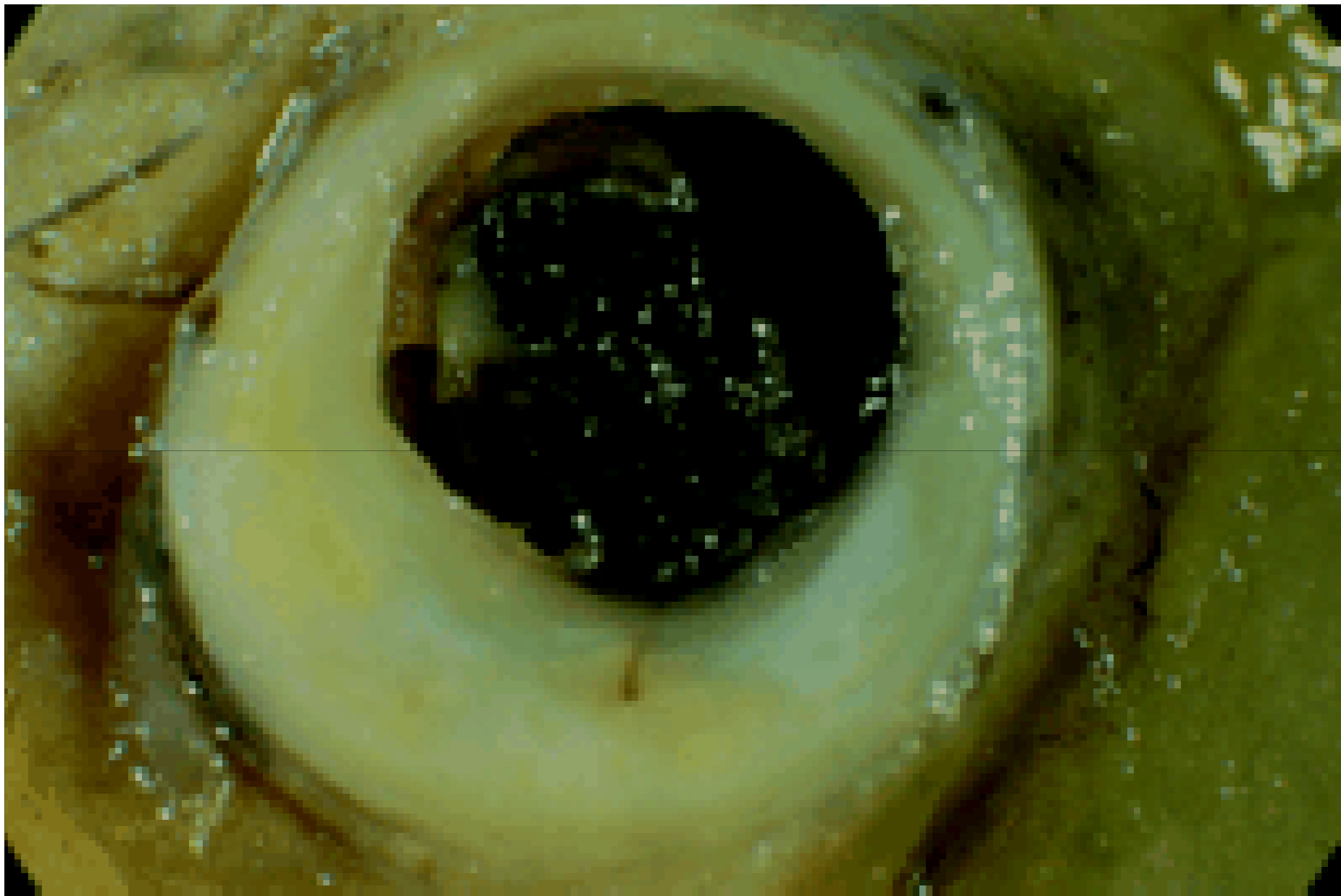


Cardiology and vascular medicine 2012

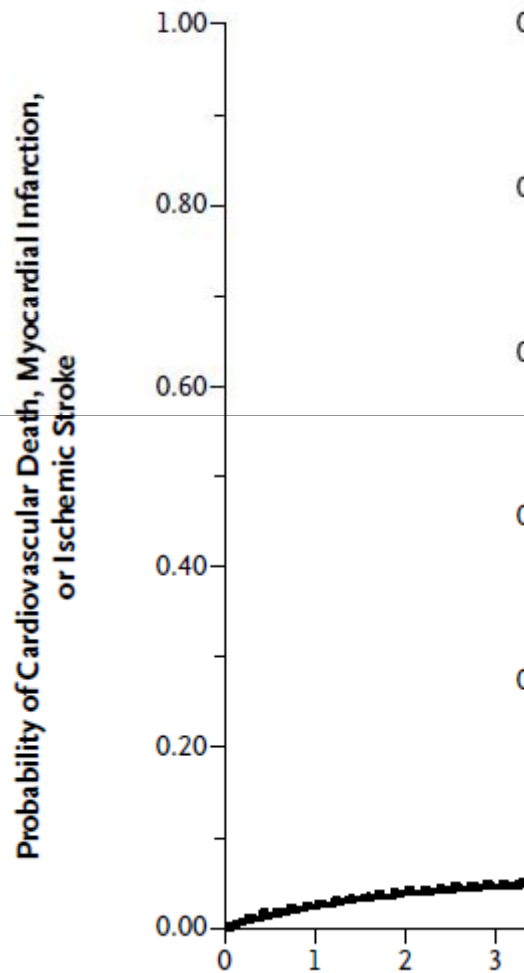
Management of vascular inflammation in ACS

Filippo Crea
Institute of Cardiology
Catholic University of the Sacred Heart
Rome, Italy

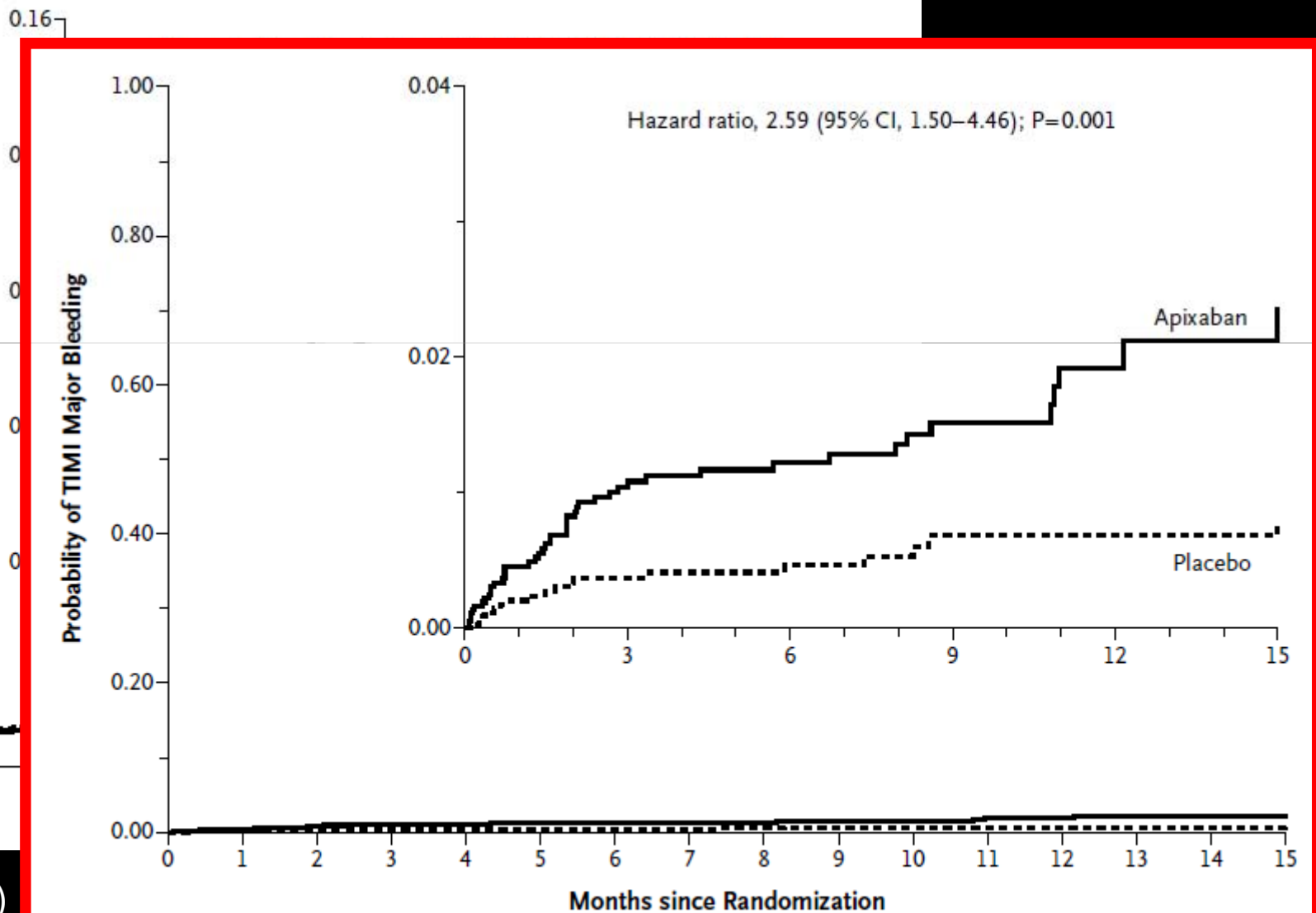




Apixaban with Antiplatelet Therapy after Acute Coronary Syndrome (n=7392)

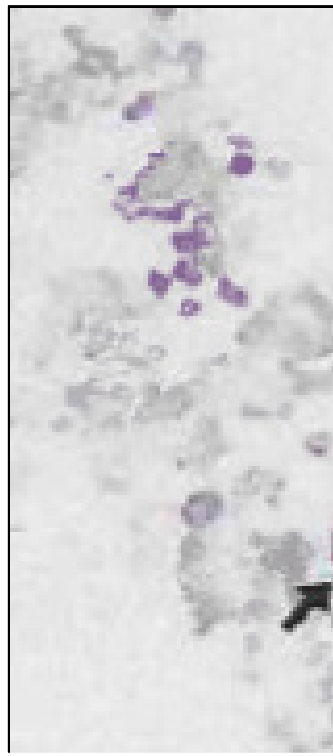


(UPRAISE-2, NEJM 2011)

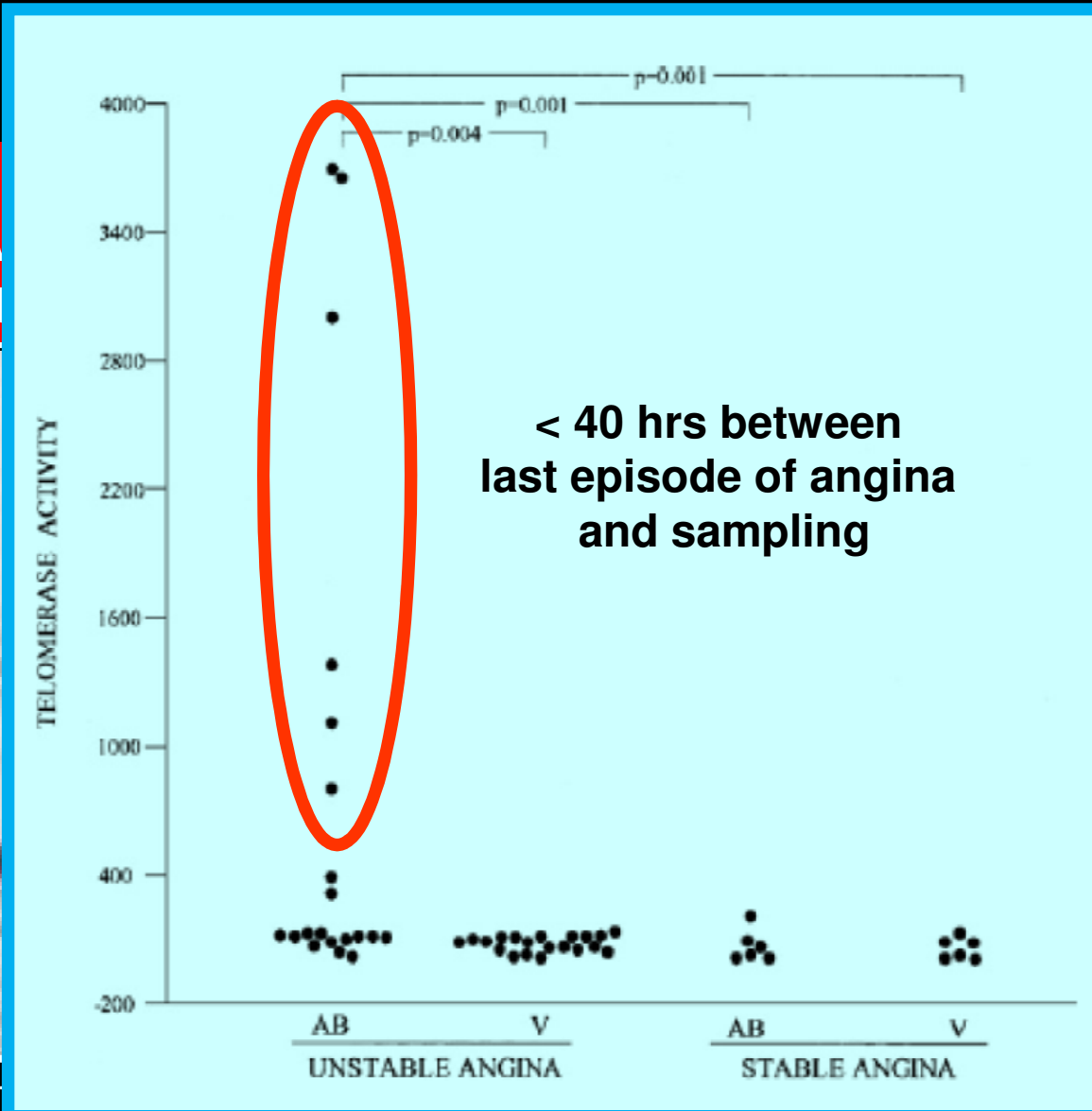


High Telomerase Activity in Neutrophils from Unstable Coronary Plaques

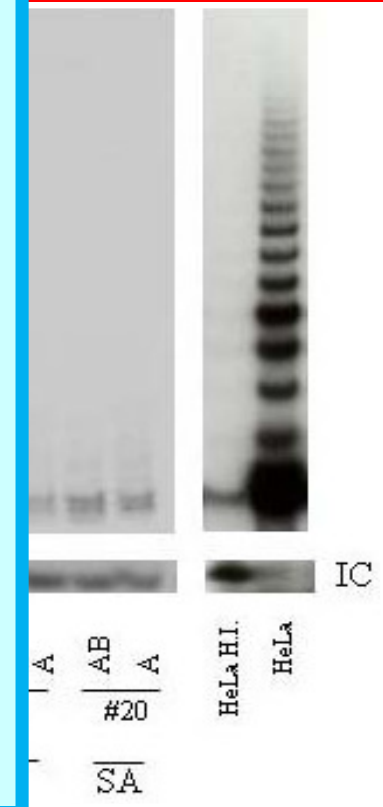
Immunostain
plaque PMN
ant



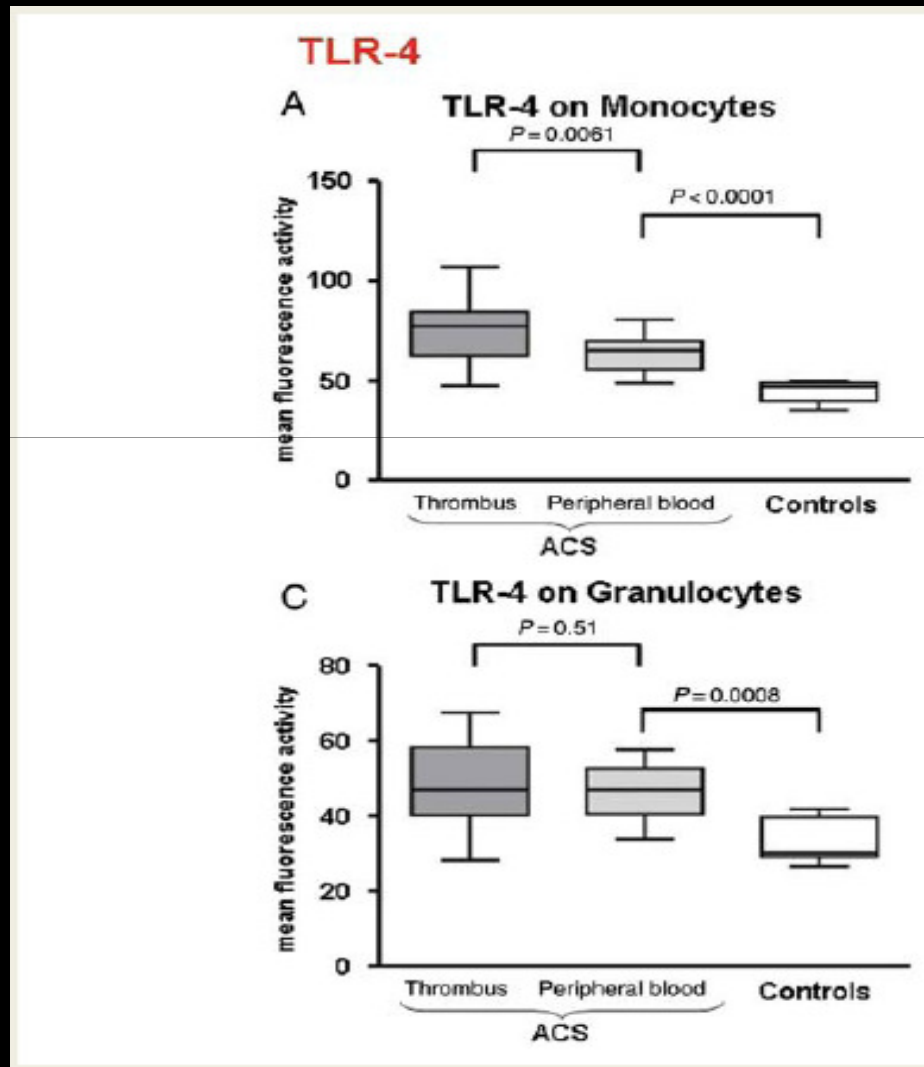
(Narducci et al.)



d from PMN
erial (A) or
directly from
n (AB) were
rase activity

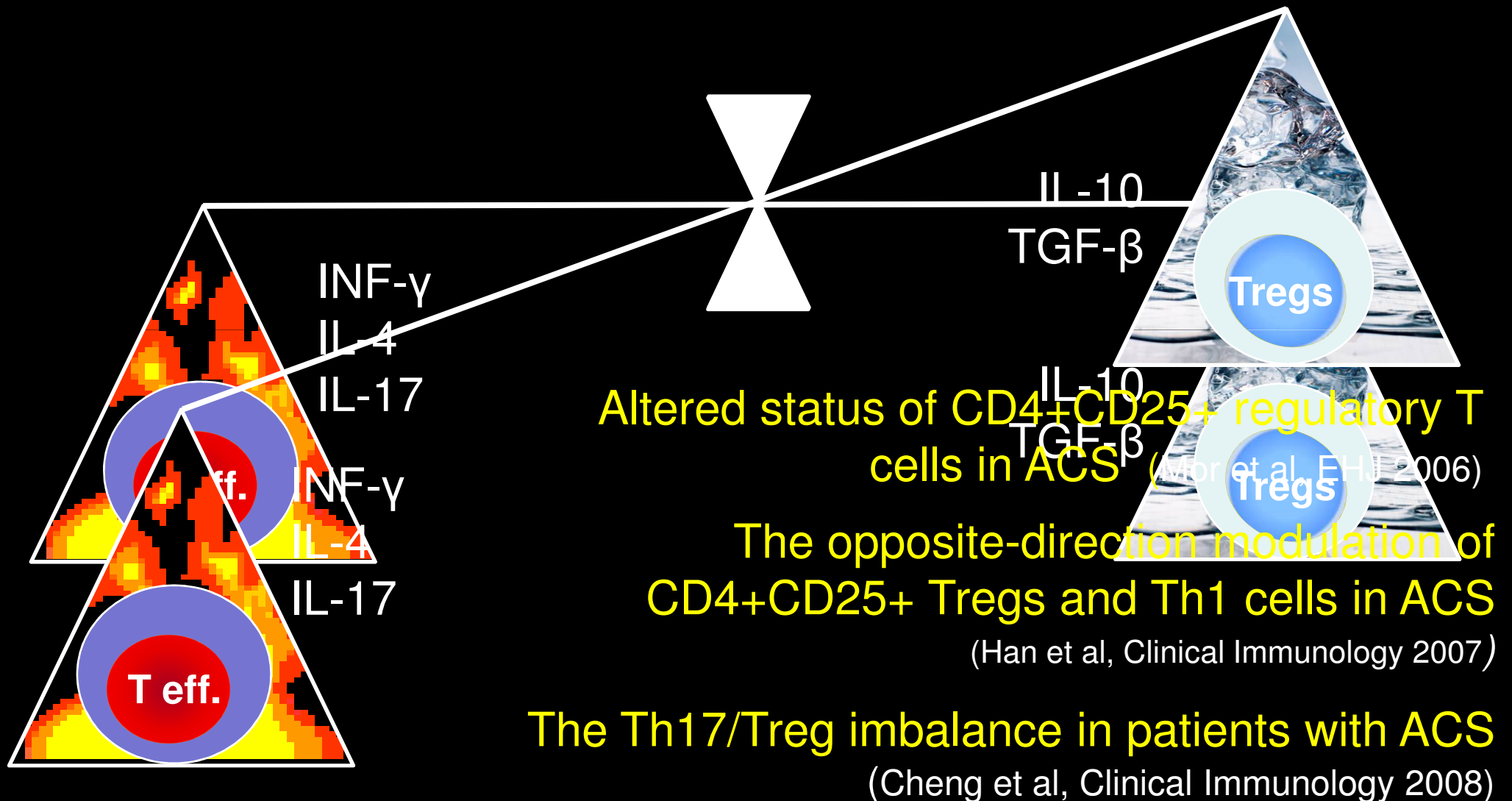


Activation of innate immunity in acute coronary syndromes (n=18)

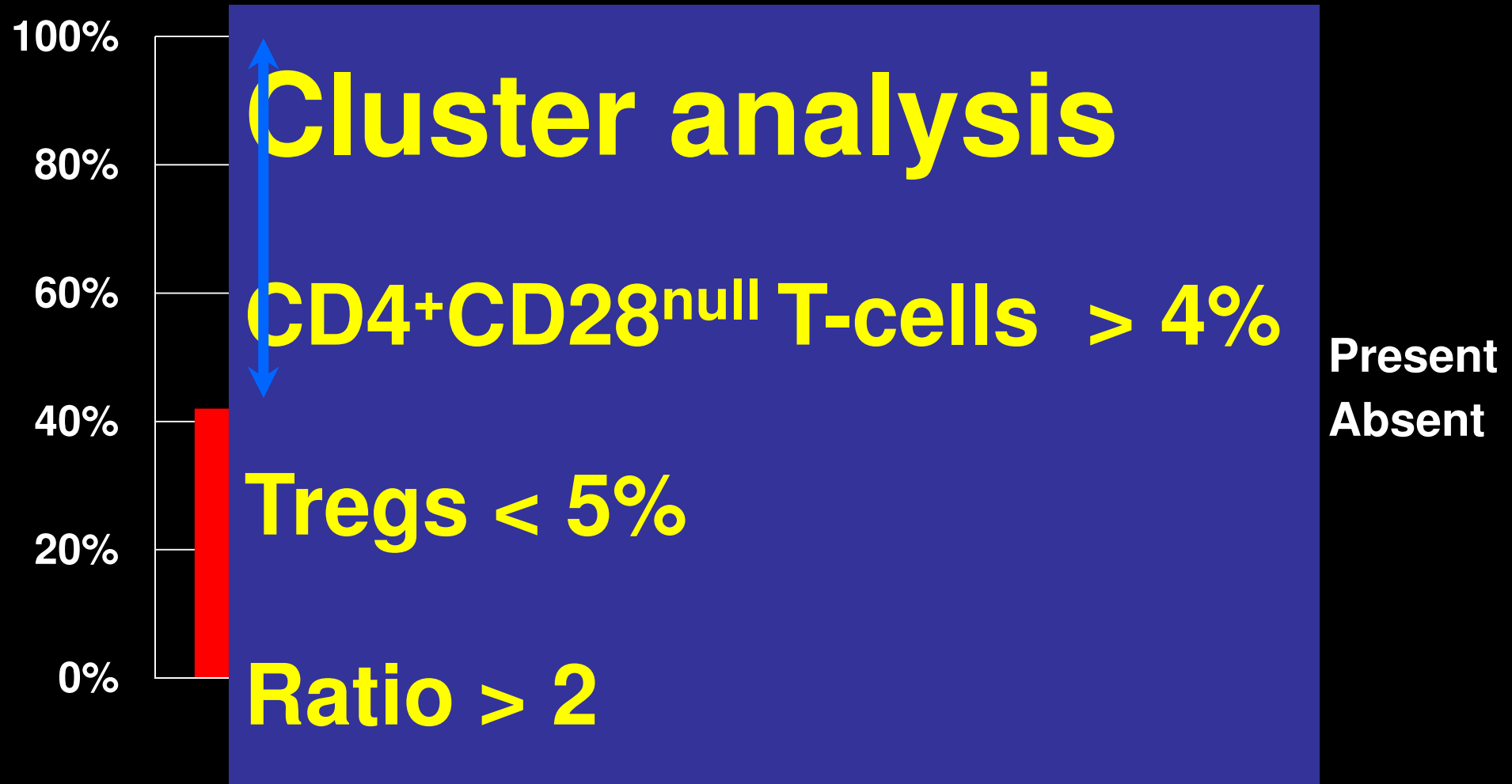


(Wyss et al, EHJ 2010)

Perturbation of T cell balance in ACS

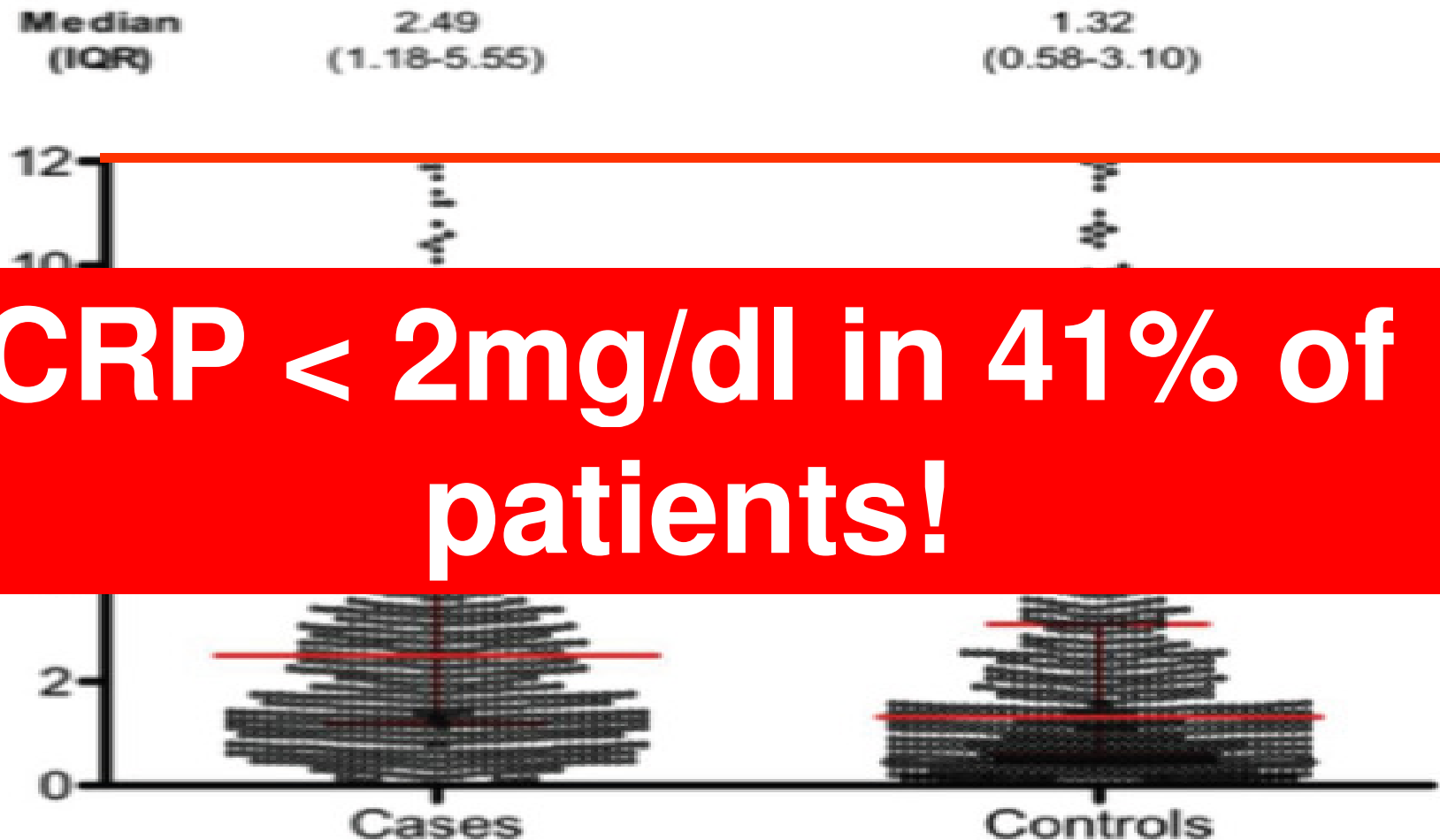


Cluster analysis according to T cell subsets and their ratio



(Liuzzo et al, submitted)

CRP levels at the very onset of first STEMI (n=1099)

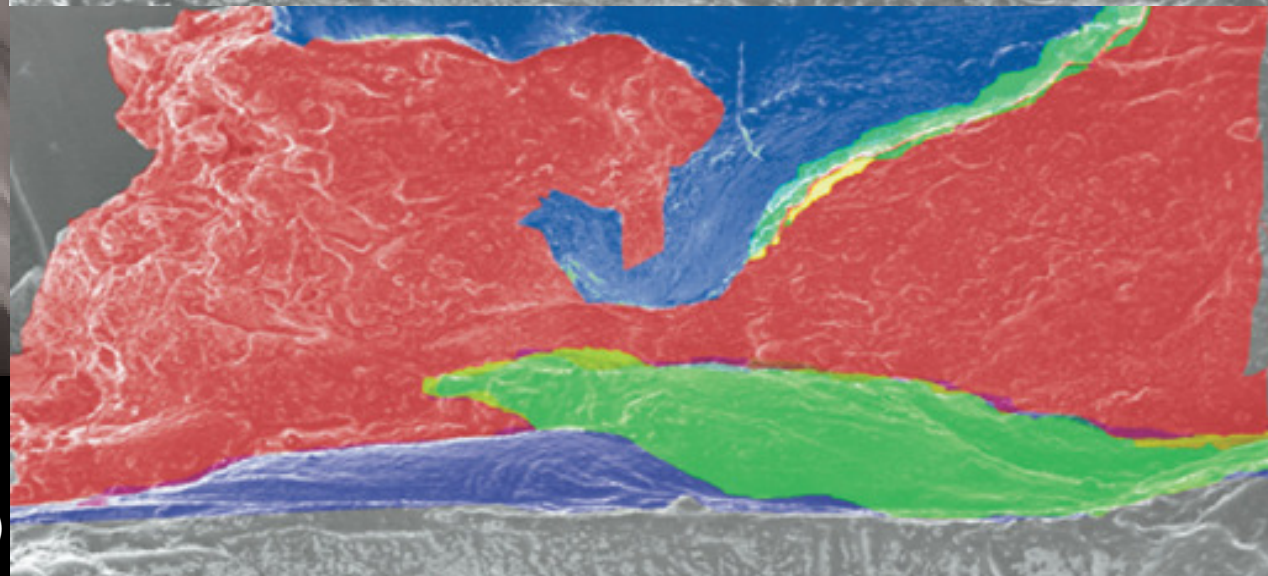
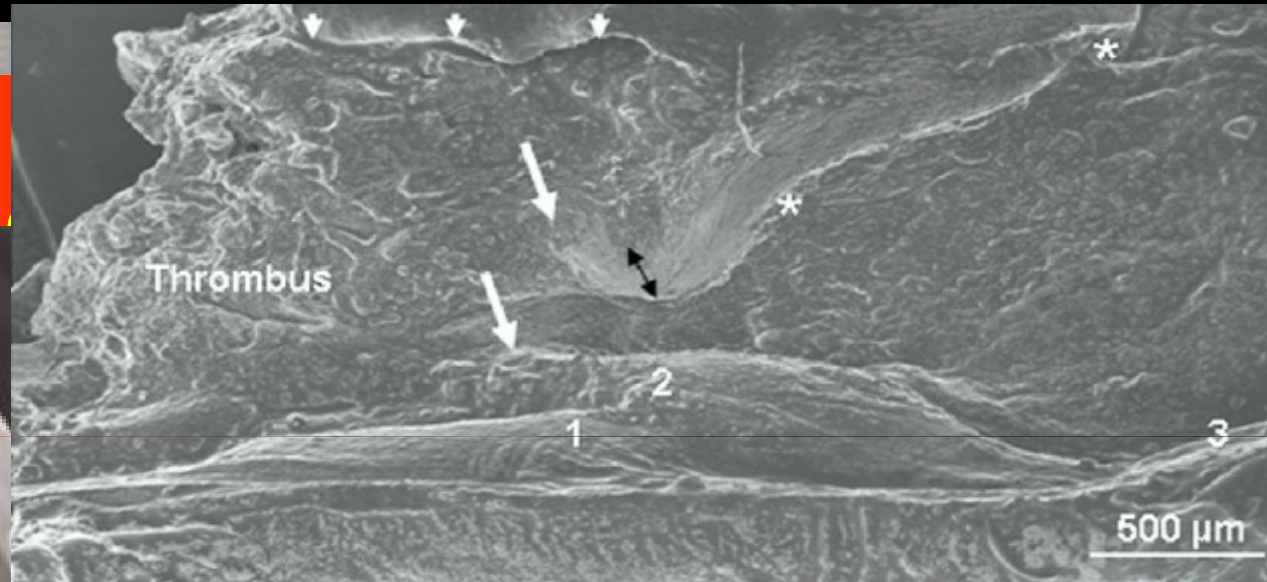


(Cianflone et al, JACC 2011)

Mechanical triggers of plaque fissure: cholesterol crystals

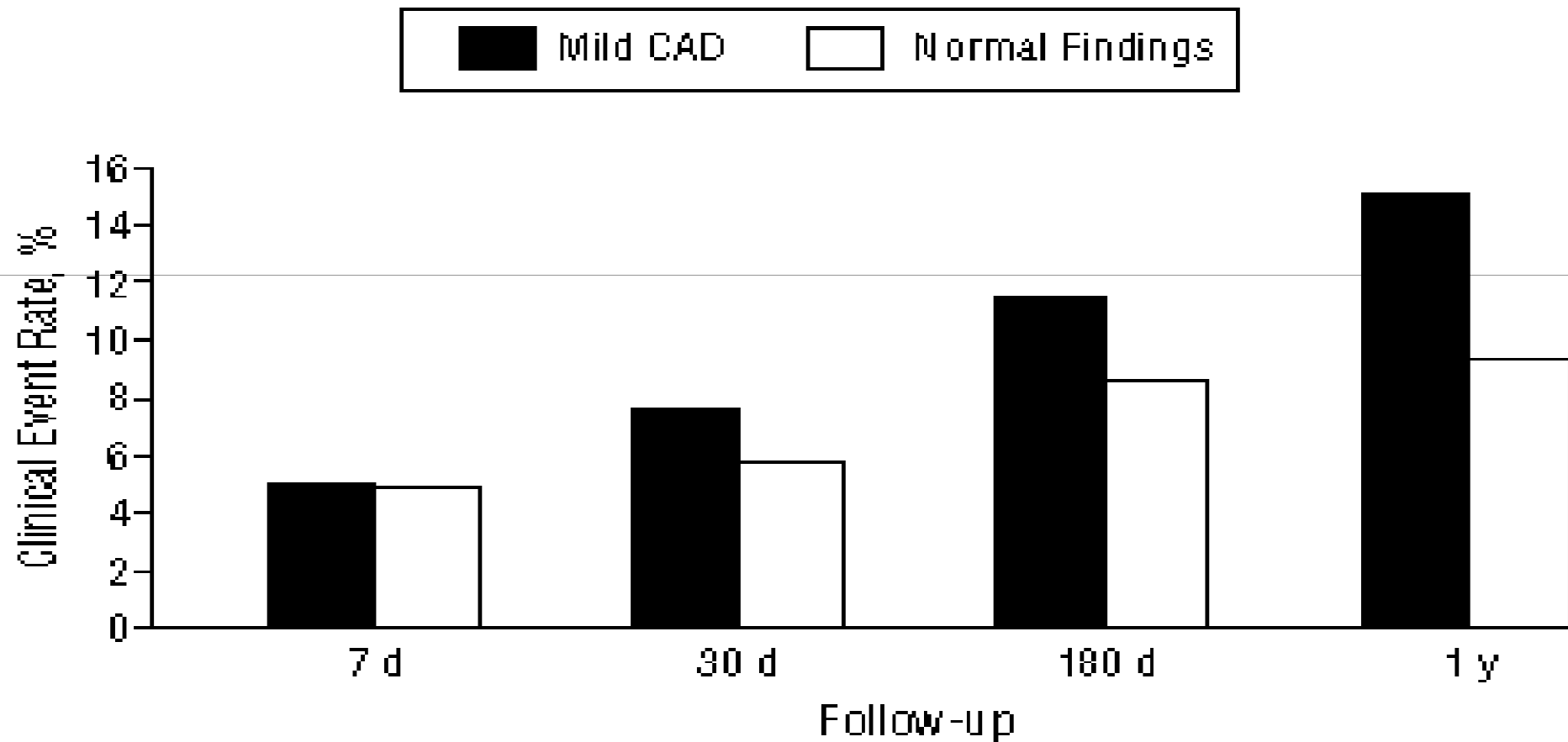
Factors affecting cholesterol crystallization

- Cholesterol saturation
- Hydration
- Temperature
- pH

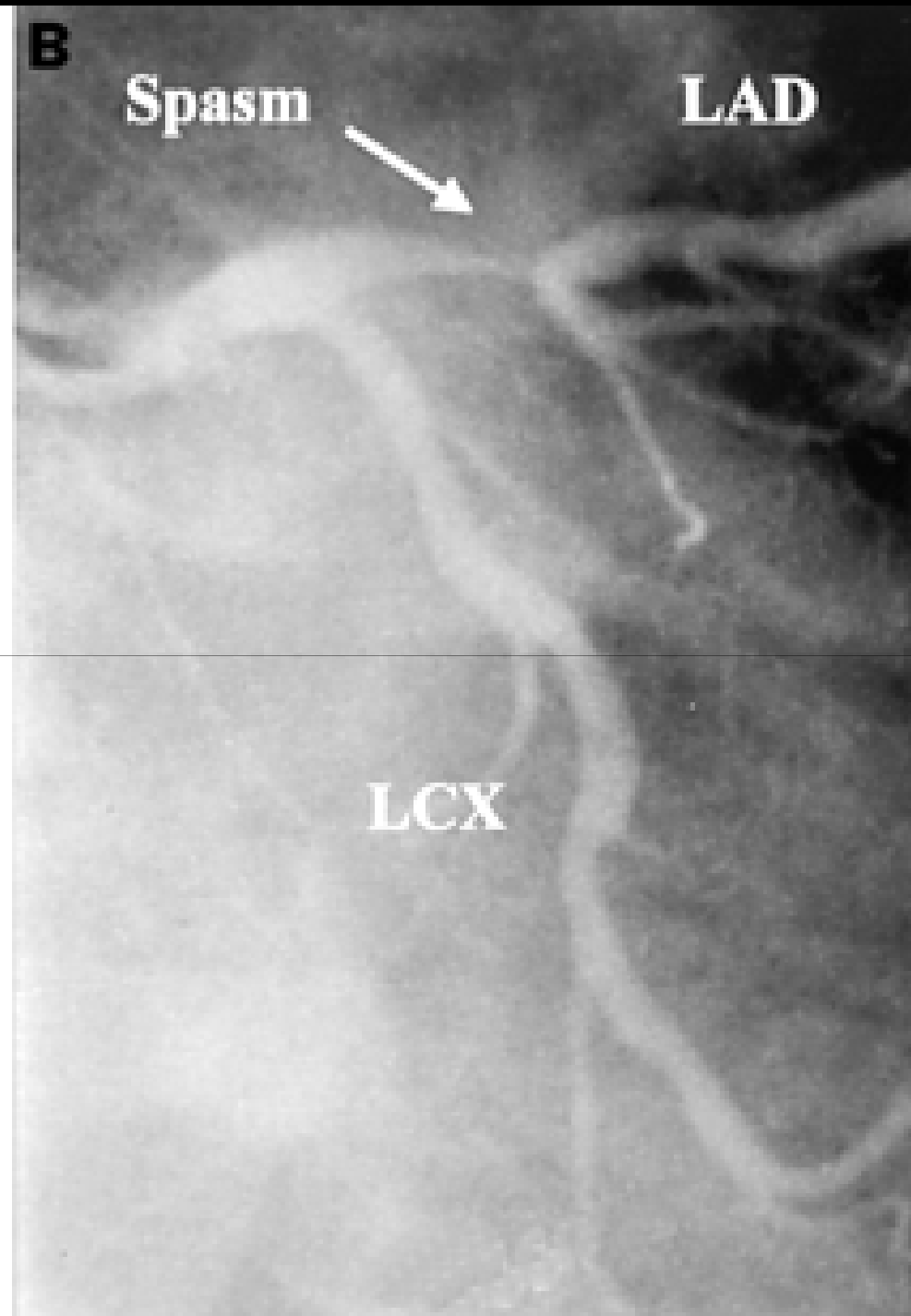
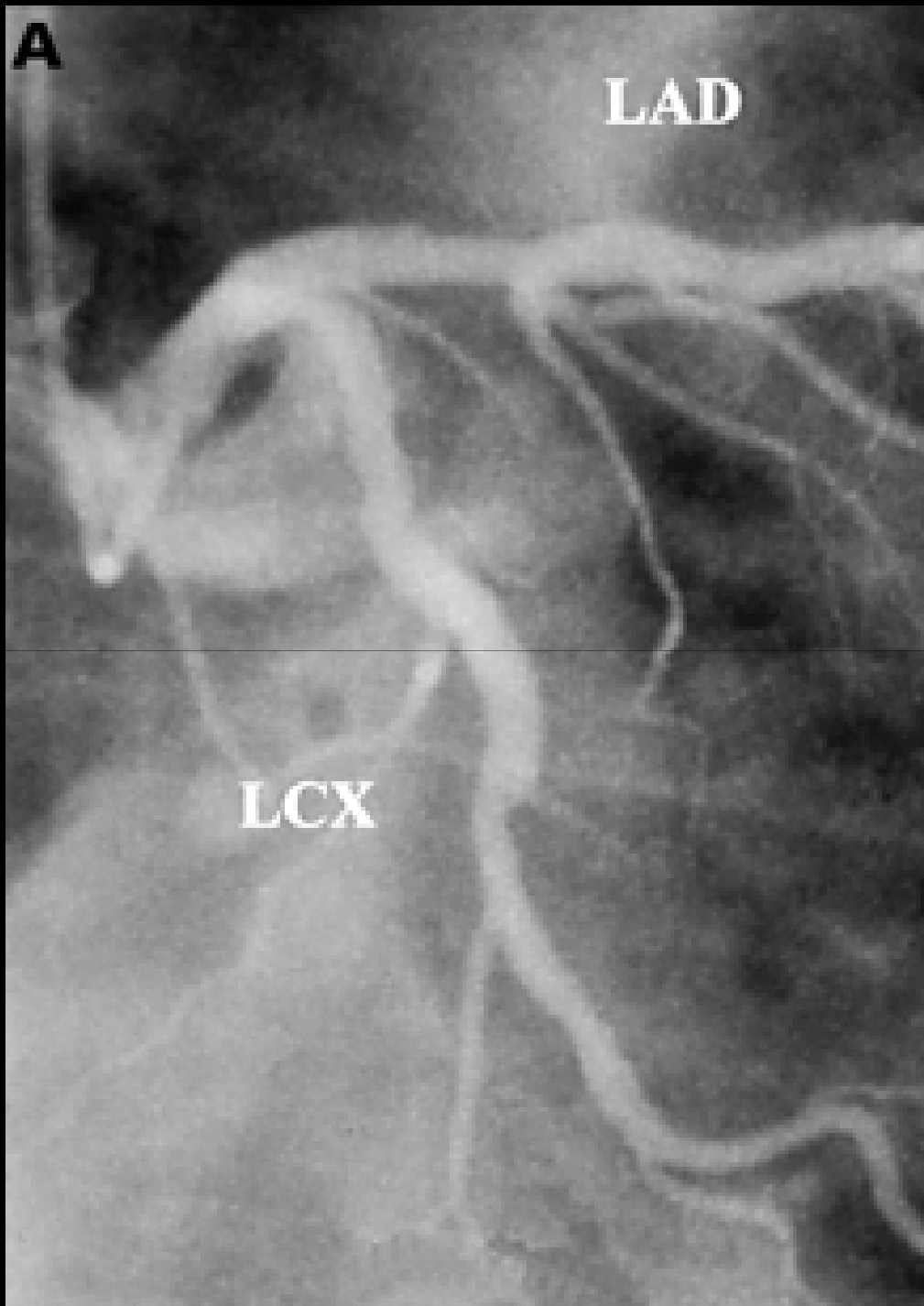


(Abela et al, Clin Cardiol 2005, AJC 2009)

Outcome of patients with NSTEMI-ACS and normal coronary arteries or mild CAD enrolled in TIMI 11B, TIMI 16 and TIMI 22 (9.1% of 7,656 patients)



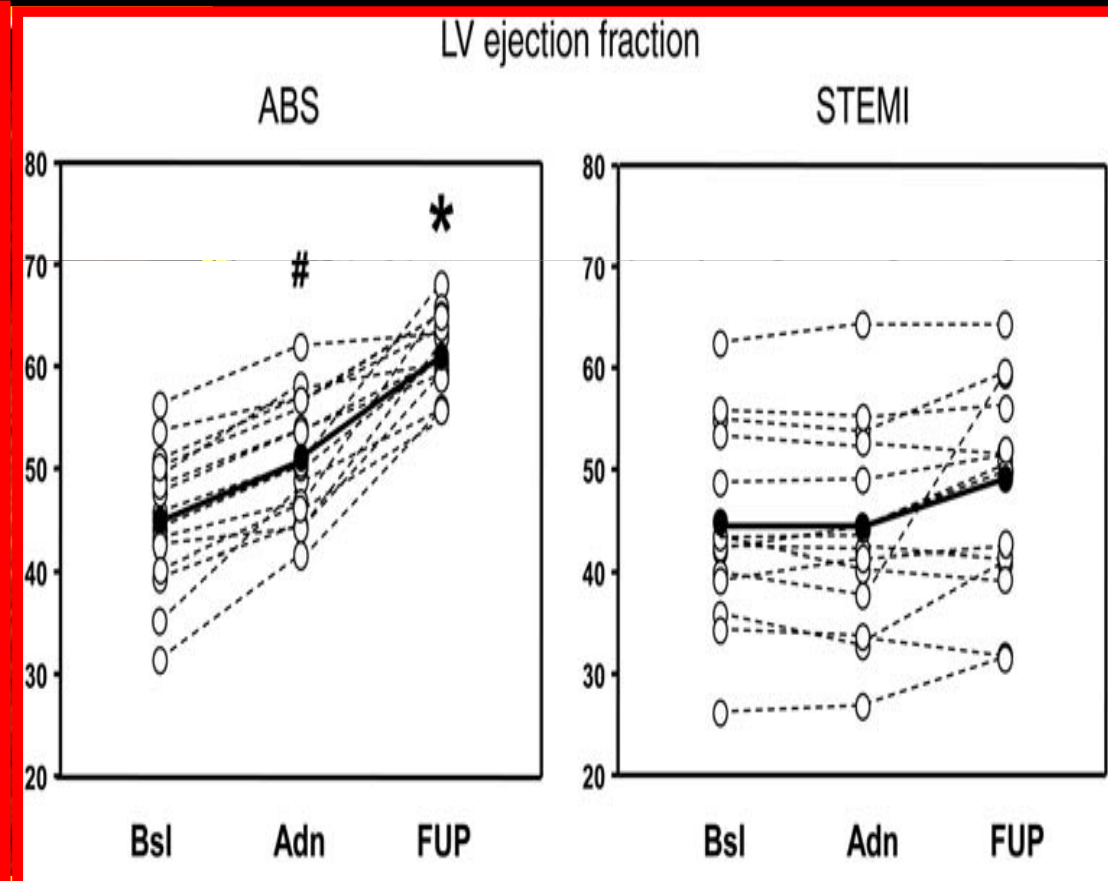
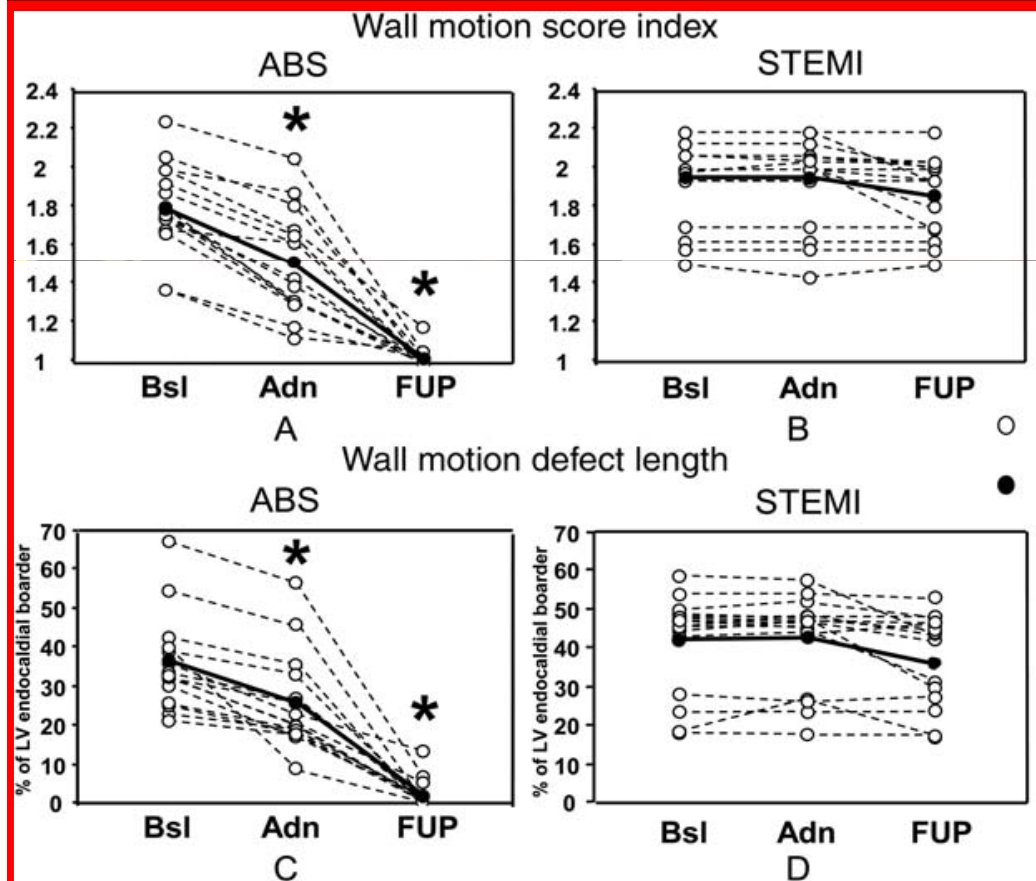
(Bugiardini et al, Arch Intern Med 2006)



Tako-Tsubo: role of coronary microvascular dysfunction

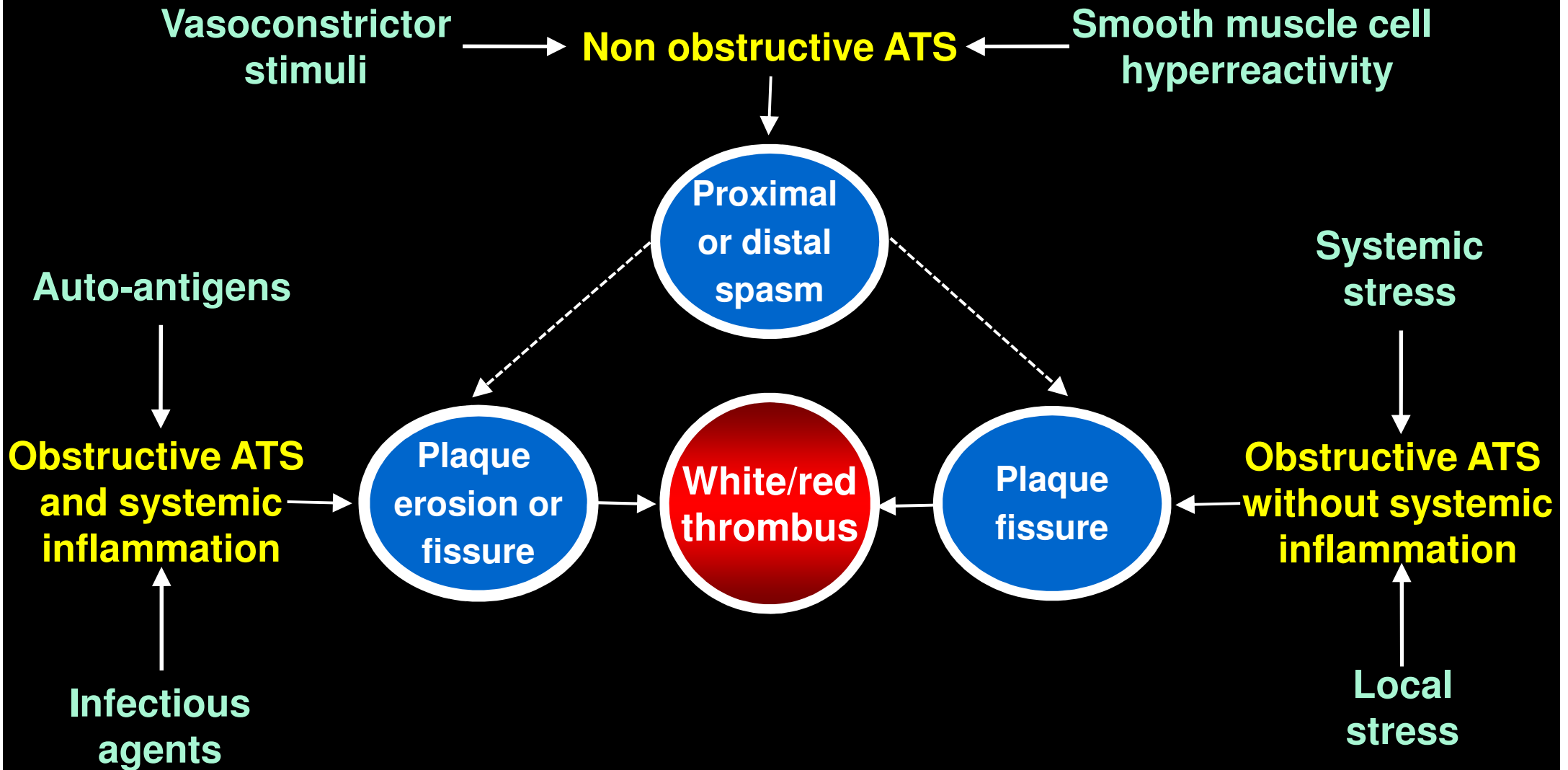
*Perfusion defect
at baseline*

*Transient
improvement
during ADN*



(Galiuto et al, EHJ 2010)

Pathogenesis of acute coronary syndromes



SCA

```
graph TD; SCA[SCA] --> A[Obstructive ATS without systemic inflammation]; SCA --> B[Obstructive ATS with systemic inflammation]; SCA --> C[Non obstructive ATS]; A --> D[Prevention of mechanical plaque rupture]; B --> E[Anti-inflammatory therapy]; C --> F[Specific vasodilators];
```

The diagram is a flowchart on a black background. At the top is a grey box with the text 'SCA' in white. A vertical line descends from this box and splits into three horizontal lines, each leading to a colored box: blue on the left, red in the center, and green on the right. From the bottom of each of these three boxes, a vertical line leads to a second row of three boxes, also colored blue, red, and green respectively. All text is in a bold, sans-serif font.

**Obstructive
ATS without
systemic
inflammation**

**Prevention of
mechanical
plaque rupture**

**Obstructive
ATS with
systemic
inflammation**

**Anti-
inflammatory
therapy**

**Non obstructive
ATS**

**Specific
vasodilators**

How to target inflammation in ACS?

DMARDs

- **Methotrexate**

Key cytokine blockers

- **IL-1 β blockers**

T cell modulators

- **Statins**

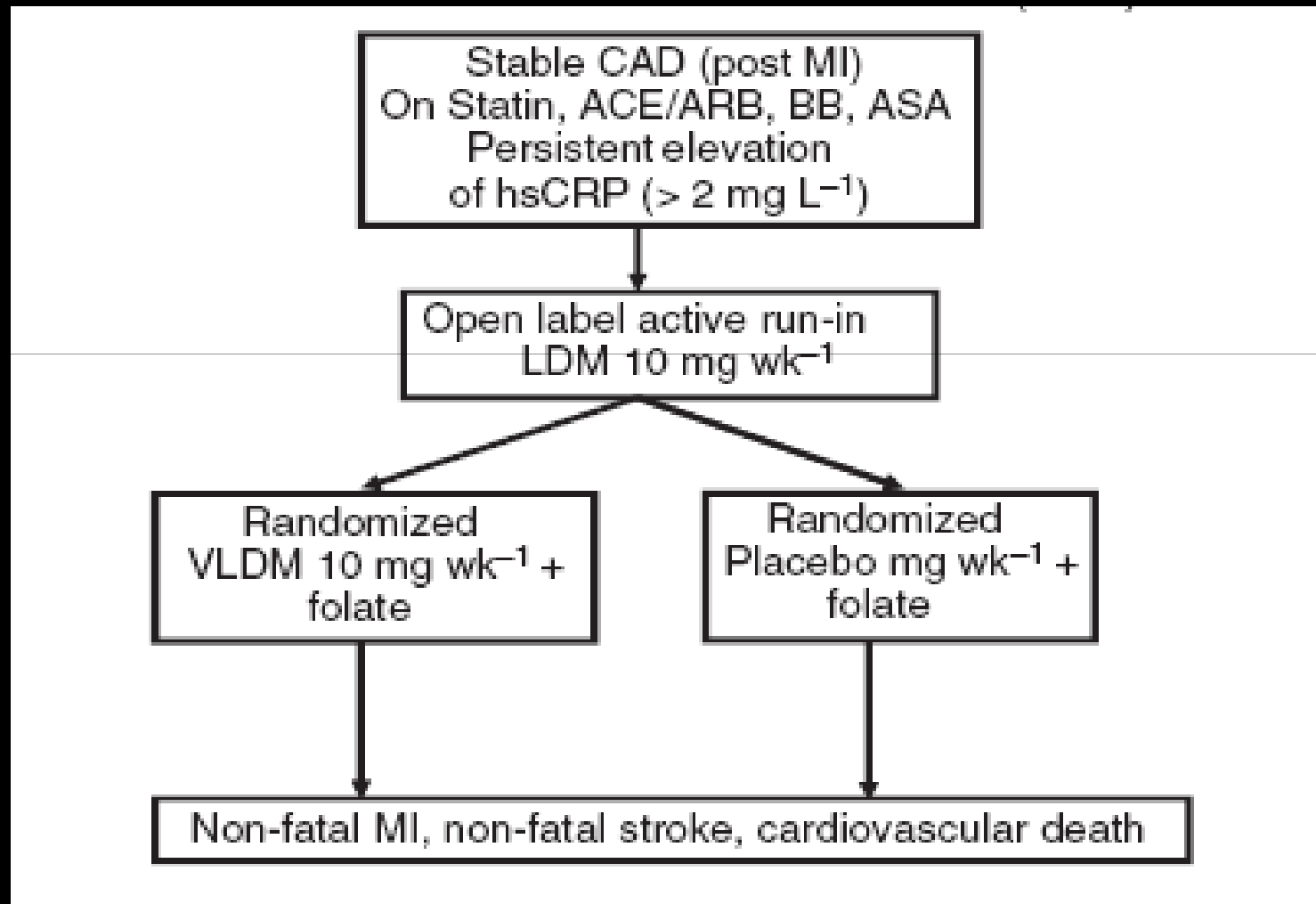
Antibiotics Vaccines

- **Influenza vaccination**

Low dose methotrexate and CVD: observational evidence

<u>Cohort</u>	<u>Group</u>	<u>HR* (95% CI)</u>	<u>Endpoint</u>	<u>Exposure</u>
Wichita Choi 2002	RA	0.4 (0.2–0.8)	Total mortality	LDM
		0.3 (0.2–0.7)	CV mortality	LDM
		0.4 (0.3–0.8)	CV mortality	LDM < 15 mg wk ⁻¹
Netherlands van Helm 2006	RA	0.3 (0.1–0.7)	CVD	LDM only
		0.2 (0.1–0.5)	CVD	LDM + SSZ
		0.2 (0.1–1.2)	CVD	LDM + HCQ
		0.2 (0.1–0.5)	CVD	LDM + SSZ + HCQ
Miami VA Pradanovich 2005	Psoriasis	0.7 (0.6–0.9)	CVD	LDM
		0.5 (0.3–0.8)	CVD	LDM < 15 mg wk ⁻¹
	RA	0.8 (0.7–1.0)	CVD	LDM
		0.6 (0.5–0.8)	CVD	LDM < 15 mg wk ⁻¹
CORRONA Solomon 2006	RA	0.6 (0.3–1.2)	CVD	LDM
		0.4 (0.2–0.8)	CVD	TNF-inhibitor
QUEST-RA Narango 2008	RA	0.85 (0.8–0.9)	CVD	LDM
		0.82 (0.7–0.9)	MI	LDM
		0.89 (0.8–1.0)	Stroke	LDM
UK Norfolk 2008	RA, PSA	0.6 (0.4–1.0)	Total mortality	LDM
		0.5 (0.3–1.1)	CV mortality	LDM

Cardiovascular inflammation reduction trial (CIRT)



(Ridker et al , J Throm Haemost 2009)

How to target inflammation in ACS?

DMARDs

- Methotrexate

Key cytokine blockers

- **IL-1 β blockers**

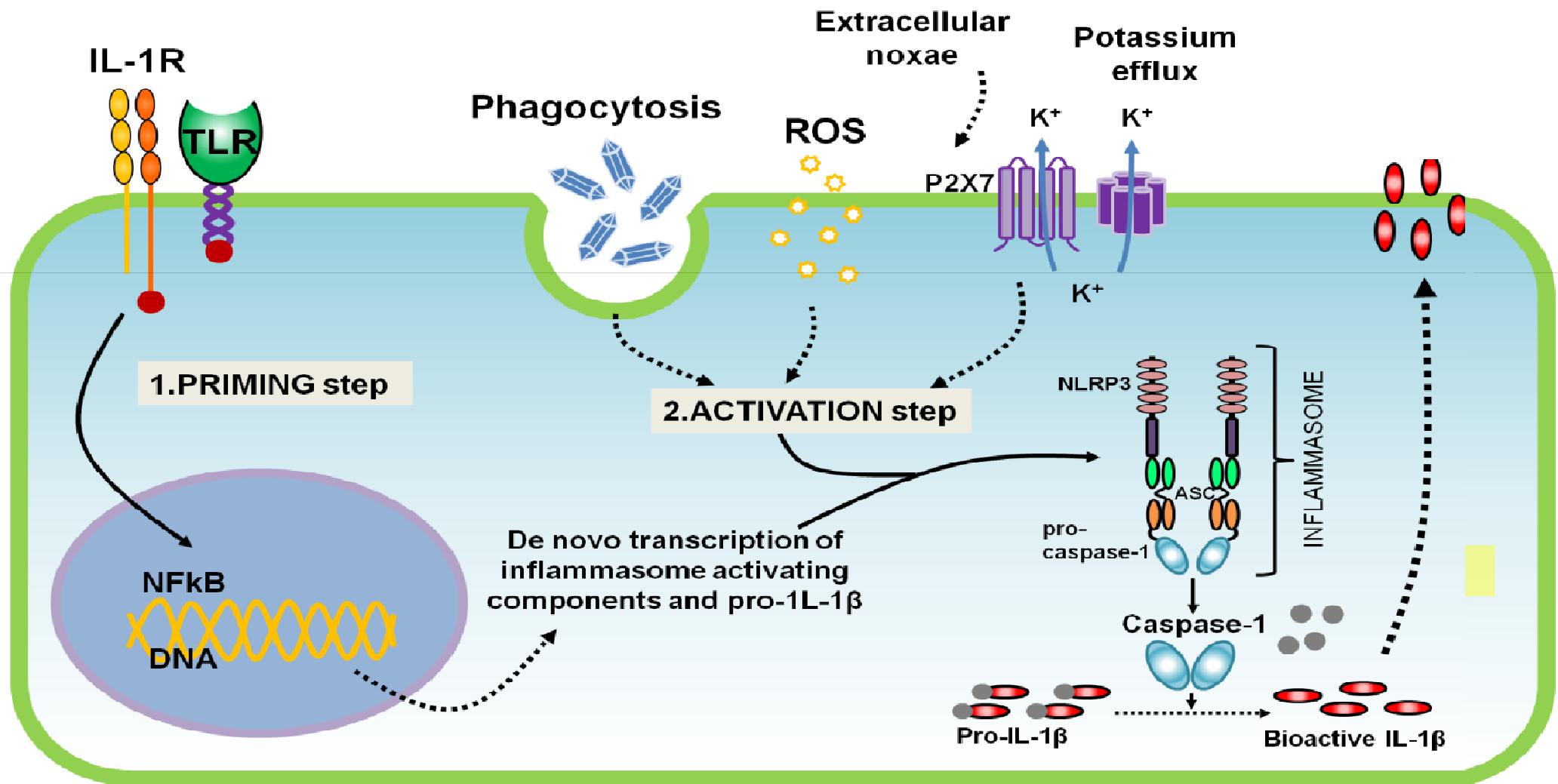
T cell modulators

- Statins

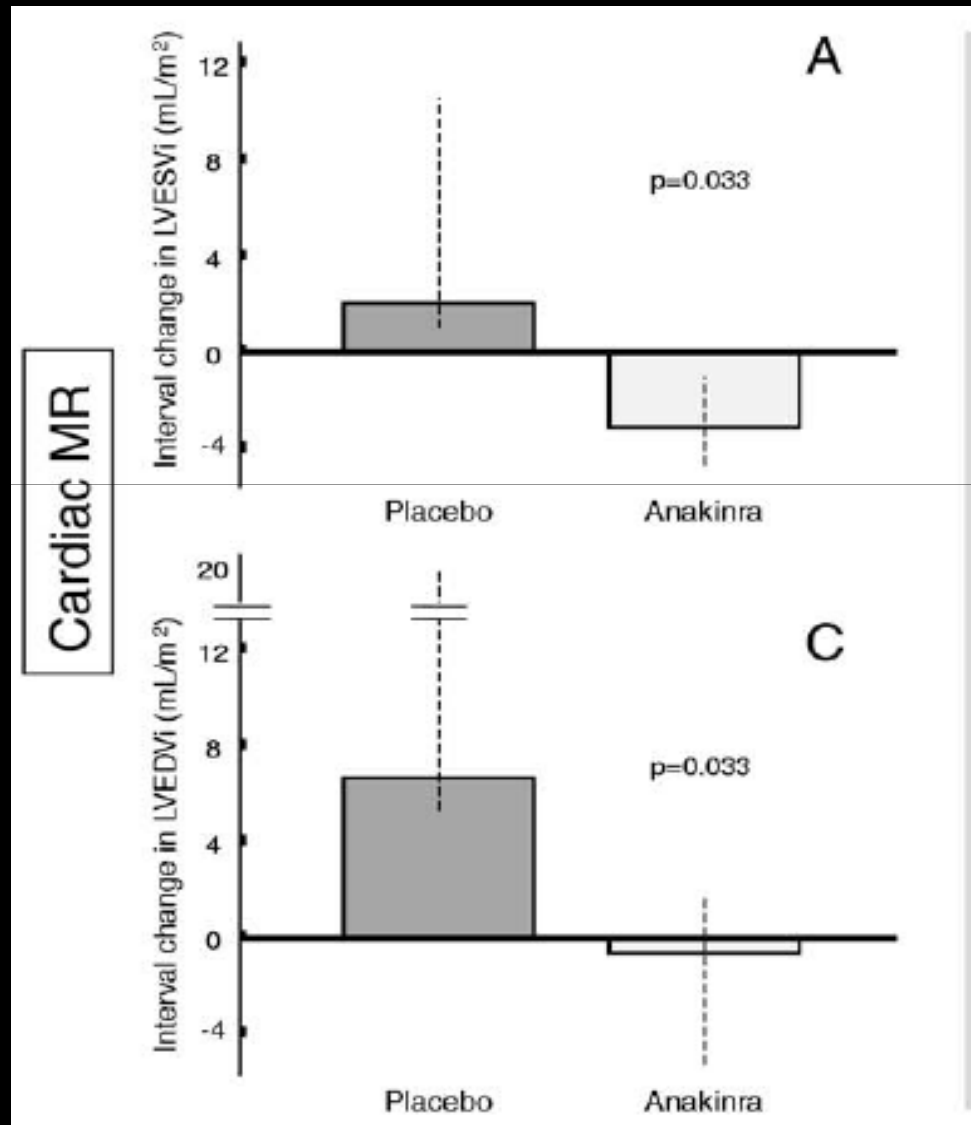
Antibiotics Vaccines

- Influenza vaccination

IL-1 β activation

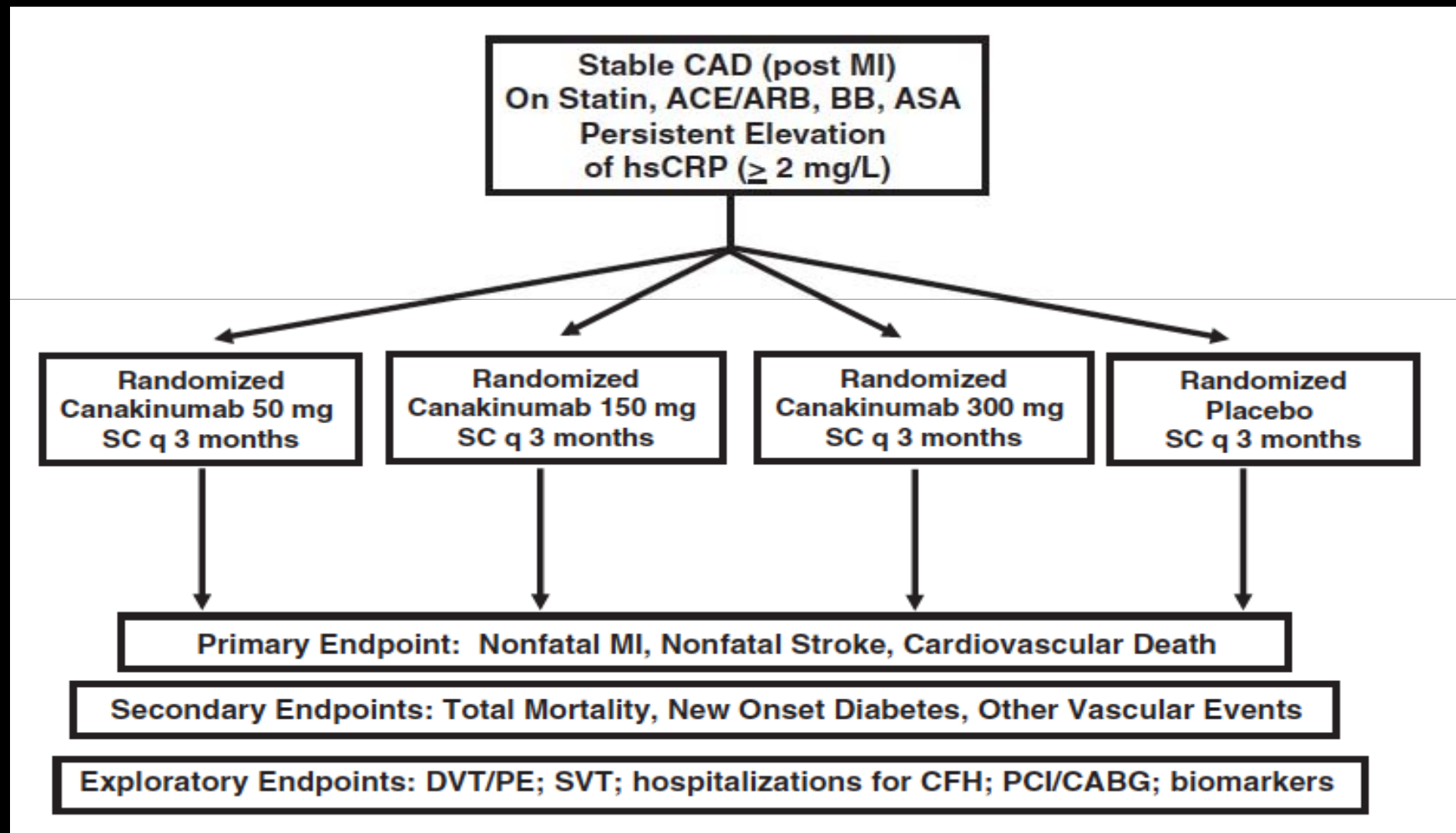


IL-1R blockade with anakinra prevents adverse cardiac remodeling after STEMI (n=10)



(Abbate et al, AJC 2010)

Canakinumab Anti-inflammatory Thrombosis Outcomes Study (CANTOS)



(Ridker et al , Am Heart J 2011)

How to target inflammation in ACS?

DMARDs

- Methotrexate

Key cytokine blockers

- TNF α or IL-1 β blockers

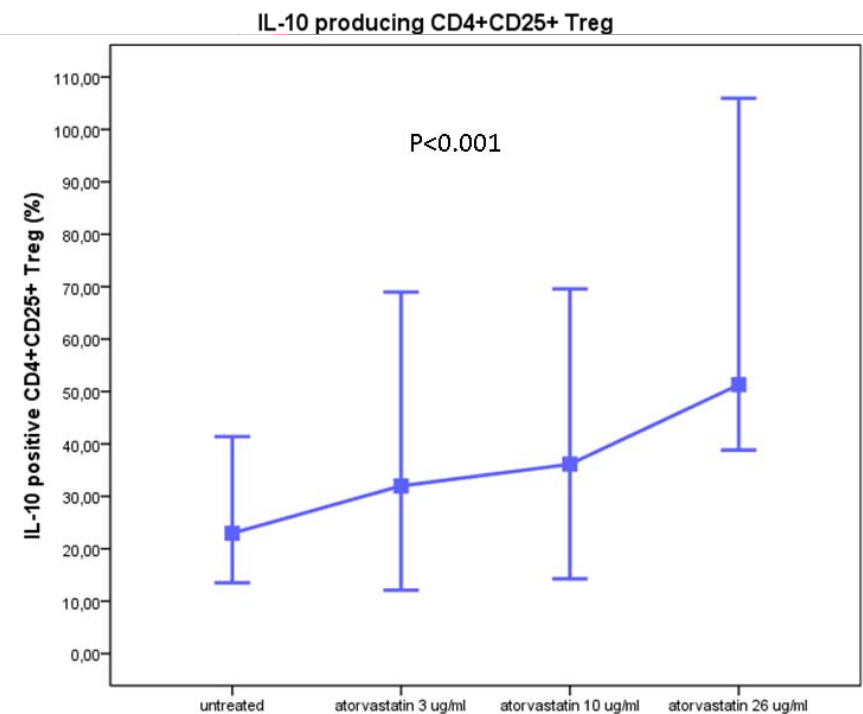
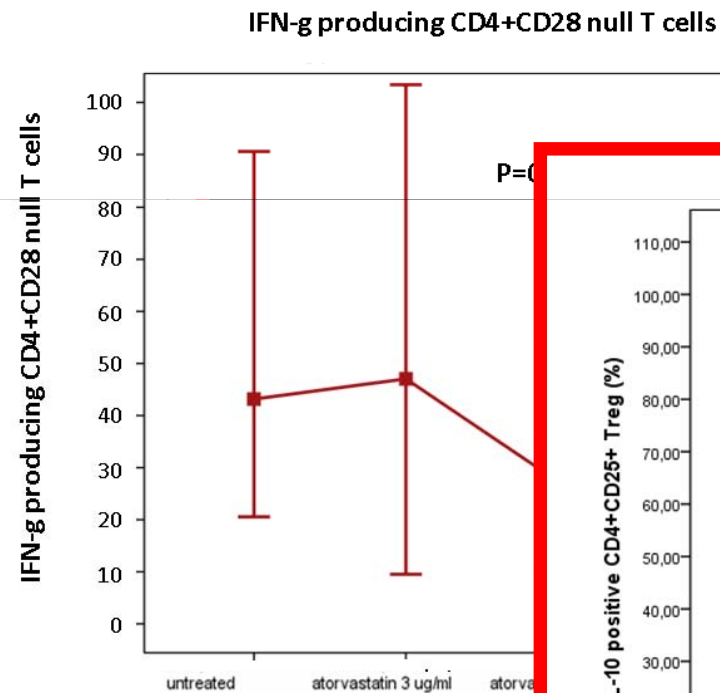
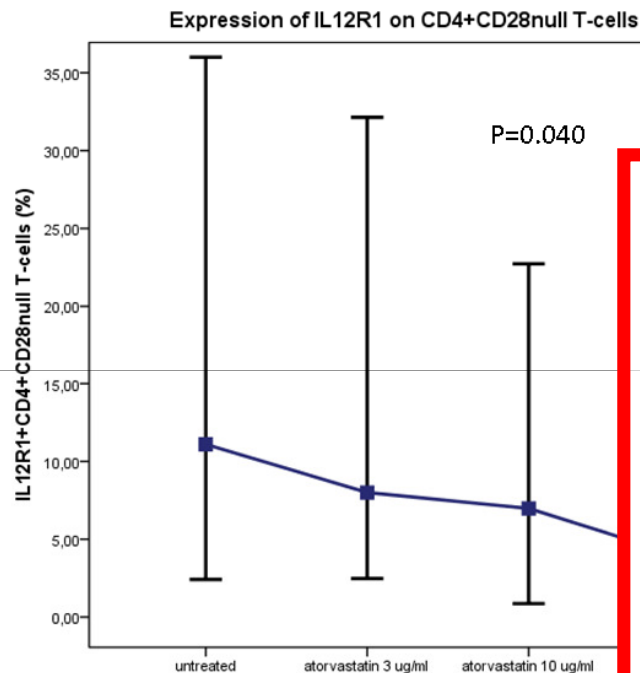
T cell modulators

- **Statins**

Antibiotics Vaccines

- Influenza vaccination

In vitro effects of atorvastatin on CD4+CD28null and on CD25+ T cells



(Campioni et al, submitted)

How to target inflammation in ACS?

DMARDs

- Methotrexate

Key cytokine blockers

- IL-1 β blockers

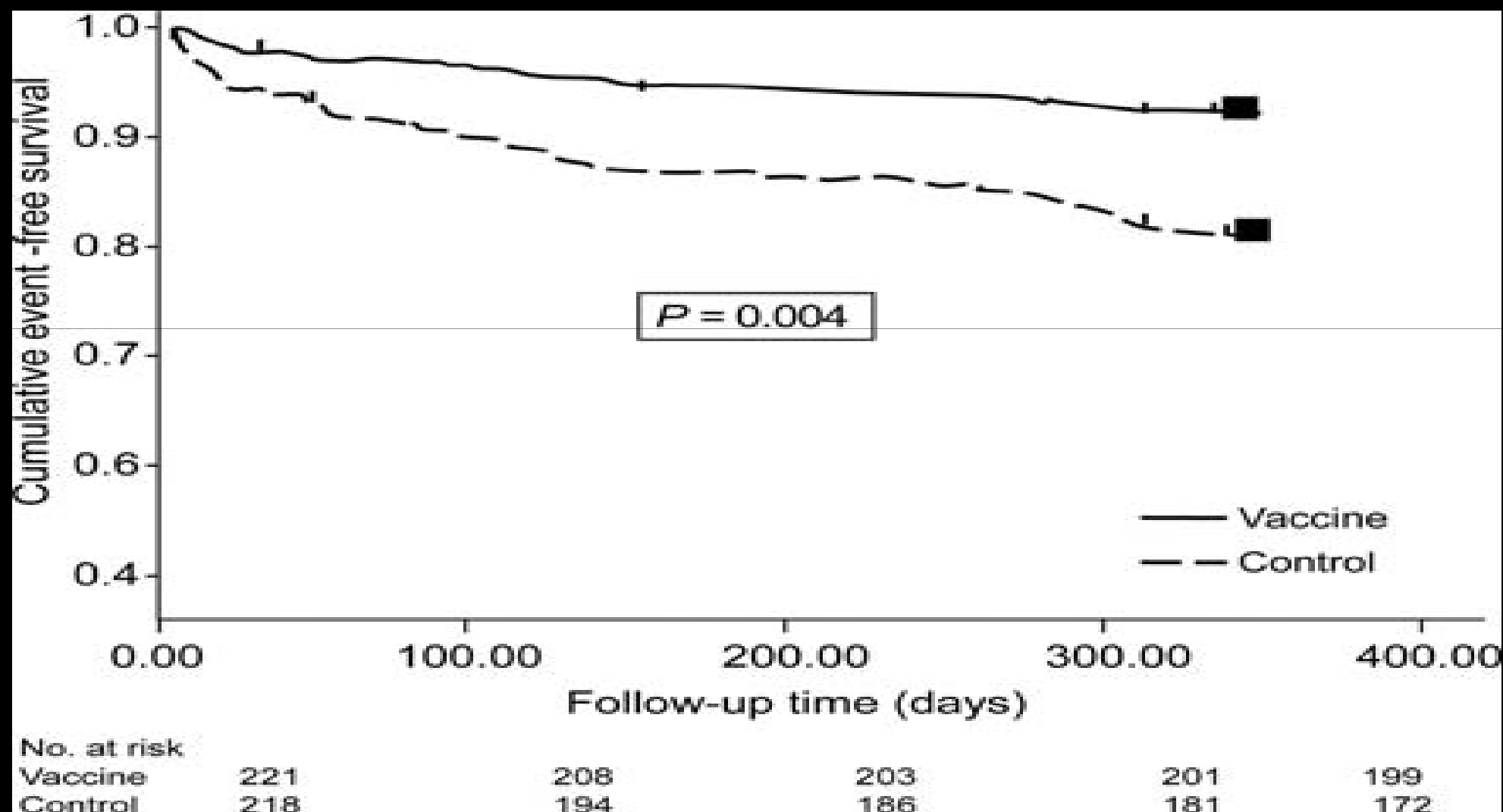
T cell modulators

- Statins

Antibiotics Vaccines

- Influenza vaccination

Influenza vaccination reduces cardiovascular events in patients with ACS (n=439)

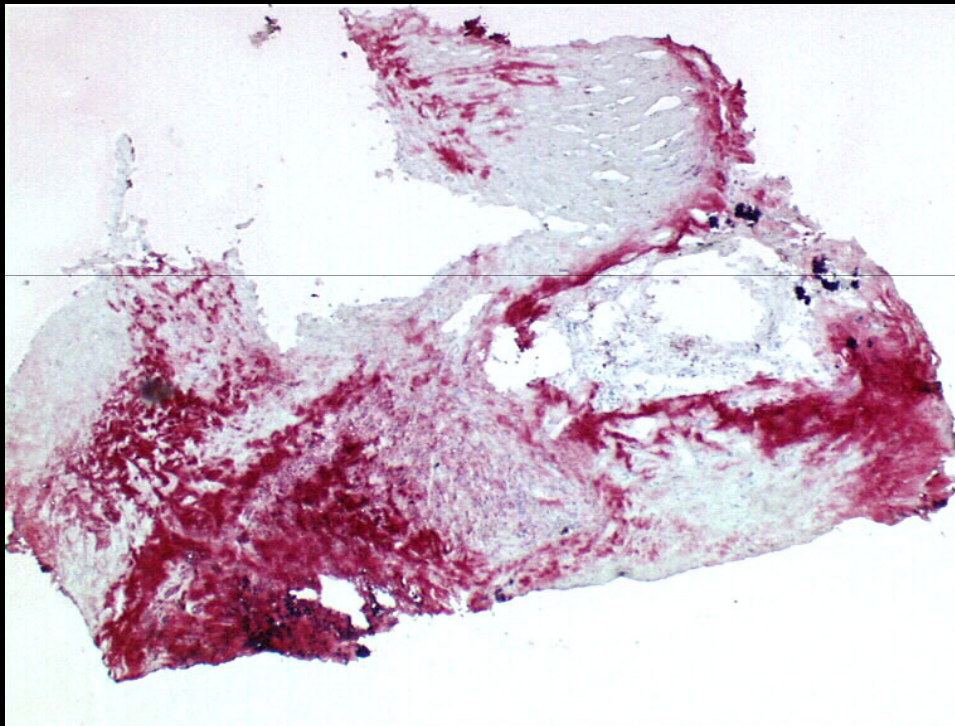


(Phrommintikul et al, EHJ 2011)

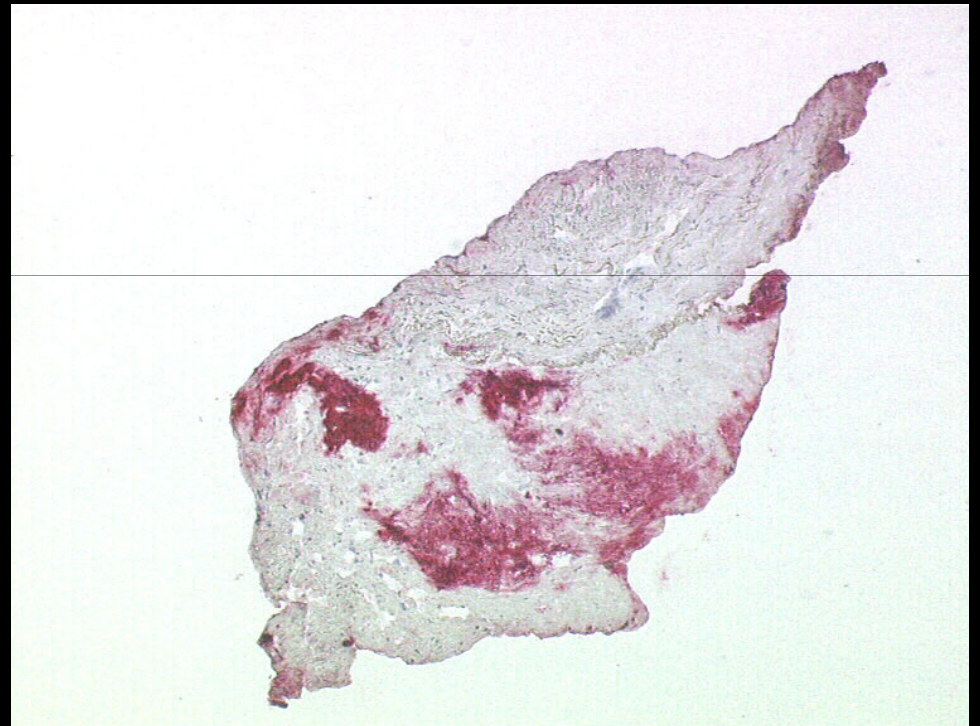
Anti-inflammatory treatment of ACS

- **Innate immunity: ongoing CRT of methotrexate and of IL-1 blockers in ACS are testing this therapeutic target**
- **Adaptive immunity: T cell repertoire perturbation is a potential new target which needs to be tested in CRT**
- **Triggers: the promising results with influenza vaccination suggests that reduction of infectious burden is another potential new target**

Ox-LDL in atherectomy specimens from stable and unstable plaques



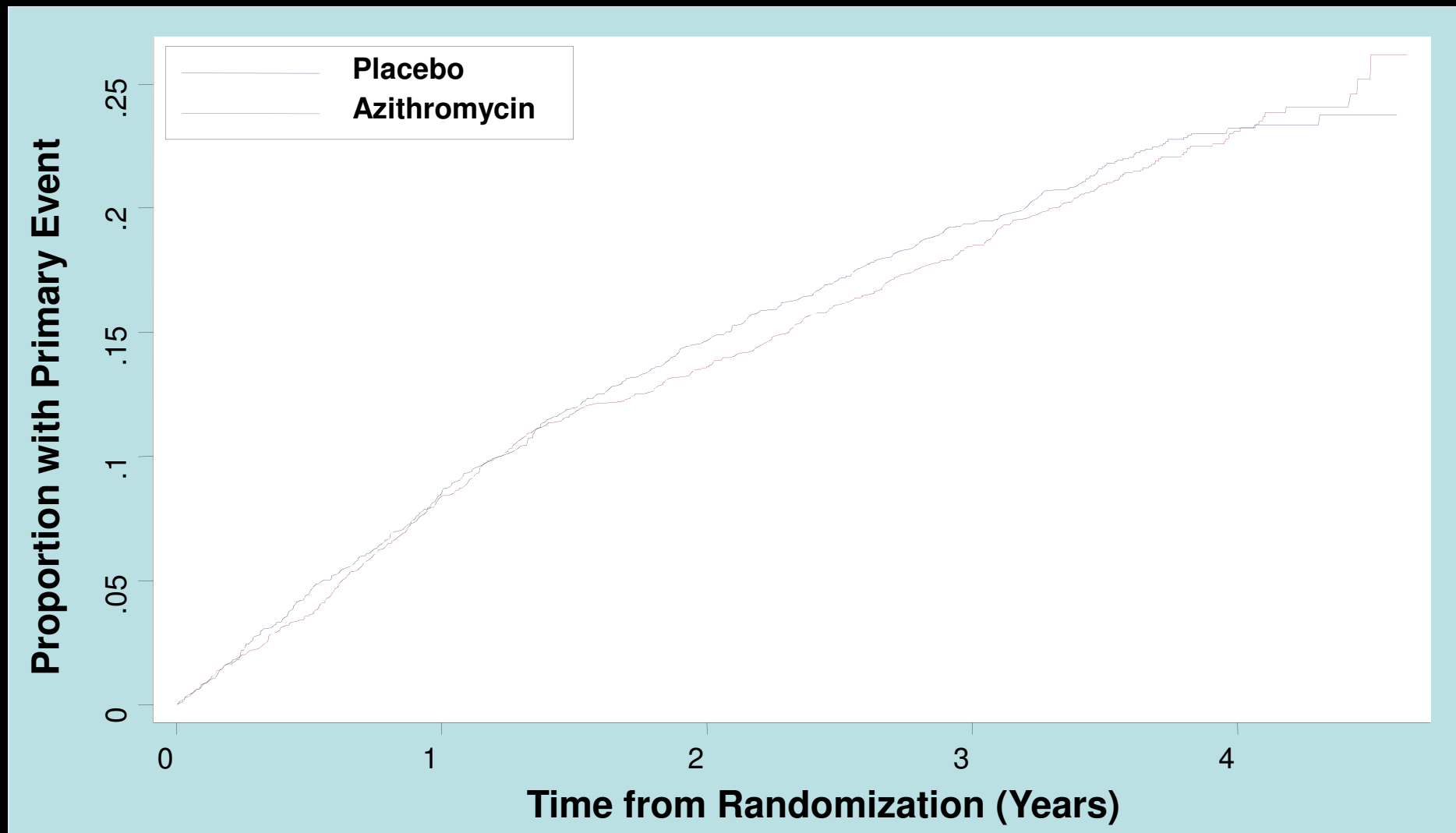
Stable Angina



Unstable angina

(Niccoli et al, J Cardiovasc Med 2007)

ACES: Primary Endpoint Rate



(Grayston et al, NRJM 2005)

Anti-inflammatory Treatment of Acute Coronary Syndromes

R. Della Bona, G. Liuzzo, D. Pedicino, and F. Crea*

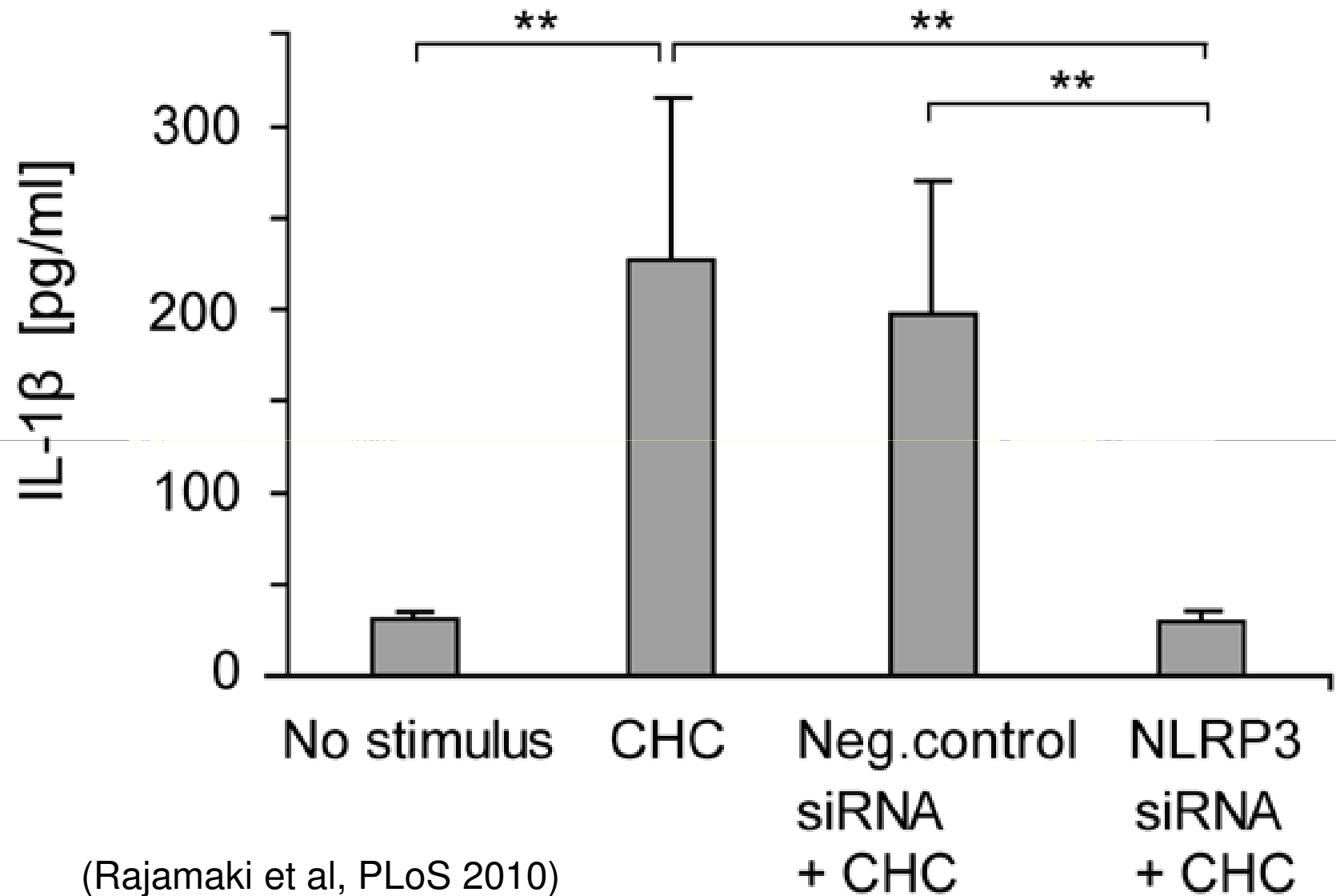
Institute of Cardiology, Catholic University, Rome, Italy

Abstract: The past decade has seen a steady growth in the treatment options available for Acute Coronary Syndromes (ACS), as a consequence of our better understanding of ACS pathophysiology. Administration of fibrinolytics in ST-elevation myocardial infarction, and of potent antiplatelet and anticoagulant drugs in all ACS, has allowed us to considerably improve their outcome. Yet, the rate of adverse cardiac events at early follow-up ranges from 15% to 20%. Thus, to further improve the outcome of ACS or to prevent their occurrence, it is important to identify new therapeutic target.

A number of experimental and clinical studies have highlighted the key role of inflammation in all phases of atherosclerosis, from fatty streaks to disrupted plaques and raised levels of inflammatory markers have been associated to a poor outcome despite optimal treatment, including myocardial revascularization. In this review, we will focus on inflammation as a possible new therapeutic target of ACS, discussing the anti-inflammatory treatments in four sections: 1) non specific anti-inflammatory drugs; 2) specific antagonists of key cytokines; 3) T-cell modulation; 4) immunization as promising therapeutic modality against atherosclerosis.

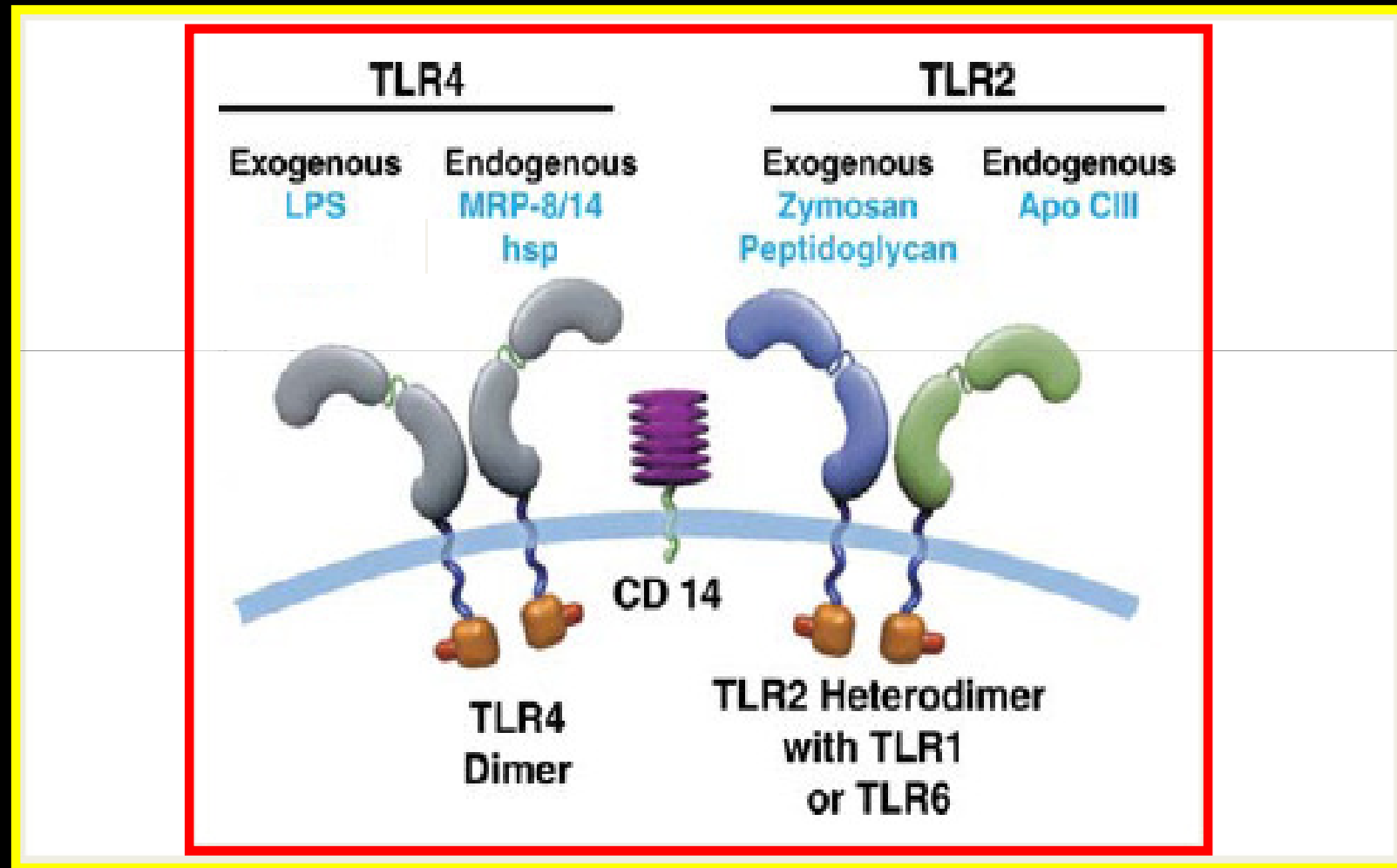
Keywords: Acute Coronary Syndrome, Inflammation, Methotrexate, Glucocorticoids, Statins, NSAIDs, COX, Key cytokines antagonists, TNF, IL-1, T-cells.

Cholesterol crystal activation of



(Rajamaki et al, PLoS 2010)

Activation of innate immunity

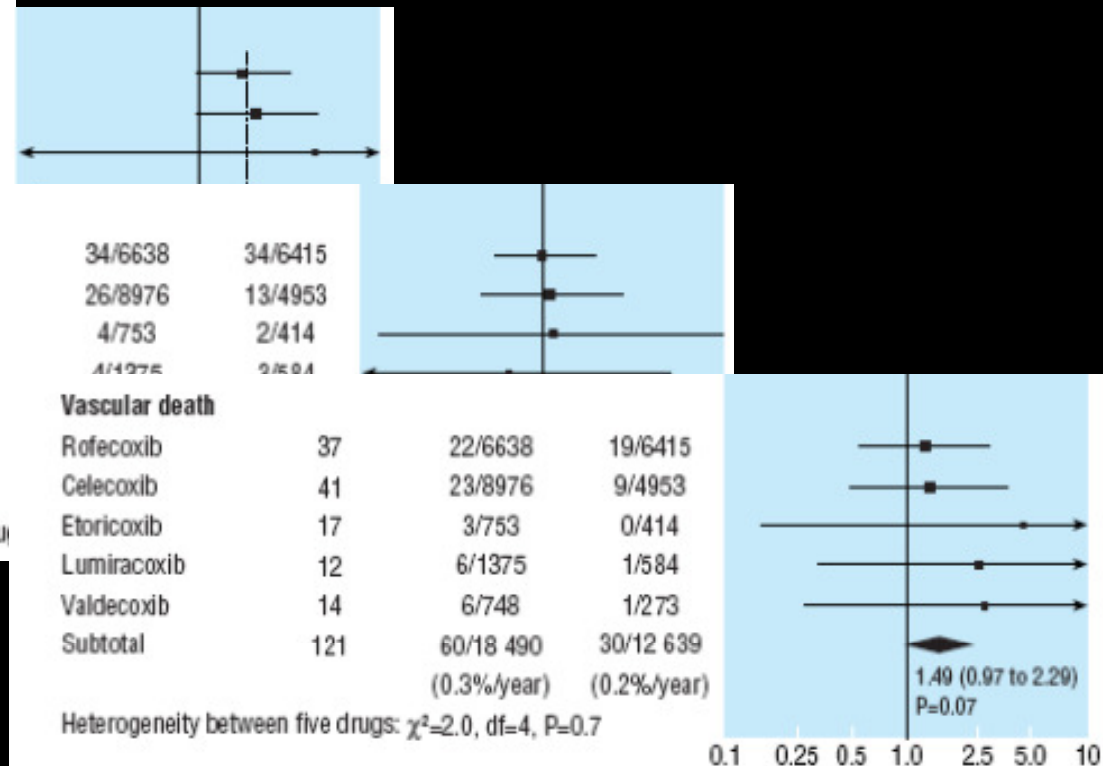


(Wyss et al, EHJ 2010)

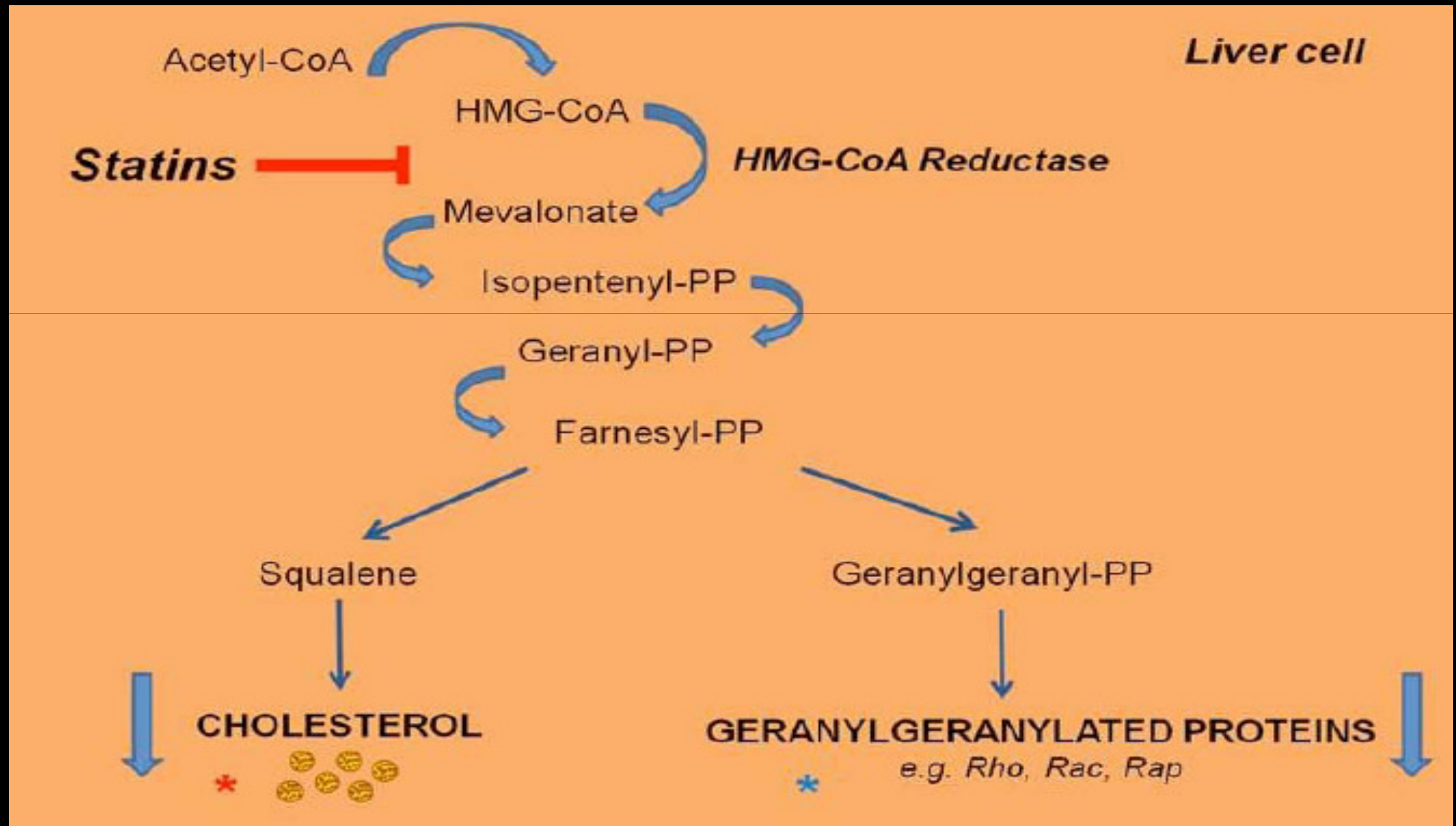
COX-2 inhibition and risk of CV events: meta-analysis of randomised trials

COX 2 inhibitor	No of trials	Events/person years		Rate ratio	
		Allocated COX 2 inhibitor	Allocated placebo	COX 2 inhibitor: placebo	
Vascular events					
Rofecoxib	37	98/6638	72/6415		
Celecoxib	41	84/8976	29/4953		
Etoricoxib	17	7/753	2/414		
Lumiracoxib	12				
Valdecoxib	14				
Subtotal	121				
Myocardial infarction					
Rofecoxib	37	54/6638	30/6415		
Celecoxib	41	44/8976	9/4953		
Etoricoxib	17	2/753	0/414		
Lumiracoxib	12				
Valdecoxib	14				
Subtotal	121				
Stroke					
Rofecoxib	37	34/6638	34/6415		
Celecoxib	41	26/8976	13/4953		
Etoricoxib	17	4/753	2/414		
Lumiracoxib	12	6/1375	1/584		
Valdecoxib	14	6/748	1/273		
Subtotal	121	60/18 490	30/12 639		
Heterogeneity between five drugs:					
$\chi^2=2.0$, $df=4$, $P=0.7$					

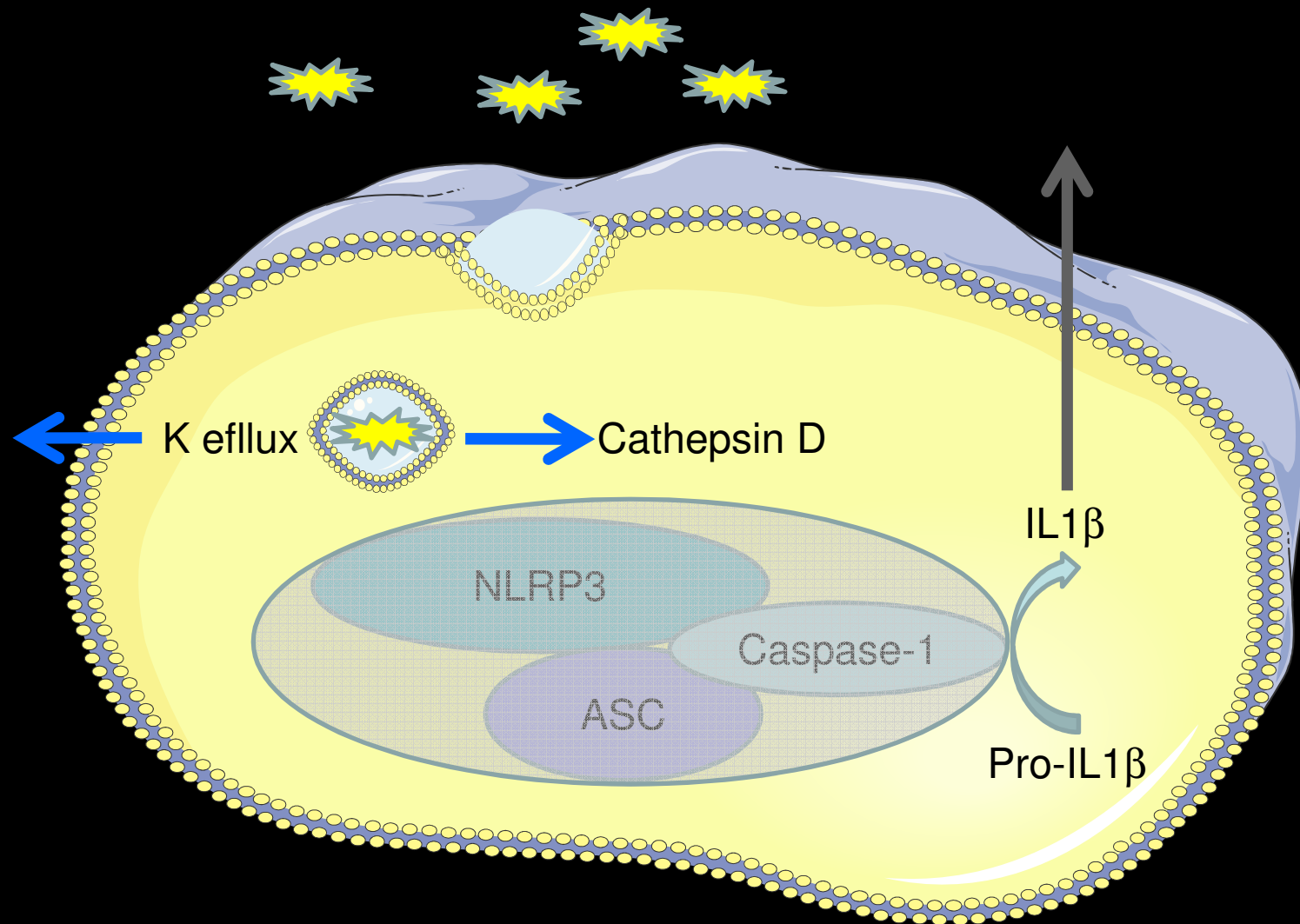
(Kearney et al, BMJ 2006)



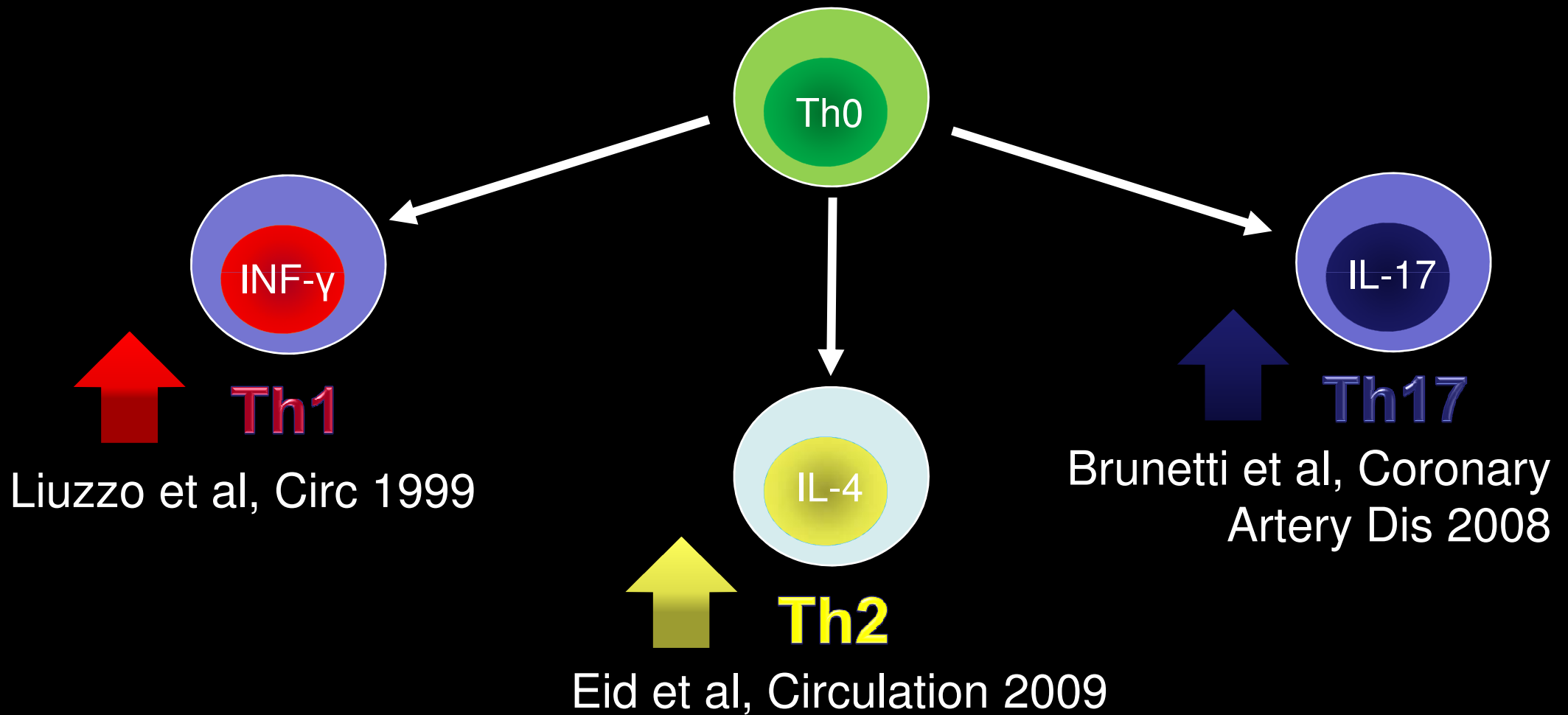
Mechanisms of anti-inflammatory action of statins



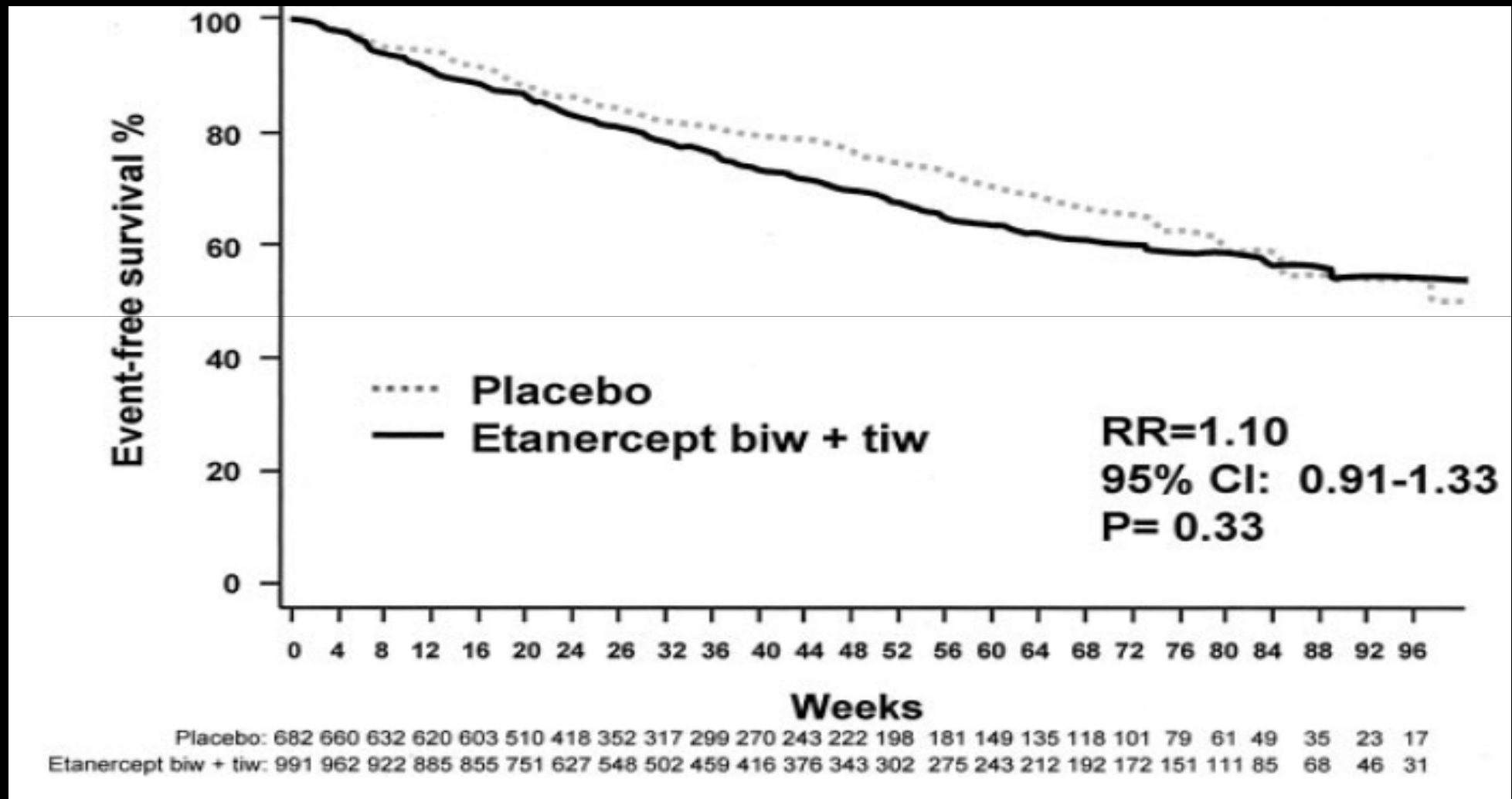
Cholesterol crystal activation of inflammasome



Activation of adaptive immunity

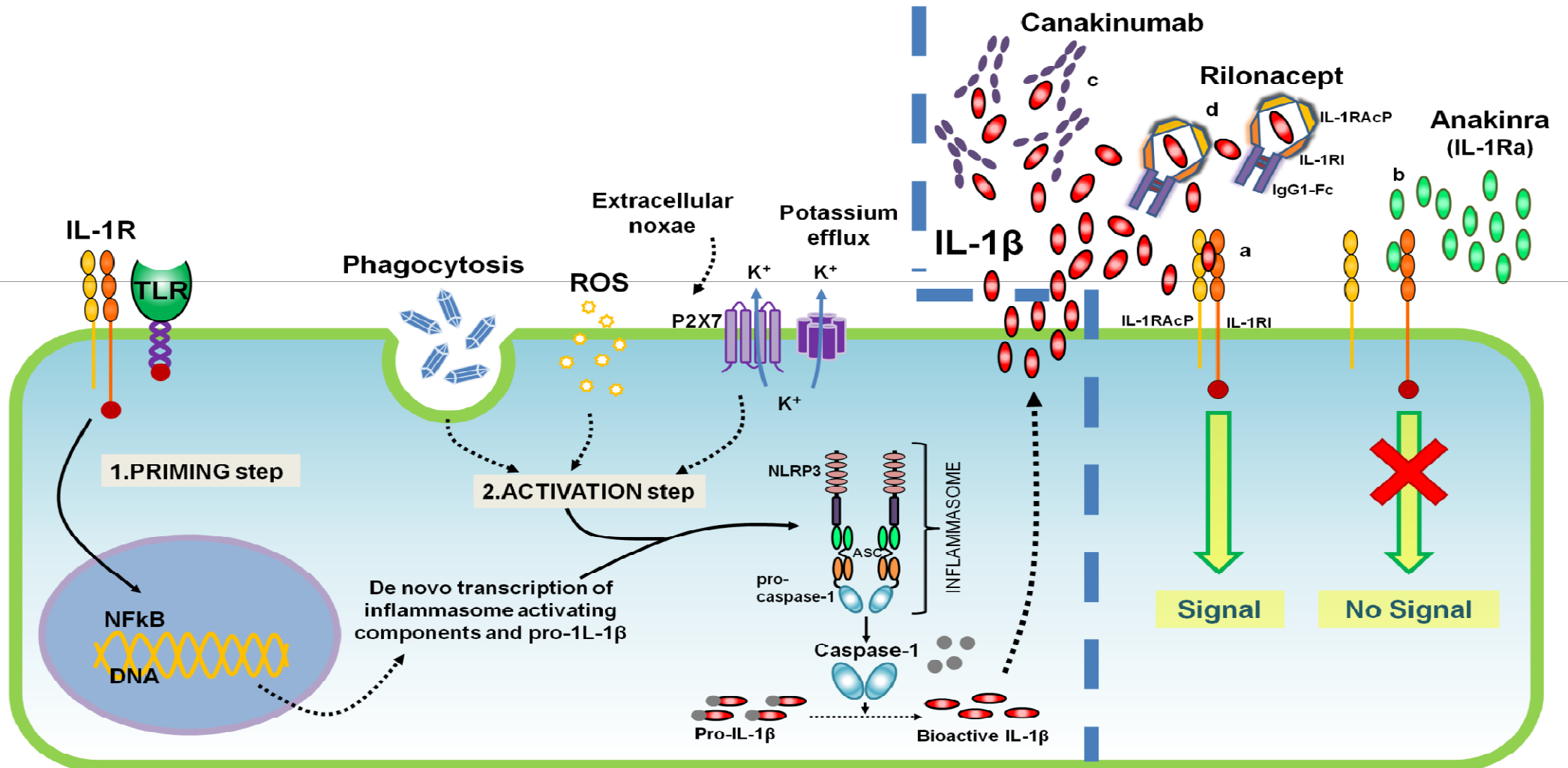


Targeted Anticytokine Therapy in Patients With Chronic Heart Failure (n=1675)

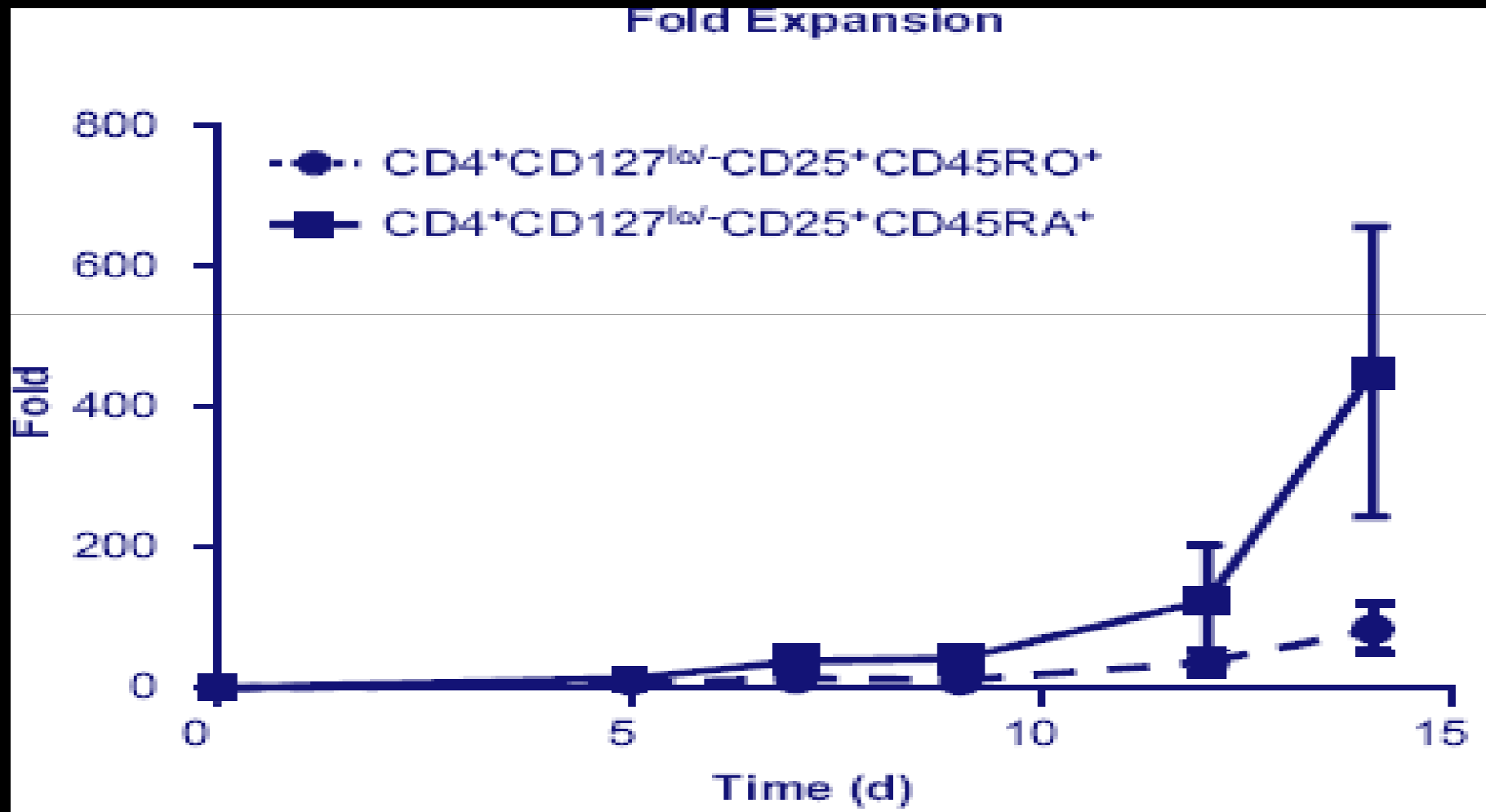


(Mann et al, Circulation 2004)

IL-1 β activation and blockers



Expansion of Human T reg From Patients With T1DM



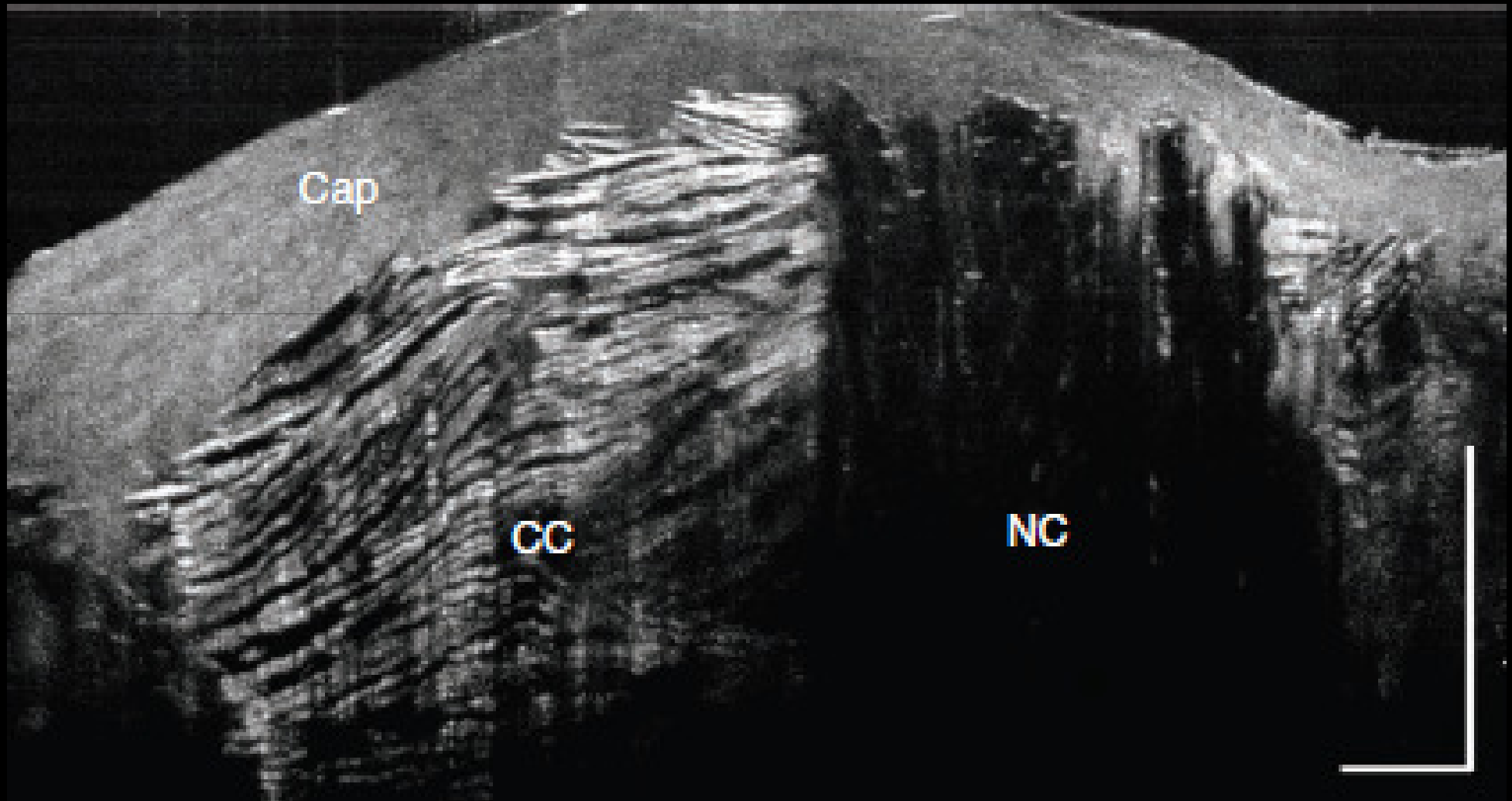
(Putnam et al, Diabetes 2009)

In RA utilization of DMARDs is associated to a lower CV risk (n=4363)

	CV all types	Myocardial infarction	Stroke
Methotrexate	0.85 (0.81–0.89) ^d	0.82 (0.74–0.91) ^d	0.89 (0.82–0.98) ^e
Glucocorticoids	0.95 (0.92–0.98) ^d	0.96 (0.91–1.00)	0.98 (0.93–1.03)
Antimalarials	0.98 (0.94–1.02)	0.94 (0.85–1.03)	0.87 (0.76–1.01)
Sulfasalazine	0.92 (0.87–0.98) ^f	0.82 (0.69–0.98) ^e	0.90 (0.79–1.03)
Gold	0.99 (0.95–1.03)	1.04 (0.98–1.10)	0.98 (0.89–1.07)
Leflunomide	0.59 (0.43–0.79) ^f	0.52 (0.26–1.06)	0.91 (0.65–1.28)

(Naranjo et al, Arthritis Research & Therapy 2008)

Cholesterol crystal by micro-OCT



(Liu et al, Nature Med 2011)