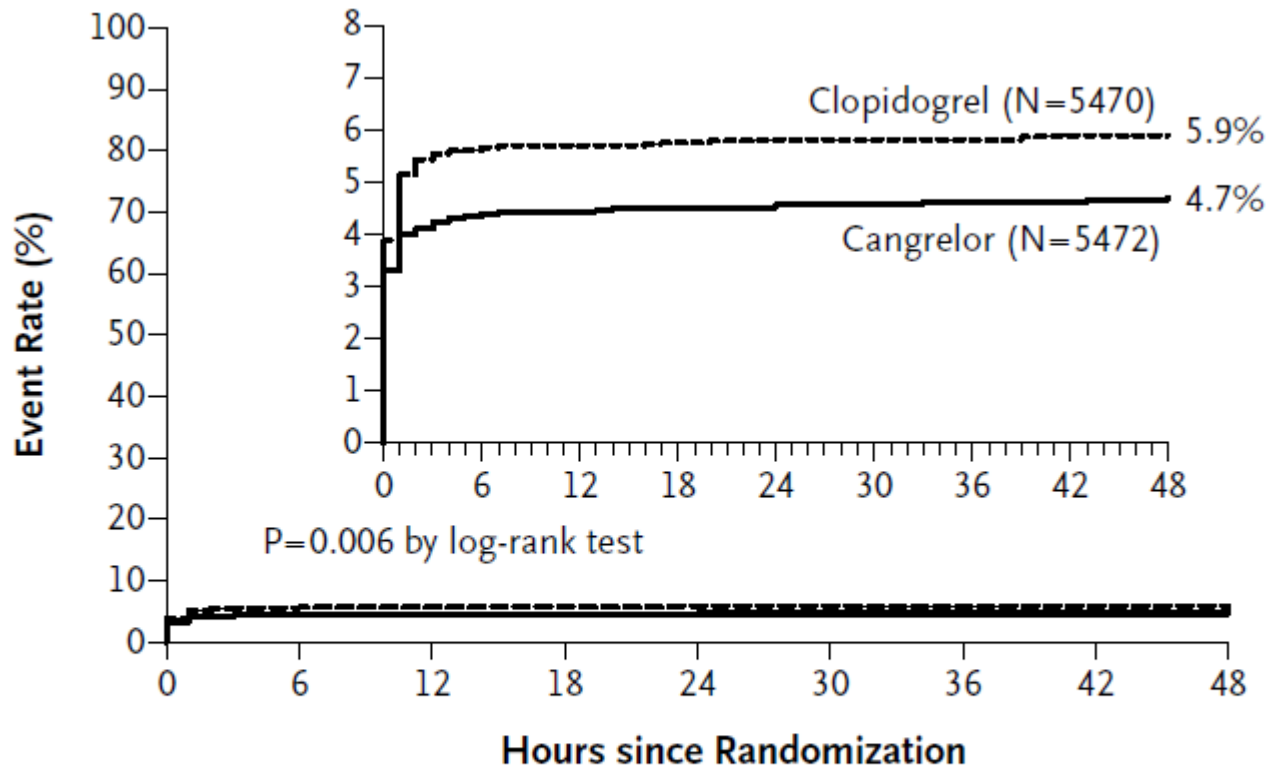
***With 300-600 mg loading dose, as soon as oral administration possible. Prasugrel or ticagrelor discouraged



ORIGINAL ARTICLE

Effect of Platelet Inhibition with Cangrelor during PCI on Ischemic Events

Deepak L. Bhatt, M.D., M.P.H., Gregg W. Stone, M.D.,

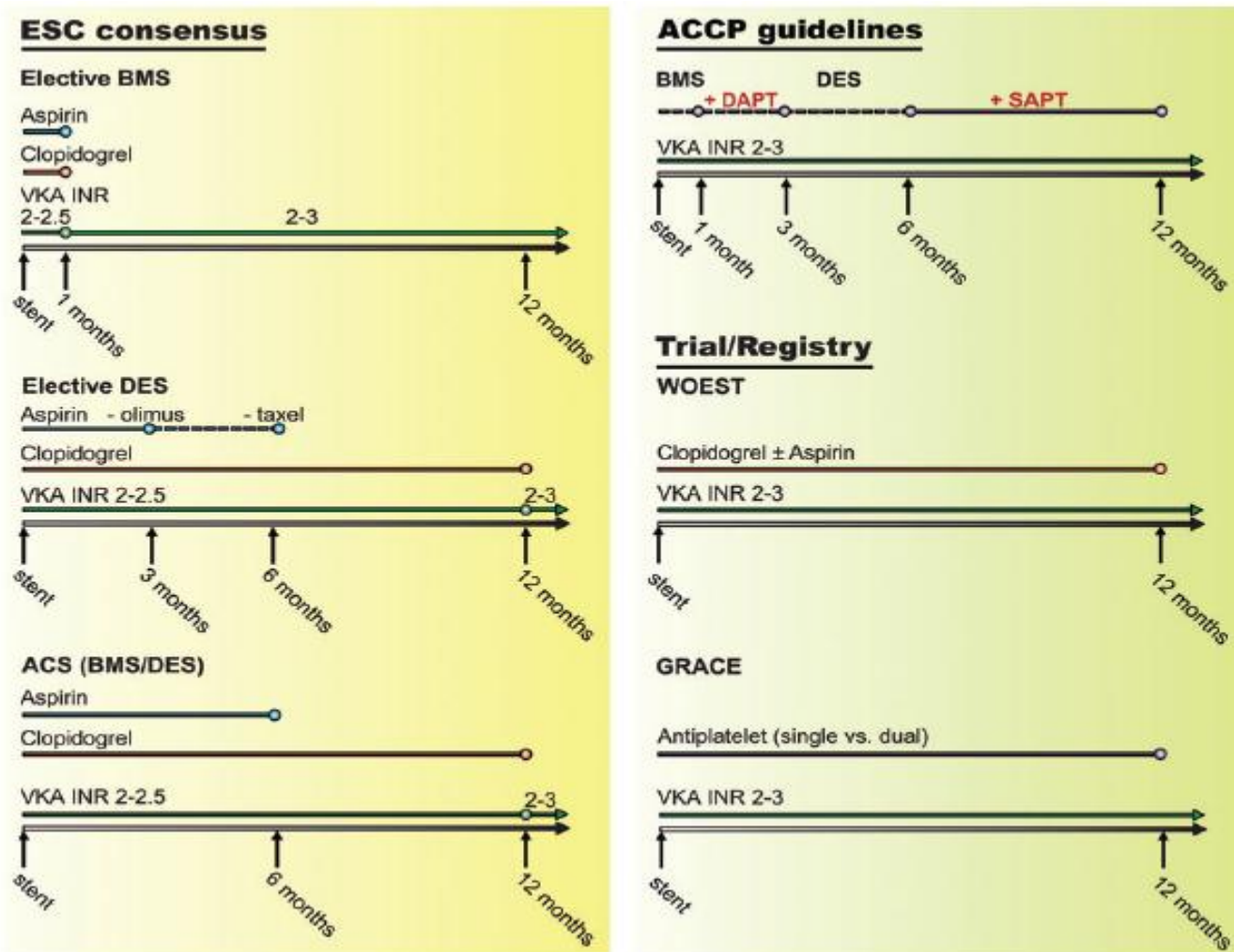


No. at Risk

Cangrelor	5472	5233	5229	5225	5223	5221	5220	5217	5213
Clopidogrel	5470	5162	5159	5155	5152	5151	5151	5147	5147

Triple antithrombotic therapy in cardiac patients: more questions than answers

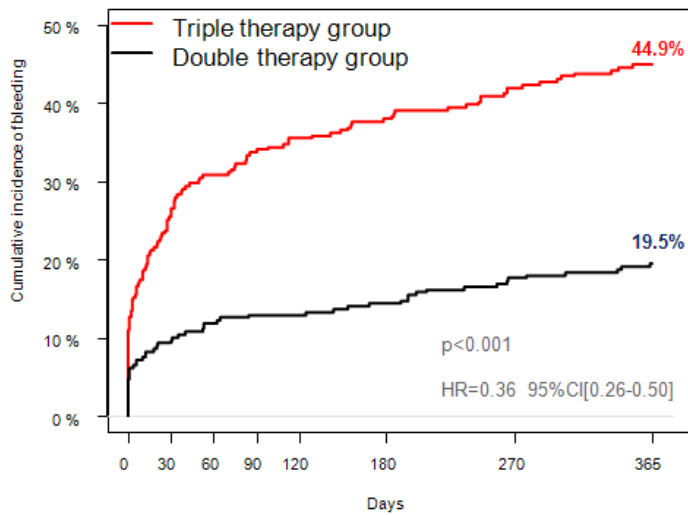
Martin Moser*, Christoph B. Olivier, and Christoph Bode



The WOEST Trial: First randomised trial comparing two regimens with and without aspirin in patients on oral anticoagulant therapy undergoing coronary stenting

WOEST

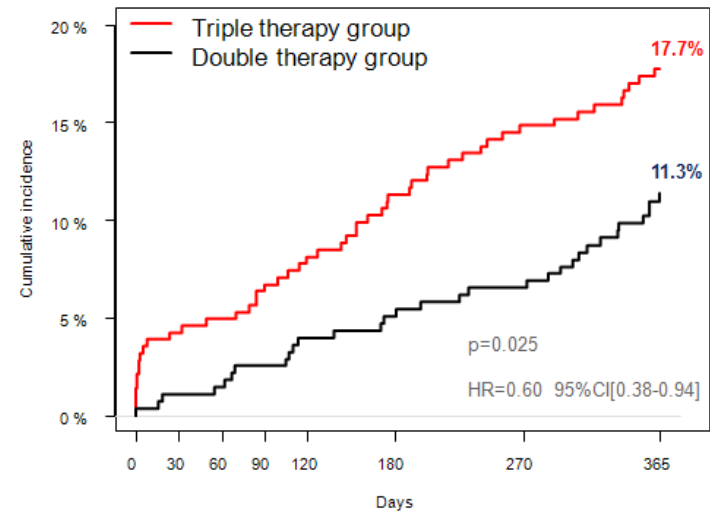
Primary Endpoint: Total number of TIMI bleeding events



n at risk:	284	210	194	186	181	173	159	140
	279	253	244	241	241	236	226	208

WOEST

Secondary Endpoint (Death, MI, TVR, Stroke, ST)



n at risk:	284	272	270	266	261	252	242	223
	279	276	273	270	266	263	258	234

*Paradigm Shift in Interventional Pharmacology:
Is it time to drop aspirin?*

Oral Anticoagulants in ACS

What about factor IIa antagonists?

~~Ximelagatran (ESTEEM)~~

~~Dabigatran (stopped phase 2 REDEEM)~~

What about factor Xa antagonists?

~~Darexaban (RUBY-1)~~

Rivaroxaban (ATLAS ACS 2)

~~Apixaban (APPRAISE 2)~~

Not Studied in ACS

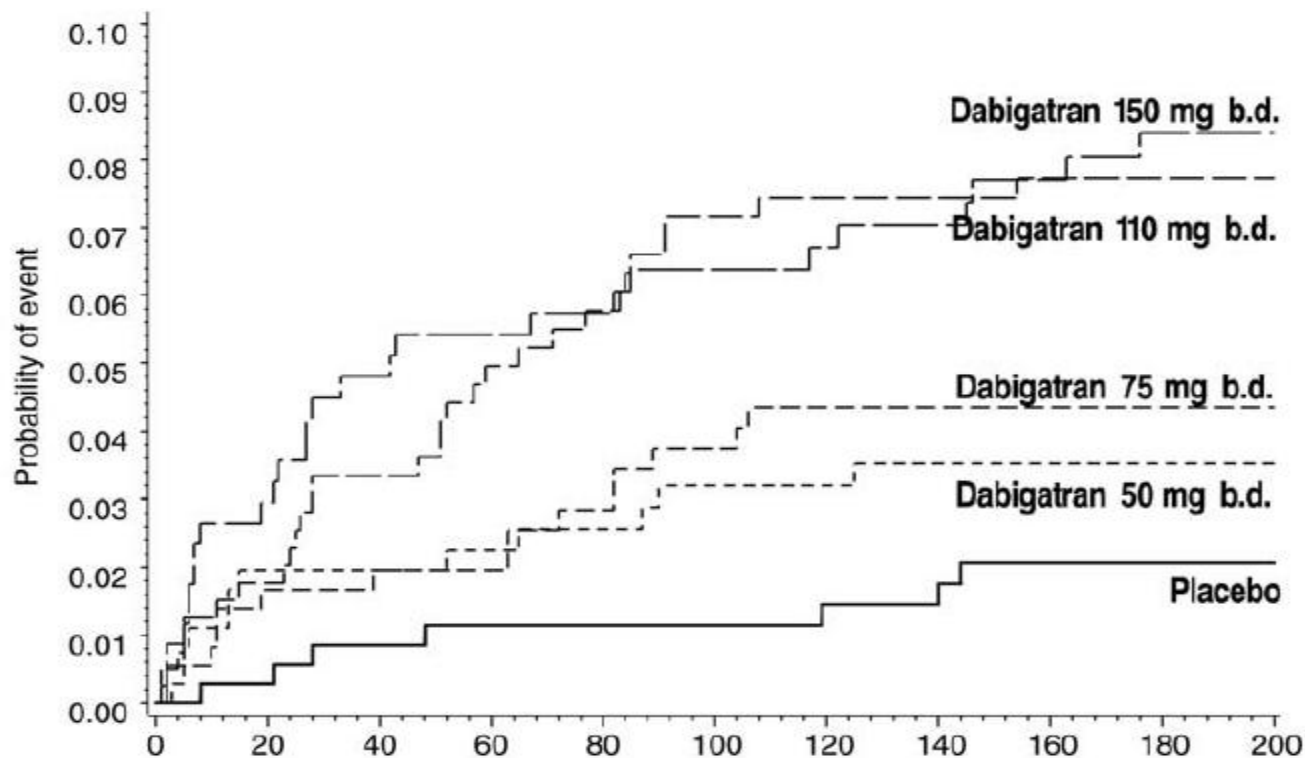
Edoxaban (only Afib, phase III ongoing)

Betrixaban (only Afib, phase II completed)

Dabigatran vs. placebo in patients with acute coronary syndromes on dual antiplatelet therapy: a randomized, double-blind, phase II trial

Jonas Oldgren^{1*}, Andrzej Budaj², Christopher B. Granger³, Yasser Khder⁴, Juliet Roberts⁵, Agneta Siegbahn^{1,6}, Jan G.P. Tijssen⁷, Frans Van de Werf⁸, and Lars Wallentin¹, for the RE-DEEM Investigators

EHJ 2011



No. at risk	0	20	40	60	80	100	120	140	160	180	200
Placebo	371	351	341	338	330	326	322	319	314	246	0
DE 50 mg b.i.d	369	339	330	322	314	305	300	296	290	239	0
DE 75 mg b.i.d	368	348	338	334	327	320	316	313	309	251	0
DE 110 mg b.i.d	406	380	362	352	344	336	330	324	319	261	0
DE 150 mg b.i.d	347	318	305	301	295	287	285	282	278	200	0

Recent ACS: STEMI, NSTEMI, UA
No increased bleeding risk, No warfarin, No ICH, No
prior stroke if on ASA + Thienopyridine
Stabilized 1-7 Days Post-Index Event

Stratified by Thienopyridine use at MD Discretion

+ ASA 75 to
100 mg/day

Placebo

N=5,176

ASA + Thieno, n=4,821
ASA, n=355

RIVAROXABAN

2.5 mg BID

n=5,174

ASA + Thieno, n=4,825
ASA, n=349

RIVAROXABAN

5.0 mg BID

N=5,176

ASA + Thieno, n=4,827
ASA, n=349

PRIMARY ENDPOINT:

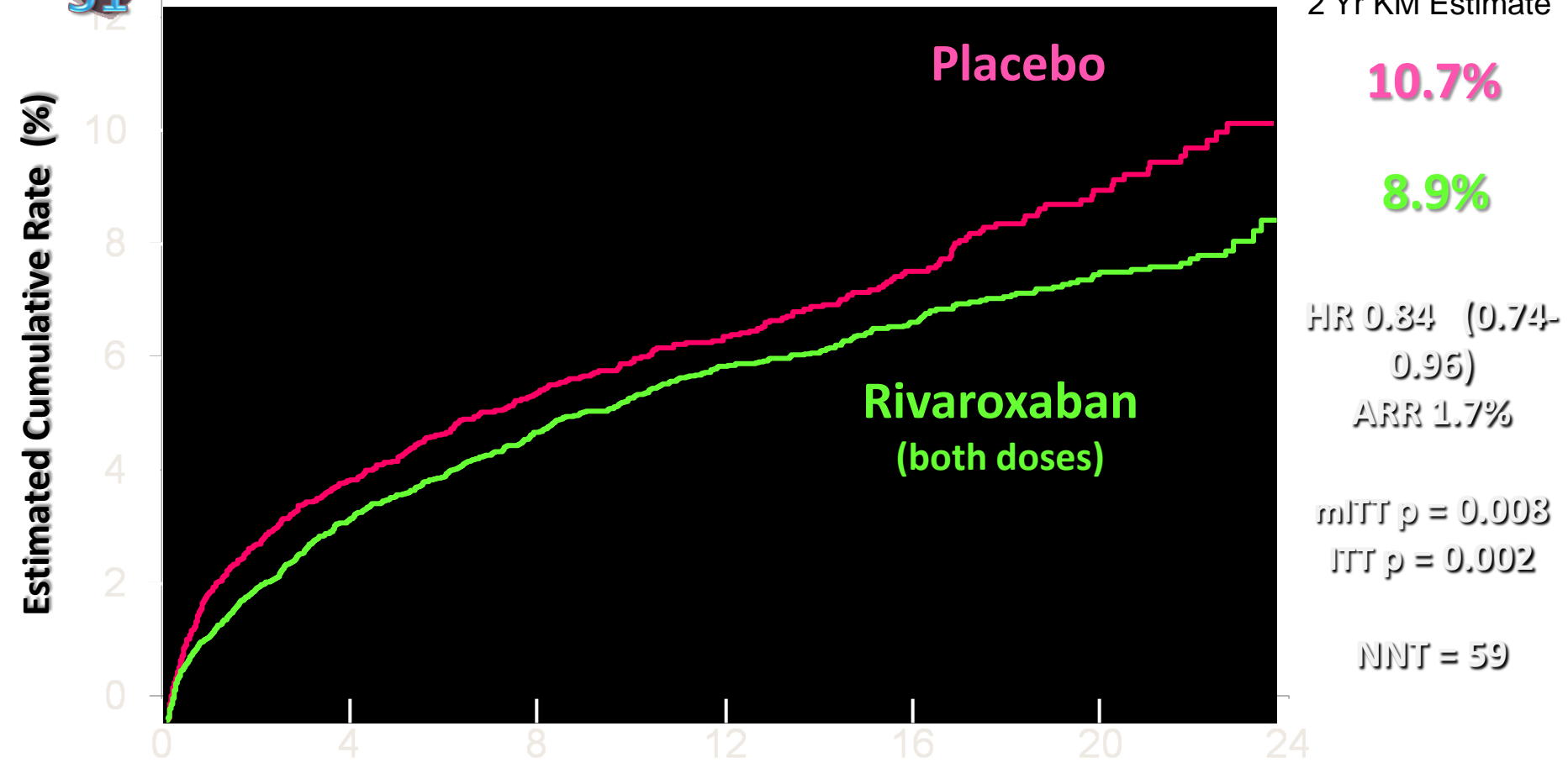
EFFICACY: CV Death, MI, Stroke* (Ischemic + Hemg.)
SAFETY: TIMI major bleeding not associated with CABG
Event driven trial of 1,002 events in 15,342 patients**

* Stroke includes ischemic stroke, hemorrhagic stroke, and uncertain stroke

** 184 subjects were excluded from the efficacy analyses prior to unblinding

PRIMARY EFFICACY ENDPOINT:

CV Death / MI / Stroke* (Ischemic + Hemg.)



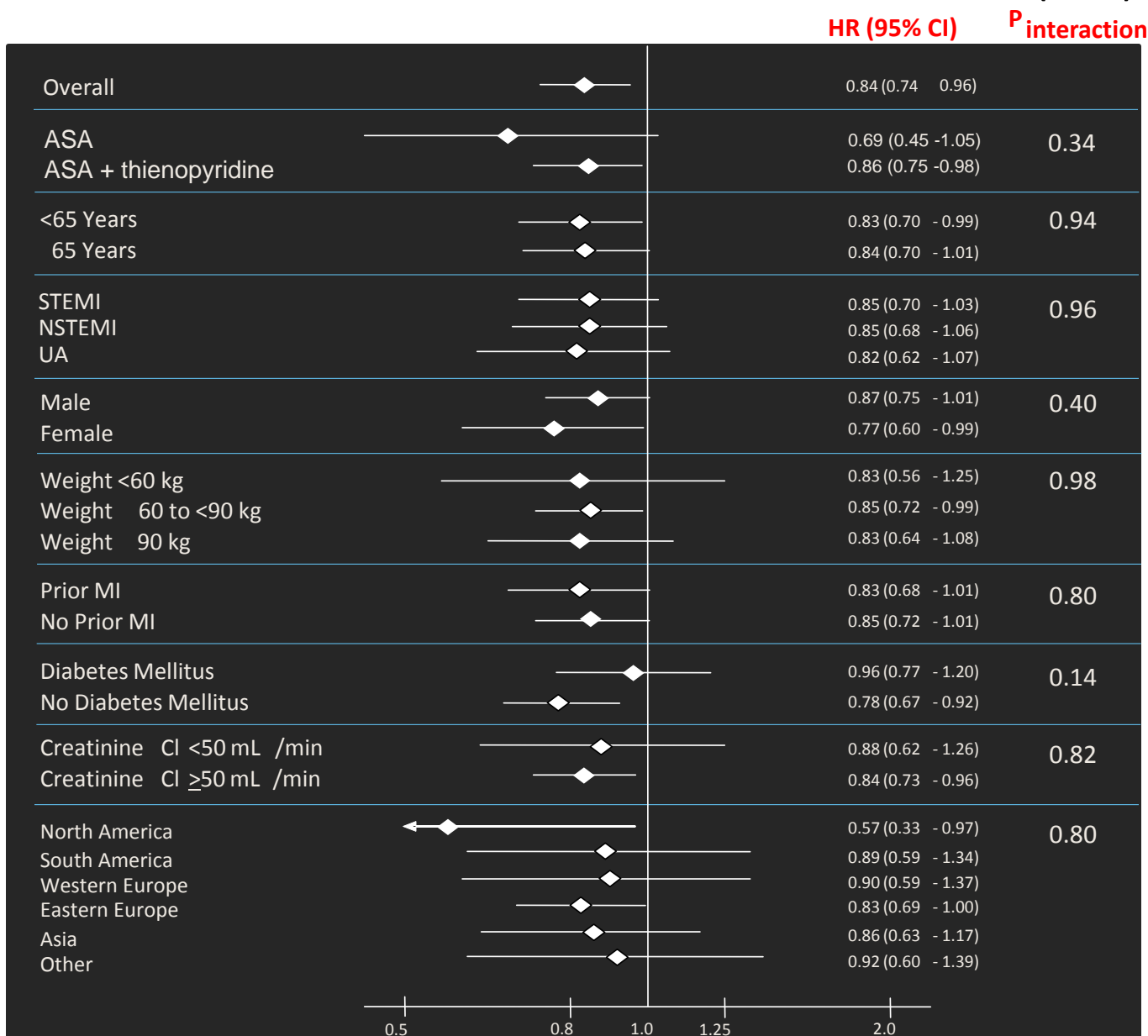
No. at Risk

	0	4	8	12	16	20	24
Placebo	5113	4307	3470	2664	1831	1079	421
Rivaroxaban	10229	8502	6753	5137	3554	2084	831

*: First occurrence of cardiovascular death, MI, stroke (ischemic, hemorrhagic, and uncertain) as adjudicated by the CEC across thienopyridine use strata
 Two year Kaplan-Meier estimates, HR and 95% confidence interval estimates from Cox model stratified by thienopyridine use are provided per mITT approach;
 Stratified log-rank p-values are provided for both mITT and ITT approaches; ARR=Absolute Relative Reduction; NNT=Number needed to treat; Rivaroxaban=Pooled Rivaroxaban 2.5 mg BID and 5 mg BID.



PRIMARY EFFICACY SUBGROUP RESULTS (mITT)



Rivaroxaban Better

Placebo Better

Safety Endpoints

	Placebo	Rivaroxaban 2.5 mg BID	Rivaroxaban 5 mg BID
Non-CABG TIMI Major	0.6%	1.8% (P<0.001)	2.4% (P<0.001)
ICH	0.2%	0.4% (P=0.04)	0.7% (P=0.005)
Fatal	0.2%	0.1% (P=NS)	0.4% (P=NS)
Fatal ICH	0.1%	0.1% (P=NS)	0.2% (P=NS)

2-yr KM event rates

However...

Table 2 Missing Data in Contemporary ACS Trials*

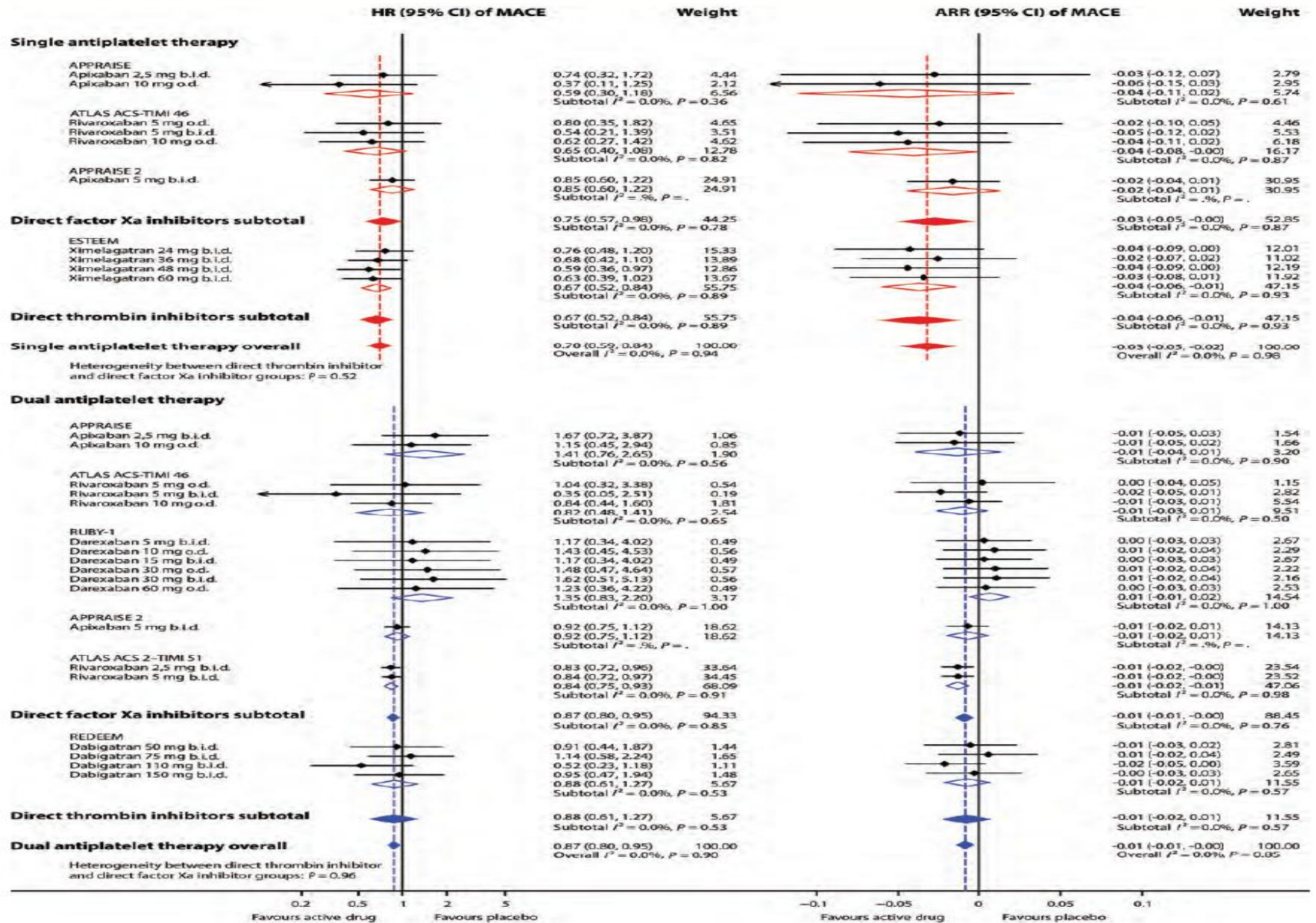
Trial Name (Ref. #)	Study Agent	Enrolled, n	Median Follow-Up	Incomplete Follow-Up†	Withdrawal of Consent	Vital Status Unknown‡
ATLAS ACS 2-TIMI 51 (7)	Rivaroxaban	15,526	484 days	2402 (15.5)	1,294 (8.3)	1,117 (7.2)
APPRAISE-2 (9)	Apixaban	7,392	241 days	131 (1.8)	81 (1.1)	Not reported
TRACER (10)	Vorapaxar	12,944	502 days	761 (5.9)	Not reported	249 (1.9)
PLATO (20)	Ticagrelor	18,624	277 days	562 (3.0)	545 (2.9)	2 (0.01%)
TRITON (21)	Prasugrel	13,619	14.5 months	804 (5.9)	665 (4.9)	16 (0.12)

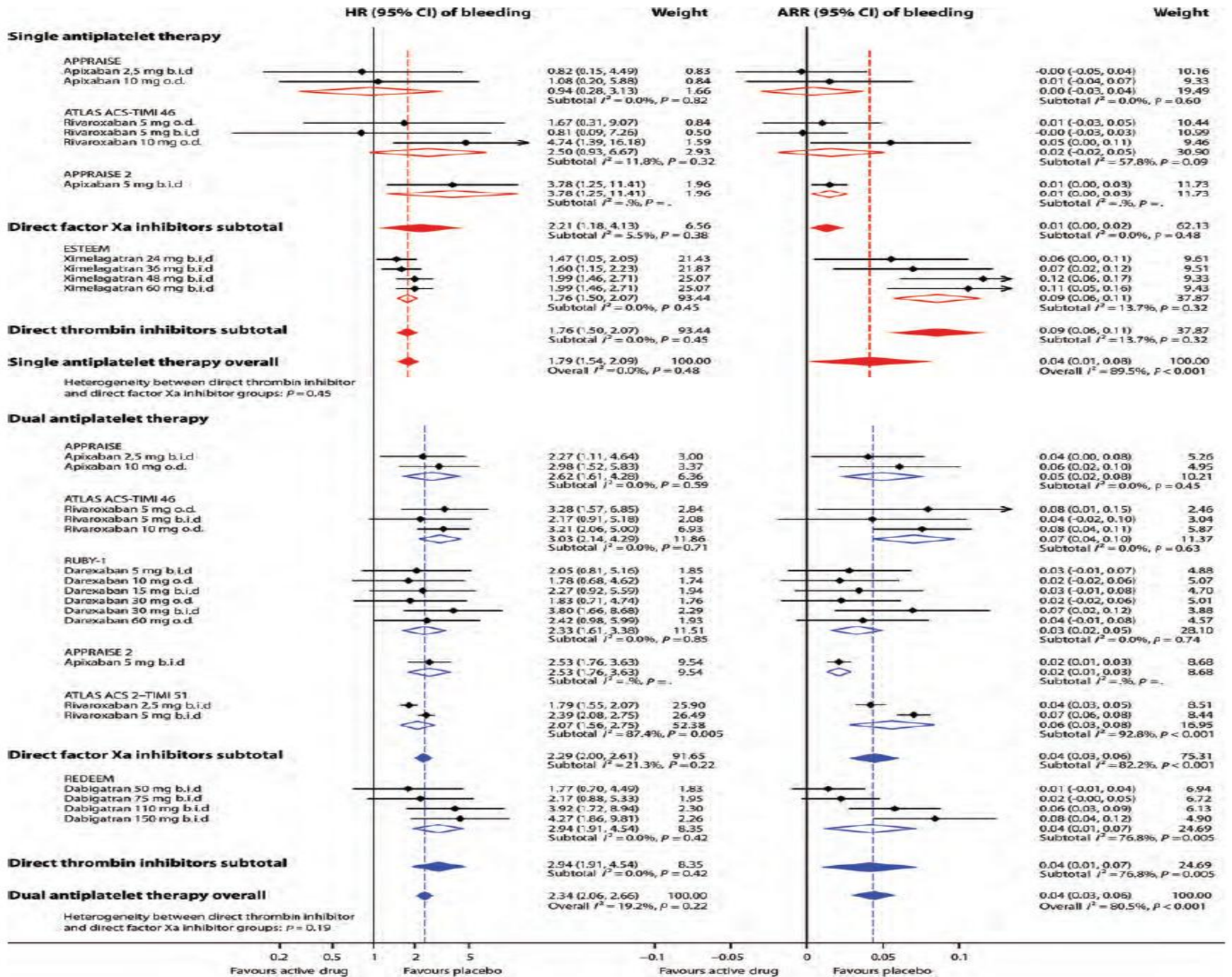
Triple therapy with NOAS

New oral anticoagulants in addition to single or dual antiplatelet therapy after an acute coronary syndrome: a systematic review and meta-analysis

Jonas Oldgren^{1,2*}, Lars Wallentin^{1,2}, John H. Alexander³, Stefan James^{1,2}, Birgitta Jönellid¹, Gabriel Steg^{4,5,6}, and Johan Sundström^{1,2}

Study	No. of study patients	No. of patients ^a in meta-analysis	Duration	Age ^c	Per cent women	Study treatment	Antiplatelet drugs		Bleeding events used in the present study
							Single (%)	Dual (%)	
ESTEEM ¹¹	1900	1883	6 months	68	32	Ximelagatran 24, 36, 48, or 60 mg b.i.d., or placebo	100	–	ISTH major and clinically relevant non-major bleeds
APPRAISE-1 ¹²	1715	1210 ^b	6 months	61	24	Apixaban 2.5 mg b.i.d., 10 mg o.d., or placebo	24	76	ISTH major and clinically relevant non-major bleeds
ATLAS ACS-TIMI46 ¹³	3462	1997 ^b	6 months	57	23	Rivaroxaban 5 mg o.d., 5 mg b.i.d., 10 mg o.d., or placebo	25	75	TIMI clinically significant bleeding (TIMI major bleeding, TIMI minor bleeding, or bleeding requiring medical attention)
REDEEM ¹⁴	1878	1861	6 months	62	24	Dabigatran 50, 75, 110, or 150 mg b.i.d. or placebo	2	98	ISTH major and clinically relevant non-major bleeds
RUBY-1 ¹⁵	1279	1258	6 months	57	20	Darexaban 5, 15 or 30 mg b.i.d., 10, 30 or 60 mg o.d., or placebo	5	95	ISTH major and clinically relevant non-major bleeds
APPRAISE-2 ¹⁶	7392	7315	8 months	67	32	Apixaban 5 mg (or 2.5 mg ^d) b.i.d., or placebo	19	81	TIMI major bleeds; ISTH major and clinically relevant non-major bleeds
ATLAS ACS2-TIMI51 ¹⁷	15 526	15 342	13 months	62	25	Rivaroxaban 2.5 or 5 mg b.i.d., or placebo	7	93	TIMI major (non-CABG related) bleeds, TIMI bleeding requiring medical attention





New studies

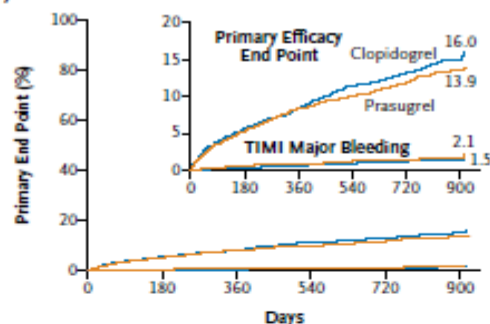
Toward a paradigm shift?

ORIGINAL ARTICLE

Prasugrel versus Clopidogrel for Acute Coronary Syndromes without Revascularization

Matthew T. Roe, M.D., M.H.S., Paul W. Armstrong, M.D., Keith A.A. Fox, M.B., Ch.B.,

A Primary End Point



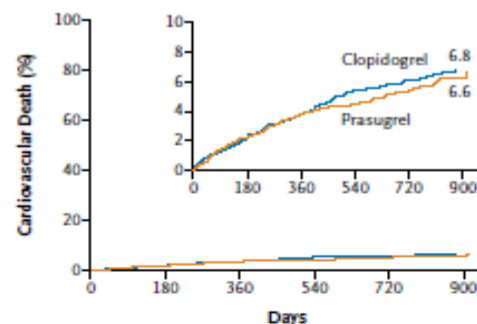
No. at Risk, Primary Efficacy End Point

Prasugrel	3620	3248	2359	1611	953	389
Clopidogrel	3623	3244	2390	1596	946	399

No. at Risk, Major Bleeding

Prasugrel	3590	3072	2244	1499	885	427
Clopidogrel	3590	3116	2303	1552	925	425

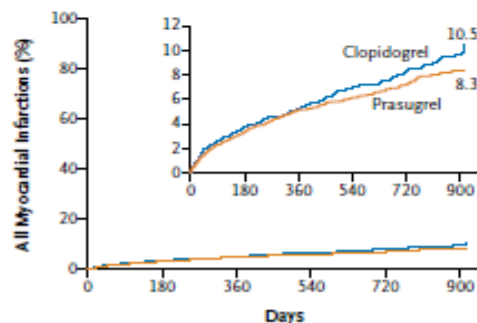
B Death from Cardiovascular Causes



No. at Risk

Prasugrel	3620	3350	2481	1719	1029	429
Clopidogrel	3623	3361	2504	1703	1024	428

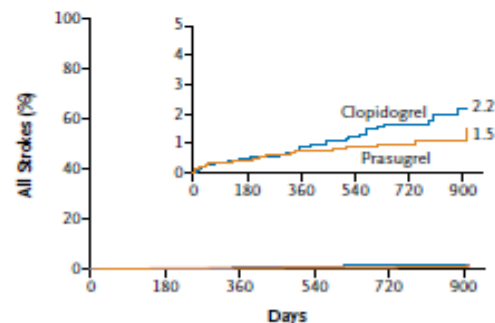
C All Myocardial Infarctions



No. at Risk

Prasugrel	3620	3257	2369	1620	959	392
Clopidogrel	3623	3255	2404	1611	955	402

D All Strokes



No. at Risk

Prasugrel	3620	3338	2467	1706	1020	422
Clopidogrel	3623	3346	2486	1684	1012	424

The NEW ENGLAND JOURNAL of MEDICINE

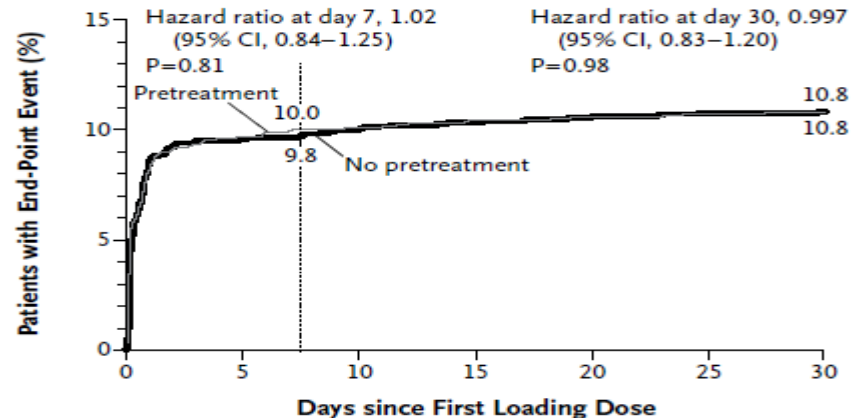
ESTABLISHED IN 1812

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Pretreatment with Prasugrel in Non-ST-Segment Elevation Acute Coronary Syndromes

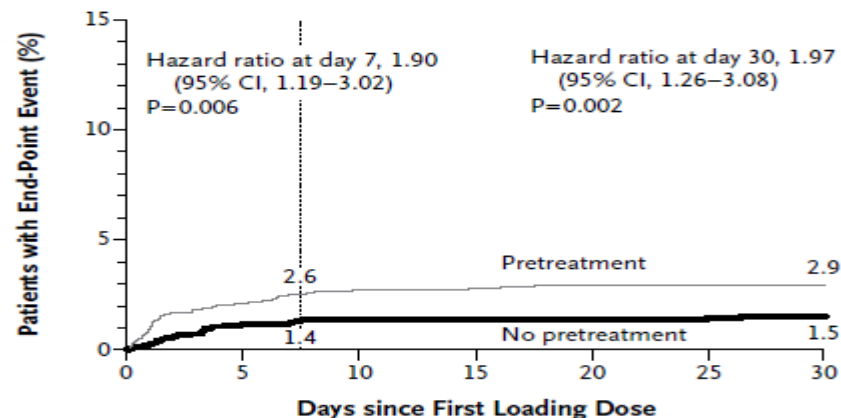
Gilles Montalescot, M.D., Ph.D., Leonardo Bolognese, M.D., Dariusz Dudek, M.D., Ph.D., Patrick Goldstein, M.D.,



No. at Risk

No pretreatment	1996	1788	1775	1769	1762	1752	1621
Pretreatment	2037	1821	1809	1802	1797	1791	1616

B All TIMI Major Bleeding



No. at Risk

No pretreatment	1996	1947	1328	1297	1288	1284	1263
Pretreatment	2037	1972	1339	1310	1299	1297	1280

Conclusions

- In the last two years some important issues on anti-thrombotic treatment have been elucidated
- However, at the same time, some long lasting certainties have been “jeopardized” and several paradigm shift are on the move (length of treatment, pre-treatment, use of GPI and s.c. anticoagulants).
- The field is in evolution, more novelties and , perhaps, surprises are to be expected
- For the moment, follow guidelines, but with an eye to new developments..

